

# SOUTHERN & COUNTRY ZONE ATHLETICS



## Secondary Schools Athletics Championships

**Tuesday 10 March 2026**

10.00am Start

Te Awamutu Domain, Armstrong Ave,  
Te Awamutu

Hosted by Te Awamutu College



## Officials and Event Duty Allocation for Schools

DESIGNATION	SCHOOL	#'s of Officials
Meeting Director	John Tylden	
Meet Manager	Sarah Watson Te Awamutu College	
Announcer	Murray Green	
Track Referee	John Tylden	
Field Referee	Alan McDonald/Nellie Engels	
<b>TRACK EVENTS</b>		
Starter	John Tylden, Bruce Woods	2
Starters Assistant [Marshalls]	Te Awamutu College/Malcolm Taylor	2
Track Umpires	Malcolm Taylor, Ray Wakeford	2
Photo Finish	Charles Annals	1
Bell/Lap Counter	Ray Wakeford	1
Runners	Te Awamutu College	4
Results	Charles Annals, Brett Addison, Linda Green	1
Race Number allocation and grade identification for non laned events	Dianne Rodger, Te Awamutu College	2
Printer	Linda Green	1
Relay Stewards	(Start/Marshalls), Te Awamutu, (1 <sup>st</sup> Zone), Otorohanga (2 <sup>nd</sup> Zone) Huntly College, (3 <sup>rd</sup> Zone) Piopio College	
<b>FIELD EVENTS</b>		
Discus	Otorohanga College, Piopio School,	2-4 people
Shotput	Tokoroa High, Taumarunui High	2-4 people
High Jump	Huntly College, Te Wharekura o Te Kaokaoroa o Patetere	2-4 people
Long Jump	Ngaruawahia College, Forest View High	2-4 people
Triple Jump	Putaruru College, Raglan Area School	2-4 people
Javelin	Te Kuiti, Te Wharekura o Maniapoto	2-4 people
<b>EQUIPMENT</b>		
Relay BATONS	Te Awamutu College	
Food	Te Awamutu College	
Radios	Dianne Rodger	
<b>IMPLEMENTS **</b>	<b>These will be provided.</b>	

If you have a para athlete, make sure you bring the correct weighted implements for them if they are different from the unimpaired athletes' equipment weight.

These numbers are a minimum guide – please feel free to bring extra help along so more regular breaks can be taken and there are extra hands for helping your team out – remember it is a long day in the sun. We will provide you with our 'how to guide' for your event but make sure people who are on field events have had some experience.

The schools that have not been assigned an event but are able to help, please assist another school where required.

## INSTRUCTIONS TO COMPETITORS

1. This meeting is conducted under the rules of the Athletics New Zealand
2. **Dress:** Competitors must compete in their school's correct athletic uniform. On all weather tracks (Hamilton and Tauranga) spikes must not be more than 6mm in length except for High Jump/Javelin where they may be 9mm.
3. **Starting:** A crouch start is required for events up to and including the 400m. On all weather tracks starting blocks must be used by athletes wearing spikes for 100m, 200m, 400m and Hurdle races. Assistance will be given to athletes using starting blocks for the first time. Para Athletes may use a standing start.

The starter will give **one command** 'on your marks' for all events over 400m and **two commands** for all events up to and including the 400m

