



**A**thletics  
Waikato  
*Ray of Plenty*



# Summer Handbook

# 2024 /2025



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# ATHLETICS WAIKATO BAY OF PLENTY INCORPORATED

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Email: [administrator@athleticswbop.org.nz](mailto:administrator@athleticswbop.org.nz)

Website: [www.athleticswaikatobayofplenty.org.nz](http://www.athleticswaikatobayofplenty.org.nz)

## PERSONNEL DIRECTORY

**Life Members** J Vedder-Price K Diprose D M Taylor E A Taylor B Addison  
G Caddie J Rawnsley J Tylden H O'Hagan M Green M Taylor

**Board Members** Sally Kerr (Chair) Bruce Cortesi Iain Rattray Inneke Cumming

**President** Andrew Langman Tel 027 621 6608  
[adlangman1@gmail.com](mailto:adlangman1@gmail.com)

### Operations Committee

Criss Strange	(Track and Field)
Barrie Jennings	(Coaching)
Malcolm Taylor	(Road and Cross Country)
Teresa Mumby	(Children)
Sarah Watson	(Children)
Murray Clarkson	(Masters)
Ruth Tuiraviravi	(Officials)

### CoachForce Athletics Bay of Plenty

Kerry Hill Tel 021 588 174  
[khill92@hotmail.com](mailto:khill92@hotmail.com)

### Development and Events Coordinator

Barrie Jennings Tel 027 2634578  
[barriej@athleticswbop.org.nz](mailto:barriej@athleticswbop.org.nz)

### Centre Manager

Dianne Rodger Tel 021 194 0600  
PO Box 46 Hamilton 3240  
Athletics Waikato-Bay of Plenty  
[administrator@athleticswbop.org.nz](mailto:administrator@athleticswbop.org.nz)

### Children's Committee

**Chair** Teresa Mumby [teresacarroll@hotmail.com](mailto:teresacarroll@hotmail.com)

### U16 / U18 IPs

Committee contact email: [athleticswaibopu18ips@gmail.com](mailto:athleticswaibopu18ips@gmail.com)

### Waikato-Bay of Plenty Officials

**Education** Ruth Tuiraviravi [rtuiraviravi@gmail.com](mailto:rtuiraviravi@gmail.com)

## **Waikato-Bay of Plenty Secondary Schools Association**

**Contact** Steve Rees-Jones - Chair Tel 021849099  
Cambridge High School [SRS@camhigh.school.nz](mailto:SRS@camhigh.school.nz)

Ange Russek - Secretary Tel 027 559 9682  
St Peter's School Cambridge [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz)

**Entries** John Tylden Tel 027 264 5030  
[tylden@xtra.co.nz](mailto:tylden@xtra.co.nz)

## **New Zealand Secondary Schools Association**

**Liaison** Ange Russek Tel 027 559 9682  
St Peter's School Cambridge [angelar@stpeters.school.nz](mailto:angelar@stpeters.school.nz)

**Entries** John Tylden Tel 027 264 5030  
[oe@nzssaa.org.nz](mailto:oe@nzssaa.org.nz) or [tylden@xtra.co.nz](mailto:tylden@xtra.co.nz)

## **Waikato Bay of Plenty Masters Association**

**President** Bruce Solomon [wbopmasters@xtra.co.nz](mailto:wbopmasters@xtra.co.nz)

## **Track & Field Selectors**

Brett Addison [brettaddison@xtra.co.nz](mailto:brettaddison@xtra.co.nz)  
Murray Green [greens.ta@xtra.co.nz](mailto:greens.ta@xtra.co.nz)

## **Arbitration Panel**

Brett Addison (Convenor), John Tylden, Murray Green, Wendy Harris, Joan Rawnsley, Sandra Murray

# Important Information for Open Meet competition

## AGE GRADES & ELIGIBILITY

### TRACK & FIELD & COMBINED EVENTS COMPETITIONS

Age restrictions as follows, as per ANZ By-Laws C1.2 (Age Definitions) and C3-2 –Eligibility, paragraph 2

