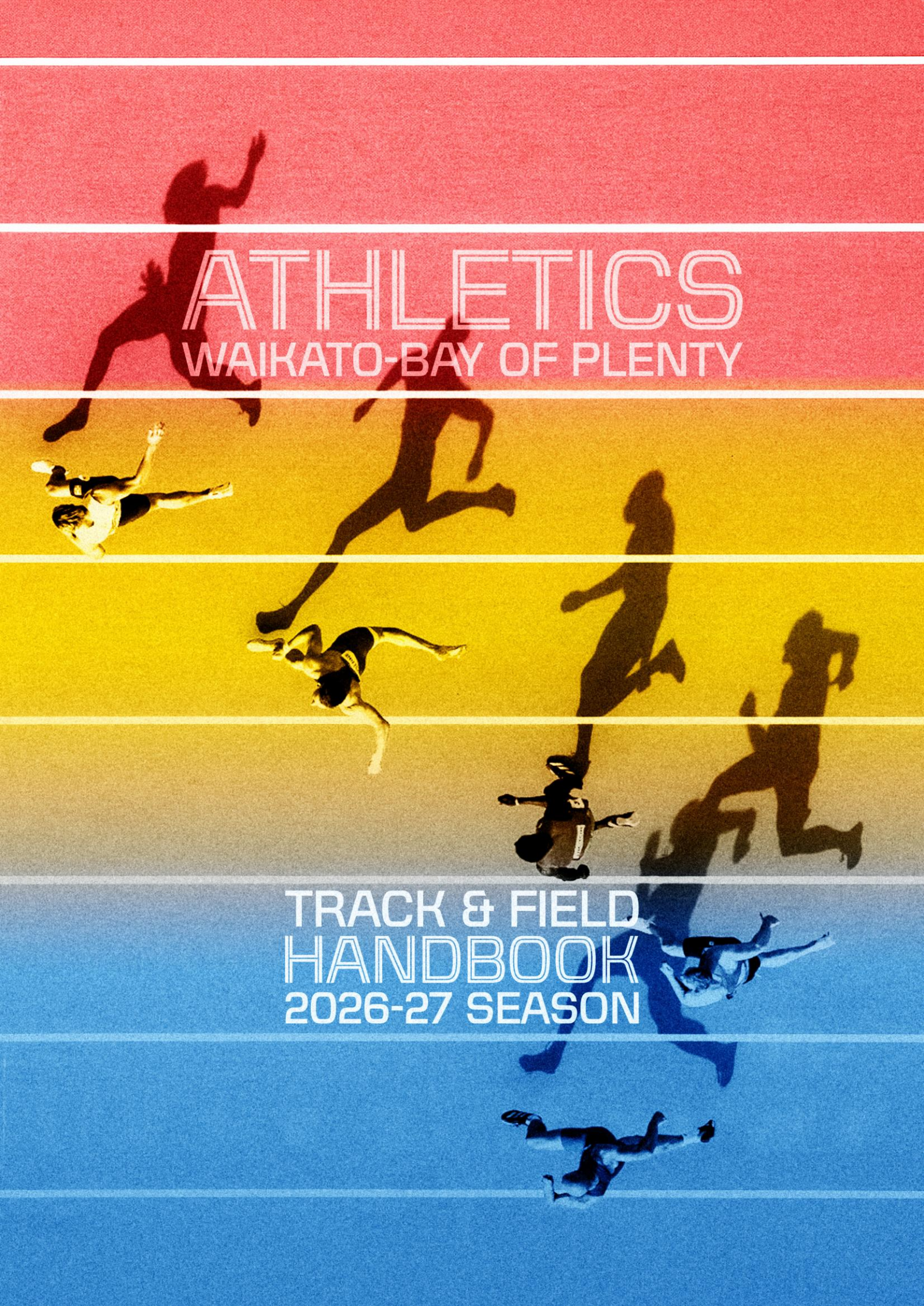


An aerial photograph of a track and field event. Several runners are captured in mid-stride, moving from the top left towards the bottom right. Long, dark shadows are cast by the runners onto the track surface, indicating a low sun position. The track is divided into horizontal lanes of different colors: red at the top, followed by yellow, orange, and blue at the bottom. The text 'ATHLETICS' is written in large, white, outlined capital letters across the red and yellow sections. Below it, 'WAIKATO-BAY OF PLENTY' is written in smaller, white, outlined capital letters.

ATHLETICS

WAIKATO-BAY OF PLENTY

TRACK & FIELD
HANDBOOK
2026-27 SEASON

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Welcome from the President



Kia ora and welcome to the 2026-27 athletics season.

Whether this is your first year in athletics or your twentieth, I hope you enjoy the season ahead, and I want you to know we appreciate you being part of Athletics Waikato-Bay of Plenty. Our sport only works because of the people who show up week after week, regardless of role or level of participation. Athletics is a sport for all.

I come into this role from an extensive coaching background and have had the privilege of working with athletes across a wide range of development and abilities - school athletes, junior development, senior internationals, masters, and athletes with disabilities. This coaching experience has shaped what I believe athletics offers us all.

Good athletics isn't built in a single competition. It's built session after session, over years, by coaches who understand and empower their athletes through quality coaching programmes. If there's one thing I'd ask every club to prioritise this season, it's investing in your coaches. Support the ones you have, encourage new people to coach, and make the most of the education opportunities in our region (see pg.10). Coaching capacity is one of the best long-term investments any club can make.

This thinking is behind the WBOP Open Meet Series, which are deliberately designed for development. With non-standard distances, event combinations, and the chance to compete without pressure, we encourage athletes to try events outside their usual programme, and to learn what racing, jumping, or throwing feels like in a safe environment. Variety, alongside the right amount of competition, is an essential part of an athlete's development.

I'd encourage every club to think about who's missing from your club nights. Is there a young athlete who hasn't found an event they enjoy yet? A parent who'd make a great official or coach if simply asked? Growing our sport isn't only about the athletes on the start line - it's about widening the circle of people willing to help and give something back.

We appreciate everything you do for your clubs and athletes across the region. I'm looking forward to a strong season, and to seeing many of you at Porritt Stadium and Tauranga Domain over the months ahead.

Ngā mihi, yours in sport

Debbie Strange

President, Athletics Waikato-Bay of Plenty



Governance & Life Members

President Debbie Strange

General Manager Kevin Endres

Board Members

- ♦ Jarvy Aoake ♦ Kevin Endres ♦ Mariah Ririnui
- ♦ Bruce Cortesi ♦ Iain Rattray ♦ Rob Townsend
- ♦ Inneke Cumming

Life Members

- ♦ D M Taylor ♦ J Rawnsley ♦ M Taylor
- ♦ E A Taylor ♦ G Caddie ♦ R Young
- ♦ K Diprose ♦ J Tylden ♦ P Kenny
- ♦ B Addison ♦ H O'Hagan ♦ C Strange
- ♦ M Green

Operations Committee

The Operations Committee is appointed annually at the AWBOP Annual General Meeting and is responsible for the day-to-day delivery of our competitions and events, from the Open Meeting Series through to Championships. Made up of representatives from across Track & Field, Road & Cross Country, Masters, Officials, Coaching, Youth, Para, and Children's Athletics, the committee works alongside AWBOP staff to support opportunities for athletes, officials, and coaches, and coordinates the selection and management of teams representing our region at national events. Its role is central to keeping athletics accessible and well-run across the region, for all ages and abilities.

ROLE	NAME	AFFILIATION
Chairperson	Kevin Endres	AWBOP
Children's	Teresa Mumby	Fairfield Athletic Club
Children's	Sarah Watson	Te Awamutu Athletic Club
Track & Field	Criss Strange	Hamilton City Hawks
Road & Cross Country	Malcolm Taylor	Bellevue Athletic Club
Masters	Iain Rattray	Hamilton City Hawks
Officials	Ruth Tuiraviravi	Athletics Tauranga
Coaching	Ed Leung	Athletics Tauranga
General Manager	Kevin Endres	AWBOP
Youth	Lucy Steele	Hamilton City Hawks
Para	Caelan Harris	Hamilton City Hawks

Personnel Directory

Athletics Waikato-Bay of Plenty

- | | |
|---|--|
| General Manager | ♦ Kevin Endres
P: 021 194 0600
E: kpendres@athleticswbop.org.nz |
| Waikato Athletics Development & Events Manager | ♦ Barrie Jennings
P: 027 263 4578
E: barriej@athleticswbop.org.nz |
| Bay of Plenty Athletics Development Manager | ♦ Kim Mickle
P: 022 469 5765
E: kim@athletics.org.nz |
| Centre President | ♦ Debbie Strange
P: 021 179 8838
E: president@athleticswbop.org.nz |
| Board Chairperson | ♦ Jarvy Aoake
P: 021 548 097
E: board@athleticswbop.org.nz |

Childrens Committee

- | | |
|--------------------|---|
| Chairperson | ♦ Teresa Mumby
E: childrenchair@athleticswbop.org.nz |
| Secretary | ♦ Sarah Watson
E: childrensecretary@athleticswbop.org.nz |

Officials

- | | |
|----------------------------|---|
| Development Manager | ♦ Maxine Chappell
E: maxine@athletics.org.nz |
| WBOP Coordinator | ♦ Ruth Tuiraviravi
E: rtuiraviravi@gmail.com |

Secondary Schools Athletics

- | | |
|-------------------------------------|---|
| WBOP Coordinator | ♦ John Tylden
P: 027 264 5030
E: tylden@extra.co.nz |
| WBOP Secretary | ♦ Ange Russek
P: 027 559 9682
E: angelar@stpeters.school.nz |
| NZ Secondary Schools Related | ♦ John Tylden
P: 027 264 5030
E: oe@nzssaa.org.nz |

Masters Athletics

- | | |
|------------------------|--|
| Masters Liaison | ♦ Iain Rattray
E: wbopmasters.stats@gmail.com |
|------------------------|--|

Affiliated Clubs Directory

CLUB	WEBSITE
Athletics Taupo	www.sporty.co.nz/taupoathletics
Athletics Tauranga	www.athleticstauranga.co.nz
Bellevue Athletic Club	www.sporty.co.nz/bellevueathletics
Cambridge Athletic & Harrier Club	www.sporty.co.nz/cahcnz
Fairfield Athletic Club	www.sporty.co.nz/fairfieldaa
Frankton Athletic & Harrier Club	www.sporty.co.nz/franktonathletics
Greerton Amateur Athletic Club	www.sporty.co.nz/greertonathletics
Hamilton City Hawks Athletics	https://hamiltoncityhawks.co.nz
Hinemoa Amateur Athletic Club	www.sporty.co.nz/hinemoaathletics
Kawerau Athletic and Harrier Club	www.sporty.co.nz/kawerauathleticsclub
Lake City Athletic Club	https://lakecity.co.nz
Mercury Bay Athletics Club	https://allaboutwhitianga.co.nz/community/clubs-groups/sport/mercury-bay-athletics
Omokoroa Athletic Club	https://omokoroa.net/community/sports-clubs/omokoroa-athletics/
Papamoa Athletic Club	www.sporty.co.nz/papamoaathleticclub
Taupo Harrier Club	www.taupoharriers.com
Te Aroha Athletic Club	www.sporty.co.nz/tearoahaathletics
Te Awamutu Athletic Club	www.sporty.co.nz/teawamutuathletics
Whakatane Athletic & Harrier Club	www.wahc.co.nz

*If a club is not on this list, they are not a current affiliated member of Athletics Waikato-Bay of Plenty or Athletics New Zealand.

