

Central Waikato Secondary Schools Zone Athletics Championships

Tuesday 3 March 2026 - Porritt Stadium, Hamilton

Host School: Hamilton Boys High School

The following information will be of value to you as you prepare for the meeting.

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| Timeline: | |
| Wednesday 4 February | Event information available for schools. See Events Athletics Waikato & Bay Of Plenty and scroll down and click on March 03 WBOP Secondary Schools Central Zone and select the links you require |
| Friday 27 February | 5.00pm Online ENTRIES CLOSE |
| Tuesday 3 March | Central Zone Athletic Championships, Porritt Stadium |
| Wednesday 18 March | Waikato-Bay of Plenty Secondary Schools Track & Field Championships, Tauranga Domain, Tauranga |
| Sat-Sun 28-29 March | North Island Secondary Schools Athletics Association Championships, Massey Park, Papakura |
| Zone Contacts | Host School Willem Steenkamp directorofsport@hbhs.school.nz WBOPSSAA Event Coordinator John Tylden tylden@xtra.co.nz |
| School Team Managers | Each school is to nominate a Team Manager who is NOT to be an Official |
| Event Day Tuesday 3 March | 8.45 am Managers/Officials briefing ALL ATHLETE SCRATCHINGS for LANED track events to be declared at TIC by 9.15am. 9.05 am Events begin - please refer to Timetable for Order of Events |
| Postponement/Cancellation | Any cancellation notice will be made first thing on the morning of the championships at https://athleticswaikatobayofplenty.org.nz/ . It is extremely unlikely this will occur. |
| Entry Fee | Entry fees for Central zone are \$5.00 per athlete Following the championships schools will be invoiced with only those who participated being charged. Do not pay until an invoice is emailed to you. |
| Conditions of Entry | Schools may enter three [3] competitors in each event. An athlete may be entered for a maximum of four [4] events plus the relay . An athlete can run a maximum of two [2] track events over 200 metres. Junior athletes are restricted to two [2] of the three [3] sprint races. All athletes must wear correct school sports uniform. Officials will be asked to enforce these rules |
| Age Groups | As at 31st December 2026. Junior/Junior Para Under 15 years Intermediate/Intermediate Para Under 17 years Senior/Senior Para Under 20 years (ORS funded Para Under 22) |
| EVENTS: Events Not Held at Central Zones | Hammer, Pole Vault, Walks and Steeplechase events will not be held at the Central Zone meet. Managers must Enter athletes who wish to compete in the above events at the WBOPSSAA Championships direct through the Online Entries portal available for the WBOPSSAA Championships at Events Athletics Waikato & Bay Of Plenty . The WBOPSSAA Championships are on WEDNESDAY 18 March at Tauranga Domain, Tauranga. Zone records for these events can be established at the WBOPSSAA meeting. |
| Timed Finals 100m/200m/300m/400m & Hurdles | TIMED FINALS will be held at Central Zone for 100m, 200m, 300m and 400m and all Hurdles races (i.e. no heats). The timed final divisions will be seeded as much as possible |

