



**Summer
Handbook**

**2025
/2026**

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ATHLETICS WAIKATO BAY OF PLENTY INCORPORATED

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Malcolm Taylor	(Road and Cross Country)
Teresa Mumby	(Children)
Sarah Watson	(Children)
Iain Rattray	(Masters)
Ruth Tuiraviravi	(Officials)

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Track & Field Selectors

Brett Addison

Murray Green

Michael Pugh

Arbitration Panel

Brett Addison (Convenor), Murray Green, Iain Rattray, Debbie Strange, Joan Rawnsley, Sandra Murray

Important Information for Open Meet competition

AGE GRADES & ELIGIBILITY

TRACK & FIELD & COMBINED EVENTS COMPETITIONS

Age restrictions as follows, as per ANZ By-Laws C1.2 (Age Definitions) and C3-2 –Eligibility, paragraph 2

An athlete competing in either the Senior Men or Senior Women Grades shall be aged 18 years or over on the **31st December in the year of competition.**

An athlete to compete in either the Men Under 20 (M-U20) or Women Under 20 (W-U20) Grades shall be aged 16, 17, 18 or 19 on the **31st December in the year of competition.**

An athlete to compete in either the Men Under 18 (M-U18) or Women Under 18 (W-U18) Grades shall be aged 15, 16 or 17 years on the **31st December in the year of competition.**

Masters Athletes: An athlete competing in Master Men grades shall be aged 35 years and over, or for Master Women grades aged 30 years and over, on their birthdays as per Master Age Definitions.

Each Age Group has a minimum age where athletes are eligible to compete.

Any athlete younger than the minimum age is required to compete in children's competitions.

The Operations Committee of AWBOP on application in writing may at their sole discretion permit an athlete who is ineligible to compete in a specific event.

AWBOP GRADE UNDER 16 – PLEASE NOTE THIS GRADE IS NOT THE SAME AS ATHLETICS NZ U16

AWBOP has a grade under 16 (age as of 31st December 2025). Athletes will stay in this age grade all season – the same as with children's grades. This grade fits between children's grade 14 and the Under 18 grade. Events for this age grade will be held at all open meetings and AWBOP championships for both boys and girls. This age grade is not a New Zealand Championship Grade.

Events for this Grade are **Girls:** 100, 200, 400, 800, 1500, 3000, 2000 Steeplechase (762), 80M Hurdles (762), 300m Hurdles (762), Long Jump, High Jump, Triple Jump, Shot (3kg) Discus (1kg) Javelin (500g) Hammer (3kg). **Boys:** 100, 200, 400, 800, 1500, 3000, 2000 Steeplechase (762), 100m Hurdles (838), 300m Hurdles (762), Long Jump, High Jump, Triple Jump, Shot (5kg) Discus (1.25kg) Javelin (700g) Hammer (4kg).

Entry to Open Meet Competition

Note that for 2025/26 all open meetings will be online entry only. \$7 entry fee per athlete applies to AWBOP open Meets. Entries for events will close on the Thursday at midnight prior to each event. The same fee and entry time conditions apply to children competing at senior meets. Unregistered athletes may compete at these open meets for a fee of \$15.

Open Meeting Competition Fee for Registered Athletes -\$7 (can compete in as many events as wanted)

Open Meeting Competition Fee for Non-registered Athletes -\$15 (can compete in as many events as wanted)

Open Meetings will be Online entry only, entries closing midnight the Thursday before the event.

World Athletics (WA) false start rules apply to all AWBOP meetings- i.e. an athlete, after assuming a full and final set position, shall not commence his/her start until after the report of the gun. If, in the judgment of the Starter or Recaller, he/she does so any earlier, it shall be deemed a false start. Except in combined events, any athlete responsible for a false start shall be disqualified- see WA rule 16.6,7,8

Records

Must be the actual age at date of performance - not as per Age Grouping

Note: Athletics NZ now maintain record performances in yearly steps - but Athletics Waikato-Bay of Plenty does not.

ATHLETICS WAIKATO BAY OF PLENTY

2025-2026 Calendar of Regional and National Events

OCT 2025

Sat 5 Oct	Masters Oceania Throws Pentathlon	Tauranga	
Sat 11 Oct	Auckland / WBOP 10,000m Championships	Mt Smart	
Sat 18 Oct	Open Meeting	Porritt	2.00pm
Sun 19 Oct	WBOP Masters Have-A-Go Day (1)	Porritt	Midday
Sat 25 Oct	Open Meeting + 12/13 grades	Porritt	2.00pm

NOV 2025

Sat 1 Nov	Open Meeting + 12/13 grades incl WBOP Mile Champs	Tauranga	2.00pm
Sat 8 Nov	Whakatane Ribbon Day	Whakatane	10.00am
Sat 8 Nov	Open Meeting + 12/13 grades	Porritt	2.00pm
Sun 9 Nov	Jumps Day – Coaching and Competition	Porritt	11.00am
Sun 9 Nov	WBOP Masters Have-A-Go Day (2)	Tauranga	Midday
Sat 15 Nov	Open Meeting	Porritt	2.00pm
Sun 16 Nov	Sam Johnson Memorial Throws Meeting	Porritt	9.00am
Sat 22 Nov	Dame Yvette Williams Invitational	Dunedin	
Sat 22 Nov	Te Awamutu Ribbon Day	Te Awamutu	10.00am
Sat 22 Nov	Open Meeting	Tauranga	2.00pm
Sun 23 Nov	Hurdles Day – Coaching and Competition	Tauranga	11.00am
Fri 28-Sun 30 Nov	North Island Masters Track & Field Champs	Tauranga	
Sat 29 Nov	Fairfield Ribbon Day	Porritt	10.00am
Sun 30 Nov	Open Meeting	Porritt	11.00am

DEC 2025

Fri 5 – Sun 7 Dec	NZ Sec Schools Track & Field Champs	Hastings	
Sat 6 Dec	Taupo Ribbon Day	Taupo	10.00am
Sun 14 Dec	Porritt Fun Day	Porritt	2.00pm
Sun 14 Dec	Masters Xmas Meeting	Tauranga	Midday
Sat 20 Dec	Night of 5's	Auckland	