Club Membership & Transfers

Membership: Athletes need to hold a Competitive Membership with an affiliated club within our Centre to be eligible for Championship honours, or to represent our Centre at National events.

Transfers: Athletes can transfer clubs within New Zealand. Transfers are completed online using the membership registration system (Gameday). Please contact your club registrar for further details.

Team Representation & Selection

The Operations Committee will appoint a Selections Sub-Committee when necessary to select teams for national events.

Arbitration & Disputes

The Centre will appoint an independent Hearing Body compiled to address any complaints or disputes (AWBOP Constitution, Clause 21). The Hearing Body has delegated authority from the Board to investigate, hear, and determine disputes or apply appropriate sanctions in accordance with the rules of natural justice.

1. WHAT CONSTITUTES A DISPUTE?

- **Misconduct:** A Member, an Officer, or the Centre has engaged in misconduct.
- **Constitutional Breach:** A Member or Officer has breached, or is likely to breach, a duty under the Constitution or the Incorporated Societies Act 2022.
- **Rights Infringement:** A Member's rights or interests as a member (or members in general) have been damaged.

3. PRELIMINARY ASSESSMENT

The Board is committed to resolving disputes fairly, but may decide not to proceed with a Complaint if:

- It is trivial, lacks foundation, or contains no supporting evidence.
- The Complainant has a minor interest in the matter.
- The conduct has already been investigated and resolved, or there has been an undue delay in filing the Complaint.

5. NATIONAL REFERRALS (ATHLETICS NEW ZEALAND)

The AWBOP Board will refer the Complaint to Athletics New Zealand if the dispute relates to a breach of national rules, regulations, policies, or the national Code of Conduct. In all other matters, AWBOP will promptly notify Athletics New Zealand of any formal Complaint it receives, even when managed locally. All final decisions by the Board (or appointed Body) are final with no right of appeal.

2. HOW TO LAUNCH A COMPLAINT

- **Submission:** Submit written notice of a 'Complaint' to the AWBOP Board, via the General Manager.
- **Explicit Intent:** Provide a written notice stating you are initiating the formal Disputes Procedure.
- **Content Requirements:** Must state the specific allegations, identify the individual or club the allegation is made against, and include factual evidence to fairly advise the Respondent.

4. MANDATORY NATURAL JUSTICE

Both Complainant and Respondent hold a constitutional right to be heard before any decision is made:

- **Fair Notice:** The Respondent must be fully advised of all allegations and given adequate time to prepare.
- **Right of Reply:** The Respondent must be given a reasonable opportunity to be heard in writing, or at an oral hearing if deemed necessary.
- **Consideration:** Written submissions must be formally considered.

Member Code of Conduct

By registering as an athlete, official, coach, or volunteer, you formally agree to abide by the Athletics New Zealand National Code of Conduct and maintain the highest standards of integrity, sportsmanship, and safety. All members are bound by seven foundational pillars:

1. RULE COMPLIANCE	Comply with the constitution, bylaws, policies, rules, and regulations of Athletics NZ, including the Safe Sport for Children, Member Protection, and Integrity Regulations.
2. COMPETITIVE RESPECT	Acknowledge and respect the World Athletics (WA), World Para Athletics (WPA), and Athletics NZ Rules of Competition, embracing both the spirit and letter of the rules.
3. SPORT LEADERSHIP	Demonstrate sportsmanship, ethical conduct, and constructive sports leadership through all spoken words and actions on and off the competitive arena.
4. MUTUAL RESPECT	Treat everyone with kindness, courtesy, and respect, refraining from negative/disparaging remarks, bullying, or discrimination of any kind, respecting basic human rights.
5. LEGAL COMPLIANCE	Always comply with New Zealand laws, and the local laws of any countries visited while traveling as part of an official regional or national representative team.
6. PROFESSIONAL IMAGE	Refrain from conduct that may bring the Centre, or ANZ into disrepute. Under national policy, members must not consume alcohol or use tobacco/vaping products at competitive events.
7. COLLABORATIVE SPIRIT	Work in a spirit of constructive cooperation with teammates, support staff, administrators, and event organizers, actively assisting less experienced colleagues and competitors.

Safeguarding Standards

Principles & Duty of Care

Fundamental Right: Everybody has a right to have fun, be included, and be safe in our sport. Participants must feel respected, valued, and encouraged to enjoy athletics.

Duty of Care: AWBOP, clubs, and coaches hold a formal duty of care to ensure young and vulnerable people participate safely in all activities we provide.

Mandatory Vetting: Coaches and regular volunteers must hold active memberships, clear Police Vetting, and complete the World Athletics Safeguarding course.

Prevention Focus: Safeguarding is a proactive approach to prevent harm. Club Presidents or designated Officers act as primary points of contact for safeguarding concerns.

Step-By-Step Reporting Pathway

Step 1: Local Triage	Contact your club's Safeguarding Officer or President. Minor concerns are assessed and triaged at the club level first.
Step 2: Formal Written Notice	Serious disputes must be submitted as a written Complaint to the AWBOP Board, channeled through our Safeguarding Officer.
Step 3: Board Hearing Body	The Board assesses allegations. Valid disputes are referred to an independent Hearing Body (Arbitration Panel) convened to neutrally resolve issues.
Step 4: Mandatory ANZ Referral	Complaints involving breaches of Athletics NZ rules, safeguarding codes, anti-doping policies, or the Code of Conduct must be referred directly to Athletics NZ.

Critical Emergency Contacts & Channels

Immediate Safety Risk (Child Protection):	If you suspect a child or vulnerable person is suffering (or is at risk of) harm, abuse, or neglect, you must bypass sporting channels and immediately report to the NZ Police (111) or Oranga Tamariki (0508 326 459).
AWBOP Sport-Related Complaints & Welfare Channels:	To file a complaint or safeguarding concern, contact AWBOP or Athletics NZ Safeguarding Officer directly: • AWBOP Safeguarding Officer Barrie Jennings barriej@athleticswbop.org.nz 027 2634578 • ANZ National Safeguarding Officer Kirsten Kilmister safeguarding@athletics.org.nz 022 011 6771

Coach Education & Development

Clubs across Waikato-Bay of Plenty are building a strong base of coaches, reflected in the results achieved by our school, club, and Centre athletes. We're grateful to every volunteer coach sharing their time and knowledge to keep that progress going.

Athletics New Zealand offers a coach education pathway for those starting out or looking to build on existing skills:

<https://athletics.org.nz/club-athletics/>

Get Set Go – For ages 3–8. Fun, developmentally appropriate activities building fundamental movement skills through play, supported by resources for parents, teachers, and coaches.

Run Jump Throw – For ages 6–11. The entry point into athletics-specific skills, using modified equipment and games in a fun, inclusive setting that lets kids progress at their own pace.

Coaching Athletic Development (CAD) Level 1 – Athletics NZ's community-level programme, bridging Run Jump Throw and competition athletics. Covers the technical fundamentals of 11 events, equipping coaches to confidently work with U18 athletes. Delivered as practical 2-hour workshops per event module, including assessment by a Coach Educator, leading to a CAD Level 1 certificate.

Bay Of Plenty Contact:

- ♦ Kim Mickle
P: 022 469 5765
E: kim@athletics.org.nz

Waikato Contact:

- ♦ Barrie Jennings
P: 027 263 4578
E: barriej@athleticswbop.org.nz



Officials Education

Grab the best seat in the house!

Officials are essential to every meeting we run, and officiating is a flexible, rewarding way to give back to the sport – attend as many or as few events as your schedule allows, and get a front-row seat to the action. We especially encourage young people to get involved.

Athletics New Zealand's officials' education scheme (ANZOES) provides training and a pathway to progress your qualifications:

- ♦ **Level 1** – the entry point, suited to club nights, ribbon days, and inter-club competitions.
- ♦ **Level 2** – for those who've completed Level 1, required online learning, and further practical experience (6 competition days above club-night level), ready to learn specific event modules.
- ♦ **Level 3** – for experienced officials with the Level 2 practical skills card and experience days completed, held for at least a year.

Officials can qualify across Jumps, Throws, Track, Walks, Out-of-Stadia, Administration, Measuring, and Para athletics.

