

# Central Waikato Secondary Schools Zone Athletics Championships



**Tuesday 3 March 2026**

**Porritt Stadium, Hamilton**

**Hosted by Hamilton Boys' High School**

DESIGNATION	SCHOOL	Number of Officials
<b>Meeting Director</b>	<b>John Tylden</b>	
Meeting Manager	<b>Willem Steenkamp</b>	
Announcer	Murray Green	
Track Referee	John Tylden	
Field Referee	Alan McDonald	
<b>TRACK EVENTS</b>		
Starters	Stewart Foster, Bruce Woods	
Starters Assistants	St Peter's School (Malcolm Taylor, Des Johnston)	4 people
Photo Finish	Charles Annals and team	
Lap Counter and Final lap Bell	Ray Wakeford	
Runners to assist Meeting Manager	Hamilton Boys' High School	2 people
Results Management	Brett Addison	
Race Number allocation and grade identification for non laned events	St Peter's School (Dianne Rodger)	2 people
Printing	Brett Addison and Hamilton Boys' High School	2 people
Hurdles and Track Umpires	St Pauls Collegiate (Malcolm Taylor, Ray Wakeford)	8 people
Relay Stewards	(Start/Marshalls) St Peters School (1 <sup>st</sup> Zone) St Pauls Collegiate (2 <sup>nd</sup> Zone) Hamilton Girls High (3 <sup>rd</sup> Zone) Sacred Heart Girls College	
<b>FIELD EVENTS</b>		
Discus (Sheryl Gower, Michelle Anthony, Annette Parlane)	Sacred Heart Girls College & Fraser High School	2-4 people
Shotput (Bruce Fleming)	Hillcrest High School	2-4 people
High Jump (Wendy Stott)	Rototuna High & Hamilton Christian	2-4 people
Long Jump (Barrie Jennings, Annette Hermans pm)	St Johns College and Waikato Diocesan	2-4 people
Triple Jump (Criss Strange)	Fairfield College & Nga Taiatea Wharekura	2-4 people
Javelin (Steve Cornes)	Hamilton Girls High & Cambridge High	2-4 people
<b>NOTE:</b> Where schools are paired please determine a roster to share responsibilities		
<b>EQUIPMENT</b>		
Relay BATONS	Provided	
Food	Hamilton Boys' High School	6 people
Radios	Dianne Rodger	
Set up	Kevin Bradley, Henare Vickeridge	

## IMPLEMENTS \*\*

Please remember to ensure the equipment you require for your event is set up before the start eg wind gauges, tape measures, rakes, brooms, clipboards. The **Gear Steward of Athletics WBOP** will help with equipment distribution on the day.

These numbers are a minimum guide – please feel free to bring extra help along so more regular breaks can be taken and there are extra hands for helping your team out – remember it is a long day in the sun.

We will provide you with our 'how to guide' for your event but make sure people who are on field events have had some experience.

### Live Results

AWBOP Athletic Live Page <https://athleticswbop.anet.live/meet-list>

### QR Code



## INSTRUCTIONS TO COMPETITORS

1. This meeting is conducted under the rules of the Athletics New Zealand
2. **Dress:** Competitors must compete in their school's correct athletic uniform. On all weather tracks (Hamilton and Tauranga) spikes must not be more than 6mm in length except for High Jump/Javelin where they may be 9mm.
3. **Starting:** A crouch start is required for events up to and including the 400m. On all weather tracks starting blocks must be used by athletes wearing spikes for 100m, 200m, 400m and Hurdle races. Assistance will be given to athletes using starting blocks for the first time. Para Athletes may use a standing start.