JAN 2026

Sat 3 Jan	Tauranga Twilight (incl WBOP 3000m Champs)	Tauranga	
Sun 4 Jan	Powerspeed Relays Festival – 13 yrs and up (hosted by Athletics Tauranga)	Tauranga	
Fri 9 Sun 11 Jan	North Island Colgate Games	Tauranga	
Sat 10 Jan	Lovelock Classic (inc. NZ 10,000m Champs)	Timaru	
Fri 16-Sun 18 Jan	South Island Colgate Games	Nelson	
Sat 17 Jan	Potts Classic & NZ Short Track Champs	Hastings	
Sun 18 Jan	WBOP Masters Champs	Tauranga	9.00am
Fri 23-Sun 25 Jan	South Island Masters Champs	Nelson	
Sat 24 Jan	Open Meeting + 12/13 grades	Porritt	2.00pm
Sat 24 Jan	Cooks Classic (inc. NZ Mile Champs)	Whanganui	
Fri 30 Sat 31 Jan	Sola Power Throws	Wellington	
Sat 31 Jan	10/11 and 12/13 Challenge Day - Massey Park	Papakura	
Sat 31 Jan	WBOP Senior Champs – Day 1	Porritt	1.30pm

Sun 1 Feb	Capital Classic <i>(inc. NZ U20 Mile Champs)</i>	Wellington	
Sat 7 - Sun 8 Feb	NZ Combined Events Championships	Auckland	
Sun 8 Feb	Sir Graeme Douglas International	Waitakere	
Fri 13 Feb	Te Aroha Short & Sweet Childrens Meet	Te Aroha	
Sat 14 Feb	Porritt Classic <i>(inc. NZ U20 3000m Champs)</i>	Porritt	
	Porritt Classic Youth Pre Meet	Porritt	
Sun 15 Feb	Masters Trophy Day	Porritt	Midday
Sat 21 Feb	International Track Meet <i>(inc. NZ 3000m Champs)</i>	Christchurch	
Sat 21 Feb	Cambridge Pentathlon	Cambridge	9.00am
Sat 21 Feb	WBOP Senior Champs - Day 2	Tauranga	10.00am
Sat 28 Feb	Open Meeting	Porritt	2.00pm
Sat 28 Feb	Bellevue Ribbon Day	Tauranga	
Sat 28 Feb	Auckland / WBOP Pole Vault Champs	Mt Smart	

Tues 3 Mar	WBOP Sec Schools Central Zones	Porritt	9.00am
Thurs 5 - Sun 8 Mar	NZ Track and Field Championships	Auckland	
Sat 7 Mar	Paeroa Ribbon Day	Paeroa	10.00am
Tues 10 Mar	WBOP Sec Schools King Country, Northwest and South Waikato Zones	Te Awamutu	9.00am
Wed 11 Mar	WBOP Sec Schools Thames Valley Zone	Paeroa	9.00am
Thurs 12 Mar	WBOP Sec Schools BOP Zones	Tauranga	9.00am
Fri 13 – Sun 15 Mar	NZ Masters Track & Field Championships	Inglewood	
Sat 14 Sun 15 Mar	WBOP Children's T&F and Relay Champs	Porritt	9.30am
Wed 18 Mar	WBOP Sec Schools Championships	Tauranga	9.00am
Sat 21 Mar	Open Meeting	Porritt	4.00pm
Sun 22 Mar	Masters Multi Events Champs	Tauranga	9.30am
Sat 28 - Sun 29 Mar	North Island Sec Schools Championships	Papakura	

OPEN MEETING		Porritt Stadium	Saturday 18th October
TRACK		FIELD	
2.00	800m	2.00	Shot Put
2.20	200/300/400 Hurdles	2.00	High Jump
2.45	60m - Round 1	3.00	Long Jump
3.00	3000m	3.00	Discus
3.20	200m		
3.40	60m - Round 2		

OPEN MEETING + 12/13 Grade	Porritt Stadium	Saturday 25th October
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TRACK

2.00 100m

2.20 80/100/110 Hurdles

2.45 400m

3.10 1500m

3.40 200m

FIELD

2.00 Hammer

2.20 Triple Jump

2.45 Javelin

3.15 Long Jump

3.40 Shot Put

OPEN MEETING + 12/13 Grade	Tauranga Domain	Saturday 1st November
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TRACK

2.00 80/100/110 Hurdles

2.25 100m

2.50 **1 Mile WBOP Champs all grades**

3.20 200m

3.45 600m

FIELD

2.00 High Jump

2.15 Discus

3.00 Long Jump

3.00 Shot

OPEN MEETING + 12/13 Grade	Porritt Stadium	Saturday 8th November
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TRACK

2.00 200/300/400 Hurdles

2.25 100m

2.45 1500m

3.10 400m

3.20 200m

3.50 2000m Steeplechase (SW, U16 B/G, MW35+, MM60+) height 762mm

4.05 2000m Steeplechase (U18M) height 838mm

4.20 3000m Steeplechase (SM, U20M, MM 35-59) height 914mm

FIELD

2.00 Hammer

3.00 Javelin

JUMPS DAY (Coaching & Competition)	Porritt Stadium	Sunday 9th November
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11.00 60m (hand timed)

11.15 Long Jump

12.15 High Jump

1.00 Triple Jump

1.45 BBQ to finish (Q&A – plus coaching tips)

OPEN MEETING

Porritt Stadium

Saturday 15th November

TRACK

2.00 80/100/110 Hurdles

2.25 1500m

2.50 100m

3.15 600m

3.35 300m

4.00 3000m

FIELD

2.30 Long Jump

3.00 Shot Put

3.15 Triple Jump

SAM JOHNSON MEMORIAL THROWS MEET Porritt Stadium

Sunday 16th November

Coaching and mentoring opportunities throughout the event

9.10am Athletes, Officials, coaches and parents briefing.

9.25am Supervised warm up starts 30mins before event

10.00 Hammer

Followed by

Shot Put

Discus

Javelin

Event ends with Cricket Ball Throw / BBQ and Q&A

OPEN MEETING

Tauranga Domain

Saturday 22nd November

TRACK

2.00 800m

2.45 100m

3.05 400m - 4 x 100m option

3.30 Mile

3.55 200m

FIELD

2.00 Discus

2.10 Long Jump

2.45 Javelin

3.30 High Jump

HURDLES DAY (Coaching & Competition) Tauranga Domain

Sunday 23rd November

11.00 60m

11.30 80m/100m/110m hurdles

12.15 200/300/400m hurdles

1.00 Shuttle hurdles relay

1.30 BBQ / Q&A with top coaches

North Island Masters Champs

Tauranga Domain

Friday 28th to Saturday 30th November

OPEN MEETING

Porritt Stadium

Sunday 30th November

TRACK**FIELD**

11.00 80/100/110 hurdles

11.00 Shot Put

11.25 100m

12.00 Discus

11.45 600m

12.15 Long / Triple Jump combined

12.15 200m

12.35 2000m

12.55 300 hurdles

1.15 4 x 100m Relay

NZSS Track and Field and Road Race Champs – HastingsFriday 5th to Sunday 7th December

