

UP-FRONT

WAIKATO BAY OF PLENTY MASTERS ATHLETICS INC
SEPTEMBER 2025 #128



WBOP at Indoor Champs

Coming Events

28th Sept 2pm Special General Meeting, Cambridge Clubrooms
5th Oct 25 Oceania Pentathlon Throws, Tauranga
19th Oct 25 Have a Go Day 1, Porritt
9th Nov 25 Have a Go Day 2, Tauranga
28-29-30th Nov 25 North Is Champs, Tauranga
14th Dec 25 Xmas Meeting, Tauranga
18th Jan 26 WBOP Masters Champs, Tauranga
13-15th March 26 National Champs, Inglewood
22nd Mar 26 Multi Event Day, Tauranga

WBOP Cross Country Champs 29th June

Waipuna Park, Tauranga

Wow!! What a fantastic turnout for cross country day and the amazing day's weather considering what we had on Friday here was heavy rain.

The course was sound underfoot and I would hope that all those that participated were pleased with the course.

Thirty-three attended and thirty-one ran, walked, and even a little "race horse" Tyler Neal. We cannot forget Theresa's Cruz.

My sincere thanks to Murray, Linda, and Barry for setting up the course and to all of those who helped with the dismantling of it – thanks heaps.

Everyone should have enjoyed the afternoon tea and soup which as usual was well received. Those who just came for the soup – you're welcome.

As usual, the age-grading had some surprises which is always quite interesting and presents a surprised look on some faces. (WHAT ME!) Yes, you make my day.

Thanks Murray for the calculating, it is not an easy task.

Athletics Tauranga won the Teams trophy for this year closely followed by Frankton Club.

To the band of throwers and sprinters from Frankton, thanks for your support.

Thank you to Rachael from Lake City to get things ramped up in that neck of the "Woods".

Great to see everyone happy and appreciative of the event.

Fay Riley.



Trevor, Braden, Andrea and Loris



RESULTS

Place	Name	Time	Age	N/Time	N/Place
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3k Run

1	Annette Hermans	17.37	66	13.21	1
2	Linda Reynolds	20.00	59	16.27	2
3	Tyler Neal	20.51		20.51	3

Combined 3k Walk

1	Theresa Large	25.35	69	18.39	2
	Rachael Wright	27.04	37	27.04	7
3	Joan Mayall	27.16	84	15.49	1
4	Amelia Poaneki	30.56	11	30.56	9
5	Triton Poaneki	31.56	53	27.55	8
6	Tui Ashe	31.47	74	21.38	4
7	Sheryl Gower	31.47	77	20.40	3
8	Annette Parlane	36.10	78	23.10	6
9	Sue Su	36.10	80	22.26	5

Men 6k Run

1	Matthew Parsonage	21.31	44	20.18	1
2	Braden Neal	24.37	36	24.37	9
3	Joe Gallaher	24.53	36	24.53	10
4	Jamie Steer	26.02	44	24.34	8
5	Paul Ewart	28.46	60	23.33	6
6	Craig Wilson	30.30	62	24.28	7
7	Trevor Ashe	31.16	69	23.18	4
8	Barry Watson	31.47	70	23.26	5
9	Gavin Smith	31.48	72	22.55	3
10	Dave Clark	31.54	75	22.12	2
11	Steven Smith	33.29	62	26.52	11
12	Henare Vickeridge	40.03	71	29.12	12
13	Lucien Poaneki	41.08	15	41.08	14
14	Richard Sweetman	47.02	78	31.33	13

Women 6k Run

1	Angie Smith	27.54	37	27.40	4
2	Karen McCready	29.44	56	25.13	2
3	Andrea Gallaher	29.53	54	25.51	3
4	Andrea Neal	31.06	37	30.50	5
5	Loris Reed	33.49	78	21.45	1
6	Audrey Poaneki	41.27	46	38.28	6

Teams Cross country Trophy: Athletics Tauranga





NZ Indoor Champs Hastings

16-17th August 2025

This year I headed off with Sheryl, Joan and Annette Hermans for another go at the indoors and we were looking forward to this competition as a good lead into our preparation for Oceanias. Friday was a beautiful sunny day just perfect for a drive to Hastings with a cuppa at Taupo meeting up with Trevor and Henare. We stayed at the Hostel again with a good number of other Athletes including Brenda, Rachael and Bruce. Holly Robinson was staying there getting some competition in before heading off to India in a few weeks for their World Comp and she shared with us how she was transitioning from Javelin to Shot due to her elbow injuries. Lisa Adams also threw the shot as part of her prep for this same competition. Both of these ladies had amazing throws, Holly 12.18 and Lisa 13.20. I had a quick catch up with a few of our WBOP Athletes and here's what they had to say.

Sheryl Gower has been training twice a week at Porritt, she had a PB with her shot. Her 50m was 9.44 and considering her poor start she was happy with that time. Trevor Watson has increased his training this year. He got silver in the 50m the same as last year and enjoyed the Trans Tasman rivalry with Daryl Ellis. His first race was just one second better than the second race. Henare Vickeridge was at his first ever Indoor Champs and has been training during the winter so thought he might as well give this a go as it was his first sprint in ages and he was quicker than expected.