The starter will give **one command** 'on your marks' for all events over 400m and **two commands** for all events up to and including the 400m

- a) 'On your marks' to bring competitors to their starting location.
  - b) 'Set' to bring all competitors to the set position ready to start. When all competitors are steady in the set position the gun will be fired. Any competitor who false starts will be disqualified unless the starter determines it was not the athlete's fault. Athletes may run 'under protest' and have their disqualification reviewed by the Referee whose decision will be final
4. **Staying in your lane:** Competitors in track events, up to and including 400m must run between the lines not on the lines - this includes relays. Competitors must stay in their lane for the first curve of the 800m if the race is started in lanes.
  5. **Marshalling:** Competitors must report to the Starters Assistants **10 minutes before the start of the event**. Failure to do this may result in disqualification.
  6. **Protests:** Protests can be made verbally or in writing to the Starts, Track or Field Referee whose decision will be final.
  7. **Track events take precedence over field events:** Report to the field event officials first and compete if possible and then go to the track event 10 minutes before start time. Athletes may re-join the field event after track event although not necessarily in the round or height they were up to.
  8. **Timed Finals: 100m/200m/300m/400m** and all **hurdle** events will be timed finals
  9. **Event times:** The organisers will make every effort to carry through the programme in the order and at the times stated but reserve the right, should the necessity arise, to make any alterations.
  10. **Non-Availability:** Managers are asked to indicate to the WBOPSSAA secretary Ange Russek [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz) of an athlete's non-availability for the Waikato BOP SS Championships so that every opportunity to take part can be given to previous non qualifiers.
  11. **Entry restrictions:** An athlete may be entered in a maximum of 4 events plus the relay. They can only run a maximum of 2 events over 200m. Junior athletes are restricted to 2 of the 3 sprint events.
  12. **Hammer, Pole Vault, Walks and Steeplechase events:** These will not be held at the zone meet. Managers must enter the athletes through EDP Online Entries.
  13. **Events for Para Athletes:** 100, 200, 400, 800, 1500, Shot put, Discus, Javelin, Triple Jump, High Jump and Long Jump. For field events these athletes will compete with their unimpaired age group using the appropriate para weight in the throws.
  14. **Qualifying for WBOPSS Championships:** Central Zone: The **first 5 final places** in this zone qualify for the Waikato/Bay of Plenty Secondary School Athletics championships. If an athlete does not finish in the top 5 but is of a suitable standard to compete at the WBOPSSAA Championships a 6<sup>th</sup> athlete may be entered with the approval of the WBOPSSAA Secretary Ange Russek . Please email all requests to [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz)

## ORDER OF EVENTS

Order	Time (approx.)	Event	Grade
	8.45	<b>Managers Meeting. All Scratchings for LANED Events to be handed in by 9.15am at TIC.</b>	
1	9.05	3000m	Girls (All Grades)
2	9.25	3000m	Boys (All Grades)
3	9.45	200/300m Hurdles	Junior/Intermediate/Senior Boys/Girls Timed Finals]
4	9.45	<b>Shot Put</b>	Senior Boys
5	9.45	<b>Discus</b>	Senior Girls
6	9.45	<b>Javelin</b>	Junior Boys
7	9.45	<b>Triple Jump (Pit 1)</b>	Intermediate Girls
8	9.45	<b>Long Jump (Pit 2)</b>	Intermediate Boys
9	9.45	<b>High Jump</b>	Junior Girls
10	9.55	100m	Junior Girls (Timed Finals)
11	10.05	100m	Junior Boys (Timed Finals)
12	10.15	100m	Intermediate Girls (Timed Finals)
13	10.25	100m	Intermediate Boys (Timed Finals)
14	10.35	100m	Senior Girls (Timed Finals)
15	10.40	100m	Senior Boys (Timed Finals)
16	10.40	<b>Shot Put</b>	Senior Girls
17	10.40	<b>Discus</b>	Intermediate Boys
18	10.40	<b>Javelin</b>	Junior Girls
19	10.40	<b>Triple Jump (Pit 1)</b>	Junior Boys
20	10.40	<b>High Jump</b>	Senior Boys
21	10.40	<b>Long Jump (Pit 2)</b>	Intermediate Girls
22	10.50	100m	Para Athletes (F)
23	11.00	800m	Junior Girls (F)
24	11.05	800m	Junior Boys (F)
25	11.12	800m	Intermediate Girls (F)
26	11.18	800m	Intermediate Boys (F)
27	11.23	800m	Senior Girls (F)
28	11.26	800m	Senior Boys (F)
29	11.30	<b>Shot Put</b>	Intermediate Boys
30	11.30	<b>Discus</b>	Intermediate Girls
31	11.30	<b>Javelin</b>	Senior Boys
32	11.30	<b>Triple Jump (Pit 1)</b>	Junior Girls
33	11.30	<b>High Jump</b>	Senior Girls
34	11.30	<b>Long Jump (Pit 2)</b>	Junior Boys
35	11.35	200m	Junior Girls (Timed Finals)