PORRITT FUN DAY

Porritt Stadium

Sunday 14th December

Team Athletics

2026**TAURANGA TWILIGHT**

Tauranga Domain

Saturday 3rd January

WBOP 3,000m CHAMPIONSHIPS – all grades

NORTH ISLAND COLGATE GAMES**Tauranga Domain****Friday 9th – Sunday 11th January**

South Island Colgate Games**Nelson****Friday 16th – Sunday 18th January**

OPEN MEETING + 12/13 Grade**Porritt Stadium****Saturday 24th January****TRACK**

2.00 80/100/110 hurdles

2.20 100m

2.45 400m

3.10 800m

3.45 200m

4.00 5000m

FIELD

2.00 Hammer

2.30 Long Jump

3.00 Javelin

3.15 Triple Jump

Masters WBOP Champs**Tauranga Domain****Sunday 18th January**

WAIKATO BAY OF PLENTY TRACK AND FIELD CHAMPIONSHIPS**The Waikato Bay of Plenty Championships has been split over two dates as below****Day 1 Porritt Stadium Saturday 31 January 2026****Day 2 Tauranga Domain Saturday 21 February 2026**

IMPORTANT INFORMATION Your age at the 31 December 2026 is the grade that you compete in at the AWBOP & ANZ Championships, except the under 16 grade where you must be under 16 on the 31 December 2025.

ATHLETE INFORMATION

Entry to the Centre Champs is open to those registered with their clubs as competitive athletes with Athletics Waikato-Bay of Plenty or another club/Centre in New Zealand.

Athletes must be registered before the closing date for Champs entries.

- Midnight Thursday 28 Jan for Day 1
- Midnight Thursday 19 Feb for Day 2

Entries will not be accepted without full payment \$10 for first event/\$5 for subsequent events for all grades (U16, U18 M/U18W, U20M/U20W, Seniors, Masters).

Entry details will be available on the Athletics Waikato-Bay of Plenty website and will be online only.

No late Entries will be accepted. CLOSING DATE FOR ENTRIES IS MIDNIGHT as above dates

Club Uniform must be worn.

Athletes are to report to the officials' desk on arrival at the track each day, to confirm their intention to start in each of their events, at least 30 minutes before their first event.

Athletes can enter a maximum of two grades – their own and one above.

The youngest age that can compete in the Championships is grade 13 (in Under 16 grade)

***Pole vault competitors please note WBOP Pole Vault Championships will be held in conjunction with Auckland Pole Vault Champs – Saturday 28 February in Auckland.**

Relay entries – Club relay teams are to be submitted at the start of each competition day, names to be confirmed 1 hour prior to event start time.

WAIKATO BOP CHAMPIONSHIPS - DAY 1

Porritt Stadium

Saturday 31st January

	Track	Field
1.30pm	400m all grades Heats or finals if insufficient entries	1.30pm Triple jump all female
2.20pm	80m/100m/110m hurdles all grades	1.30pm Discus all male
2.50pm	1500m masters/U16	2.00pm Pole Vault all grades- see note above
3.00pm	100m all grades Heats or finals if insufficient entries	2.30pm Shot Put all female 3.00pm Triple Jump all male
3.50pm	1500m U18M&W, U20M&W, SM&W	3.00pm Shot Put all male
4.20pm	100m finals all grade if required	3.00pm High Jump all male
4.45pm	400m finals all grades if required	4.00pm Discus all female
5.00pm	4 x 100m relay	4.00pm High Jump all female
5.15pm	2000m Steeplechase (W U18 + M&W U16 + Masters M 60 + Masters W) height 762mm 3000m Steeplechase (SW + W U20) height 762mm	
5.30pm	2000m Steeplechase (U18M) height 838mm	
5.45pm	3000m Steeplechase (SM, U20M, MM 35-59) height 914mm	

PORRITT CLASSIC

Porritt Stadium

Saturday 14th February

Includes NZ U20 3000m Championships

11am **Porritt Classic Youth Pre Meet includes 14-16 years Challenge Day**

1.45pm **PORRITT CLASSIC** <https://porrittclassic.co.nz/home>

WAIKATO BOP CHAMPIONSHIPS - DAY 2

Tauranga Domain

Saturday 21 February

	Track	Field
10.00am	5000m all grades	10.00am Hammer all grades
10.30am	200m all grades	10.30am Long Jump all male
	Heats or finals if insufficient entries	
11.20am	800m all grades	12.00 Javelin all grades
11.50am	300m hurdles U16/U18, Masters	12.00 Long Jump all female
12.10pm	400m hurdles U20, Sen, Masters	12.45pm Masters Weight Throw all grades
1.00pm	200m finals all grade if required	
1.30pm	4 x 400m relay	

OPEN MEETING

Porritt Stadium

Saturday 28th February

TRACK

FIELD

2.00	80/100/110 Hurdles	2.00	High Jump
2.30	1500m	2.00	Discus
2.50	300m	2.30	Long Jump
3.15	100m	3.00	Javelin
3.35	800m	3.30	Shot Put
4.00	4 x 100m Relay		