Rachael Savage was at her first Indoors. She has had to restrict her training and entered the Shot, 60m and triple jump with limitations. She managed a PB in the Triple Jump, her shot was adequate considering and for the 60m she was just participating. She thinks she is the best chauffeur Brenda Davis has ever had. Brenda Davis has been focusing on weight training every second day. She broke the record in the Shot and ran her first ever indoor 50m surprising herself with a quick time. Bruce Alexander had come all the way from Whitianga to his first ever Indoor Champs and was coming off a back injury that he hurt last year. So with six weeks training and limited distance it was great to have a winter competition which fits. There was only .06 of a sec for the indoor record in the 50m and he thought the crash pads would be interesting.

All in all a great weekend with a lot of effort from that small Hawkes Bay team. If you haven't tried it I think you should look at this for next year.



WBOP Masters Nationals

28th/29th/30th March 2025

Results

50m (first and second races)

W80 1st Sue Su 11.17 11.41 **NZ Record**

W77 1st Sheryl Gower 9.44 9.54

W66 2nd Annette Hermans 9.11 9.37

W55 2nd Brenda Davis 9.91

M70 2nd Trevor Watson 7.90 7.99

M71 4th Henare Vickeridge 9.31 9.08

M45 1st Bruce Alexander 6.79 6.65

60m

W80 1st Sue Su 13.45 **NZ Record**

W77 1st Sheryl Gower 11.06 10.99

W55 3rd Brenda Davis 12.37

W48 1st Rachael Savage 18.73 **NZ Record**

M70 3rd Trevor Watson 9.40 9.35

M71 4th Henare Vickeridge 10.57 10.56

M45 1st Bruce Alexander 7.89 7.83 **NZ Record**

Long Jump

W66 Annette Hermans 2nd 2.88

M62 Bruce Solomon 2nd 3.97

Triple Jump

W48 Rachael Savage 1st 4.94 **NZ Record**

High Jump

W66 Annette Hermans 1st 1.05

Shot Put

W78 Annette Parlane 2nd 7.34

W77 Sheryl Gower 3rd 7.21

W66 Annette Hermans 2nd 6.60

W55 Brenda Davis 1st 9.72 **NZ Record**

W45 1st Rachael Savage 7.12

M62 1st Bruce Solomon 11.25



Bruce



Rachael



Sheryl and Henare



Bruce



Trevor and Henare



Perfect finish Trevor



Floor finish Henare

Life Membership Citation

Marion Clarke

Sept 2025

Marion Clarke has been a stalwart of Athletics in the Waikato-Bay of Plenty region for many years, fulfilling roles with Frankton Athletic & Harrier Club and Waikato – Bay of Plenty Masters.

Her involvement started in the mid 1980's when encouraged to join in while supporting her son at Athletic Days. It did not take long before she and her late husband, Bruce caught the bug and became both competitors and Committee members. They assisted in the development of Frankton Club, holding Office of President and Secretary. Marion is currently the secretary.

Their involvement in Masters Athletics centered in the early stages around the NZ Masters Games which are held every year, having rarely missed a North Island event. They also attended other events around the country gaining the occasional medal not to mention P.B's through the age groups. Marion continued to compete after the untimely passing of Bruce and continued on the Masters Committee. A reliable member, she was always available both as an Official and helper, opening up, supervising equipment, timing for events, and most importantly being the last to leave ensuring that everything was tidy and secure. Thank you, Marion.

The committee is very appreciative of your knowledge and advice and willingness to assist.

Marion, as a member of both groups, represented them at Athletics NZ meetings and handled the many administrative problems encountered from time to time.

We are extremely grateful for the support given to WBOP Masters and it is with pleasure we present Marion Clarke with Life Membership of Waikato – Bay of Plenty Masters Inc.



Life members Judy, Marion, Fay, Murray



Marion receiving her badge

WBOP Masters Athlete of the year 2025

Congratulations Stephen Burden and Brenda Davis



WBOP Masters Committee Award 2025

Congratulations Barry Watson



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2025 FMT Youth Sponsorship Grant Investing in the Future - Applications Now Open!

For 20 years, we have proudly supported young talent through the FMT Youth Sponsorship Grant, helping ambitious individuals achieve their dreams. This year, we are expanding the program, offering more funding and more opportunities for rising stars across various fields.

Bigger and Better Grants for 2025

After receiving a record-breaking 50+ applications in 2024, we are increasing our support to reach even more young people. Previously, one grant of \$3,500 was awarded - but this year, we are offering:

- Two age categories: 16-19 and 20-25, ensuring fairer distribution
- Two major grants of \$8,000 each
- Two runner-up grants of \$2,000 each

This is one of our favourite sponsorship programs, and we are thrilled to expand it to help more young individuals on their journey to success.

Who can apply?

The FMT Youth Sponsorship Grant is open to young individuals aged 16-25 who are excelling at a national or international level in the following areas:

- Sport
- The Arts
- Academia
- Leadership
- Music

How to apply

To be considered, applicants must be aged 16-19 or 20-25 at the time of application.

The applicant will need to submit a cover letter, CV and if possible a short video introducing themselves, showcasing their ambitions and achievements, and explaining how they plan to use the grant. For more details or to apply, please visit fmt.co.nz.

What's expected from grant recipients?

Successful applicants will share their story and inspire others by:

- Creating a short video to feature at our Investor Meetings
- Providing two short articles (300 words each) and photos throughout the sponsorship period, to be shared on our website and in our investor newsletter.

Know someone who would benefit from this grant?

Encourage them to apply today. For more details, visit our website or contact our team. We look forward to seeing the incredible talent and passion from this year's applicants.



0800 321 113 >> fmt.co.nz

Applications close 5:00pm, 31 May 2025

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