36	11.45	200m	Junior Boys (Timed Finals)
37	11.50	200m	Intermediate Girls (Timed Finals)
38	11.55	200m	Intermediate Boys (Timed Finals)
39	12.05	200m	Senior Girls (Timed Finals)
40	12.10	200m	Senior Boys (Timed Finals)
41	12.15	200m	Para Athletes (F)
	12.25	<b>LUNCH BREAK - For FIELD Event Officials</b>	
42	12.30	80m Hurdles	Junior Girls (Timed Finals)
43	12.35	80m Hurdles	Junior Boys (Timed Finals)
44	12.40	80m Hurdles	Intermediate Girls (Timed Finals)
45	12.50	100m Hurdles	Senior Girls (Timed Finals)
46	12.45	<b>Discus</b>	Junior Boys
47	12.45	<b>Javelin</b>	Senior Girls
48	12.45	<b>Triple Jump (Pit 1)</b>	Senior Boys
49	12.45	<b>High Jump</b>	Intermediate Boys
50	12.45	<b>Long Jump (Pit 2)</b>	Junior Girls
51	12.45	<b>Shot Put</b>	Intermediate Girls
52	12.55	100m Hurdles	Intermediate Boys (Timed Finals)
53	1.00	110m Hurdles	Senior Boys (Timed Finals)
		<b>LUNCH BREAK - For Track Events Officials</b>	
54	1.20	300m	Junior Girls (Timed Finals)
55	1.26	300m	Junior Boys (Timed Finals)
56	1.30	<b>Shot Put</b>	Junior Boys
57	1.30	<b>Discus</b>	Junior Girls
58	1.30	<b>Javelin</b>	Intermediate Boys
59	1.30	<b>Triple Jump (Pit 1)</b>	Senior Girls
60	1.30	<b>High Jump</b>	Intermediate Girls
61	1.30	<b>Long Jump (Pit 2)</b>	Senior Boys
62	1.32	400m	Intermediate Girls (Timed Finals)
63	1.36	400m	Intermediate Boys (Timed Finals)
64	1.42	400m	Senior Girls (Timed Finals)
65	1.45	400m	Senior Boys (Timed Finals)
66	1.50	400m	Para Athletes (F)
67	1.55	1500m	Junior Girls(F)
68	2.03	1500m	Junior Boys(F)
69	2.11	1500m	Intermediate Girls(F)
70	2.15	<b>Shot Put</b>	Junior Girls
71	2.15	<b>Discus</b>	Senior Boys
72	2.15	<b>Javelin</b>	Intermediate Girls
73	2.15	<b>Triple Jump (Pit 1)</b>	Intermediate Boys

74	2.15	<b>High Jump</b>	Junior Boys
75	2.15	<b>Long Jump (Pit 2)</b>	Senior Girls
76	2.18	1500m	Intermediate Boys(F)
77	2.22	1500m	Senior Girls(F)
78	2.29	1500m	Senior Boys(F)
79	2.40	4 x 100m Relay	Junior Girls
80	2.45	4 x 100m Relay	Junior Boys
81	2.50	4 x 100m Relay	Intermediate Girls
82	2.55	4 x 100m Relay	Intermediate Boys
83	3.00	4 x 100m Relay	Senior Girls
84	3.05	4 x 100m Relay	Senior Boys

## NOTES:

All times may be subject to delays and change on the day.

