

UP-FRONT

WAIKATO BAY OF PLENTY MASTERS ATHLETICS INC
MARCH 2025 #126

Coming Events

16/03/25 WBOP Multi Champs, TGA
28/03 - 30/03/25 NZ Masters Champs,
Mt Smart



*4x400m relay NZ record holders
Steve Rees-Jones, Iain Rattray, Cameron Mumby, Mark Cornaga*

President's Report

By Bruce Solomon

Hello to all WBOP Masters members.

A belated congratulations to Murray Clarkson and Fay Riley receiving the Athletics New Zealand Merit Awards for long standing officials. Your ongoing support and commitment to NZ Athletics in all forms is unbelievable.

As we enter the final stretch of the 2024/25 Season, we hope you are all still fit and well. We have our Multi-Event Day this Sunday 16th March and the pinnacle event NZ Masters Champs in Auckland 28-30th March.

Congratulations to our WBOP Masters Men's team breaking the NZ 4 x 400m record at Porritt.

Trophy Day threw us a few curveballs which added to the challenge of getting results out on the day. First the printer ran out of ink so we rushed out to buy a new printer, and then the printer wouldn't connect to the WBOP Masters computer. Well done Murray for handling a different type of athletics stress. I believe all is sorted out now.

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Trophy Day

Porritt Stadium, 16th February 2025

Track comments Sheryl Gower, Jumps Annette Hermans, Field Annette Parlane

The 100m was full on with sprinters coming from their compulsory field events. The most hilarious of events the 60m now open to sprinters and throwers as the throwers have to do a track event. Brenda Davis ran really well, hopefully no injuries from all that power. Liaini Inivale's short legs lasted the distance, Marcia Black flew out in front of Sheryl and Chrissie Waring. I think it was a good idea to mix up sprinters and throwers making the timing easier. Stewart was challenged with starting the Throwers on their wobbly legs. Sarah Hockley ran a strong 200m alongside Kerry Rattray. Jenny Gater flew around the 400m to take the Woodhead Trophy from Karen Hulena. Stephen TeWhaiti was back on the track after two years making his blocks rattle and fly the javelin across the field. Matt Parsonage flew around the 1500m making it look like a sprint.


A few words from the Athletes that tried to defy gravity. We started with High Jump. The drizzle stopped but the wind didn't but that didn't deter us. All were winners in our respective age groups. Karen Hulena and Annette Hermans had a close battle in the W60 and W65. Junior Lupena M40 dashed over from the Hammer to surprise himself clearing 1.30 between throws. Stephen Te Whaiti M60 hadn't jumped for two years but there was no loss of his 'leg springs' as he absolutely flew over 1.45m doing the scissors before retiring in case he tore anything he shouldn't. Aaron Ross M45 and Iain Rattray M45 battled the wind and both cleared 1.50m before leaving to run the 60m and the momentum was lost.

In the Triple Jump the wind was a help rather than a hindrance Aaron Ross M45 and Stephen Burden M65 had a battle between the ages that ended up with little more than a hop, step and jump with Stephen edging out Aaron by 5cms.

Luckily the rain held off and the clouds kept the heat away. In the field the numbers were high which meant we split the men from the ladies, with the men getting started on the Weight Throw while the ladies went down to the Hammer. Always great to see our Auckland Athletes come down for this event. I saw some new faces in the throwing circle. Both Brenda and Tania have gone up an age group and they were throwing up to their record distances. A lot of nervous throwers lined up for their 60m sprint. My heat had Sheryl and Chrissie, I was trying to convince myself it was an honour and a privilege to run against such class.

A challenging day for Murray dealing with technology issues and still managing to get some results out on the day. Numbers were up slightly from last year.

Thanks to everyone who helped out on the day especially those of you who had been busy the day before at the Porritt Classic, and as always a great afternoon tea with some Porritt Classic left overs .