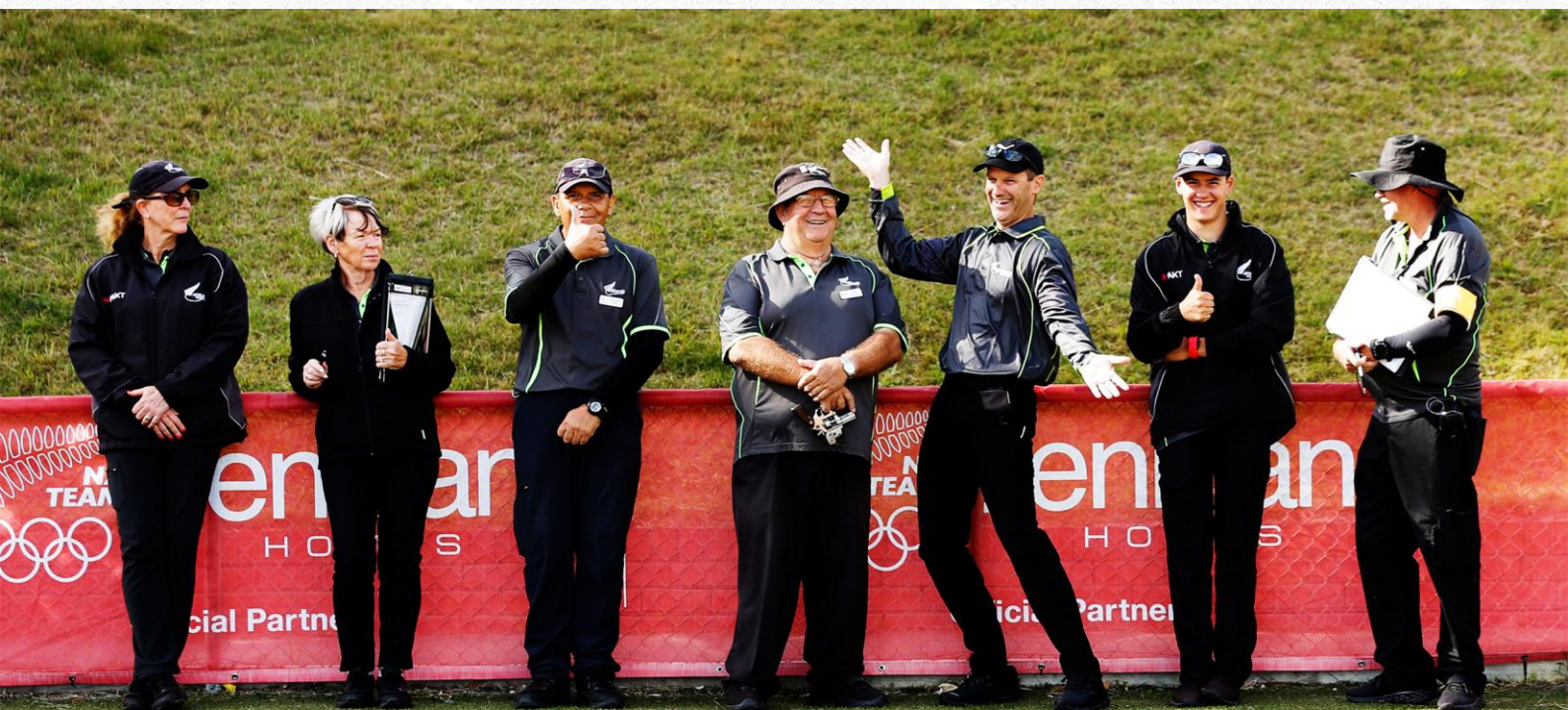
Find a course at:

<https://athletics.org.nz/club-athletics/coaching-officials-volunteers/>

To arrange training for your club, contact;

Maxine Chappell, Officials Development Officer

E: maxine@athletics.org.nz or **P:** 021 262 8867.



2026-27 Track & Field Events Calendar

DATE	EVENT	VENUE	TYPE
OCTOBER			
Sat, 3 Oct 2026	CAD L1 – Long Jump & Shot Put	Taupo	Coaching
Sat, 10 Oct 2026	Masters Throw event	Whitianga	Masters
Sun, 11 Oct 2026	Run Jump Throw and CAD L1 High Jump	Paeroa	Coaching
Sun, 11 Oct 2026	Masters Throw event	Whitianga	Masters
Sat, 17 Oct 2026	WBOP Open Series #1	Porritt Stadium	Open
Sat, 17 Oct 2026	Run Jump Throw and CAD L1 Javelin	Porritt Stadium	Coaching
Sun, 18 Oct 2026	Run Jump Throw Course CAD L1 Sprints and Discus	Papamoa	Coaching
Sat, 24 Oct 2026	Labour Weekend		Public Hol
Sun, 25 Oct 2026	Labour Weekend		Public Hol
Mon, 26 Oct 2026	Labour Weekend		Public Hol
Sat, 31 Oct 2026	WBOP Open Series #2	Porritt Stadium	Open
Sat, 31 Oct 2026	Regional Athlete Development Camp	Porritt Stadium	Coaching
NOVEMBER			
Sun, 1 Nov 2026	Regional Athlete Development Camp	Porritt Stadium	Coaching
Sat, 7 Nov 2026	WBOP Open Series #3	Tauranga Domain	Open
Sat, 7 Nov 2026	Whakatane Ribbon Day	Whakatane	Childrens
Sun, 8 Nov 2026	Run Jump Throw	Putaruru Athletics	Coaching
Sun, 8 Nov 2026	Have a Go – Masters	Porritt Stadium	Masters
Sat, 14 Nov 2026	WBOP Open Series #4	Porritt Stadium	Open
Sun, 15 Nov 2026	Sam Johnson Throws Meet	Porritt Stadium	Coaching
Sat, 21 Nov 2026	WBOP Open Series #5	Tauranga Domain	Open
Sat, 21 Nov 2026	Te Awamutu Ribbon Day	Te Awamutu	Childrens
Sun, 22 Nov 2026	Have a Go – Masters	Tauranga Domain	Masters
Fri, 27 Nov 2026	NI Masters T&F Champs	Porritt Stadium	Masters
Sat, 28 Nov 2026	NI Masters T&F Champs	Porritt Stadium	Masters
Sat, 28 Nov 2026	WBOP Open Series #6	Porritt Stadium	Open
Sat, 28 Nov 2026	Bellevue-Greerton Ribbon Day	Tauranga Domain	Childrens
Sun, 29 Nov 2026	NI Masters T&F Champs	Porritt Stadium	Masters
DECEMBER			
Sat, 5 Dec 2026	WBOP Open Series #7	Tauranga Domain	Open
Sat, 5 Dec 2026	Paeroa Ribbon Day	Paeroa	Childrens
Fri, 11 Dec 2026	NZSS T&F Championships	Whanganui	Secondary
Sat, 12 Dec 2026	NZSS T&F Championships	Whanganui	Secondary
Sun, 13 Dec 2026	NZSS T&F Championships	Whanganui	Secondary
Sat, 19 Dec 2026	Night of 5's	Nth Shore, Akl	General

DATE	EVENT	VENUE	TYPE
Sun, 20 Dec 2026	Masters Xmas Meeting	Tauranga Domain	Masters
Fri, 25 Dec 2026	Xmas Day		Public Hol
Sat, 26 Dec 2026	Boxing Day		Public Hol
Mon, 28 Dec 2026	Boxing Day Observed		Public Hol
JANUARY			
Fri, 1 Jan 2027	New Years Day		Public Hol
Sat, 2 Jan 2027	Tauranga Twilight + WBOP 3000m Champs	Tauranga Domain	Championship
Sun, 3 Jan 2027	NZ & WBOP 10,000m Champs	Tauranga Domain	Championship
Mon, 4 Jan 2027	Day after New Year's Day Observed		Public Hol
8-10 Jan 2027	NI Colgate Games	Whangarei	Childrens
Sat, 9 Jan 2027	Lovelock Classic	Timaru	Classic
15-17 Jan 2027	SI Colgate Games	Invercargill	Childrens
Sat, 16 Jan 2027	WBOP Open Series #8	Porritt Stadium	Open
Sun, 17 Jan 2027	Athlete Development - Throws Coaching	Papamoa	Coaching
Sun, 17 Jan 2027	WBOP Masters Assn Champs	Tauranga	Masters
Sat, 23 Jan 2027	Potts Classic +NZ Short Track Champ	Hastings	Classic
Wed, 27 Jan 2027	Oceania Masters T&F Champs (inc NZ Masters Champs)	Christchurch	Masters
Thu, 28 Jan 2027	Oceania Masters T&F Champs (inc NZ Masters Champs)	Christchurch	Masters
Fri, 29 Jan 2027	Oceania Masters T&F Champs (inc NZ Masters Champs)	Christchurch	Masters
Sat, 30 Jan 2027	Cooks Classic + NZ Mile Champs	Whanganui	Classic
Sat, 30 Jan 2027	Oceania Masters T&F Champs (inc NZ Masters Champs)	Christchurch	Masters
Sun, 31 Jan 2027	Oceania Masters T&F Champs (inc NZ Masters Champs)	Christchurch	Masters
Sat, 30 Jan 2027	Anniversary Day weekend	Akl-Wai-BOP	Public Hol
FEBRUARY			
Mon, 1 Feb 2027	Capital Classic	Wellington	Classic
Mon, 1 Feb 2027	Anniversary Day	Akl-Wai-BOP	Public Hol
Fri, 5 Feb 2027	Sola Power Throws	Wellington	General
Sat, 6 Feb 2027	WBOP Open Series #9	Tauranga Domain	Open
Sat, 6 Feb 2027	Auckland-WBOP Challenge	Porritt Stadium	Childrens
Sat, 6 Feb 2027	Sola Power Throws	Wellington	General
Sat, 6 Feb 2027	Waitangi Day		Public Hol
Mon, 8 Feb 2027	Waitangi Day Observed		Public Hol
Fri, 12 Feb 2027	Te Aroha short and sweet twilight meet	Te Aroha	Childrens
Sat, 13 Feb 2027	Porritt Classic + NZ Senior Steeplechase Champs	Porritt Stadium	Classic
Sat, 13 Feb 2027	NZ Combined Events Championships	Dunedin	Championship
Sun, 14 Feb 2027	NZ Combined Events Championships	Dunedin	Championship

DATE	EVENT	VENUE	TYPE
Sun, 14 Feb 2027	Masters Trophy Day	Porritt Stadium	Masters
Sat, 20 Feb 2027	Waikato-Bay of Plenty T&F Championships	Porritt Stadium	Championship
Sat, 20 Feb 2027	Cambridge Pentathlon	Cambridge	Childrens
Sun, 21 Feb 2027	ITM Christchurch	Christchurch	Classic
Sat, 27 Feb 2027	Fairfield Ribbon Day	Porritt Stadium	Childrens
Sun, 28 Feb 2027	SGD Continental Tour	Auckland	Classic
MARCH			
Tue, 2 Mar 2027	SS T&F – Hamilton Zone	Porritt Stadium	Secondary
Wed, 3 Mar 2027	SS T&F – BOP Zone	Tauranga Domain	Secondary
Thu, 4 Mar 2027	SS T&F – Thames Valley Zone	Paeroa	Secondary
Sat, 6 Mar 2027	WBOP Childrens Champs (inc Relays)	Tauranga Domain	Childrens
Sun, 7 Mar 2027	WBOP Childrens Champs (inc Relays)	Tauranga Domain	Childrens
Tue, 9 Mar 2027	SS T&F – Waikato Country Zone	Te Awamutu	Secondary
Thu, 11 Mar 2027	NZ T&F Champs	Henderson, Akl	Championship
Fri, 12 Mar 2027	NZ T&F Champs	Henderson, Akl	Championship
Sat, 13 Mar 2027	NZ T&F Champs	Henderson, Akl	Championship
Sun, 14 Mar 2027	NZ T&F Champs	Henderson, Akl	Championship
Sat, 20 Mar 2027	WBOP Open Series #10	Porritt Stadium	Open
Sun, 21 Mar 2027	Masters Multi Champs	Tauranga	Masters
Tue, 23 Mar 2027	Waikato-Bay of Plenty Secondary Schools T&F Champs	Porritt Stadium	Secondary
Fri, 26 Mar 2027	Good Friday		Public Hol
Sat, 27 Mar 2027	Easter		Public Hol
Sun, 28 Mar 2027	Easter		Public Hol
Mon, 29 Mar 2027	Easter Monday		Public Hol
APRIL			
Sat, 3 Apr 2027	NI SS T&F Champs	Wellington	Secondary
Sun, 4 Apr 2027	NI SS T&F Champs	Wellington	Secondary
Sun, 4 Apr 2027	Daylight Saving ends		



WBOP Open Meet Series

Open Meeting Philosophy

The WBOP Open Meet series is more than a collection of competitions – it is a core part of the **athlete-development pathway** across the season.