- a) 'On your marks' to bring competitors to their starting location.
  - b) 'Set' to bring all competitors to the set position ready to start. When all competitors are steady in the set position the gun will be fired. Any competitor who false starts will be disqualified unless the starter determines it was not the athlete's fault. Athletes may run 'under protest' and have their disqualification reviewed by the Referee whose decision will be final
4. **Staying in your lane:** Competitors in track events, up to and including 400m must run between the lines not on the lines - this includes relays. Competitors must stay in their lane for the first curve of the 800m if the race is started in lanes.
  5. **Marshalling:** Competitors must report to the Starters Assistants **10 minutes before the start of the event**. Failure to do this may result in disqualification.
  6. **Protests:** Protests can be made verbally or in writing to the Starts, Track or Field Referee whose decision will be final.
  7. **Track events take precedence over field events:** Report to the field event officials first and compete if possible and then go to the track event 10 minutes before start time. Athletes may re-join the field event after track event although not necessarily in the round or height they were up to.
  8. **Timed Finals: 100m/200m/300m/400m** and all **hurdles** events will be timed finals
  9. **Event times:** The organisers will make every effort to carry through the programme in the order and at the times stated but reserve the right, should the necessity arise, to make any alterations.
  10. **Non-Availability:** Managers are asked to indicate to the WBOPSSAA secretary Ange Russek [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz) of an athlete's non-availability for the Waikato BOP SS Championships so that every opportunity to take part can be given to previous non qualifiers.
  11. **Entry restrictions:** An athlete may be entered in a maximum of 4 events plus the relay. They can only run a maximum of 2 events over 200m. Junior athletes are restricted to 2 of the 3 sprint events.
  12. **Hammer, Pole Vault, Walks and Steeplechase events:** These will not be held at the zone meet. Managers must enter the athletes through EDP online entries.
  13. **Events for Para Athletes:** 100, 200, 400, 800, 1500, Shot put, Discus, Javelin, Triple Jump, High Jump and Long Jump. For field events these athletes will compete with their age group using the appropriate para weight in the throws.
  14. **Qualifying for WBOPSS Championships:**

The **first 3 final places** in this zone qualify for the Waikato/Bay of Plenty Secondary School Athletics championships. If an athlete does not finish in the top 3 but is of a suitable standard to compete at the WBOPSSAA Championships a 4<sup>th</sup> athlete may be entered with the approval of the WBOPSSAA Secretary Ange Russek . Please email all requests to [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz)

## ORDER of EVENTS

Track Starts at 10.00am

1	100m	Junior Boys	Timed FINALS
2	100m	Junior Girls	Timed FINALS
3	100m	Intermediate Boys	Timed FINALS
4	100m	Intermediate Girls	Timed FINALS
5	100m	Senior Boys	Timed FINALS
6	100m	Senior Girls	Timed FINALS
7	100m	Para Athletes	Timed FINALS
8	3000m	Open Girls	FINAL
9	3000m	Open Boys	FINAL
10	200m	Junior Boys	Timed FINAL
11	200m	Junior Girls	Timed FINAL
12	200m	Intermediate Boys	Timed FINAL
13	200m	Intermediate Girls	Timed FINAL
14	200m	Senior Boys	Timed FINAL
15	200m	Senior Girls	Timed FINAL
16	200m	Para Athletes	Timed FINAL
17	800m	Junior Girls	FINAL
18	800m	Junior Boys	FINAL
19	800m	Intermediate Girls	FINAL
20	800m	Intermediate Boys	FINAL
21	800m	Senior Girls	FINAL
22	800m	Senior Boys	FINAL

### LUNCH BREAK

23	300m	Junior Boys	Timed FINAL
24	300m	Junior Girls	Timed FINAL
25	400m	Intermediate Boys	Timed FINAL
26	400m	Intermediate Girls	Timed FINAL
27	400m	Senior Boys	Timed FINAL
28	400m	Senior Girls	Timed FINAL
29	400m	Para Athletes	Timed FINAL
30	1500m	Junior Girls	FINAL
31	1500m	Junior Boys	FINAL
32	1500m	Intermediate Girls	FINAL
33	1500m	Intermediate Boys	FINAL
34	1500m	Senior Girls	FINAL
35	1500m	Senior Boys	FINAL
36	4 x 100 m Relay	Junior Girls	FINAL
37	4 x 100m Relay	Junior Boys	FINAL
38	4 x 100m Relay	Intermediate Girls	FINAL
39	4 x 100m Relay	Intermediate Boys	FINAL
40	4 x 100m Relay	Senior Girls	FINAL
41	4 x 100m Relay	Senior Boys	FINAL

### ORDER of EVENTS – FIELD EVENTS – Start 10.00 am

F1	Discus	Junior Girls	
F2	Triple Jump	Junior Boys	Pit 2
F3	High Jump	Intermediate Girls	
F4	Long Jump	Intermediate Boys	Pit 1
F5	Shot Put	Senior Girls	
F6	Javelin	Senior Boys	
F7	High Jump	Junior Girls	
F8	Discus	Junior Boys	
F9	Triple Jump	Intermediate Girls	Pit 2