Trophy Winners 2025

George Bell Trophy - Stephen Te Whaiti

Cuthbertson Memorial Trophy - Sheryl Gower

Ted Hamilton Memorial Trophy - Liaini Inivale

Mary Hamilton Memorial Trophy - Chris Waring

Allen Woodhead Trophy - (Triple Jump) Stephen Burden

Kathleen Woodhead Trophy -(400m Ladies) Jenny Gater

Waikato Masters Challenge- (400m Men) Mark Cornaga

Gower Trophy Men - Mark Cornaga

Gower Trophy Women - Karen Hulena

Brendan Magill/ Traction Tyres Memorial Trophy Men - Mark Cornaga

Brendan Magill/Tractor Tyres Memorial Trophy Women - Jill Sherburn

Waikato Womens Field Trophy Discus - Annette Parlane

Rene Otto Waikato Mens Field Trophy Weight Throw - Kevin Bradley

WBOP Masters Couper Throws Trophy - Bev Savage

WBOP Challenge Trophy - Auckland

Committee Award Michelle Anthony

Athlete of year (Wynn Abel Trophy) Iain Rattray



Mark Cornaga



Jill Sherburn



Stephen Burden

Results Track

60m

W40 Jen Kavetoa 14.2 W45 Marcia Black 10.3 Rachael Savage 12.5 W55 Brenda Davis 10.8 W60 Jill Hayman 9.9 W75 Sheryl Gower 10.7 Sue Su 13.2 Annette Parlane 16.8 Bev Savage 22.0 W80 Chrissie Waring 11.3 Jill Sherburn 15.4 M40 Simon Xu 7.9 Junior Lupena 9.4 M50 Iain Rattray 7.8 M55 Tony Black 11.0 Laini Inivale 11.8 M60 Stephen Te Whaiti 8.2 Bruce Solomon 8.5 M65 Stephen Burden 8.4 M70 Mark Wyndham-Jones 9.7 M75 Mark Powell 16.3

100m

W60 Jill Hayman 14.7 W65 Annette Hermans 18.2 W75 Sue Su 21.0 Sheryl Gower 21.8 W80 Chrissie Waring 17.6 M40 Simon Xu 12.6 M45 Aaron Ross 12.8 M50 Iain Rattray 12.3 M60 Bruce Solomon 13.2 Stephen Te Whaiti 13.2 M65 Stephen Burden 13.2

200m

W35 Jenny Gater 30.4 Sarah Hockley 33.3 W50 Kerry Rattray 41.2 W60 Jill Hayman 32.2 W65 Annette Hermans 38.3 W75 Sue Su 55.0 Sheryl Gower 41.0 W80 Chrissie Waring 39.5 M40 Simon Xu 27.9 M45 Aaron Ross 27.0 M50 Iain Rattray 26.6 M60 Bruce Solomon 28.0 Stephen Te Whaiti 28.3 David James 49.4 M65 Stephen Burden 29.0

400m

W35 Jenny Gater 1.07.0 W60 Karen Hulena 1.33.0 M55 David Cornaga 1.03.0 M60 Stephen Smith 1.22.0 David James 1.45.0

800m

W40 Charlotte Bartrum 3.10.0 W55 Linda Reynolds 4.22.0 W60 Karen Hulena 3.38.0 M55 Mark Cornaga 2.25.0 M70 Grahame Clarkin 3.24.0

1500m

W35 Jenny Gater 5.05.0 W40 Charlotte Bartrum 6.57.0 M40 Matthew Parsonage 4.34.0 M60 David James 7.30.0 M70 Grahame Clarkin 7.26.0

3000m

W40 Charlotte Bartrum 13.41.0 M60 Steven Smith 13.45.0 M70 Grahame Clarkin 14.23.0

High Jump

W60 Karen Hulena 1.09 W65 Annette Hermans 1.06 M40 Junior Lupena 1.30 M45 Aaron Ross M50 Iain Rattray 4.50 M60 Stephen Te Whaiti 1.45

