

**King Country, Northwest and South Waikato Secondary Schools  
Zone Athletics Championships**

**Tuesday 10 March 2026 – Te Awamutu Domain, Te Awamutu  
Host School: Te Awamutu College**

The following information will be of value to you as you prepare for the meeting.

Timeline	
<b>Wednesday 4 February</b>	Event information available for schools. See <a href="#">Events   Athletics Waikato &amp; Bay Of Plenty</a> and scroll down and click on March 10 WBOP Secondary Schools King Country, Northwest &South Waikato Zone and select the link you require
<b>Friday 6 March</b>	<b>5.00pm Online ENTRIES CLOSE</b>
<b>Tuesday 10 March</b>	<b>King Country &amp; Northwest &amp; South Waikato Zone Athletic Championships, Te Awamutu Domain, Te Awamutu</b>
<b>Wednesday 18 March</b>	<b>Waikato-Bay of Plenty Secondary Schools Track &amp; Field Championships, Tauranga Domain, Tauranga</b>
<b>Sat -Sun 28-29 March</b>	<b>North Island Secondary School Track &amp; Field Championships, Massey Park, Papakura</b>
<b>Zone Contacts:</b>	Sarah Watson Te Awamutu College <a href="mailto:swatson@tac.school.nz">swatson@tac.school.nz</a> WBOPSSAA Event Coordinator John Tylden <a href="mailto:tylden@xtra.co.nz">tylden@xtra.co.nz</a>
<b>School Team Managers:</b>	Each school is to nominate a Team Manager who is <b>NOT</b> to be an Official
<b>Event Day</b> <b>Tuesday 10 March</b>	<b>9.15am:</b> All athletes scratching from laned events to be declared to TIC <b>9.30 am:</b> Managers/Officials briefing <b>10.00 am:</b> Events begin - please refer to Timetable for Order of Events
<b>Postponement/Cancellation</b>	Any cancellation notice will be notified to schools first thing in the morning at <a href="https://athleticswaikatobayofplenty.org.nz/">https://athleticswaikatobayofplenty.org.nz/</a> . It is extremely unlikely this will occur
<b>Entry Fee:</b>	Entry fees for King Country, Northwest and South Waikato Zone athletes are <b>\$4.00 per athlete</b> . Following the championships schools will be invoiced with only those who participated being charged. Do not pay until an invoice is emailed to you.
<b>Conditions of Entry</b>	Schools may enter <b>three [3]</b> competitors in each event. An athlete may be entered for a maximum of <b>four [4] events plus the relay</b> . An athlete can <b>run</b> a maximum of <b>two [2]</b> track events over 200 metres. Junior athletes are restricted to <b>two [2]</b> of the <b>three [3]</b> sprint races. All athletes must wear correct school sports uniform. Officials will be asked to enforce these rules.
<b>Age Groups</b>	As at 31st December 2026. <b>Junior/Junior Para</b> Under 15 years <b>Intermediate/Intermediate Para</b> Under 17 years <b>Senior/Senior Para</b> Under 20 years (ORS funded Para Under 22)
<b>EVENTS:</b> <b>Events Not Held at Northwest and South Waikato and King Country Zones</b>	<b>Hurdles, Hammer, Pole Vault, Walks and Steeplechase</b> events will not be held at the King Country, Northwest and South Waikato Zone meet. Managers must Enter athletes who wish to compete at the WBOPSSAA Championships on <b>Wednesday 18 March</b> in the above events through the Online Entries portal available for the WBOPSSAA Championships at <a href="#">Events   Athletics Waikato &amp; Bay Of Plenty</a> . The WBOPSSAA Championships are on <b>Wednesday 18 March</b> at Tauranga Domain, Tauranga. Zone records for the above events can be established at the WBOPSSAA Championships
<b>Timed Finals</b> <b>100m/200m/300m/400m</b>	<b>TIMED FINALS</b> will be held at King Country, Northwest and South Waikato Zone for 100m, 200m, 300m and 400m. The timed final divisions will be seeded as much as possible
<b>Para Athletes Events</b>	100, 200, 400, 800, 1500, Shotput, Discus, Javelin, High Jump, Triple Jump and Long Jump. For field events these athletes will compete with