The programme is deliberately structured to build in progressions, particularly early in the season, for developmental and training purposes. Non-standard distances and events feature throughout, giving athletes the chance to build **event-specific skills and race experience** without the pressure and scrutiny of championship competition.

We encourage athletes to **enter more than one event** at each Open Meeting. Programmes are designed around common event pairings, so that entering multiple events **supports an athlete's training and development**.

We also encourage athletes to **take part in relays** whenever they're offered. Relay teams are organised on the day at the meeting. If your club has a strong contingent at the meeting, liaise with your team manager or club coach; otherwise, speak with the Meeting Manager at the venue and we'll help get you into a team.

Entry Information

All WBOP Open Meetings are listed on our website events calendar. Locate the meeting from the listing, where you'll find the entry link specific to that meeting: <https://athleticswaikatobayofplenty.org.nz/competition/events/>

Entries are made directly through **Athletic.net**. If this is your first time entering a WBOP Open Meeting, your athlete profile will be created when you complete your first entry. Returning athletes will find their profile from previous seasons still in place.

Each time you compete, your result is recorded to your Athletic.net profile. Beyond giving you a record of your season, this history is used by Event Management to seed heats by ability where multiple races are held. There's nothing you need to do to manage this – it updates as you compete.

How Events Are Run

- ♦ **Seeding:** Where an event has multiple races (e.g. 100m), heats will generally be seeded by ability rather than by age grade.
- ♦ **Combined races:** For non-laned events, where athlete numbers allow it to be run safely, genders and age grades may be combined into a single race.
- ♦ **Safety and officiating:** Event Management's priority is always safe competition for athletes and spectators. We aim to have sufficiently

qualified officials at every meeting; along with experienced volunteers assisting with delivery. You will always receive your result.

- ♦ **Volunteering:** Athletics meetings rely on volunteers to help with setup, pack up, and during the meeting. Please get in touch if you would like to be on our volunteer roster or simply make yourself known when you are at an Open meeting.
- ♦ **Records & Standards:** If you believe you're in form to attempt a New Zealand or international record, or a qualifying standard for international competition, please contact Event Management ahead of the meeting so we can ensure the right level of officiating is in place.

Event Scheduling Inclusions

The event schedule across the WBOP Open Meeting series is designed around two consistent principles that run through the whole season:

- ♦ **Event combinations:** Programmes are built so athletes can enter more than one event per meeting, supporting training and development goals.
- ♦ **Event variety:** Non-championship events feature throughout, giving athletes the chance to compete in events outside a traditional programme.

In building the season's schedule, consideration has been given to:

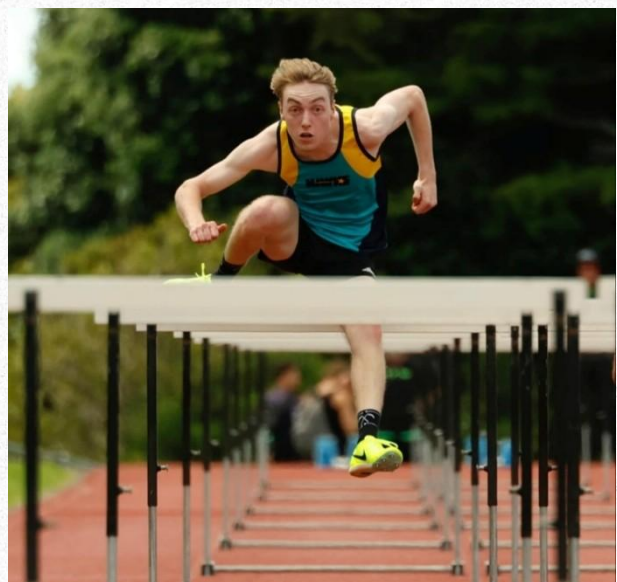
- ♦ **October–November (early season):** athletes preparing for the NZ Secondary School Championships in December.
- ♦ **January–March (mid-season):** athletes progressing toward the NZ Track & Field Championships and preparing for various Classics around the country.

Meeting Fees

Category	Fee
♦ Club Registered Athletes (current membership to WBOP affiliated club)	\$11.00 + \$2.00 per event entered.
♦ Secondary School Athletes (who are not a WBOP club member)	\$16.00 + \$2.00 per event entered.
♦ Unattached Athletes (who have no club membership)	\$22.00 + \$2.00 per event entered.

Scratching & Refund Policy

- ♦ Entry fees for the WBOP Open Series and the Waikato-Bay of Plenty Track & Field Championships are non-refundable. We keep entry fees low and accessible across the season, and the admin cost of processing individual refunds isn't viable within that model.
- ♦ If you know in advance you won't be competing, please advise Event Management so heats can be seeded accurately. On the day, athletes unable to compete should notify the Meeting Manager as early as possible – this helps the meeting run smoothly for everyone.



WBOP Open Meet Series – Season Schedule

The Open Meet Series for **2026-27** comprises **10 events**, to be held in Hamilton (Porritt) and Tauranga (Tauranga Domain). The program for each meeting is listed below, however it is important to note this schedule is in list form only, rather than a timed running order. For an accurate timed schedule and running order, refer to the event section on our website:

- ♦ <https://athleticswaikatobayofplenty.org.nz/competition/events/>

WBOP OPEN #1

17 October 2026 | from 2.00pm

Hamilton

Track Events

- ♦ 60m
- ♦ 150m
- ♦ 400m
- ♦ 200mH / 300mH
- ♦ 600m
- ♦ **2000m (WBOP Champs, open grade)**

Field Events

- ♦ Long Jump
 - ♦ Discus
 - ♦ Shot Put
 - ♦ Hammer Throw
-

WBOP Open Meet Series – Season Schedule

WBOP OPEN #2

31 October 2026 | from 3.00pm

Hamilton

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 80mH / 100mH / 110mH
- ♦ 200mH / 300mH / 400mH
- ♦ 600m
- ♦ 1000m
- ♦ 3000m

Field Events

- ♦ Triple Jump
- ♦ High Jump
- ♦ Shot Put
- ♦ Javelin

WBOP OPEN #3

7 November 2026 | from 2.00pm

Tauranga

Track Events

- ♦ 60m
- ♦ 100m
- ♦ 400m
- ♦ 80mH / 100mH / 110mH
- ♦ 1500m
- ♦ 5000m (WBOP Champs, U20/Sen/Mast)

Field Events

- ♦ Long Jump
- ♦ Discus
- ♦ Shot Put
- ♦ Hammer

WBOP OPEN #4

14 November 2026 | from 2.00pm

Hamilton

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 80mH / 100mH / 110mH
- ♦ 200mH / 300mH / 400mH
- ♦ 4 x 100m Relay
- ♦ 800m
- ♦ 1500m
- ♦ 2000mSc/3000mSC

Field Events

- ♦ Triple Jump
- ♦ High Jump
- ♦ no throws events due to the Sam Johnson Throws meeting Sun 15 Nov.

WBOP Open Meet Series – Season Schedule

WBOP OPEN #5

21 November 2026 | from 2.00pm

Tauranga

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 400m
- ♦ 80mH / 100mH / 110mH
- ♦ 800m
- ♦ 3000m

Field Events

- ♦ Long Jump
 - ♦ High Jump
 - ♦ Shot Put
 - ♦ Javelin
-

WBOP OPEN #6

28 November 2026 | from 2.00pm

Hamilton

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 400m
- ♦ 300mH
- ♦ 4 x 100m Relay
- ♦ 800m
- ♦ 1500m
- ♦ 2000Sc/3000mSC

Field Events

- ♦ Long Jump
 - ♦ High Jump
 - ♦ Discus
 - ♦ Javelin
-

WBOP OPEN #7

5 December 2026 | from 2.00pm

Tauranga

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 80mH / 100mH / 110mH
- ♦ 4 x 100m Relay
- ♦ Mile

Field Events

- ♦ Long Jump
 - ♦ Triple Jump
 - ♦ Discus
 - ♦ Shot Put
-

WBOP Open Meet Series – Season Schedule

WBOP OPEN #8 – short track focus

16 January 2027 | from 2.00pm

Hamilton

Track Events

- ♦ 60m (WBOP Champs, open grade)
- ♦ 400m
- ♦ 60mH (WBOP Champs, open grade)
- ♦ 300mH (WBOP Champs, open grade)
- ♦ 800m
- ♦ Mile

Field Events

- ♦ Long Jump
- ♦ High Jump
- ♦ Shot Put
- ♦ Javelin

WBOP OPEN #9

6 February 2027 | from 2.00pm

Tauranga

Track Events

- ♦ 100m
- ♦ 200m
- ♦ 80mH / 100mH / 110mH (WBOP Champs)
- ♦ 300mH / 400mH (WBOP Champs)
- ♦ 800m (WBOP Champs)
- ♦ 2000mSc/3000mSC (WBOP Champs)

Field Events

- ♦ Triple Jump (WBOP Champs)
- ♦ Discus
- ♦ Javelin (WBOP Champs)
- ♦ Hammer (WBOP Champs)

WBOP OPEN #10

20 March 2027 | from 2.00pm

Hamilton

Track Events

- ♦ 150m (WBOP Champs, open grade)
- ♦ 300m (WBOP Champs, open grade)
- ♦ 80mH / 100mH / 110mH
- ♦ 200mH / 300mH / 400mH
- ♦ 600m
- ♦ Mile (WBOP Champs)

Field Events

- ♦ Long Jump
 - ♦ Triple Jump
 - ♦ High Jump
 - ♦ Discus
 - ♦ Javelin
-

Waikato-Bay of Plenty Track & Field Championships

Our regional championships take place on Saturday 20th February, at Porritt Stadium, Hamilton. This single day competition is complemented by Championship events held throughout the season at various WBOP Open Meetings and the Tauranga Twilight Meeting.