Where numbers are low in track events grades may be combined and run concurrently

Para Athletes who are competing in field events will compete at the same time as the Intermediate age group for junior para athletes (U17) and Senior age group for senior para athletes (U20 or U22 ORS funded). Please check that the appropriate weight is being used.

## TRACK EVENTS TAKE PRECEDENCE OVER FIELD EVENTS

Report to the field event officials first & compete if possible and then go to the track event **10 minutes before the start time of the athletes grade**. Athletes may rejoin the field event after track event although not necessarily in the round or height they were up to.

## TIMED FINALS

All 100m, 200m, 300m, 400metres and all Hurdle events will be timed finals seeded to perceived ability by the Starters Assistants.

## Age Groups

As on the 31<sup>st</sup> December in the year of the championships.

**Senior** - Under 20

**Intermediate** - Under 17

**Junior** - Under 15

**Senior Para** - Under 20 (Under 22 ORS funded)

**Intermediate Para** - Under 17

**Junior Para** – Under 15

## CENTRAL ZONE SCHOOLS

School	Code	Uniform
Cambridge High School	CAMB	Navy & White
Fairfield College	FAIR	Royal blue singlet with red and white detail, blue shorts
Fraser High School	FRAS	Navy, Royal and White singlet, Navy Shorts
Hamilton Boys' High School	HAMB	Red/Black singlet, Black Shorts
Hamilton Christian School	HAMC	Dark Blue & Red/White strip
Hamilton Girls' High School	HAMG	Maroon/Black singlet, Black shorts
Hamilton Junior/ Berkley/ Cambridge Middle Schools	HJHS, BERK, CAMM	Appropriate school P.E uniform
Hillcrest High School	HLCR	Navy, Gold & White
Mangakōtukutuku College	MKTK	Dark Teal Green top, Black shorts
Nga Taiatea Wharekura	NGTW	Orange singlet, black shorts
Rototuna High Schools	RJHS	Blue & Orange
Sacred Heart Girls College	SHGC	Maroon Shirt, Black Shorts
St John's College	SJHM	Blue & Gold singlet, Blue shorts
St Paul's Collegiate	SPLH	Black, White & Gold
St Peter's School, Cambridge	STPC	Navy, Red & Sky Blue
Te Kōupuku High	TKPU	TBC
Te Wharekura o Kirikiriroa	TWKK	TBC
Waikato Diocesan School	WKDS	White, red & navy singlet, Navy shorts

**Event Specifications for Secondary School Track and Field  
Implement Weights**

	<b>Javelin</b>	<b>Discus</b>	<b>Shot Put</b>	<b>Hammer</b>
	(gm)	(kg)	(kg)	(kg)
Senior Boys	700	1.50	5.00	5.00
Intermediate Boys	700	1.25	5.00	4.00
Junior Boys	600	1.00	4.00	4.00
Senior Girls	500	1.00	3.00	3.00
Intermediate Girls	500	1.00	3.00	3.00
Junior Girls	500	1.00	3.00	3.00