F10	Shot Put	Intermediate Boys	
F11	Javelin	Senior Girls	
F12	Long Jump	Senior Boys	Pit 1
F13	Javelin	Junior Girls	
F14	Long Jump	Junior Boys	Pit 1
F15	Shot Put	Intermediate Girls	
F16	Triple Jump	Intermediate Boys	Pit 2
F17	High Jump	Senior Girls	
F18	Discus	Senior Boys	
F19	Shot Put	Junior Girls	
F20	Javelin	Junior Boys	
F21	Long Jump	Intermediate Girls	Pit 1
F22	High Jump	Intermediate Boys	
F23	Discus	Senior Girls	
F24	Triple Jump	Senior Boys	Pit 2
F25	Triple Jump	Junior Girls	Pit 2
F26	High Jump	Junior Boys	
F27	Discus	Intermediate Girls	
F28	Javelin	Intermediate Boys	
F29	Long Jump	Senior Girls	Pit 1
F30	Shot Put	Senior Boys	
F31	Long Jump	Junior Girls	Pit 1
F32	Shot Put	Junior Boys	
F33	Javelin	Intermediate Girls	
F34	Discus	Intermediate Boys	
F35	Triple Jump	Senior Girls	Pit 2
F36	High Jump	Senior Boys	

## NOTES:

Where numbers are low in track events grades may be combined and run concurrently  
For field events Para athletes will compete with the same age group of unimpaired athletes (using the appropriate para weight in the throws).

## TRACK EVENTS TAKE PRECEDENCE OVER FIELD EVENTS

Report to the field event officials first & compete if possible and then go to the track event **10 minutes before the start of the athletes grade**. Athletes may rejoin the field event after track event although not necessarily in the round or height they were up to.

## TIMED FINALS

All 100m, 200m, 300m, 400metres and all Hurdle events will be timed finals seeded to perceived ability by the Starters Assistants.

## Age Groups

As on the 31<sup>st</sup> December in the year of the championships.

**Senior** - Under 20

**Intermediate** - Under 17

**Junior** - Under 15

**Senior Para** - Under 20 (Under 22 ORS funded) **Intermediate Para** - Under 17

**Junior Para** - Under 15

## EVENT SPECIFICATIONS

	Javelin	Discus	Shot Put	Hammer
	(gm)	(kg)	(kg)	(kg)
Senior Boys	700	1.50	5.00	5.00
Intermediate Boys	700	1.25	5.00	4.00
Junior Boys	600	1.00	4.00	4.00
Senior Girls	500	1.00	3.00	3.00
Intermediate Girls	500	1.00	3.00	3.00
Junior Girls	500	1.00	3.00	3.00

### Hurdle Measurements (only available at WBOPSSAA Championships)

	Distance (metres)	Height (mm)	No. of Hurdles	Distance to first (metres)	Distance between (metres)	Run off (metres)
Senior Boys	110	914	10	13.72	9.14	14.02
Intermediate Boys	100	838	10	13	8.5	10.5
Junior Boys	80	762	8	12m	7.5	15.5
Senior Girls	100	762	10	13m	8.5	10.5
Intermediate Girls	80	762	8	12m	8.0	12.0
Junior Girls	80	762	8	12m	7.5	15.5
Senior Boys	300	838	7	50m	35	40.0
Intermediate Boys	300	762	7	50m	35	40.0
Junior Boys	200	762	5	20m	35	40.0
Senior Girls	300	762	7	50m	35	40.0
Intermediate Girls	300	762	7	50m	35	40.0
Junior Girls	200	762	5	20m	35	40.0
Senior Boys	2000 Stpch	838				
Under 17 Boys	2000 Stpch	762				
Senior Girls	2000 Stpch	762				
Under 17 Girls	2000 Stpch	762				

### Event Qualifying and Measurement Distances for Zones

#### Measurement distances

These are the guide distances to be the minimum distance achieved to be measured. This will be marked out by officials on the throwing sector or alongside the jumping pit prior to the event.