NZ Track and Field Championships

AUCKLAND

Thursday 5th to Sunday 8th March

NZ Masters Championships

INGLEWOOD

Friday 13th to Sunday 15th March

WBOP Children's Championships

Porritt Stadium

Saturday 14th to Sunday 15th March

Track & Field and Relay Championships

9.30am START

OPEN MEETING

Porritt Stadium

Saturday 21st March

TRACK

4.00 200/300 Hurdles

4.25 1000m

4.45 100m

5.15 400m

5.35 4 x 100m Relay

FIELD

4.00 High Jump

4.00 Hammer

4.30 Long Jump

4.45 Shot Put

Waikato Bay of Plenty Secondary School events

WBOP Sec School Central Zone - Porritt Stadium

Tuesday 3rd March

WBOP Sec School King Country, Northwest and South Waikato Zone - Te Awamutu

Tuesday 10th March

WBOP Sec School Thames Valley Zone - Paeroa

Wednesday 11th March

WBOP Sec School BOP Zone - Tauranga Domain

Thursday 12th March

WBOP Sec School Champs – Tauranga Domain

Wednesday 18th March

North Island Sec School Championships

Papakura

Saturday 28th - Sunday 29th March

Current Records

AT 01-August-2025

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
GRADE M							
100 metres	Joseph	Millar	TGA	10.18	0.5	27/03/2017	Porritt
200 metres	Joseph	Millar	TGA	20.37	0.1	19/03/2017	Porritt
400 metres	Cameron	French	HAM	46.23		26/02/2015	Waitakere
800 metres	Chris	Rogers	UNI	1.47.56		20/03/1982	Porritt
1500 metres	Samuel	Tanner	TGA	3.31.24		16/07/2023	Silesia, Poland
Mile	Samuel	Tanner	TGA	3.49.51		16/09/2023	Eugene, USA
5000 metres	Zane	Robertson	HAM	13.13.83		13/07/2013	Heusden
10000 metres	Jake	Robertson	HAM	27.30.90		13/04/2018	Gold Coast
110 m HURDLES 1067mm	Michael	Cochrane	TGA	14.07	2.0	2/03/2013	Mt Smart
400 m HURDLES 914mm	Cameron	French	HAM	49.33		27/01/2018	Canberra
3000 m STEEPLE 914mm	Euan	Robertson	HAM HAR	8.39.2		30/03/1980	HT
400 m RELAY	Waikato BOP	x	WAIK	41.08		23/03/2013	Mt Smart
1600 m RELAY		Hamilton	HAM	3.13.51		7/03/1993	Wellington
3000 m WALK	Craig	Barrett	HAM	11.21.50		2/02/1997	Wanganui
5000 m WALK	Craig	Barrett	HAM	19.37.25		26/01/2002	Hastings
20000 m ROAD WALK	Craig	Barrett	HAM	1.22.20		26/01/1998	Adelaide
50000 m ROAD WALK	Craig	Barrett	HAM	3.48.05		16/06/2001	New Plymouth
HIGH JUMP	Regan	Standing	HAM	2.11		24/02/2013	Porritt
POLE VAULT	Olivier	Ball	HAM	4.90		11/03/1990	Wellington
LONG JUMP	Aaron	Langdon	HAM	7.78	-0.7	18/03/1995	North Shore
TRIPLE JUMP	Christopher	Goodwin	HAM	15.10	1.9	08/05/2021	Pittsburg, USA
INDOOR TRIPLE JUMP	Christopher	Goodwin	HAM	15.17		28/02/2021	Topeka, USA
SHOT 7.26 kg	Courtney	Ireland	LAKE C	18.14		9/01/1993	Porritt
DISCUS 2.00 kg	Mark	Robinson	HAM	55.16		21/12/1985	Porritt
HAMMER 7.26 kg	Phillip	Jensen	HAM	68.96		27/01/1990	Auckland
JAVELIN 800 gm	Stuart	Farquhar	HAM	86.31		29/04/2012	Hiroshima
DECATHLON	Paul	Wilson	HAM	7094		31/01/1983	Mt Smart

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
GRADE	M-U20						
100 metres	Joseph	Millar	TGA	10.36	1.9	24/03/2012	Waitakere
200 metres	Dale	McClunie	HAM	20.94	1.2	30/01/1985	Melbourne
400 metres	Murray	Gutry	HAM	47.03		10/03/1984	Porritt
800 metres	Michael	Calver	HAM	1.49.10		1/01/1982	Wellington
1500 metres	Sam	Tanner	TGA	3.38.74		15/06/2019	Seattle
Mile	Sam	Ruthe	TGA	3.58.35		19/03/2025	Auckland
3000 metres	Sam	Tanner	HAM	7.57.57		29/07/2020	Porritt
5000 metres	Mark	McKeown	TGA R	14.03.59		23/01/1993	Auckland
10000 metres	Aaron	Pulford	HAM	29.14.23		20/07/2010	Moncton
110 m HURDLES 1067mm	Liam	Whaley	HAM	14.73	-0.7	12/11/1994	North Shore
110 m HURDLES 990mm	Michael	Cochrane	TGA	14.06		28/01/2011	Wellington
400 m HURDLES 914mm	Michael	Cochrane	TGA	50.62		28/01/2011	Wellington
2000 m STEEPLE 914mm	Shafat	Salad	HAM	5.50.00		26/02/2005	Porritt
3000 m STEEPLE 914mm	Harry	Ewing	HAM	9.11.39		3/04/2015	Los Angeles
400 m RELAY	Waikato BOP	x	WAIK	41.11		25/03/2012	Waitakere
1600 m RELAY	Waikato BOP	x	WAIK	3.17.96		24/03/2013	Mt Smart
3000 m WALK	Matthew	Holcroft	HAM	12.38.03		25/01/2013	Wellington
10000 m WALK	Matthew	Holcroft	HAM	45.30.00		24/03/2012	Waitakere
HIGH JUMP	Dwaine	Geddes	FKT	2.10		22/01/1994	Auckland
POLE VAULT	Peter	Tracy	HAM	4.70		9/03/1974	Porritt
LONG JUMP	Ryan	Howe	LAKE C	7.37	1.9	26/02/2011	Tauranga
TRIPLE JUMP	Jackie	Aratema	ROT	15.00		7/12/1963	
SHOT 6.00 kg	Ryan	Ballantyne	HAM	19.12		19/03/2017	Porritt
DISCUS 1.75 kg	Ian	Winchester	HAM	55.88		6/03/1993	Wellington
HAMMER 6.00 kg	Phillip	Jensen	HAM	64.48		17/01/1987	Porritt
JAVELIN 800 gm	Gavin	Lovegrove	FKT	79.60		8/03/1987	Wellington
DECATHLON	Brent	Newdick	TGA R	7423		9/04/2003	Palm North

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
GRADE	M-U18						
100 metres	Kodi	Harman	TGA	10.56	-1.8	23/03/2012	Waitakere
200 metres	Blake	Gordon	HAM	21.78	0.9	15/03/2012	Sydney
400 metres	Tom	Smith	HAM	48.33		9/03/2013	Mt Smart
800 metres	Derek	White	HAM	1.51.96		9/02/1985	Auckland
1500 metres	Sam	Ruthe	TGA	3.39.17		12/07/2025	Los Angeles
3000 metres	Sam	Ruthe	TGA	8.09.68		20/11/2024	Mt Smart
110 m HURDLES 914mm	James	Hunt	HAM	14.56	1.1	24/03/2012	Waitakere
300 m HURDLES 840mm	Mattteus	Pio	FAIR	37.35		02/12/2018	Dunedin
2000 m STEEPLE 838mm	Louie	Endres	HAM	5.55.35		11/12/2022	Inglewood
400 m RELAY		Hamilton	HAM	42.99		7/03/1998	Wanganui
1600 m RELAY	Waikato BOP	x	WAIK	3.23.50		11/03/2018	Porritt
3000 m WALK	Matthew	Holcroft	HAM	13.11.25		4/01/2011	Tauranga
HIGH JUMP	Christopher	Goodwin	HAM	2.00		30/01/2016	Porritt
POLE VAULT		Standard	x	3.20		30/09/2003	
LONG JUMP	Charles	Annals	HAM	7.05	1.6	2/12/2018	Dunedin
TRIPLE JUMP	Charles	Annals	HAM	13.75	1.5	07/12/2019	Wellington
SHOT 5.00 kg	Ryan	Ballantyne	HAM	21.66		4/12/2016	Waitakere
DISCUS 1.50 kg	Courtney	Ireland	ROT	58.30		29/10/1988	Porritt
HAMMER 5.00 kg	Caleb	Moore	WHAKA	53.11		1/01/2016	Tauranga
JAVELIN 700 gm	Stuart	Farquhar	HAM	57.88		15/02/1997	Porritt
OCTATHLON	Luke	Davison	TGA	5410		13/02/2011	Tauranga