**Hurdle Measurements**

	Distance (metres)	Height (mm)	No. of Hurdles	Distance to first (metres)	Distance between (metres)	Run off (metres)
Senior Boys	110	914	10	13.72	9.14	14.02
Intermediate Boys	100	838	10	13	8.5	10.5
Junior Boys	80	762	8	12m	7.5	15.5
Senior Girls	100	762	10	13m	8.5	10.5
Intermediate Girls	80	762	8	12m	8.0	12.0
Junior Girls	80	762	8	12m	7.5	15.5
Senior Boys	300	838	7	50m	35	40.0
Intermediate Boys	300	762	7	50m	35	40.0
Junior Boys	200	762	5	20m	35	40.0
Senior Girls	300	762	7	50m	35	40.0
Intermediate Girls	300	762	7	50m	35	40.0
Junior Girls	200	762	5	20m	35	40.0
Senior Boys	2000 Stpch	838				
Under 17 Boys	2000 Stpch	762				
Senior Girls	2000 Stpch	762				
Under 17 Girls	2000 Stpch	762				

## Event Qualifying and Measurement Distances for Zones

### Measurement distances

These are the guide distances to be the minimum distance achieved to be measured. This will be marked out by officials on the throwing sector or alongside the jumping pit prior to the event.

### Qualifying distances

This is the distance that is required to be achieved for **extra throws** beyond the first three trials. If more than 8 competitors achieve this mark, only the top 8 will be awarded extra attempts.

**See Table Below for each Event and Grade**

GRADE	Shot Put		Discus		Javelin		Long Jump		Triple	
	Qualify Mark	Measure Mark								
JUNIOR BOYS	9.75m	8.00m	28.50m	20.0m	26.00m	21.00m	4.90m	4.20m	10.00m	9.20m
JUNIOR GIRLS	8.00m	6.50m	19.00m	15.00m	15.50m	10.00m	4.20m	3.60m	8.70m	7.70m
INTERMEDIATE BOYS	11.50m	9.50m	32.00m	23.00m	35.00m	25.00m	5.30m	4.70m	11.10m	10.00m
INTERMEDIATE GIRLS	9.00m	7.00m	22.00m	16.00m	23.00m	16.00m	4.50m	3.80m	9.20m	8.00m
SENIOR BOYS	12.00m	10.00m	33.00m	25.00m	40.00m	33.00m	5.60m	4.80m	11.50m	10.00m
SENIOR GIRLS	8.00m	7.00m	23.00m	18.00m	23.00m	18.00m	4.40m	3.80m	9.50m	8.00m

## Information for Para Athletes

Events for Para athletes are listed in Event information Sheet for your Zone

**(Please make sure you provide appropriate supervision and assistance for your athletes)**

Athletes will compete in the unimpaired Junior (Under 15) Intermediate (Under 17) or Senior (Under 20) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

### WBOPSSAA Para Athlete Implement Weights

#### Under 20

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F20	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F31							397gr
F32	1.00kg	1.00kg	NE	NE	2.00kg	2.00kg	397gr
F33	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F34	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F35	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F36	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F37	1.00kg	1.00kg	600gr	600gr	5.00kg	3.00kg	
F38	1.50kg	1.00kg	800gr	600gr	5.00kg	3.00kg	
F40,F41	1.00kg	750gr	600gr	400gr	4.00kg	3.00kg	
F42	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F43,F44	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F45,F46	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F51	1.00kg	1.00kg					397gr

F52	1.00kg	1.00kg	600gr	600gr	2.00kg	2.00kg	
F53	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F54	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F55	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F56	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F57	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F61,F63	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F62,F64	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	

### Under 17

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F20	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F45,F46	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	

### Under 15

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F20	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F45,F46	1.00 kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F51	750gr	750gr					397gr

F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

- T11 – T13 and F11 – F13                      Visual Impairment (VI)
- T20 and F20                                      Intellectual Impairment (II)
- T32 – T38 and F31 – F38                      Cerebral Palsy and Neurological Impairments (CP)
- T40 – 41 and F40 - 41                          Short Stature (SS)
- T42 – T47 and F42 – F46                      Amputees and Other Impairments (AO)
- T51 – T54 and F51 – F57                      Wheelchair and throwing frame user (WC)
- T61 – T64 and F61 – F64                      Athletes who compete using prosthetic lower limbs (PL)
- T71 - T72    Frame running for coordination impairments (PI)

For athletes wishing to compete with an official classification please contact Rebecca Foulsham [rebecca@athletics.org.nz](mailto:rebecca@athletics.org.nz) for information on classification. Para Athletes intending to go onto compete at the North Island Championships must have a provisional classification.