Waikato-Bay of Plenty Track & Field Championships

20 February 2027

Porritt Stadium, Hamilton

Track Events*

- ♦ 100m
- ♦ 200m
- ♦ 400m
- ♦ 4x 100m Relay & 4x 400m Relay
- ♦ 1500m

Field Events*

- ♦ Long Jump
- ♦ High Jump
- ♦ Discus
- ♦ Shot Put
- ♦ Weighted Throw (Masters)

*Note - this is a list of events only. For the timed schedule refer to our events website.

Championship Status & Grades

All Grade Championship events - honors awarded to grades U16, U18, U20, Senior, and Masters age groupings;

- | | | |
|---|---------|---------------|
| ♦ *Short Hurdles (grade specific)
- 80mH, 100mH, 110mH | ♦ 100m | ♦ Long Jump |
| ♦ *Long Hurdles (grade specific)
- 300mH, 400mH | ♦ 200m | ♦ High Jump |
| ♦ *Steeplechase (grade specific)
- 2000mSc, 3000mSc | ♦ 400m | ♦ Triple Jump |
| | ♦ 800m | ♦ Shotput |
| | ♦ 1500m | ♦ Discus |
| | ♦ Mile | ♦ Javelin |
| | ♦ 3000m | ♦ Hammer |

Grade Specific Championship events;

- | | | |
|-----------------------------------|-------------------------------------|-------------------------------|
| ♦ 5000m
(U20, Senior, Masters) | ♦ 10,000m
(U20, Senior, Masters) | ♦ Weighted Throw
(Masters) |
|-----------------------------------|-------------------------------------|-------------------------------|
-

Open Grade Championship events - Honors awarded to the top 3 overall places, any grade (M/W/Para);

- | | | |
|-------------------------|--------|---------|
| ♦ 60mH (Senior Height) | ♦ 60m | ♦ 300m |
| ♦ 300mH (Senior Height) | ♦ 150m | ♦ 2000m |
-

2026-27 Championship Schedule - Seasonal View

EVENT	DATE	LOCATION	GRADE
♦ 60m	16 January 2027	Hamilton	♦ Open Grade
♦ 100m	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ 150m	20 March 2027	Hamilton	♦ Open Grade
♦ 200m	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ 300m	20 March 2027	Hamilton	♦ Open Grade
♦ 400m	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ 60mH	16 January 2027	Hamilton	♦ Open Grade
♦ 80mH	6 February 2027	Tauranga	♦ W-U16/MW40+ ♦ M-MM70+
♦ 100mH	6 February 2027	Tauranga	♦ M-U16/MM50-69 ♦ W-U18/U20/S/MW30-39
♦ 110mH	6 February 2027	Tauranga	♦ M-U18/U20/S/MM35-49
♦ 300mH	16 January 2027	Hamilton	♦ Open Grade
♦ 300mH	6 February 2027	Tauranga	♦ M-U16/U18/MM60-79, ♦ W-U16/U18/MW50-69
♦ 400mH	6 February 2027	Tauranga	♦ M-U20/S/MM35-59, ♦ W-U20/S/MW30-49
♦ 4x 100m Relay	20 February 2027	Hamilton	♦ M/W-U16/U18/U20/S/Mast
♦ 4x 400m Relay	20 February 2027	Hamilton	♦ M/W-U16/U18/U20/S/Mast
♦ 800m	6 February 2027	Tauranga	♦ All Grades (from U16)
♦ 1500m	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ Mile	20 March 2027	Hamilton	♦ All Grades (from U16)
♦ 2000m	17 October 2026	Hamilton	♦ Open Grade
♦ 2000m SC	6 February 2027	Tauranga	♦ M/W-U16/U18
♦ 3000m SC	6 February 2027	Tauranga	♦ M/W-U20/S
♦ 3000m	2 January 2027	Tauranga	♦ All Grades (from U16)
♦ 5000m	7 November 2026	Tauranga	♦ M/W-U20/S/Mast
♦ 10000m	3 January 2027	Tauranga	♦ M/W-U20/S/Mast
♦ Long Jump	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ Triple Jump	6 February 2027	Tauranga	♦ All Grades (from U16)
♦ High Jump	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ Discus	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ Shot Put	20 February 2027	Hamilton	♦ All Grades (from U16)
♦ Javelin	6 February 2027	Tauranga	♦ All Grades (from U16)
♦ Hammer Throw	6 February 2027	Tauranga	♦ All Grades (from U16)
♦ Pole Vault	No competition		
♦ Weighted Throw	20 February 2027	Hamilton	♦ M/W-Mast

Entry & Athlete Information

Athletes can enter using the official registration platform, which is on the Athletics Waikato-Bay of Plenty website, in the events calendar section for each meeting date.

<https://athleticswaikatobayofplenty.org.nz/competition/events/>

CLOSING OF ENTRIES: Refer to the event calendar for dates specific to each meeting.

UNIFORM: For all Championship events, athletes must wear their Club Uniform to be eligible for honors.

CHECK IN: Athletes are to report to the officials' desk as soon as possible to confirm their intention to start, or to notify a scratching.

GRADE ELIGIBILITY: Athletes can enter a maximum of two grades - their own and one above. *Refer page 23 for age grading information. The youngest age that can compete in the Championships is 13 in U16 grade.

RELAY ENTRIES: Club relay teams should be submitted on event day, at least 1 hour prior to start time.



Age Grading Specifications

Athletics Waikato-Bay of Plenty Open meetings and Championship events are typically for athletes who are 14 years or older. For some Open meetings which do not clash with Ribbon Day meetings run by Childrens Athletics, grade 13 athletes will be eligible to enter.

GRADE	ELIGIBILITY
♦ Under 16 (W/M)	♦ 31 st December 2026 *see special note below ♦ Minimum age 14, Maximum age 15
♦ Under 18 (W/M)	♦ 31 st December (year of competition) ♦ Minimum age 15, Maximum age 17
♦ Under 20 (W/M)	♦ 31 st December (year of competition) ♦ Minimum age 16, Maximum age 19
♦ Senior (W/M)	♦ 31 st December (year of competition) ♦ Minimum age 18
♦ Masters Women 30+	♦ Age on competition day 5-year age brackets
♦ Masters Men 35+	♦ Age on competition day 5-year age brackets
♦ Para U17 (M/W)	♦ 31 st December (year of competition) ♦ Minimum age 13, Maximum age 16
♦ Para U20 (M/W)	♦ 31 st December (year of competition) ♦ Minimum age 17, Maximum age 19
♦ Para Senior (M/W)	♦ 31 st December (year of competition) ♦ Minimum age 18

Under 16 Grade - Special Note*

Waikato-Bay of Plenty Centre has an U16 grade with age determined as of 31st December 2026, with athletes remaining in this grade for the duration of the season (through to Apr '27). This grading applies to AWBOP managed events such as **Open meetings** and **Waikato-Bay of Plenty Championships**.

*It is important to note that for events not managed by AWBOP, such as the NZ Track & Field Championships, the U16 grade is determined from the year of competition. This means for the 2027 NZ Championships (held in March 2027), an athlete is determined U16 as of 31st December 2027.

Athletics Waikato-Bay of Plenty Records*

Centre records are based on the age of the athlete at the time of performance (rather than the Age Grading system). *Current at Sept 2026.

Under 18 - Male

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Kodi Harman	Male	Tga	10.56	-1.8	23/03/2012	Waitakere
200m	Dominic Dube	Male	Ham	21.49	1.0	07/12/2025	Hastings
400m	Tom Smith	Male	Ham	48.33		09/03/2013	Mt Smart
800m	Sam Ruthe	Male	Tga	1:45.86		17/01/2026	Hastings
1500m (I)	Sam Ruthe	Male	Tga	3:33.25		30/01/2026	Boston
1500m	Sam Ruthe	Male	Tga	3:38.62		06/12/2025	Hastings
Mile	Sam Ruthe	Male	Tga	3:58.35		19/03/2025	Mt Smart
Mile (I)	Sam Ruthe	Male	Tga	3:48.88		31/01/2026	Boston
3000m (I)	Sam Ruthe	Male	Tga	7:43.16		22/02/2026	Boston
3000m	Sam Ruthe	Male	Tga	7:56.18		01/02/2025	Hastings
110mH (914mm)	James Hunt	Male	Ham	14.56	1.1	24/03/2012	Waitakere
300mH (840mm)	Matteus Pio	Male	Fair	37.35		02/12/2018	Dunedin
2000m SC (838mm)	Louie Endres	Male	Ham	5:55.35		11/12/2022	Inglewood
4x 100m Relay	Hamilton	Male	Ham	42.99		07/03/1998	Whanganui
4x 400m Relay	Waikato-BOP	Male		3:23.50		02/12/2018	Dunedin
3000m Walk	Matthew Holcroft	Male	Ham	13:11.25		04/01/2011	Tauranga
High Jump	Chris Goodwin	Male	Ham	2.00m		30/01/2016	Porritt
Pole Vault	minimum standard			3.20m			
Long Jump	Charles Annals	Male	Ham	7.05m	1.6	02/12/2018	Dunedin
Triple Jump	Charles Annals	Male	Ham	13.75	1.5	07/12/2019	Wellington
Shot Put 5.00kg	Ryan Ballantyne	Male	Ham	21.66		04/12/2016	Waitakere
Discus 1.50kg	Courtney Ireland	Male	Rot	58.30		29/10/1988	Porritt
Hammer 5.00kg	Caleb Moore	Male	Whak	53.11		01/01/2016	Tauranga
Javelin 700gm	Alex Wood	Male	Ham	64.26		08/12/2013	Porritt
Octathlon	Luke Davison	Male	Tga	5410		13/02/2011	Tauranga
Decathlon	Connor Brown	Male	Tga	5755		27/03/2022	Mt Smart