Events	First name	Last name	CLUB	MARK	WIND	DATE	Notes
GRADE W							
100 metres	Morag	MacKechnie	ROT	11.4		29/10/1977	<i>Mt Smart HT</i>
200 metres	Leah	Belfield	TE AWA	23.30	1.5	23/05/2022	<i>Allendale USA</i>
400 metres	Kristie	Baillie	TE ARO	53.19		31/03/2012	<i>Sydney</i>
400 metres indoors	Annalies	Kalma	TE ARO	53.91		24/02/2024	<i>Albuquerque, USA</i>
800 metres	Katherine	Camp	TE AWA	2.03.20		4/06/2016	<i>Ordegem-Belgium</i>
1500 metres	Nikki	Hamblin	CAM	4.05.03		20/05/2015	<i>Beijing</i>
3000 metres	Camille	Buscomb	HAM	8.45.97		16/07/2018	<i>Cork</i>
5000 metres	Camille	Buscomb	CAM	14.58.59		6/10/2019	<i>Doha</i>
10000 metres	Camille	Buscomb	HAM	31.13.21		28/09/2019	<i>Doha</i>
100 m HURDLES 840mm	Terry	Genge	HAM	13.86		7/10/1982	
400 m HURDLES 762mm	Lyn	Massey	HAM	57.35		31/03/1985	
2000 m STEEPLE 762mm	Chari	Miller	HAM	6.35.11		9/04/2017	<i>Inglewood</i>
3000 m STEEPLE 762mm	Sarah	McSweeney	HAM	10.22.98		9/02/2008	<i>Porritt</i>
400 m RELAY	Waikato BOP	x	WAIK	46.81		25/03/2012	<i>Waitakere</i>
1600 m RELAY	Waikato BOP	x	WAIK	3.47.41		19/03/2017	<i>Porritt</i>
3000 m WALK	Natasha	Murrihy	TAUM	14.59.16		26/03/2010	<i>Christchurch</i>
5000 m WALK	Natasha	Murrihy	TAUM	26.58.03		17/01/2009	<i>Sydney</i>
10000 m WALK	Natasha	Murrihy	TAUM	54.14.00		27/03/2011	<i>Dunedin</i>
HIGH JUMP	Alice	Taylor	HAM	1.91		10/05/2024	<i>San Antonio, USA</i>
POLE VAULT	Melina	Hamilton	HAM	3.90		8/03/1997	<i>Sydney</i>
LONG JUMP	Jayne	Mitchell	TGA	6.39	0.3	10/03/1985	<i>Dunedin</i>
TRIPLE JUMP	Kayla	Goodwin	HAM	12.87	1.3	08/03/2020	<i>Christchurch</i>
SHOT 4.00 kg	Linley	Russell	PUT	13.63		17/01/1981	
DISCUS 1.00 kg	Tatiana	Kaumoana	HAM	56.51		26/02/2022	<i>Christchurch</i>
HAMMER 4.00 kg	Julia	Ratcliffe	HAM	73.55		26/03/2021	<i>Hastings</i>
JAVELIN 600 gm	Tori	Peeters	HAM	63.26		21/05/2023	<i>Yokohama, Japan</i>
HEPTATHLON	Terry	Genge	HAM	5709		4/04/1983	<i>New Table</i>
DECATHLON	Maria	Sartin	HAM	5417		12-13/08/2023	<i>Mt Sac, Walnut CA</i>

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
GRADE W-U20							
100 metres	Sarah	Phillips	LAKE C	11.84	1.8	13/03/1999	Porritt
200 metres	Monique	Williams	TOK	24.19		5/02/2005	Hastings
400 metres	Madeleine	Waddell	HAM	53.50		28/08/2024	Lima, Peru
800 metres	Lorraine	Moller	PUT	2.03.63		29/01/1974	Christchurch
1500 metres	Charli	Miller	HAM	4.22.88		08/03/2020	Christchurch
3000 metres	Kay	Gooch	HAM	9.23.10		3/08/1990	Plovdiv
5000 metres	Hannah	Gapes	LAKE C	16.47.56		26/03/2021	Hastings
100 m HURDLES 840mm	Hinewai	Knowles	CAM	14.11	1.3	07/03/2020	Christchurch
400 m HURDLES 762mm	Madeleine	Waddell	HAM	60.40		15/03/2024	Wellington
2000 m STEEPLE 762mm	Charli	Miller	HAM	6.35.11		9/04/2017	Inglewood
3000 m STEEPLE 762mm	Sarah	McSweeney	HAM	10.22.98		9/02/2008	Porritt
400 m RELAY	Waikato BOP	x	WAIK	47.71		23/03/2013	Mt Smart
1600 m RELAY	Waikato BOP	x	WAIK	3.51.43		30/03/2014	Wellington
3000 m WALK	Natasha	Murrihy	TAUM	14.59.16		26/03/2010	Christchurch
5000 m WALK	Natasha	Murrihy	TAUM	26.58.03		17/01/2009	Sydney
10000 m WALK	Natasha	Murrihy	TAUM	54.14.00		27/03/2011	Dunedin
HIGH JUMP	Josie	Taylor	HAM	1.85		27/01/2021	Hawera
INDOOR HIGH JUMP	Josie	Taylor	HAM	1.86		22/02/2022	Birmingham USA
POLE VAULT	Hannah	Philpot	TGA	3.90		26/11/2016	Mt Smart
LONG JUMP	Jayne	Mitchell	TGA	6.02		6/03/1982	
TRIPLE JUMP	Kayla	Goodwin	HAM	12.87	1.3	08/03/2020	Christchurch
SHOT 4.00 kg	Linley	Russell	PUT	13.63		17/01/1981	
DISCUS 1.00 kg	Tatiana	Kaumoana	TE ARO	52.91		26/06/2019	Townsville
HAMMER 4.00 kg	Julia	Ratcliffe	HAM	68.80		09/07/2016	Princeton
JAVELIN 600 gm	Keshia	Grant	HAM	45.16		26/02/2006	Porritt
HEPTATHLON	Kayla	Goodwin	HAM	4745		17/02/2019	Christchurch