Triple Jump

M45 Aaron Ross 9.05 M65 Stephen Burden 9.10



60m womens



60m womens

Results Field

Shot Put

W35 Sarah Hockley 9.19 Jenny Gater 5.26 W40
Annmarie McDonald 7.46 Charlotte Bartrum 5.66
W45 Marcia Black 8.38 W55 Linda Reynolds 5.41
W60 Tania Hodges 8.74 W65 Annette Hermans
6.58 W75 Annette Parlane 7.28 Bev Savage 7.24
SueSu 4.58 W80 Jill Sherburn 5.56
M40 Simon Xu 7.46 M55 Laini Inivale 12.80 Tony
Black 8.35 M60 Bruce Solomon 10.55 Dawid de
Villiers 8.01

Discus

W40 Annmarie McDonald 26.39 Jen Kavettoa
20.94 W45 Marcia Black 22.38 Rachael Savage
21.70 W50 Kerry Rattray 15.56 W55 Brenda Davis
27.04 Linda Reynolds 13.15 W60 Tania Hodges
20.74 W75 Annette Parlane 19.99 W80 Jill
Sherburn 11.68 Chrissie Waring 10.30
M40 Junior Lupena 30.15 M55 Mark Cornaga 25.53
Tony Black 22.42 M60 Dawid de Villiers 25.74
M70 Mark Wyndham-Jones 30.52 M75 Mark
Powell 21.11

Javelin

W35 Sarah Hockley 19.84 W40 Jen Kavettoa 18.19
W45 Rachael Savage 20.41 Marcia Black 16.52
W60 Karen Hulena 15.83 Jill Hayman 15.08
W80 Jill Sherburn 10.97
M55 Mark Cornaga 26.61

Hammer

W40 Jen Kavettoa 19.45 W45 Rachael Savage 20.16
W50 Kerry Rattray 19.33 W55 Brenda Davis 37.38
W75 Bev Savage 27.92
M40 Junior Lupena 31.28 M55 Laini Inivale 31.12
Tony Black 15.67 M60 Dawid de Villiers 27.89
M70 Mark Whyndham-Jones 34.61 M75 Mark
Powell 19.19 M80 Kevin Bradley 29.53

Weight Throw

W50 Kerry Rattray 5.45 W55 Brenda Davis 13.27
Linda Reynolds 6.19 W60 Tania Hodges 10.71
W75 Annette Parlane 10.12 Bev Savage 9.22
Sheryl Gower 8.59
M40 Junior Lupena 10.36 55 Laini Inivale 11.09
M70 Mark Whyndham-Jones 13.83 M75 Mark
Powell 8.17 M80 Kevin Bradley 12.72



Tony Black



Tania Hodges



Brenda Davis

WBOP Championships

Tauranga 22-23 February 2025

By Brenda Davis and Iain Rattray

On the track it was great to see lots of Masters Athletes competing and Officiating at the WBOP Championships. Notably our three newest members, Annemarie McDonald in the sprints, relays and throws, Kerry Rattray in the hammer and trying out the weight throw for the first time and Jenny Gater showing some great pace in the 800m. On the track we had some good sprinting with Bruce Alexander and Iain Rattray having a tight race in the 100m and 200m, disclaimers that Bruce was very broken. Mark Cornaga and Bruce Solomon had a closer race just behind them with the younger Mark getting just in front by 0.096. Annemarie had a great 100m and 200m coming back from a slight calf niggle a couple of weeks earlier, so good that she also helped the Hawks in the 4x100m and 4x400m. Sarah Hockley also ran a great 200m and 800m backing up those from the 1500m the day before. Sarah was busy in all of the throws, but only helping the officials with the weight throw.

On the day we started the competition with the 400m, with a great battle between Iain and Mark down the home straight, which was closely followed by another battle in the discus cage, not something recommended after running a 400m! Bruce showed the younger Masters how it was done and threw an impressive 37.50m.

The 1500m was another great race with Matt Parsonage dipping under 4.30 with Malcolm Smith and Craig Holmes not far behind. Later Ben Ruthe ran in the senior race breaking the NZM45 age group record in 4.10.80.