Under 18 - Female

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Sarah Phillips	Female	LkC	11.84	1.8	13/03/1999	Porritt
200m	Mia De Jager	Female	Ham	24.19	1.4	02/12/2023	Tauranga
400m	Madeleine Waddell	Female	Ham	52.62		08/03/2025	Dunedin
800m	Boh Ritchie	Female	Ham	2:03.68		01/02/2025	Hastings
1500m	Charli Miller	Female	Ham	4:22.88		08/03/2020	Christchurch
Mile	Boh Ritchie	Female	Ham	4:46.31		25/04/2024	Philadelphia
3000m	Demelza Murrihy	Female	Taum	9:32.59		21/02/1998	North Shore
100mH (762mm)	Hinewai Knowles	Female	Cam	13.80	2.0	07/12/2019	Wellington
300mH (762mm)	Amy Robinson	Female	Tga	42.59		06/04/2013	Masterton
2000m SC (762mm)	Charli Miller	Female	Ham	6:35.11		09/04/2017	Inglewood
4x 100m Relay	Waikato-BOP	Female		47.71		23/03/2013	Mt Smart
4x 400m Relay	Waikato-BOP	Female		3:51.08		17/03/2024	Wellington
3000m Walk	Leanne Chadderton	Female	Whan	15.42.6		05/03/1987	Wellington
High Jump	Josie Taylor	Female	Ham	1.83m		09/11/2019	Pakuranga
Pole Vault	Melina Hamilton	Female	Ham	3.40m		03/04/1993	Porritt
Long Jump	Casey Day	Female	LkC	6.10m	-0.6	18/03/2026	Tauranga
Triple Jump	Kayla Goodwin	Female	Ham	12.74m	1.5	08/03/2019	Christchurch
Shot Put 3.00kg	Amber Brown	Female	Ham	14.10m		10/07/2016	Gold Coast
Discus 1.00kg	Tatiana Kaumoana	Female	TeAr	47.90m		09/03/2018	Porritt
Hammer 3.00kg	Julia Ratcliffe	Female	Ham	62.28m		19/02/2011	Porritt
Javelin 500gm	Millah Burge	Female	TeAr	46.03m		05/12/2025	Hastings
Heptathlon	Kayla Goodwin	Female	Ham	5007		25/02/2018	Whanganui

Under 20 - Male

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Joseph Millar	Male	Tga	10.36	1.9	24/03/2012	Waitakere
200m	Dale McClunie	Male	Ham	20.94	1.2	30/01/1985	Melbourne
400m	Murray Gutry	Male	Ham	47.03		10/03/1984	Porritt
800m	Sam Ruthe	Male	Tga	1:45.86		17/01/2026	Hastings
1500m (I)	Sam Ruthe	Male	Tga	3:33.25		30/01/2026	Boston
1500m	Sam Ruthe	Male	Tga	3:38.62		06/12/2025	Hastings
Mile (I)	Sam Ruthe	Male	Tga	3:48.88		31/01/2026	Boston
Mile	Sam Ruthe	Male	Tga	3:58.35		19/03/2025	Mt Smart
3000m (I)	Sam Ruthe	Male	Tga	7:43.16		22/02/2026	Boston
3000m	Sam Ruthe	Male	Tga	7:56.18		01/02/2025	Hastings
5000m	Sam Ruthe	Male	Tga	13:40.48		20/12/2025	North Shore
10,000m	Aaron Pulford	Male	Ham	29:14.23		20/07/2026	Moncton
110mH (1067mm)	Liam Whaley	Male	Ham	14.73	-0.7	12/11/1994	North Shore
400mH (914mm)	Michael Cochrane	Male	Tga	50.62		28/01/2011	Wellington
3000m SC (914mm)	Louie Endres	Male	Ham	9:11.17		27/03/2025	Raleigh USA
4x 100m Relay	Waikato-BOP	Male		41.11		25/03/2012	Waitakere
4x 400m Relay	Waikato-BOP	Male		3:17.96		24/03/2013	Mt Smart
3000m Walk	Matthew Holcroft	Male	Ham	12:38.03		25/01/2013	Wellington
10,000m Walk	Matthew Holcroft	Male	Ham	45:30.00		24/03/2012	Waitakere
High Jump	Dwaine Geddes	Male	Fkt	2.10m		22/01/1994	Auckland
Pole Vault	Peter Tracy	Male	Ham	4.70m		09/03/1974	Porritt
Long Jump	Ryan Howe	Male	LkC	7.37m		26/02/2011	Tauranga
Triple Jump	Jackie Aratema	Male	Rot	15.00m		07/12/1963	
Shot Put 6.00kg	Ryan Ballantyne	Male	Ham	19.98m		18/07/2017	Jacksonville
Discus 1.75kg	Ian Winchester	Male	Ham	55.88m		06/03/1993	Wellington
Hammer 6.00kg	Phillip Jensen	Male	Ham	64.48m		17/01/1997	Porritt
Javelin 800gm	Gavin Lovegrove	Male	Fkt	79.60m		08/03/1987	Wellington
Decathlon	Brent Newdick	Male	Tga	7423		09/04/2003	Palmerston Nth

Under 20 - Female

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Sarah Phillips	Female	LkC	11.84	1.8	13/03/1999	Porritt
200m	Mia De Jager	Female	Ham	23.92	-2.0	21/02/2026	Christchurch
400m	Madeleine Waddell	Female	Ham	52.62		08/03/2025	Dunedin
800m (I)	Boh Ritchie	Female	Ham	2:01.60		30/01/2026	State Clge
800m	Boh Ritchie	Female	Ham	2:02.46		14/07/2026	Burnaby
1500m	Charli Miller	Female	Ham	4:22.88		08/03/2020	Christchurch
Mile	Holly Fausett	Female	Tga	4:57.21		25/01/2025	Whanganui
3000m	Kay Gooch	Female	Ham	9:23.10		03/08/1990	Plovdiv
5000m	Charli Miller	Female	Ham	16:44.23		06/03/2020	Christchurch
100mH (840mm)	Hinewai Knowles	Female	Cam	14.11	1.3	07/03/2020	Christchurch
400mH (762mm)	Madeleine Waddell	Female	Ham	60.15		05/06/2024	Suva
3000m SC (762mm)	Sarah McSweeney	Female	Ham	10:22.98		09/02/2008	Porritt
4x 100m Relay	Waikato-BOP	Female		47.71		23/03/2013	Mt Smart
4x 400m Relay	Waikato-BOP	Female		3:51.43		30/03/2014	Wellington
3000m Walk	Natasha Murrihy	Female	Taum	14:59.16		26/03/2010	Christchurch
5000m Walk	Natasha Murrihy	Female	Taum	26:58.03		17/01/2009	Sydney
10,000m Walk	Natasha Murrihy	Female	Taum	54:14.0		27/03/2011	Dunedin
High Jump	Josie Taylor	Female	Ham	1.85m		27/01/2021	Hawera
High Jump (I)	Josie Taylor	Female	Ham	1.86m		19/02/2022	Birmingham
Pole Vault	Hannah Philpot	Female	Tga	3.90m		26/11/2016	Mt Smart
Long Jump	Casey Day	Female	LkC	6.10m	-0.6	18/03/2026	Tauranga
Triple Jump	Kayla Goodwin	Female	Ham	12.87m	1.3	08/03/2020	Christchurch
Shot Put 4.00kg	Tatiana Kaumoana	Female	TeAr	13.77m		27/10/2018	Christchurch
Discus 1.00kg	Tatiana Kaumoana	Female	TeAr	52.91m		26/06/2019	Townsville
Hammer 4.00kg	Julia Ratcliffe	Female	Ham	68.80m		09/07/2016	Princeton
Javelin 600gm	Millah Burge	Female	TeAr	46.92m		18/05/2026	Darwin
Heptathlon	Kayla Goodwin	Female	Ham	4845		09/02/2020	Christchurch

Open Records - Male

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Joseph Millar	Male	Tga	10.18	0.5	17/03/2017	Porritt
200m	Joseph Millar	Male	Tga	20.37	0.1	19/03/2017	Porritt
400m	Cameron French	Male	Ham	46.23		26/02/2015	Waitakere
800m	Sam Ruthe	Male	Tga	1:45.86		17/01/2026	Hastings
1500m	Samuel Tanner	Male	Tga	3:31.24		16/07/2023	Silesia
Mile	Samuel Tanner	Male	Tga	3:49.51		16/09/2023	Eugene
Mile (I)	Sam Ruthe	Male	Tga	3:48.88		31/01/2026	Boston
3000m	Zane Robertson	Male	Ham	7:41.37		08/07/2014	Cork
5000m	Zane Robertson	Male	Ham	13:13.83		13/07/2013	Heusden
10,000m	Jake Robertson	Male	Ham	27:30.90		13/04/2018	Gold Coast
110mH (1067mm)	Michael Cochrane	Male	Tga	14.07	2.0	02/03/2013	Mt Smart
400mH (914mm)	Cameron French	Male	Ham	49.33		27/01/2018	Canberra
3000m SC (914mm)	Euan Robertson	Male	Ham	8:21.08		28/07/1976	Montreal
4x 100m Relay	Waikato-BOP	Male		41.08		23/03/2013	Mt Smart
4x 400m Relay	Hamilton Team	Male	Ham	3:13.51		07/03/1993	Wellington
3000m Walk	Craig Barrett	Male	Ham	11:21.50		02/02/1997	Whanganui
5000m Walk	Craig Barrett	Male	Ham	19:37.25		26/01/2002	Hastings
20km R-Walk	Craig Barrett	Male	Ham	1:22:20		26/01/1998	Adelaide
50km R-Walk	Craig Barrett	Male	Ham	3:48:05		16/06/2001	New Plymouth
Marathon	Zane Robinson	Male	Ham	2:08:19		07/07/2019	Southport
High Jump	Regan Standing	Male	Ham	2.11m		24/02/2013	Porritt
Pole Vault	Olivier Ball	Male	Ham	5.00m		23/01/1993	Auckland
Long Jump	Aaron Langdon	Male	Ham	7.99m	1.7	21/02/1998	North Shore
Triple Jump	Chris Goodwin	Male	Ham	15.10m	1.9	08/05/2021	Pittsburg
Triple Jump (I)	Chris Goodwin	Male	Ham	15.17m		28/02/2021	Topeka
Shot Put7.26kg	Ryan Ballantyne	Male	Ham	19.85m		28/02/2020	Wellington
Discus 2.00kg	Mark Robinson	Male	Ham	58.64m		15/05/1982	Pullman USA
Hammer 7.26kg	Phillip Jensen	Male	Ham	72.06m		21/02/1998	North Shore
Javelin 800gm	Gavin Lovegrove	Male	Fkt	88.20m		05/07/1996	Oslo
Decathlon	Paul Wilson	Male	Ham	7094		31/01/1983	Mt Smart

