

THROWING EVENTS @ PORRITT CLASSIC

15 February 2025

- Don't forget all events in the afternoon are with **SENIOR implements** except Para athletes who can use their respective shots, javelins, and hammers.
- Weigh Ins:
For personal implements at Porritt Stadium weigh ins are at the centre gear shed and first aid room, just past the common room and shop within the stadium. (2 personal implements maximum per athlete)
FRIDAY 4-6pm # **SATURDAY** at least 2hrs prior to event
Weigh Ins conducted by John Phillips and Debbie Strange
- Warm Ups:
 - Outside fenced throwing area behind stadium and athletes must be accompanied by at least one other person.
 - Athletes must be at competition 30minutes prior to start and only throw when supervised by a designated competition official.
- All competitors must report to throws competition no later than 20 minutes prior to advertised start time.