Para Athletes should come through the school's athletics qualifying programme. This is not a "Have a Go" event. Please contact Waikato Bay of Plenty Secondary Schools Athletics Association if your athlete requires extra equipment or information on assistance for Para Athletes.

When entering Para Athletes online please indicate, if possible, their classification or impairment from the drop down box even if not officially or provisionally classified.

## CENTRAL ZONE ATHLETIC RECORDS @ 1 FEBRUARY 2025

Event	Junior Girls	Intermediate Girls	Senior Girls
100m	P Coxon HLCR 12.60s 1980	R Nhemachena SHGH 12.46s 2021	A Lynch FAIR 11.9s 1996
200m	M Waddell STPC 25.38 2021	M Waddell STPC 25.45 2023	D de Leeuw SHGH 24.20s 1976
300m/400m	S Hockley HAMG 41.50 2001	T Horgan CAMB 55.40 2012	<b>M Waddell</b> <b>STPC</b> <b>55.07 2025</b>
800m	K Soloman SHGC 2.18.17 2017	A Lord STPC 2.16.53 2013	M Unternahrer HAMG 2.13.35 2012
1500m	B Ritchie STPS 4.45.06 2021	B Ritchie STPS 4.39.10 2023	C Millar STPS 4.28.79 2020
3000m	C Miller STPC 10.13.75s 2016	J Antoniazzi STPC 10.19.25s 2019	C Buscomb STPC 9.34.87 2007
80m/100m Hurdles.	<b>G Burke</b> <b>STPC</b> <b>14.28 .... 2025 BP</b>	M Wade HLCR 12.07s 1996	K Goodwin SHGC 14.58s 2018
200m/300m Hurdles	Z Herring STPC 33.36 2024BP	S Hancock ROTO 45.23 2021	S Hancock ROTO 44.55 2023
2000m Steeples (U16/Sen grades only)		B.Rees-Jones CAMB 7.56.43 2023	S Jury HAMG 7.35.98 2023
Shot Put	L Lose HAMG 11.10m 2021	A Brown STPC 13.02m 2014	M Faumui STPC 13.25m 2021
Discus	L Lose HAMG 37.54 2021	L Lose HAMG 47.10 2023	L Lose HAMG 46.07 2024
Javelin	A McBride STPC 31.46 1996	H Koppens SHGC 38.54 2024	M Hamilton STPC 40.76 1984
Hammer		L Lose HAMG 47.70 2023	J Ratcliffe WKDS 60-18 2011
High Jump	J Taane HLCR 1.59 1989	S Scown HLCR 1.70 1988	T McGarva / J Taylor HGHS/SPLH 1.70m 1996/2020
Long Jump	P Coxon HLCR 5.44m 1980	A Neischmidt CAMB 5.60m 1984	T Spedding HLCR 5.77 1989
Triple Jump	C Lowther STPC 10.37m 2020	K Goodwin SHGC 11.22m 2016	K Goodwin SHGC 11.67 2018
Pole Vault (U16/Sen grades only)			M Hamilton STPC 3.45 1994
Relay 4 X 100m	STPC 53.12 2021	WKDS 51.00s 2001	<b>STPC</b> <b>48.62 2025</b>