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	the same age group of unimpaired athletes (using the appropriate para weight in the throws).
<b>GENERAL INFORMATION</b>	
<b>Starts</b>	A crouch start must be used for events up to and including the 400m. Starting blocks are optional. Assistance will be given to athletes using starting blocks for the first time. Para Athletes may use a standing start.
<b>Warming Up</b>	Warming up can be done on the back straight of the track. Please do NOT warm up in the area of the Javelin competition. Warm up throws are to be done at the competition site under the management of the officials.
<b>Spike lengths</b>	The maximum length of spikes must not be more than 9mm except for High Jump, Long Jump, Triple Jump and Javelin where they may be 12mm. Safety is urged for non-laned track events at grass track venues
<b>First Aid</b>	<p>It is strongly recommended that all athletes wear some type of footwear on the track to prevent injury.</p> <p><b>Each School's own first aid kits</b> should be made available for minor injuries for their own student athletes.</p> <p>Schools are to bring their own <b>icepacks</b> for injuries.</p> <p>School should prepare their athletes with advice for <b>SUN</b> protection and <b>HYDRATION</b>. <b>There will be no St Johns onsite. The medical Centre will be notified of the event in case of serious injury</b></p>
<b>Officials (staff):</b>	All schools will be allocated events to officiate. Thank you for your support. We have recommended the number of Staff and Student helpers needed but if you wish to have a break or support your athletes, we would advise you add another adult official to your team.
<b>Food and Refreshments</b>	<p>Officials and Team Managers will be provided with morning tea and lunch.</p> <p><b>Athletes/Spectators:</b> There will be food and drink available for purchase.</p>
<b>Waikato- Bay of Plenty Secondary Schools Track and Field Championships</b>  <b>Wednesday 18 March 2026</b> <b>Tauranga Domain, Tauranga</b>	<p><b>Qualifying Process</b></p> <p>The first three [3] place getters will qualify for the WBOPSSAA Championships. If an athlete does not finish in the top 3 but is of a suitable standard to compete at the WBOPSSAA Championships a 4<sup>th</sup> athlete may be entered with the approval of the WBOPSSAA Secretary Ange Russek . Please email all requests to <a href="mailto:angelar@stpeters.school.nz">angelar@stpeters.school.nz</a> Dispensation requests to enter the WBOPSSAA Championships for any athlete/s who did not compete at the zones (eg. injured, sick, another obligation) must be emailed by the athletes sports coordinator/person in charge of athletics to Ange Russek <a href="mailto:angelar@stpeters.school.nz">angelar@stpeters.school.nz</a> Check <a href="#">Events   Athletics Waikato &amp; Bay Of Plenty</a> for WBOPSSAA Championships information.</p>

**Notes to Manager:**

- For All Information for Competitors including Athlete Event Specifications, Implements, Qualification and Measuring Guides see [Events | Athletics Waikato & Bay Of Plenty](#)
- You must enter your relay teams with runners names at TIC before lunchtime on the day of the event
- **Centre of track** to be kept as clear as possible – **NO** spectators in the Centre of the track. Athletes in Centre at Field sites must be sitting down at event site. **Athletes cannot cross the grassed infield.** They are to walk around the perimeter of the track to access their competition area.
- The programme will start on time - no provision will be made for latecomers to events

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- Rubbish bins are provided but please bring rubbish bags to collect your own athletes waste. **Please help with ensuring the stadium is left in a tidy state.**
- In field events competitors are entitled to three trials. The **six** competitors with the best performances after three trials will be allowed three extra attempts.
- This athletics meeting finishes at the completion of the relays. All athletes are asked to remain on site to support the relay runners.

**SCHOOLS in KING COUNTRY, NORTHWEST and SOUTH WAIKATO ZONE**

SCHOOL	CODE	UNIFORM
Forest View High School	FORE	Sky and royal Blue shirt, White or Blue shorts
Huntly College	HUNT	Light Blue & dark Blue
Te Wharekura o Maniapoto	MANI	
Te Kura o Ngāpuke	NGAP	Purple
Ngaruawahia High School	NGAR	Green, Black & White
Otorohanga College	OTOR	Maroon & Gold
Piopio College	PIOP	Red, White & Black
Putaruru College	PUTA	White, Maroon and black
Raglan Area School	RAGL	Royal Blue & light Blue
Taumarunui High School	TMNH	Navy, Blue & Gold
Te Awamutu College	TEAW	Navy & Silver
Te Kuiti High School	TEKU	Green & Gold
Te Wharekura O Te Kaokaoroa O Patetere	TKKP	Blue, White and Black
Tokoroa High School	TKRA	Green singlets with Gold horizontal band, Black or Green shorts