Open Records - Female

EVENT	NAME	GENDER	CLUB	MARK	WIND	DATE	LOCATION
100m	Morag MacKechnie	Female	Rot	11.4 (HT)		29/10/1977	Mt Smart
100m	Leah Belfield	Female	TeAwa	11.45	0.7	26/05/2022	Allendale
200m	Monique Dell	Female	Ham	22.90	0.5	20/08/2009	Berlin
400m	Madeleine Waddell	Female	Ham	52.62		08/03/2025	Dunedin
400m (I)	Annalies Kalma	Female	TeAro	51.81		14/02/2026	Reno
800m	Krystie Solomon-Jensen	Female	Frk	2:01.35		11/07/2026	Los Angeles
1500m	Nikki Hamblin	Female	Cam	4:04.82		22//07/2011	Barcelona
Mile	Nikki Hamblin	Female	Cam	4:31.16		22//07/2016	Dublin
3000m	Camille French	Female	Ham	8:45.97		16/07/2018	Cork
5000m	Camille French	Female	Ham	14:58.59		05/10/2019	Doha
10,000m	Camille French	Female	Ham	31:13.21		28/09/2019	Doha
100mH (840mm)	Terry Genge	Female	Ham	13.86		07/10/1982	
400mH (762mm)	Lyn Massey	Female	Ham	57.35		31/03/1985	
3000m SC (762mm)	Sarah McSweeney	Female	Ham	10:22.98		09/02/2008	Porritt
4x 100m Relay	Waikato-BOP	Female		46.81		25/03/2012	Waitakere
4x 400m Relay	Waikato-BOP	Female		3:47.41		19/03/2017	Porritt
3000m Walk	Natasha Murrihy	Female	Taum	14:59.16		26/03/2010	Christchurch
5000m Walk	Natasha Murrihy	Female	Taum	26:58.03		17/01/2009	Sydney
10km R-Walk	Natasha Murrihy	Female	Taum	54:14.00		27/03/2011	Dunedin
Marathon	Camille French	Female	Ham	2:26:08		03/12/2023	Valencia
High Jump	Alice Taylor	Female	Ham	1.91m		10/05/2024	San Antonio
Pole Vault	Melina Hamilton	Female	Ham	4.40m		15/06/2003	Runaway Bay
Long Jump	Jayne Mitchell	Female	Tga	6.55m	1.2	26/11/1988	Auckland
Triple Jump	Jayne Mitchell	Female	Tga	13.00m	0.5	23/02/1991	Sydney
Shot Put 4.00kg	Lynley Russell	Female	Put	13.63m		17/01/1981	
Discus 1.00kg	Tatiana Kaumoana	Female	Ham	58.26		21/02/2026	Christchurch
Hammer 4.00kg	Julia Ratcliffe	Female	Ham	73.55m		26/03/2021	Hastings
Javelin 600gm	Tori Moorby	Female	Ham	63.26		21/05/2023	Yokohama
Heptathlon	Alice Taylor	Female	Ham	5712		15/05/2026	Denton
Decathlon	Maria Sartin	Female	Ham	5855		09/08/2026	Geneva USA

Record Claim Procedure

Athletes or clubs believing a Centre record has been broken should submit a claim to the AWBOP administrator at administrator@athleticswbop.org.nz.

Please include:

- ♦ Athlete's full name, club, and age at time of performance.
- ♦ Event and performance (including wind reading, where applicable), along with a link to online results verifying the mark.

Claims will be checked against the current record and confirmed once verified. Updated records are reflected in the following season's handbook.

AWBOP Track & Field Trophies

TROPHY NAME	DESCRIPTION	RECIPIENT 2025-26
Gallichan Cup	Most points SM, SW, U20M, U20W	Alicia O'Connor
Colts Shield	Most points in U18M	Adam de Souza
Sue Drummond Shield	Most points in U18W	Esme Koning
Keith Falla Trophy	WBOP Champs – Winner SM 800m	Ben Bedois
John.L.Davies Trophy	WBOP Champs – Winner SM 1500m	Ben Bedois
Officials Trophy	Athletics Official of the year	Aynslee Rodger



New Zealand Track & Field Championships

The grand finale of the Summer Circuit calendar, the New Zealand Track & Field Championships! This event sees New Zealand's top athletes compete for national glory across the full range of track and field disciplines.

Date: 11-14 March 2027

Location: Trusts Arena, Waitakere, Auckland

Grades: U16, U18, U20, Senior, Para (as at the 31 December 2027)

Eligibility:

- ♦ Athletes must hold a current club membership with an Athletics New Zealand affiliated club.
- ♦ Athletes compete at the New Zealand Championships representing the Centre that their club is affiliated with.
 - In certain circumstances, an athlete may apply to compete for their Centre of Origin, defined as the Centre where they were first registered with Athletics NZ. Requests must be submitted in writing to the Athletics NZ Dispensation Committee no later than the entry deadline for the Championships.
 - Dual representation is not permitted – you cannot compete for two Centre's at one Championships.
- ♦ Athletics New Zealand publish entry standards (refer the link below for current standards).

Entry: Athletes are responsible for completing their own entries, via the Athletics New Zealand website.

<https://athleticsevents.co.nz/summer-circuit/nz-track-field-championships/>

Relays: Competing athletes will be expected to be available for WBOP Relay teams if selected.

Athlete Subsidies: The Centre will provide a \$50.00 subsidy for athletes who compete at the New Zealand Track & Field Championships.

- ♦ **Criteria:** Athletes are required to compete at the Waikato-Bay of Plenty Track & Field Championships, 20 February 2027, to be eligible.
- ♦ **Payment:** The subsidy will be paid directly to the athletes nominated account once the NZ T&F Championships have concluded.

Technical Specifications

Waikato-Bay of Plenty Championships & Open Series Events

HURDLE SPECIFICATIONS

Hurdles go on coloured track markings: 110 Blue; 100 Yellow; 80 Black (8.0); 80m Pink (7.5); 70m Mauve (7.0) (Tauranga); 200, 300 & 400 Green.

*Not Championship Events

Event Grade (M/F)	Event Dist	# of Hurdle Flights	Hurdle Height (mm)	Dist to First H (m)	Dist btwn H (m)	Last H to Finish (m)
M-SM	110m	10	1067	13.72	9.14	14.02
M-U20	110m	10	991	13.72	9.14	14.02
M-U18	110m	10	914	13.72	9.14	14.02
M-U16	100m	10	838	13.0	8.5	10.5
M-12/13*	80m	8	762	12.0	7.5	15.5
F-SW	100m	10	838	13.0	8.5	10.5
F-U20	100m	10	838	13.0	8.5	10.5
F-U18	100m	10	762	13.0	8.5	10.5
F-U16	80m	8	762	12.0	8.0	12.0
F-12/13*	80m	8	686	12.0	7.5	15.5
M-SM	400m	10	914	45.0	35.0	40.0
M-U20	400m	10	914	45.0	35.0	40.0
M-U18	300m	7	838	50.0	35.0	40.0
M-U16	300m	7	762	50.0	35.0	40.0
M-U18*	200m	5	838	18.29	18.29	17.10
M-U16*	200m	5	762	18.29	18.29	17.10
M-12/13*	200m	5	762	20.0	35.0	40.0
F-SW	400m	10	762	45.0	35.0	40.0
F-U20	400m	10	762	45.0	35.0	40.0
F-U18	300m	7	762	50.0	35.0	40.0
F-U16	300m	7	762	50.0	35.0	40.0
F-12/13*	200m	5	686	20.0	35.0	40.0
F-U18W*	200m	5	762	18.29	18.29	17.10
F-U16*	200m	5	762	18.29	18.29	17.10

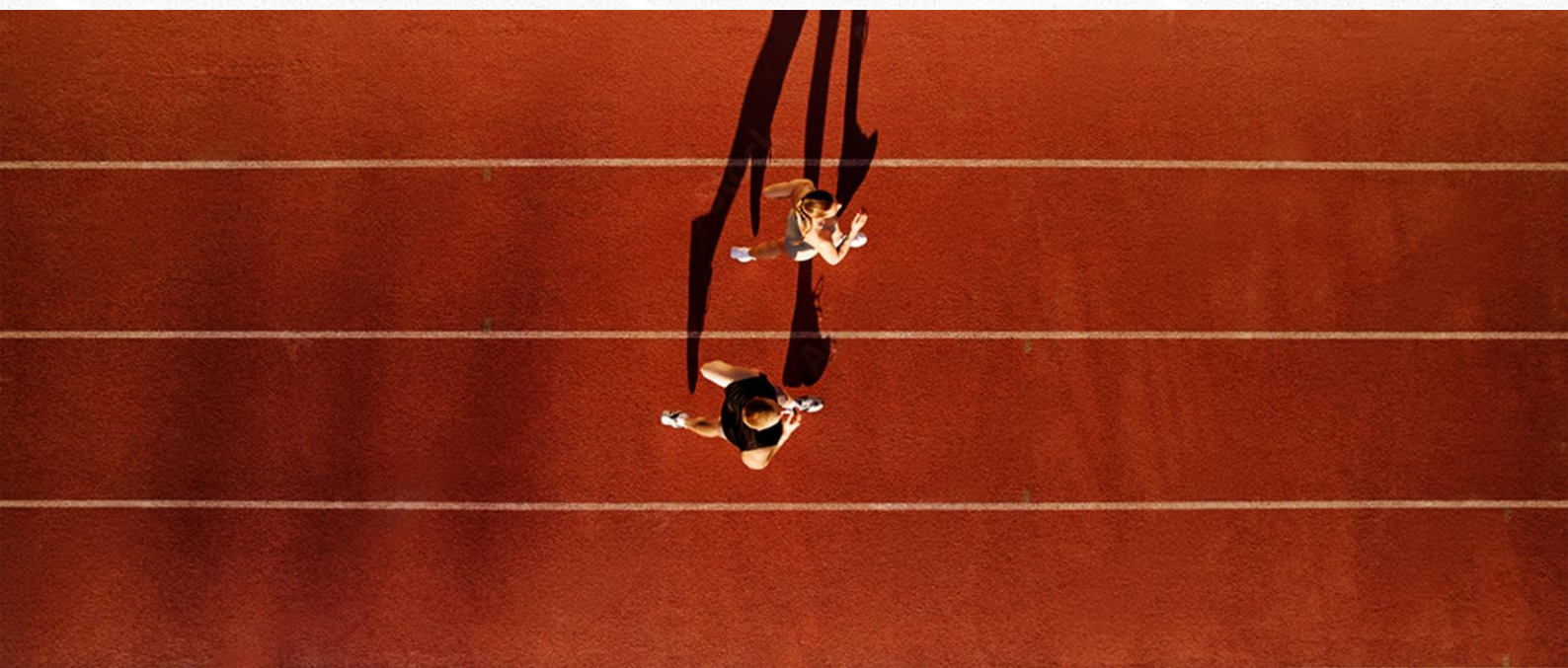
IMPLEMENT WEIGHTS

Event Grade (M/F)	Shot (kg)	Discus (kg)	Javelin (gm)	Hammer (kg)
M-SM	7.26	2.00	800	7.26
M-U20	6.00	1.75	800	6.00
M-U18	5.00	1.50	700	5.00
M-U16	5.00	1.25	600	4.00
F-SW	4.00	1.00	600	4.00
F-U20	4.00	1.00	600	4.00
F-U18	3.00	1.00	500	3.00
F-U16	3.00	1.00	500	3.00

