

Waikato - Bay of Plenty Masters Have-a-Go Day 1

Porritt Stadium Hamilton . 19 Oct 2025

Factored Performance

60m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W40						
	1	Rosie Spragg	Female	12.6	57.00	12.16
	2	Annmarie McDonald	Female	13.0	57.10	12.13
W45						
	1	Audrey Poaeneki	Female	9.3	82.50	8.40
W50						
	1	Katie Lilley	Female	10.1	80.90	8.56
W65						
	1	Annette Hermans	Female	10.1	92.40	7.50
W80						
	1	Sue Su	Female	13.4	82.10	8.43
M40						
	1	Simon Xu	Male	7.8	88.10	7.27
	2	Dale Walters	Male	8.3	83.40	7.67
	3	Scott Gallagher	Male	8.6	78.00	8.19
M60						
	1	Paul Daborn	Male	8.4	92.60	6.90
M75						
	1	Rod Gill	Male	12.2	73.00	8.76

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100m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W45						
1		Audrey Poaeneki	Female	15.2	77.30	13.57
W80						
1		Sue Su	Female	21.4	78.50	13.37
M40						
1		Simon Xu	Male	12.6	83.10	11.79
2		Scott Gallagher	Male	13.2	77.70	12.60
M60						
1		Paul Daborn	Male	13.1	89.80	10.90
M70						
1		Henare Vickeridge	Male	16.8	74.80	13.09
M75						
1		Graeme Raill	Male	21.3	62.00	15.80

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200m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W35						
1		Jenny Gater	Female	28.7	76.80	27.81
W45						
1		Audrey Poaeneki	Female	31.7	76.70	27.83
W50						
1		Vicki Rees - Jones	Female	32.4	78.60	27.16
W65						
1		Annette Hermans	Female	35.4	84.70	25.19
W80						
1		Sue Su	Female	52.2	69.00	30.95
SM						
1		Evan Rees-Jones	Male	31.8	64.10	30.14
M40						
1		Simon Xu	Male	26.9	79.20	24.41
M60						
1		Paul Daborn	Male	28.0	86.30	22.40
2		David James	Male	54.3	45.10	42.88
M70						
1		Henare Vickeridge	Male	38.4	68.20	28.32
M75						
1		Graeme Raill	Male	47.5	58.70	32.90

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400m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W65						
1		Annette Hermans	Female	1:30.0	75.20	1:03.34
M35						
1		Jalawar Gaggarpur	Male	1:33.0	48.60	1:28.92
M60						
1		Paul Ewart	Male	1:37.0	54.50	1:19.22
M75						
1		Graeme Raill	Male	1:55.0	56.50	1:16.40

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800m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W35						
1		Rachael Wright	Female	3:59.0	47.80	3:56.76
W50						
1		Katie Lilley	Female	3:11.0	68.20	2:46.04
M35						
1		Jalawar Gaggarpur	Male	3:27.0	49.90	3:22.55
M45						
1		Aiden Potter	Male	2:37.0	70.90	2:22.58
M60						
1		Paul Ewart	Male	3:09.0	66.80	2:31.36
M75						
1		Graeme Raill	Male	4:23.0	56.90	2:57.64

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1500m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W35						
1		Jenny Gater	Female	4:47.0	84.10	4:36.33
2		Rachael Wright	Female	8:22.0	48.10	8:03.33
W50						
1		Vicki Rees - Jones	Female	5:41.0	81.10	4:46.55
2		Katie Lilley	Female	6:18.0	75.10	5:09.59
W55						
1		Karyn McCready	Female	6:26.0	78.70	4:55.53
SM						
1		Evan Rees-Jones	Male	4:46.0	76.50	4:29.39
M35						
1		Jalawar Gaggarpur	Male	8:04.0	44.00	7:48.42
M45						
1		Aiden Potter	Male	5:17.0	72.60	4:43.62
M60						
1		Paul Ewart	Male	6:15.0	70.00	4:54.19