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| Para Athletes Events | 100, 200, 300/400, 800, 1500, Shotput, Discus, Javelin, High Jump, Triple Jump and Long Jump. For field events these athletes will compete with the same age group of unimpaired athletes (using the appropriate para weight in the throws). |
| GENERAL INFORMATION | |
| Starts | A crouch start must be used for events up to and including the 400m. On all weather tracks starting blocks must be used for 100m, 200m, 400m and Hurdle races by athletes wearing spikes. Assistance will be given to athletes using starting blocks for the first time. Para Athletes may use a crouch or standing start (except T20 athletes wanting to set records must use blocks). |
| Warming Up | All warming up for track events is to be done on the grass area outside on field number 3 to the East of the grandstand. (NOT ON THE FOOTBALL PITCH DIRECTLY BEHIND THE STAND) . Warm up throws are to be done at the competition site under the management of the officials. |
| Spike lengths | On all weather tracks like Porritt Stadium, spikes must NOT be more than 6mm in length except for High Jump/Javelin where they maybe 9mm. |
| First Aid | It is strongly recommended that all athletes wear some type of footwear on the track to prevent blisters. Each School's own first aid kits should be made available for minor injuries for their own student athletes. Schools are to bring their own icepacks for injuries. School should prepare their athletes with advice for <ul style="list-style-type: none"> ✓ SUN protection ✓ HYDRATION |
| Officials (staff): | All schools will be allocated events to officiate. Thank you for your support. We have recommended the number of Staff and Student helpers needed but if you wish to have a break or support your athletes, we would advise you add another adult official to your team. |
| Food and Refreshments | Officials & Team Managers will be provided with morning tea and lunch. Athletes/Spectators: There will be a coffee cart and real fruit ice cream and possibly drinks and limited food available for purchase but bringing lunch is advisable. |
| Waikato Bay of Plenty Secondary Schools Athletics Association Championships Wednesday 18 March 2026 Tauranga Domain, Tauranga | Qualifying Process The first five [5] place getters from the Central Zone will qualify for the WBOPSSAA regional Championships. If an athlete does not finish in the top 5 but is of a suitable standard to compete at the WBOPSSAA Championships, a 6 th athlete may be entered with the approval of WBOP Secondary School Athletics Association Secretary Ange Russek . Please email all requests to Ange Russek angelar@stpeters.school.nz Dispensation requests to enter the WBOPSSAA championships for any athlete/s who did not compete at the zones (eg. injured, sick, another obligation) must be emailed by the athlete's sports coordinator/person in charge of athletics to Ange Russek angelar@stpeters.school.nz Check Events Athletics Waikato & Bay Of Plenty for WBOPSSAA Championships information. |

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Notes to Manager:

- For **All Information for Competitors** including **Athlete Event Specifications, Implements, Qualification and Measuring Guides** see [Events | Athletics Waikato & Bay Of Plenty](#)
- You must enter your relay teams with runners names at TIC before lunchtime on the day of the event
- **Athletes cannot cross the grassed infield.** They are to walk around the perimeter of the track to access their competition area.
- The programme will start on time - no provision will be made for latecomers to events
- **Council rubbish bins are not provided. Please bring rubbish bags to collect your own athletes rubbish and take the bags with you for disposal. Please help with ensuring the stadium and grandstand is left in a tidy state.**
- In field events competitors are entitled to three trials. The **six** competitors with the best performances after three trials will be allowed three extra attempts.
- This athletics meeting finishes at the completion of the relays. Athletes are asked to remain on site to support the relay runners.

CENTRAL ZONE SCHOOLS

| School | Code | Uniform |
|--|------------------|---|
| Cambridge High School | CAMB | Navy & White |
| Fairfield College | FAIR | Royal blue singlet with red and white detail, blue shorts |
| Fraser High School | FRAS | Navy, Royal and White singlet, Navy Shorts |
| Hamilton Boys' High School | HAMB | Red/Black singlet, Black Shorts |
| Hamilton Christian School | HAMC | Dark Blue & Red/White strip |
| Hamilton Girls' High School | HAMG | Maroon/Black singlet, Black shorts |
| Hamilton Junior/ Berkley/ Cambridge Middle Schools | HJHS, BERK, CAMM | Appropriate school P.E uniform |
| Hillcrest High School | HLCR | Navy, Gold & White |
| Mangakōtūkutuku College | MKTK | TBC |
| Nga Taiatea Wharekura | NGTW | Orange singlet, Black shorts |
| Rototuna High Schools | RJHS | Blue & Orange |
| Sacred Heart Girls College | SHGC | Maroon Shirt, Black Shorts |
| St John's College | SJHM | Blue & Gold singlet, Blue shorts |
| St Paul's Collegiate | SPLH | Black, White & Gold |
| St Peter's School, Cambridge | STPC | Navy, Red & Sky Blue |
| Te Kōupuku High | TKPU | TBC |
| Te Wharekura o Kirikiriroa | TWKK | TBC |
| Waikato Diocesan School | WKDS | White, red & navy singlet, Navy shorts |