#### Qualifying distances

This is the distance that is required to be achieved for **extra throws** beyond the first three trials. If more than 6 competitors achieve this mark, only the top 6 will be awarded extra attempts.

See Table Below for each Event and Grade

GRADE	Shot Put		Discus		Javelin		Long Jump		Triple	
	Qualify Mark	Measure Mark								
JUNIOR BOYS	9.75m	8.00m	28.50m	20.0m	26.00m	21.00m	4.90m	4.20m	10.00m	9.20m
JUNIOR GIRLS	8.00m	6.50m	19.00m	15.00m	15.50m	10.00m	4.20m	3.60m	8.70m	7.70m
INTERMEDIATE BOYS	11.50m	9.50m	32.00m	23.00m	35.00m	25.00m	5.30m	4.70m	11.10m	10.00m
INTERMEDIATE GIRLS	9.00m	7.00m	22.00m	16.00m	23.00m	16.00m	4.50m	3.80m	9.20m	8.00m
SENIOR BOYS	12.00m	10.00m	33.00m	25.00m	40.00m	33.00m	5.60m	4.80m	11.50m	10.00m
SENIOR GIRLS	8.00m	7.00m	23.00m	18.00m	23.00m	18.00m	4.40m	3.80m	9.50m	8.00m

### Information for Para Athletes

Events for Para athletes are listed in Event information Sheet for your Zone  
**(Please make sure you provide appropriate supervision and assistance for your athletes)**

Athletes will compete in the unimpaired Junior (Under 15) Intermediate (Under 17) or Senior (Under 20) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

- T11 – T13 and F11 – F13      Visual Impairment (VI)
- T20 and F20                    Intellectual Impairment (II)
- T32 – T38 and F31 – F38      Cerebral Palsy and Neurological Impairments (CP)
- T40 – 41 and F40 - 41        Short Stature (SS)
- T42 – T47 and F42 – F46      Amputees and Other Impairments (AO)
- T51 – T54 and F51 – F57      Wheelchair and throwing frame user (WC)
- T61 – T64 and F61 – F64      Athletes who compete using prosthetic lower limbs (PL)
- T71 - T72                        Frame running for coordination impairments (PI)

For athletes wishing to compete with an official classification please contact Rebecca Foulsham [rebecca@athletics.org.nz](mailto:rebecca@athletics.org.nz) for information on classification. Para Athletes intending to go onto compete at the North Island Championships must have a provisional classification.

Para Athletes should come through the school's athletics qualifying program. This is not a "Have a Go" event.

Please contact Waikato Bay of Plenty Secondary Schools Athletics Association if your athlete requires extra equipment or information on assistance for Para Athletes.

When entering Para Athletes online please indicate, if possible, their classification or impairment from the drop down box even if not officially or provisionally classified.

## WBOPSSAA Para Athlete Implement Weights

### Under 20

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F20	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F31							397gr
F32	1.00kg	1.00kg	NE	NE	2.00kg	2.00kg	397gr
F33	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F34	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F35	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F36	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F37	1.00kg	1.00kg	600gr	600gr	5.00kg	3.00kg	
F38	1.50kg	1.00kg	800gr	600gr	5.00kg	3.00kg	
F40,F41	1.00kg	750gr	600gr	400gr	4.00kg	3.00kg	
F42	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F43,F44	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F45,F46	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F51	1.00kg	1.00kg					397gr
F52	1.00kg	1.00kg	600gr	600gr	2.00kg	2.00kg	
F53	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F54	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F55	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F56	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F57	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F61,F63	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F62,F64	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	

### Under 17

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F20	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F45,F46	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	