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
GRADE W-U18							
100 metres	Sarah	Phillips	LAKE C	11.84	1.8	13/03/1999	Porritt
200 metres	Jade	Henley-Smith	HAM	24.79	0.7	6/03/2016	Dunedin
400 metres	Madeleine	Waddell	HAM	53.50		28/08/2024	Lima, Peru
800 metres	Boh	Ritchie	HAM	2.05.38		8/12/2024	Timaru
1500 metres	Charli	Miller	HAM	4.22.88		08/03/2020	Christchurch
3000 metres	Demelza	Murrihy	TAUM	9.32.59		21/02/1998	North Shore
5000 metres	Charli	Miller	HAM	16.50.29		20/12/2019	North Shore
100 m HURDLES 762mm	Hinewai	Knowles	CAM	13.80	2.0	07/12/2019	Wellington
300 m HURDLES 762mm	Amy	Robinson	TGA	42.59		6/04/2013	Masterton
2000 m STEEPLE 762mm	Charli	Miller	HAM	6.35.11		9/04/2017	Inglewood
400 m RELAY	Waikato BOP	x	WAIK	47.71		23/03/2013	Mt Smart
1600 m RELAY	Waikato BOP	x	WAIK	3.51.08		17/03/2024	Wellington
3000 m WALK	Leanne	Chadderton	WHANGA	15.42.6		5/03/1987	Wellington HT
HIGH JUMP	Josie	Taylor	HAM	1.83		09/11/2019	Pakuranga
POLE VAULT	Melina	Hamilton	HAM	3.40		3/04/1993	Porritt
LONG JUMP	Kayla	Goodwin	HAM	5.86	1.4	08/03/2019	Christchurch
TRIPLE JUMP	Kayla	Goodwin	HAM	12.74	1.5	08/03/2019	Christchurch
SHOT 3.00 kg	Amber	Brown	HAM	14.10		10/07/2016	Gold Coast
DISCUS 1.00 kg	Tatiana	Kaumoana	TE ARO	47.90		09/03/2018	Porritt
HAMMER 3.00 kg	Julia	Ratcliffe	HAM	62.28		19/02/2011	Porritt
JAVELIN 500 gm	Leah	Morgan	TGA R	43.86		13/02/1993	Porritt
HEPTATHLON	Kayla	Goodwin	HAM	5007		25/02/2018	Whanganui

ATHLETICS WAIKATO-BAY of PLENTY TRACK & FIELD TROPHIES

2024-2025 RECIPIENTS

Gallichan Cup	Athlete gaining the most points in Senior Men and Women and U20M/U20W grades	Ben Bidois
AWBOP Colts Shield	Most points in U18M grade	Hemi Peachey
Sue Drummond Shield	Most points in U18W grade	Jamie Fell
Keith Falla Memorial Trophy	Winner Senior Men's 800m Waikato-BoP Champs	Ben Bidois
John L Davies Memorial Trophy	Winner Senior Men's 1500m Waikato-BoP Champs	Ben Bidois
Official of the Year		Brett Addison

VERY IMPORTANT INFORMATION

Your age as at the 31st December 2026 is the grade you compete in for the Athletics NZ Championships.

ENTRIES FOR THE Athletics NZ TRACK & FIELD CHAMPIONSHIPS MUST be completed by the individual athlete, via the Athletics NZ website.

At the same time, those wishing to be part of the AWBOP Centre team should refer to the Athletics NZ Entry Standards as these will be the criteria used to select the Centre team.

Those athletes not selected in the Centre team compete for their club and do so in their club uniform.

Selection Criteria

- Athletes must achieve the entry standards from 15 October 2025 to 1 March 2026 in
- clusive.
- Wind-assisted and hand-timed performances will **not** be considered.
- Athletes must compete regularly at Athletics Waikato-Bay of Plenty (AWBoP) meets during the season, unless prior approval has been received.
- Selectors are able to include athletes who have not reached the standard at their discretion.
- Selected athletes must make themselves available for AWBoP relay teams.
- Athletes not selected in the AWBoP team can still enter the NZ Champs as individuals. These athletes will simply be representing their Club.

Athlete Transfers

Athlete transfers are now completed online using the registration system. Please contact your club registrar for further details.

Athlete Subsidies

For the 2025-2026 season, we are offering athlete subsidies to the New Zealand Track & Field Championships of \$50 each. These will be paid to athletes selected for the Waikato-Bay of Plenty team for the event in Auckland 5th to 8th March 2026. The subsidy will only be paid to athletes who have also entered the Waikato-Bay of Plenty Championships on 31st January and 21 February 2026 or those who give prior notice that they are unavailable to compete in the Waikato-Bay of Plenty Championships.

HURDLE SPECIFICATIONS & IMPLEMENT WEIGHTS

HURDLES at Championship and Open Meetings

Hurdles go on coloured track markings: 110 Blue; 100 Yellow; 80 Black(8.0); 80m Pink (7.5); 70m Mauve (7.0) (Tauranga); 200, 300 & 400 Green.

***Not Championship Events**

Age Grade	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
SM	110	10	1067	13.72	9.14	14.02
U20M	110	10	991	13.72	9.14	14.02
U18M	110	10	914	13.72	9.14	14.02
B/U16	100	10	838	13.0	8.5	10.5
B12/13*	80	8	762	12.0	7.5	15.5
SW	100	10	838	13.0	8.5	10.5
U20W	100	10	838	13.0	8.5	10.5
U18W	100	10	762	13.0	8.5	10.5
G/16	80	8	762	12.0	8.0	12.0
G12/13*	80	8	686	12.0	7.5	15.5
SM	400	10	914	45.0	35.0	40.0
U20M	400	10	914	45.0	35.0	40.0
U18M	300	7	838	50.0	35.0	40.0
B/U16	300	7	762	50.0	35.0	40.0
B12/13*	200	5	762	20.0	35.0	40.0
U18M*	200	10	762	18.29	18.29	17.10
B/U16*	200	10	762	18.29	18.29	17.10
SW	400	10	762	45.0	35.0	40.0
U20W	400	10	762	45.0	35.0	40.0
U18W	300	7	762	50.0	35.0	40.0
G/U16	300	7	762	50.0	35.0	40.0
G12/13*	200	5	686	20.0	35.0	40.0
U18W*	200	10	762	18.29	18.29	17.10
G/U16*	200	10	686	18.29	18.29	17.10

IMPLEMENTS at Championship and Open Meetings

Grade	Shot – kg	Discus – kg	Javelin – gm	Hammer - kg
SM	7.26	2.00	800	7.26
U20M	6.00	1.75	800	6.00
U18M	5.00	1.50	700	5.00
B/U16	5.00	1.25	600	4.00
SW	4.00	1.00	600	4.00
U20W	4.00	1.00	600	4.00
U18W	3.00	1.00	500	3.00
G/U16	3.00	1.00	500	3.00