The Sunday morning before the full heat of the day hit, Matt was out again in the 5000m and had an impressive run out front by himself coming home in 16.27. The other battle was between the Smiths, Malcolm finishing in 18.41 and Gavin in 23.47, you'll need to get the age calculator out to see who won that one. After the 200m we had the 800m races Jenny ran nice even splits for a 2.23 and Sarah 3.17. Mark and Matt had a great tussle down the home straight with both being relatively happy with times in the 2.14's. Iain ran the 600m pacing, then decided to finish with Malcolm closing in fast from behind. Craig was there too but may have pulled something on the first lap.

The rest of the day was filled with throws, the Weight Throw had a few newbies with Darryl Conn inventing a new technique. Iain was finding the holes in the cage and keeping the Officials on their toes and a comeback from Kevin Bradley who had the longest throw of the day of 13.57, with an eye on the Nationals at the end of the month. All in all a good weekend, numbers overall seemed a bit low for the WBOP Champs, hopefully just because NZ Nationals Champs are only two weeks away in Dunedin, great to see the Masters competing otherwise it would have been a very quiet weekend.

Meanwhile out in the field Tauranga really put the weather on this year with two days of brilliant sunshine with plenty of sunscreen and plenty of hydration being needed over the two days.

Great numbers were present for all the throwing events with a decent contingent from the Whakatane Athletics and Harriers – five athletes in a mixture of the Masters age groups and two in the younger age groups, Riley Savage competing in the U18 and Oliver Ashburn in the open grade.

It is always a little daunting competing alongside open age groups but for most part they seemed to tolerate our participation, hopefully we are an inspiration that they can continue throwing into their twilight years as well. I like to think we showed them that age is no barrier.

For our newer throwers, this was a good opportunity to get some cage work in before the Nationals at the end of March. Plenty of advice and tips flowing saw some decent performances with some PB's gained and a few records thrown in there as well with the steel tape coming out to play on a couple of occasions and as an A grade official, I was kept busy signing off not only Masters records but Para athletes records! I thought I had broken a record but then remembered it wasn't Trophy day distance I was trying to beat but a record set by Bev Savage that has eluded me yet again. One day Bev, one day!

The medals are always a bonus and it was great to see a podium out there for everyone to use to receive their medals and have photos taken. The only down side of the weekend was the lack of shade on the Sunday as unfortunately the gazebo's had been taken down the day before and not put up again which is a shame as they were definitely needed both days. Thanks to the Tauranga club for a well-run competition.



Sarah Hockley



Murray Clarkson

Masters Results

Track

100m

W40 Annmarie McDonald 13.92
M45 Bruce Alexander 12.44 M50 Iain Rattray 12.61
M55 Mark Cornaga 13.73 M60 Bruce Solomon 13.79
Darryl Conn 16.92

200m

W35 Sarah Hockley 31.77 W40 Annmarie McDonald 28.85
M45 Bruce Alexander 25.50 M50 Iain Rattray 25.68
M60 Darryl Conn 36.03

400m

M 50 Iain Rattray 57.76 M55 Mark Cornaga 58.02
M60 Darryl Conn 1.22.67

800m

W35 Jenny Gater 2.23.03 Sarah Hockley 3.17.27
M40 Matt Parsonage 2.14.45 M45 Malcolm Smith 2.33.56
M 50 Iain Rattray 2.28.75 Craig Holmes 2.53.78
M55 Mark Cornaga 2.14.07 M60 Murray Green 2.56.16
Darryl Conn 3.32.62

1500m

W35 Sarah Hockley 7.09.51 M45 Ben Ruthe 4.10.80

5000m

M40 Matt parsonage 16.27.75 M45 Malcolm Smith 18.41.38
M70 Gavin Smith 23.47.03

4 x 100 Relay

Hamilton City Hawkes Iain Rattray, Bruce Alexander, Mark
Cornaga, Darryl Conn 56.50

Field

Shot

W35 Sarah Hockley 9.21 W45 Rachael Savage 7.85
W55 Brenda Davis 9.81 W75 Bev Savage 8.47
M45 David Grimwood 6.49 M55 Mark Cornaga 8.19
M60 Bruce Solomon 10.65 Darryl Conn 6.23