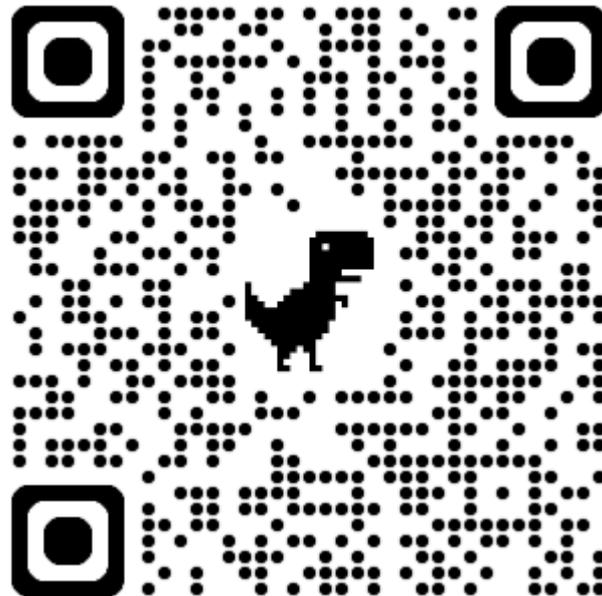
### Under 15

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F20	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F45,F46	1.00 kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	

On Line Results available during the meet:

AWBOP Athletic Live Page <https://athleticswbop.anet.live/meet-list>

QR Code



## KING COUNTRY, NORTHWEST AND SOUTH WAIKATO ZONE GIRLS ATHLETIC RECORDS

EVENT	JUNIOR GIRLS	INTERMEDIATE GIRLS	SENIOR GIRLS
<b>100m</b>	S Moko TKRA 12.61s 1983	S Moko TKRA 12.12s 1984	J Bell TMNH 12.1s 1974
<b>200m</b>	D Treadaway TKRA 26.68s 2012	L Belfield TEAW 25.59s 2016	M Williams FORE 24.6s 2003
<b>300m/400m</b>	M Williams FORE 43.53s 1999	M Williams FORE 1:01.00s 2001	M Williams FORE 56.8s 2003
<b>800m</b>	M Williams FORE 2:24.87s 1999	M Williams FORE 2:20.97s 2000	L Moller PUTA 2:14.0s 1972
<b>1500m</b>	M Anderson OTOR 5:18.7s 1994	S Ritchie TEAW 5:03.9s 1984	S Ritchie TEAW 4:53.8s 1985
<b>3000m</b>	S Corbett TEKU 11:28.77s 2016	S J Garrett TEAW 11:13.3s 1993	G Butler TEAW 10:58.22s 2016
<b>70m/80m/100m Hurdles</b>	S Morgan TEKU 12.5s 1995	C Ellery TEKU 14.2s 1995	L Vaka TMNH 16.3s 1977
<b>High Jump</b>	K Raharuhi TMNH 1.56m 1989	K Raharuhi TMNH 1.65m 1990	K Raharuhi TMNH 1.60m 1992
<b>Long Jump</b>	S Muraahi TEAW 4.97m 2025	K Raharuhi TMNH 5.12m 1990	K Camp TEAW 5.12m 2009
<b>Triple Jump</b>	T Burnside TEAW 9.69m 2013	S Hewlett TEAW 10.90m 2020	K Camp TEAW 11.24m 2009
<b>Shot Put</b>	J Demler TEAW 11.70m 2020	L Russell PUTA 12.85m 1979	A. Brown TKKP 12.93m 2016
<b>Discus</b>	K Mills TEAW 34.08m 1991	F Bartley TEAW 37.48m 1992	T Canne TEAW 38.44m 1991
<b>Javelin</b>	L Mailelaa TKRA 29.51m 1993	J James PIOP 35.40m 2020	T Berntsen OTOR 37.64m 1986
<b>Relay 4 X 100m</b>	<b>TEKU</b> 54.0s 1963	<b>TKRA</b> 48.79s 2013	<b>PUTA</b> 51.4s 1978

## KING COUNTRY, NORTHWEST AND SOUTH WAIKATO ZONE BOYS ATHLETIC RECORDS

EVENT	JUNIOR BOYS	INTERMEDIATE BOYS	SENIOR BOYS
<b>100m</b>	T Hemana TMNH 11.9s 2001	C Graham/P Reilly TEAW/TEKU 11.4s 1983/1985	C Chase PUTA 10.05s 1995