HURDLES at Masters Championships and other Masters meetings

Age Grade	Distance In Metres	No. of Flights of Hurdles/Barriers	Height Metric	Metres to first	Metres between	Metres from last to finish
W30-39	100	10	838	13.0	8.5	10.5
W40-49	80	8	762	12.0	8.0	12.0
W50-59	80	8	762	12.0	7.0	19.0
W60+	80	8	686	12.0	7.0	19.0
W30-49	400	10	762	45.0	35.0	40.0

W50-59	300	7	762	50.0	35.0	40.0
W60-69	300	7	686	50.0	35.0	40.0
W70+	200	5	686	20.0	35.0	40.0
W35+ Steeples	2000	18+5 water jumps	762			
M35-49	110	10	991	13.72	9.14	14.02
M50-59	100	10	914	13.0	8.5	10.50
M60-69	100	10	838	12.0	8.0	16.0
M70-79	80	8	762	12.0	7.0	19.0
M80+	80	8	686	12.0	7.0	19.0
M35-49	400	10	914	45.0	35.0	40.0
M50-59	400	10	838	45.0	35.0	40.0
M60-69	300	7	762	50.0	35.0	40.0
M70-79	300	7	686	50.0	35.0	40.0
M80+	200	5	686	20.0	35.0	40.0
M35-59 Steeples	3000	28+7 water jumps	914			
M60+ Steeples	2000	18+5 water jumps	762			

Notes for Steeplechase

Barrier heights

Women all grades	height 762mm
U16 Men	height 762mm
U18 Men	height 838mm
Senior Men, U20 Men	height 914mm

Barriers

2000m: 18 hurdles +5 water 3000m 28 hurdles +7 water

Porritt Stadium - outside water jump

Tauranga Domain - inside water jump

IMPLEMENTS at Masters Championships and other Masters meetings

Age Grade	Hammer– kg	Shot – kg	Discus – kg	Javelin – gm	Weight – kg
W35-49	4.00	4.00	1.00	600	9.08
W50-59	3.00	3.00	1.00	500	7.26
W60-74	3.00	3.00	1.00	400	5.45
W75+	2.00	2.00	0.75	400	4.00
M35-M49	7.26	7.26	2.00	800	15.88
M50-M59	6.00	6.00	1.50	700	11.34
M60-M69	5.00	5.00	1.00	600	9.08
M70-M79	4.00	4.00	1.00	500	7.26
M80+	3.00	3.00	1.00	400	5.45

PARA ATHLETICS

For all information for Para Athletics Implement Weights for Sport Classes and to view the table please use this link

<https://athletics.org.nz/wp-content/uploads/2020/08/ANZ-Para-Implement-Weights-as-at-March-2020.pdf>

HURDLES (including Steeplechase) at Waikato Secondary Schools' meetings – Schools, Zones, WBOP, North Island Championships

Gender and Grade	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
Boys -						
Senior	110	10	914	13.72	9.14	14.02
Intermediate	100	10	838	13.0	8.5	10.5
Junior	80	8	762	12.0	7.5	15.5

Senior	300	7	838	50.0	35.0	40.0
Intermediate	300	7	762	50.0	35.0	40.0
Junior	200	5	762	20.0	35.0	40.0
Senior	2000		838			
Under 16	2000		762			

Girls -

Senior	100	10	762	13.0	8.5	10.5
Intermediate	80	8	762	12.0	8.0	12.0
Junior	80	8	686	12.0	7.5	15.5
Senior	300	7	762	50.0	35.0	40.0
Intermediate	300	7	762	50.0	35.0	40.0
Junior	200	5	686	20.0	35.0	40.0
Senior	2000		762			
Under 16	2000		762			

IMPLEMENTS at Waikato Secondary Schools' meetings – Schools, Zones, WBoP, North Island Championships

Gender	Grade	Shot – kg	Discus – kg	Javelin - gm	Hammer - kg
Boys -	Senior	5.00	1.50	700	5.00
	Intermediate	5.00	1.25	700	4.00
	Junior	4.00	1.00	600	4.00
Girls -	Senior	3.00	1.00	500	3.00
	Intermediate	3.00	1.00	500	3.00
	Junior	3.00	1.00	500	3.00

Waikato Bay of Plenty Secondary Schools Athletics Association Information for Para Athletes

Athletes will compete in the unimpaired Intermediate (Under 16) or Senior (Under 19) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

- | | |
|---------------------------|--|
| • T11 – T13 and F11 – F13 | Visual Impairment (VI) |
| • T20 and F20 | Intellectual Impairment (II) |
| • T32 – T38 and F31 – F38 | Cerebral Palsy and Neurological Impairments (CP) |
| • T40 – 41 and F40 – 41 | Short Stature (SS) |
| • T42 – T47 and F42 – F46 | Amputees and Other Impairments (AO) |
| • T51 – T54 and F51 – F57 | Wheelchair and throwing frame user (WC) |
| • T61 – T64 and F61 – F64 | Athletes who compete using prosthetic lower limbs (PL) |
| • T71 – T72 | Frame running for coordination impairments (FR) |

WBOPSSAA Para Athlete Implement Weights

Under 20

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F20	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F31							397gr
F32	1.00kg	1.00kg	NE	NE	2.00kg	2.00kg	397gr
F33	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F34	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F35	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F36	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F37	1.00kg	1.00kg	600gr	600gr	5.00kg	3.00kg	
F38	1.50kg	1.00kg	800gr	600gr	5.00kg	3.00kg	
F40,F41	1.00kg	750gr	600gr	400gr	4.00kg	3.00kg	
F42	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F43,F44	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F45,F46	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F51	1.00kg	1.00kg					397gr
F52	1.00kg	1.00kg	600gr	600gr	2.00kg	2.00kg	
F53	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F54	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F55	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F56	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F57	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F61,F63	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F62,F64	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	

Under 17

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F20	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F45,F46	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	

Under 15

Classes	Discus Male	Discus Female	Javelin Male	Javelin Female	Shot Put Male	Shot Put Female	Club Male & Female
F11-13	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F20	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F45,F46	1.00 kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	600gr	500gr	4.00kg	3.00kg	

HURDLES at New Zealand Secondary Schools Champs

Gender and Grades	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
Boys -						
Senior	110	10	914	13.72	9.14	14.02
Junior	100	10	838	13.0	8.5	10.5
Senior	300	7	838	50.0	35.0	40.0
Junior	300	7	762	50.0	35.0	40.0
Girls -						
Senior	100	10	762	13.0	8.5	10.5
Junior	80	8	762	12.0	8.0	12.0
Senior	300	7	762	50.0	35.0	40.0
Junior	300	7	762	50.0	35.0	40.0

IMPLEMENTS at New Zealand Secondary Schools Champs

Gender	Grade	Shot – kg	Discus – kg	Javelin – gm	Hammer – kg
Boys -					
	Senior	5.00	1.50	700	5.00
	Junior	5.00	1.25	700	4.00
Girls -					
	Senior	3.00	1.00	500	3.00
	Junior	3.00	1.00	500	3.00

For NZSSAA Para athletes use World Para Athletics Under 17 and Under 20 implement specifications.