Discus

W35 Sarah Hockley 28.07 Annmarie McDonald 27.90
W45 Rachael Savage 22.47 W55 Brenda Davis 27.62
W75 Bev Savage 17.82
M50 Iain Rattray 29.79 M55 Mark Cornaga 28.31
M60 Bruce Solomon 37.50

Javelin

W35 Sarah Hockley 21.36 W45 Rachael Savage 20.76
M45 David Grimwood 16.64 M55 Mark Cornaga 21.36
M60 Darryl Conn 20.63

Hammer

W50 Kerry Rattray 17.30 W55 Brenda Davis 38.39
W75 Bev Savage 31.15

Weight

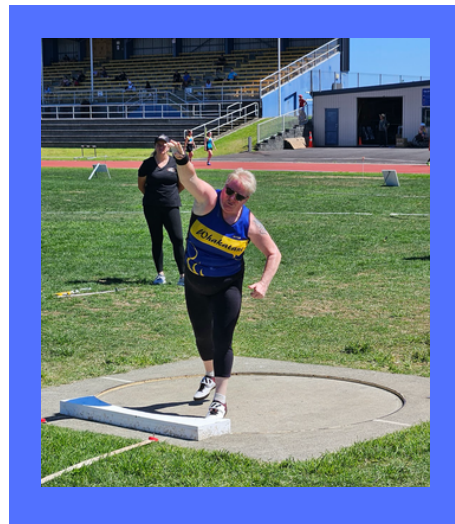
W45 Rachael Savage 7.65 W50 Kerry Rattray 6.71
W55 Brenda Davis 11.47 W75 Bev Savage 9.79
M50 Iain Rattray 10.71 M60 Darryl Conn 5.87
M80 Kevin Bradley 13.57

Putaruru Bell

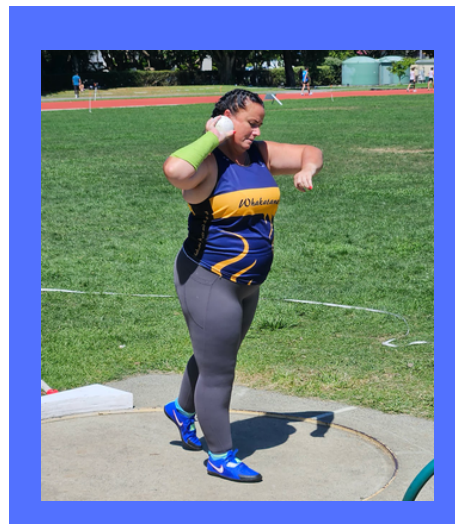
1st Hamilton City Hawkes Team 1	147 points
2nd Hamilton City Hawkes Team 3	76 points
3rd Hamilton City Hawkes Team 2	58 points
4th Hamilton City Hawkes Team 4	36 points



Bev Savage



Brenda Davis



Rachael Savage



Trophy Day Appreciation 2025

By Fay Riley

The day has been and gone for another year and what luck with the weather. A very pleasing turn-out and a great band of Officials. Some very close results and excellent performances by all.

A very big thank you goes to those that helped with the set-up and put away. We could not have started on time without you and it is appreciated by both Murray and myself. It is your day and the more people who help, the better we all enjoy ourselves. It's not all about competing.

We had a hassle with the printer and Murray did extremely well to “keep the toys in the cot” as start and recording sheets could not be printed out. Bruce was tasked with purchasing a new printer but unfortunately the old computer could not be aligned to it. Thanks Audrey for your expertise here. Some things are sent to try us. An overhaul of the system to bring our administration in line with modern programmes will be made for next season.

A very big thank you to all of you for entering early. Only a few stragglers so pressure was removed and stress levels for both of us were minimised.

Thanks also for the ladies who volunteered to set up the afternoon tea and deal with kitchen duties. A considerable amount of work goes on behind the scenes prior to these meetings to allow the competition to run smoothly.

Thanks to all the out-of-towners who planned their day around supporting us. This competition has gained in popularity and from the feedback worth the effort. I trust the rivalry for trophies makes for friendly banter.

Your enjoyment is my pleasure.



Trophy Day 2025



Karen Hulena



Annette Parlane



Mark Powell

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