<b>200m</b>	C Jackson TEKU 24.8s 1992	P Reilly TEKU 23.5s 1975	C Chase PUTA 21.6s 1995
<b>300m/400m</b>	S Elers TMNH 40.7s 2000	J Young TEAW 52.2s 1978	R Hiskens OTOR 52.1s 1950
<b>800m</b>	R Walker/D Lee PUTA/FORE 2.11.0s 1971/1994	J Young TEAW 2:02.8s 1976	C Harland TMNH 2:00.1s 1989
<b>1500m</b>	G Leak TEAW 4:24.8s 1975	P Stock OTOR 4:14.0s 1978	G Butler TEAW 4:10.3s 1978
<b>3000m</b>	S Bolton PIOP 10:50s 1991	K MacLachlan PIOP 9:42.4s 1998	N Roche TEAW 9:16.9s 1995
<b>70m/80m/100m Hurdles</b>	M Anderson TEAW 12.3s 1995	S Wheeler TMNH 15.0s 1990	C Cheese TMNH 14.8s 2001
<b>High Jump</b>	J Brandon TEKU 1.83m 2001	A Montgomery TKRA 1.86m 1989	H.Riki-Pahewa TKRA 1.84m 2023
<b>Long Jump</b>	J Hibbert TEAW 6.08m 2025	R Bayer TMNH 7.15m 1971	M Kerr-Bell PUTA 6.80m 1968
<b>Triple Jump</b>	J Togia FORE 12.50m 2012	P Te Whare TEKU 13.31m 1999	N Park TEAW 14.11m 1989
<b>Shot Put</b>	R Nicol TEAW 14.78m 1987	R Hills TEAW 14.03m 1989	J Heymans TEAW 13.84m 2009
<b>Discus</b>	R Hills TEAW 44.06m 1987	I Winchester TEAW 44.66m 1989	I Winchester TEAW 53.56m 1991
<b>Javelin</b>	J Searanke TEKU 39.74m 1982	J Reilly TEKU 50.14m 1997	D Rabbit PUTA 58.20m 1994
<b>Relay 4 X 100m</b>	<b>TEAW</b> 50.6s 1995	<b>TEKU</b> 47.8s 1993	<b>TEKU</b> 45.9s 1969

## PARA ATHLETE RECORDS

EVENT	Classification	JUNIOR BOYS	Classification	SENIOR BOYS
<b>100m</b>			T37	D Kitts TEAW 15.98 2024
<b>800m</b>			T37	D Kitts TEAW 2:35.31 2024
<b>1500m</b>	T37	D Kitts TEAW 6:31.73 2023	T37	D Kitts TEAW 5:26.52 2024

## SCHOOLS in KING COUNTRY, NORTHWEST and SOUTH WAIKATO ZONE

SCHOOL	CODE	UNIFORM
Forest View High School	FORE	Sky and royal Blue shirt, White or Blue shorts
Huntly College	HUNT	Light Blue & dark Blue
Maniapoto	MANI	
Ngapuke	NGAP	Purple
Ngaruawahia High School	NGAR	Green, Black & White
Otorohanga College	OTOR	Maroon & Gold
Piopio College	PIOP	Red, White & Black
Putaruru College	PUTA	White, Maroon and black
Raglan Area School	RAGL	Royal Blue & light Blue
Tai Wānanga	TAIW	Blue top, black shorts
Taumarunui High School	TMNH	Navy, Blue & Gold
Te Awamutu College	TEAW	Navy & Silver
Te Kuiti High School	TEKU	Green & Gold
Te Wharekura O Te Kaokaoroa O Patetere	TKKP	Blue, White and Black
Tokoroa High School	TKRA	Green singlets with Gold horizontal band, Black or Green shorts

# Play Hard, Play Fair!

**Good sport is about positive attitude.**

**You can set the right tone and help make the championships a success.**

### **Play Your Part – Play Fair.**

- Respect that people are involved in sport for fun and enjoyment
- Support good play and applaud good performance from all competitors
- Learn the difference between supportive and abusive comments and rule out the latter
- Display self-control on the side line. Always be positive. Never shout at or ridicule players or officials
- Attempt to understand the rules of athletics
- Accept the decisions of officials and coaches
- Show your appreciation to people who volunteer their time to make sport happen
- Remember that we are all capable of making mistakes
- Give it heaps but don't get ugly