New Zealand Technical Officials Education and Qualification

Athletics New Zealand Officials Education Scheme (ANZOES)

Become an Official - Level 1/2/3

Athletics is a dynamic sport that thrives on the contributions of individuals from various roles, including athletes, coaches, administrators (at the club, centre, and national levels), and officials. As an official, you'll play a vital role in helping athletes perform at their best and achieve their dreams. You also get a front row seat to the action.

Officiating at athletics competitions is both flexible and enjoyable. You can choose to attend as many or as few events as your schedule allows. We especially encourage young people to get involved and discover the excitement of the sport. This is a wonderful opportunity to give back to your community.

Athletics New Zealand has an officials' education and qualification scheme (ANZOES). The goal is to provide people with initial training regarding the rules and procedures for athletics officiating, and then to provide the opportunity to gain experience and advance their qualifications. Courses can be arranged for anywhere in the Centre, and we have already scheduled five across the region (which are uploaded on the Athletics WaiBOP website and the Athletics New Zealand Officials section of the website (<https://athletics.org.nz/club-athletics/coaching-officials-volunteers/>)).

Level 1 and 2

Level 1 is the initial level for recognition by Athletics New Zealand. It is suitable for people who help at club nights, ribbon days and inter-club competitions. Level 2 is for people who have done the initial level course, completed the required online learning and gained further practical experience (6 competition days above club-night activity) and are now ready to learn more about the various event modules of athletics.

Level 3

Level 3 courses are for people with comprehensive experience and covers advanced knowledge, providing more in-depth understanding of the rules and regulations of athletics. They must have completed the practical skills card and required experience days to complete level 2, and have held the level 2 qualification for at least a year before progressing.

Officiating Activities

ANZOES is divided up into specific areas so people may qualify in Jumps, Throws, Track, Walks and Out-of-Stadia. There is also provision for administration, measuring courses and for officiating for athletes with a disability (Para).

If you would like to arrange training for your club officials, contact: Maxine Chappell, Officials Development Officer - North at Maxine@athletics.org.nz or 021 262 8867.

Coach Education & Development

Clubs in the AWBoP region are building an excellent base of coaches and this is reflected in the very good results achieved by school, club and centre teams last season at National Championships and at North Island and regional competitions. We are indebted to all those volunteer coaches who are sharing their time and knowledge with both young and old in our centre to make sure that progress continues to be made.

Athletics NZ Coach Education

The Athletics New Zealand Coaching Programme has a number of elements and options available for people who wish to start coaching and for those who wish to improve their skills and coaching qualifications.

For more information about coaching see: <https://athletics.org.nz/club-athletics/>

Coaching Athletic Development Level 1

Coaching Athletic Development (CAD) Level 1 is Athletics New Zealand's new community-level coach education programme. CAD Level 1 teaches coaches the technical fundamentals of 11 athletics events and will help coaches to confidently coach athletics skills to Under 18 athletes. The course bridges the gap between the Run Jump Throw Foundation Programme (target age 7 to 11) and competition based athletics. All CAD Level 1 event modules are delivered as practical workshops that take up to 2 hours. This includes time for participant assessment and observation by the Coach Educator. At the end of the course, coaches will be awarded a "CAD Level 1" certificate.

Run Jump Throw Athletics

These courses are the first step in the Athletics New Zealand Coach Education programme. They have become very popular for primary and intermediate schools and children's athletic clubs. The course emphasises teaching of basic athletic skills to children.

Run Jump Throw is all about developing athletics-specific skills in a fun, inclusive way that encourages Kiwi kids' to participate in athletics. Designed for 6-11 year olds, Run Jump Throw allows athletics clubs and schools to easily teach the foundation skills of athletics in a positive, supportive environment, where participants learn and are challenged at their own pace. The programme uses modified equipment and games to help maximise participation and enjoyment.

Get Set Go

Get Set Go is designed to help Kiwi kids (aged 3-8 years) enjoy being more active through play and sport. The programme provides educational, developmentally- appropriate, fun activities that build and develop children's basic fundamental movement skills.

Get Set Go helps increase teachers, athletics clubs, coaches and parents understanding of the importance of movement, play and positive experiences for children. It provides professional development tools and quality resources around the assessment, planning and development of fundamental skills within a broad child-centred framework.

Bay of Plenty Contact:

CoachForce Co-ordinator

Kim Mickle

Mob Tel 022 469 5765

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Waikato Contact:

Barrie Jennings

Mob 027 263 4578

Email: barriej@athleticswbop.org.nz

WAIKATO-BAY of PLENTY TRACK & FIELD CHAMPIONSHIPS

Day 1 31 January 2026 Porritt Stadium
Day 2 21 February 2026 Tauranga Domain

Entry details will be made available on our website

www.athleticswaikatobayofplenty.org.nz

Note: Grade 13 is the youngest age group that can compete in the Championships (as an Under 16)

No Late Entries will be accepted

Club Uniform must be worn

Entries close at midnight on
Thursday 28 January for Day 1
Thursday 19 February for Day 2

WE NEED YOU!

Athletics Officiating is fun and right now we need Timekeepers, Measurers, Checkers, Result Recorders *and more...*



- The 'Best Seat in the House' to watch and officiate runners, walkers, jumpers and throwers
 - Opportunities to travel, meet new friends and enjoy the camaraderie of the athletics culture
 - Get to the top in Athletics. Go to National Champs, International meetings, World Champs, Commonwealth Games and the Olympics
 - Experience and share the pleasure of seeing Athletes compete and improve their personal best performances
 - Get full training in all aspects of Officiating Athletics
-
- Help perform an interesting variety of tasks for athletes
 - Come join the team of Athletics Waikato Bay of Plenty volunteers
 - Come On! Give it a Go!
 - Become a Track, Jumps, Throws, Road or Cross-Country Judge, and see it all from close up!
 - You will be made MOST WELCOME!
 - You will ENJOY THE CHALLENGE!

Come and join Athletics Waikato Bay of Plenty Officials

If you would like to arrange training for your club officials, contact: Maxine Chappell, Officials Development Officer - North at Maxine@athletics.org.nz or 021 262 8867

*Thanks to the following organisations for ongoing support of
Athletics Waikato-Bay of Plenty*