Event	Junior Boys	Intermediate Boys	Senior Boys
<b>100m</b>	C Dempsey MELV 11.20 1975	S Heslop HAMB 11.00 1993	T Blythe HAMB 10.50s 1992
<b>200m</b>	B Gordon SPHL 23.45 2010	T Hilton HAMB 22.28s 2018	D McClunie HAMB 21.50s 1984
<b>300m/400m</b>	R Ballantyne SPLH 39.15 2013	T Smith STPC 50.32 2012	J Enright SPLH 49.60 1980
<b>800m</b>	B Maxwell HAMB 1.59.6s 1972	M Graveson SPLH 1.59.02s 2005	M Eggleton SPLH 1.54.50 2010
<b>1500m</b>	B Maxwell HAMB 4.26.6 1972	J Priddey HAMB 4.05.96s 2012	Z Robertson FAIR 3.59.55s 2006
<b>3000m</b>	S Montgomerie HAMB 9.35.82 2014	J Priddey HAMB 8.48.45s 2012	Z Robertson FAIR 8.41.75s 2006
<b>80m/100m/110m Hurdles.</b>	<b>T Breen</b> <b>HAMB</b> <b>12.52 2025</b>	C Annals HAMB 13.87s 2018	D Buchanan MELV 13.30s 1975
<b>200m/300m Hurdles (U16/Sen grades only)</b>	D.Mclaren SPLH 29.73 2024 BP	<b>L Crerar</b> <b>STPC</b> <b>41.53 2025</b>	N O'Brien SPLH 37.40 1997
<b>2000m Steeples (U16/Sen grades only)</b>		J Lomas STPC 6.46.24 2023	K Goodhue HUNT 6.39.4 1987
<b>Shot Put</b>	R Ballantyne SPLH 14.87 2013	R Ballantyne SPLH 19.02 2015	R Ballentyne SPLH 19.04 2016
<b>Discus</b>	J Humberstone Kara HAMB 48.44m 2021	R Ballantyne SPLH 51.29s 2015	P Jensen HAMB 48.28 1985
<b>Javelin</b>	S Farquhar STPC 48.77 1996	S Farquhar STPC 63.11 1998	G Lovegrove HLCR 66.02 1985
<b>Hammer</b>	C.Garland SPLH 35.12 2017	K Gordon HAMB 28.68 2023	P Gibbs FRAS 67.4 1989
<b>High Jump</b>	J Docos HAMB 1.76m 2004	C Goodwin HAMB 1.90 2014	D Geddes HAMB 2.08m 1993

<b>Long Jump</b>	C Dempsey MELV 6.03 1975	R Cocklin HAMB 6.41m 1998	S Dwight FAIR 6.52m 1986
<b>Triple Jump</b>	C Rowe MORR 11.80m 1975	H Chase CCNZ 13.72 1971	G Andrews HLCR 13.60 1986
<b>Pole Vault (U16/Sen grades only)</b>			K Saunderson STPC 4.30 1994
<b>Relay 4 X 100m</b>	HAMB 48.99 2016	HAMB 44.43s 2018	SPLH 42.61 2005

## Para Athletics Records

Event	Classification	Junior Boys	Classification	Senior Boys
100m	T54	L Pedersen CAMB 20.07 2024	T20	M Tauaika HLCR 13.425 2019
200m	T54	<b>L Pedersen</b> <b>CAMB</b> <b>37.74 2025</b>	T20	I Boutkam HLCR 27.065 2019
400m	T54	<b>L Pedersen</b> <b>CAMB</b> <b>1:18.13 2025</b>	T20	A Soria FAIR 1.12.145 2019
Discus	F55	L Pedersen CAMB 16.73 2024		

# Play Hard, Play Fair!

**Good sport is about positive attitude.**

**You can set the right tone and help make the championships a success.**

## Play Your Part – Play Fair.

- Respect that people are involved in sport for fun and enjoyment
- Support good play and applaud good performance from all competitors
- Learn the difference between supportive and abusive comments and rule out the latter
- Display self-control on the side line. Always be positive. Never shout at or ridicule players or officials
- Attempt to understand the rules of athletics
- Accept the decisions of officials and coaches
- Show your appreciation to people who volunteer their time to make sport happen
- Remember that we are all capable of making mistakes
- Give it heaps but don't get ugly