STEEPLECHASE SPECIFICATIONS

Event Grade (M/F)	Distance	Hurdle Height	# of Barriers	# of Water Jumps
F-U20, Senior	3000m	762mm	28	7
F-U16, U18	2000m	762mm	18	5
M-U20, Senior	3000m	914mm	28	7
M-U18	2000m	838mm	18	5
M-U16	2000m	762mm	18	5

Venue	Water Jump Location	2000m Start	3000m Start
Porritt Stadium	Outside (top bend)	Back Straight (near 1500m start)	Home Straight (near 100m start)
Tauranga Domain	Inside (top bend)	Home Straight (near 100m start)	Back Straight (near 1500m start)



Technical Specifications

Masters Athletics

HURDLE SPECIFICATIONS

Event Grade (M/F)	Event Dist	# of Hurdle / Barriers	Hurdle Height (cm)	Dist to First H (m)	Dist btwn H (m)	Last H to Finish (m)
F-30-39	100m	10	838	13.0	8.5	10.5
F-40-49	80m	8	762	12.0	8.0	12.0
F-50-59	80m	8	762	12.0	7.0	19.0
F-60+	80m	8	686	12.0	7.0	19.0
F-30-49	400m	10	762	45.0	35.0	40.0
F-50-59	300m	7	762	50.0	35.0	40.0
F-60-69	300m	7	686	50.0	35.0	40.0
F-70+	200m	5	686	20.0	35.0	40.0
F-35+ SC	2000m	18H+5WJ	762			
F-35-49	110m	10	991	13.72	9.14	14.02
M-50-59	100m	10	914	13.0	8.5	10.50
M-60-69	100m	10	838	12.0	8.0	16.0
M-70-79	80m	8	762	12.0	7.0	19.0
M-80+	80m	8	686	12.0	7.0	19.0
M-35-49	400m	10	914	45.0	35.0	40.0
M-50-59	400m	10	838	45.0	35.0	40.0
M-60-69	300m	7	762	50.0	35.0	40.0
M-70-79	300m	7	686	50.0	35.0	40.0
M-80+	200m	5	686	20.0	35.0	40.0
M-35-59 SC	3000m	28H+7 WJ	914			
M-60+ SC	2000m	18H+5WJ	762			

IMPLEMENT SPECIFICATIONS

Age Grade	Hammer (kg)	Shot (kg)	Discus (kg)	Javelin (gm)	Weight - kg
F-35-49	4.00	4.00	1.00	600	9.08
F-50-59	3.00	3.00	1.00	500	7.26
F-60-74	3.00	3.00	1.00	400	5.45
F-75+	2.00	2.00	0.75	400	4.00
M-35-49	7.26	7.26	2.00	800	15.88
M-50-59	6.00	6.00	1.50	700	11.34
M-60-69	5.00	5.00	1.00	600	9.08
M-70-79	4.00	4.00	1.00	500	7.26
M80+	3.00	3.00	1.00	400	5.45

Technical Specifications

Secondary School Athletics

Relevance: For Inter-School Zone meetings, Waikato-Bay of Plenty Secondary School Championships, and North Island Secondary School Championships.

HURDLE SPECIFICATIONS

Grade	Event Dist	# of Hurdle Flights	Height (mm)	Dist to First H (m)	Dist btwn H (m)	Last H to Finish (m)
BOYS						
Senior	110m	10	914	13.72	9.14	14.02
Intermediate	100m	10	838	13.0	8.5	10.5
Junior	80m	8	762	12.0	7.5	15.5
Senior	300m	7	838	50.0	35.0	40.0
Intermediate	300m	7	762	50.0	35.0	40.0
Junior	200m	5	762	20.0	35.0	40.0
Senior Steeple	2000m	18H+5WJ	838			
U16 Steeple	2000m	18H+5WJ	762			
GIRLS						
Senior	100m	10	762	13.0	8.5	10.5
Intermediate	80m	8	762	12.0	8.0	12.0
Junior	80m	8	686	12.0	7.5	15.5
Senior	300m	7	762	50.0	35.0	40.0
Intermediate	300m	7	762	50.0	35.0	40.0
Junior	200m	5	686	20.0	35.0	40.0
Senior Steeple	2000m	18H+5WJ	762			
U16 Steeple	2000m	18H+5WJ	762			

IMPLEMENT SPECIFICATIONS

Grade	Shot (kg)	Discus (kg)	Javelin (gm)	Hammer (kg)
Boys-Senior	5.00	1.50	700	5.00
Boys-Intermediate	5.00	1.25	700	4.00
Boys-Junior	4.00	1.00	600	4.00
Girls-Senior	3.00	1.00	500	3.00
Girls-Intermediate	3.00	1.00	500	3.00
Girls-Junior	3.00	1.00	500	3.00

Technical Specifications

Para Athletics

Athletics New Zealand specifications for Implement Weights for all Sport Classes can be viewed using this link;

<https://athletics.org.nz/wp-content/uploads/2020/08/ANZ-Para-Implement-Weights-as-at-March-2020.pdf>

Secondary Schools Para Athlete Information

At Secondary School competitions, athletes compete in the unimpaired Intermediate (Under 16) or Senior (Under 19) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

CATEGORY	DESCRIPTION
♦ T11 – T13 and F11 – F13	Visual Impairment (VI)
♦ T20 and F20	Intellectual Impairment (II)
♦ T32 – T38 and F31 – F38	Cerebral Palsy and Neurological Impairments (CP)
♦ T40 – 41 and F40 – 41	Short Stature (SS)
♦ T42 – T47 and F42 – F46	Amputees and Other Impairments (AO)
♦ T51 – T54 and F51 – F57	Wheelchair and throwing frame user (WC)
♦ T61 – T64 and F61 – F64	Athletes competing with prosthetic lower limbs (PL)
♦ T71 – T72	Frame running for coordination impairments (FR)

PARA ATHLETE IMPLEMENT SPECIFICATIONS – SECONDARY SCHOOLS

Under 20

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.75kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F20	1.75kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F31							397gm
F32	1.00kg	1.00kg	NE	NE	2.00kg	2.00kg	397gm
F33	1.00kg	1.00kg	600gm	600gm	3.00kg	3.00kg	
F34	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F35	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F36	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F37	1.00kg	1.00kg	600gm	600gm	5.00kg	3.00kg	
F38	1.50kg	1.00kg	800gm	600gm	5.00kg	3.00kg	

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F40, F41	1.00kg	750gm	600gm	400gm	4.00kg	3.00kg	
F42	1.50kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F43, F44	1.50kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F45, F46	1.50kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F51	1.00kg	1.00kg					397gm
F52	1.00kg	1.00kg	600gm	600gm	2.00kg	2.00kg	
F53	1.00kg	1.00kg	600gm	600gm	3.00kg	3.00kg	
F54	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F55	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F56	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F57	1.00kg	1.00kg	600gm	600gm	4.00kg	3.00kg	
F61, F63	1.50kg	1.00kg	800gm	600gm	6.00kg	4.00kg	
F62, F64	1.50kg	1.00kg	800gm	600gm	6.00kg	4.00kg	

Under 17

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.50kg	1.00kg	700gm	500gm	5.00kg	3.00kg	
F20	1.50kg	1.00kg	700gm	500gm	5.00kg	3.00kg	
F31							397gm
F32	750gm	750gm			1.00kg	1.00kg	397gm
F33	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F34	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F35	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F36	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F37	750gm	750gm	500gm	500gm	4.00kg	2.00kg	
F38	1.00kg	750gm	600gm	500gm	4.00kg	2.00kg	
F40, F41	1.00kg	750gm	500gm	400gm	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	700gm	500gm	5.00kg	3.00kg	
F43, F44	1.00kg	1.00kg	700gm	500gm	5.00kg	3.00kg	
F45, F46	1.00kg	1.00kg	700gm	500gm	5.00kg	3.00kg	
F51	750gm	750gm					397gm
F52	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F53	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F54	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F55	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F56	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F57	1.00kg	750gm	500gm	500gm	3.00kg	2.00kg	
F61, F63	1.00kg	1.00kg	700gm	500gm	5.00kg	3.00kg	

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F62, F64	1.00kg	1.00kg	700gm	500gm	5.00kg	3.00kg	

Under 15

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F20	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F31							397gm
F32	750gm	750gm			1.00kg	1.00kg	397gm
F33	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F34	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F35	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F36	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F37	750gm	750gm	500gm	500gm	4.00kg	2.00kg	
F38	1.00kg	750gm	600gr	500gm	4.00kg	2.00kg	
F40,F41	1.00kg	750gm	500gm	400gm	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F45,F46	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F51	750gm	750gm					397gm
F52	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F53	750gm	750gm	500gm	500gm	2.00kg	2.00kg	
F54	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F55	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F56	750gm	750gm	500gm	500gm	3.00kg	2.00kg	
F57	1.00kg	750gm	500gm	500gm	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	600gm	500gm	4.00kg	3.00kg	

New Zealand Secondary Schools Championships

The New Zealand Secondary Schools Track & Field Championships, held annually in December, has the following age grades (taken from year of competition).

- ♦ **Junior Grade:** Turned 13 and U16 as of 31st December.
- ♦ **Senior Grade:** U20 as of 31st December.
- ♦ **Year 9 (Road Race only):** Enrolled in Year 9 and U15 as of 31st December.
- ♦ **Para Athletes (AWD):** Grades are as above, except that ORS-funded students may compete up to U22 as of 31st December.

Hurdle Specifications for NZSS

Grade	Event Dist	# of Hurdle Flights	Height (mm)	Dist to First H (m)	Dist btwn H (m)	Last H to Finish (m)
Boys						
Senior	110m	10	914	13.72	9.14	14.02
Junior	100m	10	838	13.0	8.5	10.5
Senior	300m	7	838	50.0	35.0	40.0
Junior	300m	7	762	50.0	35.0	40.0
Girls						
Senior	100m	10	762	13.0	8.5	10.5
Junior	80m	8	762	12.0	8.0	12.0
Senior	300m	7	762	50.0	35.0	40.0
Junior	300m	7	762	50.0	35.0	40.0

Implement Specifications for NZSS

Grade	Shot - kg	Discus - kg	Javelin - gm	Hammer - kg
Boys-Senior	5.00	1.50	700	5.00
Boys-Junior	5.00	1.25	700	4.00
Girls-Senior	3.00	1.00	500	3.00
Girls-Junior	3.00	1.00	500	3.00

NZSS Para Specifications

For NZSSAA Para athletes use World Para Athletics Under 17 and Under 20 implement specifications.

Thanks To Our Supporters