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3000m

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W50						
1		Katie Lilley	Female	13:46.0	73.00	11:26.41
W55						
1		Karyn McCready	Female	13:36.0	79.10	10:33.71
M45						
1		Matthew Parsonage	Male	9:33.0	84.40	8:41.38
M60						
1		Paul Ewart	Male	12:54.0	70.70	10:22.53
2		Steve Shepherd	Male	14:00.0	66.90	10:57.89
3		David James	Male	18:03.0	51.90	14:08.21

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High Jump

Place	Race No	Name	Gender	Actual Time	Age %	Factored
M40						
1		Dale Walters	Male	1.47	69.00	1.69

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Factored Performance

Shot Put

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W40						
1		Annmarie McDonald	Female	7.63	42.30	9.57
2		Rosie Spragg	Female	6.24	32.30	7.31
W45						
1		Marcia Taylor	Female	7.87	50.80	11.50
W50						
1		Kerry Rattray	Female	6.46	41.80	9.45
W65						
1		Annette Hermans	Female	6.96	59.00	13.35
2		Michelle Anthony	Female	6.49	53.80	12.16
W75						
1		Bev Savage	Female	7.72	95.10	21.51
2		Annette Parlane	Female	7.38	87.90	19.88
M35						
1		Jalawar Gaggarpur	Male	5.65	24.70	5.71
M40						
1		Scott Gallagher	Male	7.95	35.30	8.16
M50						
1		Triton Poaeneki	Male	6.86	36.20	8.36
M70						
1		Henare Vickeridge	Male	6.65	38.50	8.89
M75						
1		Rod Gill	Male	5.24	38.90	9.00

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Factored Performance

Discus

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W40						
1		Annmarie McDonald	Female	28.36	42.80	32.90
2		Rosie Spragg	Female	17.54	25.30	19.41
W45						
1		Marcia Taylor	Female	20.99	35.10	26.93
W50						
1		Kerry Rattray	Female	15.71	28.20	21.68
W65						
1		Michelle Anthony	Female	18.24	42.40	32.60
W75						
1		Annette Parlane	Female	21.19	72.50	55.65
2		Bev Savage	Female	19.21	68.20	52.35
M35						
1		Jalawar Gaggarpur	Male	11.03	14.90	11.03
M70						
1		Henare Vickeridge	Male	14.09	27.60	20.43

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Javelin

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W45						
1		Marcia Taylor	Female	17.69	33.80	24.68
W50						
1		Kerry Rattray	Female	12.80	25.70	18.78
W55						
1		Karyn McCready	Female	11.85	26.50	19.33
W65						
1		Annette Hermans	Female	12.45	34.20	24.94
2		Michelle Anthony	Female	10.36	27.80	20.26
W75						
1		Annette Parlane	Female	12.07	47.00	34.33
M35						
1		Jalawar Gaggarpur	Male	13.02	14.20	14.00

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Factored Performance

Hammer

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W40						
1		Annmarie McDonald	Female	17.02	31.40	24.20
2		Rosie Spragg	Female	9.52	16.10	12.38
W45						
1		Marcia Taylor	Female	20.44	46.40	35.74
W50						
1		Kerry Rattray	Female	25.74	44.20	34.03
W65						
1		Michelle Anthony	Female	22.73	50.60	38.96
W75						
1		Annette Parlane	Female	25.03	82.10	63.21
2		Bev Savage	Female	22.07	75.10	57.84
M50						
1		Triton Poaeneki	Male	15.09	21.60	18.74
M75						
1		Rod Gill	Male	15.31	38.10	33.03

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Weight Throw

Place	Race No	Name	Gender	Actual Time	Age %	Factored
W40						
1		Annmarie McDonald	Female	7.40	46.70	11.02
2		Rosie Spragg	Female	5.96	35.40	8.35
W45						
1		Marcia Taylor	Female	7.72	55.80	13.16
W50						
1		Kerry Rattray	Female	6.39	35.50	8.36
W65						
1		Michelle Anthony	Female	8.89	53.90	12.71
2		Annette Hermans	Female	8.48	52.70	12.43
W75						
1		Annette Parlane	Female	9.06	80.70	19.05
2		Bev Savage	Female	7.25	67.00	15.81

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