An athlete competing in either the Senior Men or Senior Women Grades shall be aged 18 years or over on the **31<sup>st</sup> December in the year of competition.**

An athlete to compete in either the Men Under 20 (M-U20) or Women Under 20 (W-U20) Grades shall be aged 16, 17, 18 or 19 on the **31<sup>st</sup> December in the year of competition.**

An athlete to compete in either the Men Under 18 (M-U18) or Women Under 18 (W-U18) Grades shall be aged 15, 16 or 17 years on the **31<sup>st</sup> December in the year of competition.**

Masters Athletes: An athlete competing in Master Men grades shall be aged 35 years and over, or for Master Women grades aged 30 years and over, on their birthdays as per Master Age Definitions.

Each Age Group has a minimum age where athletes are eligible to compete.

Any athlete younger than the minimum age is required to compete in children's competitions.

The Operations Committee of AWBOP on application in writing may at their sole discretion permit an athlete who is ineligible to compete in a specific event.

#### **AWBOP GRADE UNDER 16 – PLEASE NOTE THIS GRADE IS NOT THE SAME AS ATHLETICS NZ U16**

AWBOP has a grade under 16 (age as of 31<sup>st</sup> December 2024). Athletes will stay in this age grade all season – the same as with children's grades. This grade fits between children's grade 14 and the Under 18 grade. Events for this age grade will be held at all open meetings and AWBOP championships for both boys and girls. This age grade is not a New Zealand Championship Grade.

Events for this Grade are **Girls:** 100, 200, 400, 800, 1500, 3000, 2000 Steeplechase (762), 80M Hurdles (762), 300m Hurdles (762), Long Jump, High Jump, Triple Jump, Shot (3kg) Discus (1kg) Javelin (500g) Hammer (3kg). **Boys:** 100, 200, 400, 800, 1500, 3000, 2000 Steeplechase (762), 100m Hurdles (838), 300m Hurdles (762), Long Jump, High Jump, Triple Jump, Shot (5kg) Discus (1.25kg) Javelin (700g) Hammer (4kg).

#### Entry to Open Meet Competition

**Note that for 2024/25 all open meetings will be online entry only.** \$7 entry fee per athlete applies to AWBOP open Meets. Entries for events will close on the Thursday at midnight prior to each event. The same fee and entry time conditions apply to children competing at senior meets. Unregistered athletes may compete at these open meets for a fee of \$15.

**Open Meeting Competition Fee for Registered Athletes** -\$7 (can compete in as many events as wanted)

**Open Meeting Competition Fee for Non-registered Athletes** -\$15 (can compete in as many events as wanted)

**Open Meetings will be Online entry only, entries closing midnight the Thursday before the event.**

World Athletics (WA) false start rules apply to all AWBOP meetings- i.e. an athlete, after assuming a full and final set position, shall not commence his/her start until after the report of the gun. If, in the judgment of the Starter or Recaller, he/she does so any earlier, it shall be deemed a false start. Except in combined events, any athlete responsible for a false start shall be disqualified- see WA rule 16.6,7,8

#### **Records**

Must be the actual age at date of performance - not as per Age Grouping

Note: Athletics NZ now maintain record performances in yearly steps - but Athletics Waikato-Bay of Plenty does not.

# ATHLETICS WAIKATO BAY OF PLENTY

## 2024-2025 Calendar of Regional Events

### SEPT 2024

Sun 22	Masters Oceania Throws Pentathlon Challenge	Tauranga	Midday
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### OCT 2024

Sat 12 Oct	Auckland	Mt Smart	2.00pm
	Auckland / WBOP 10,000m Championships	Mt Smart	
Sat 19 Oct	Open Meeting + 12/13 grades	Porritt	3.00pm
Sun 20 Oct	WBOP Masters Have-A-Go Day (1)	Porritt	Midday

### NOV 2024

Sat 2 Nov	Open Meeting + 12/13 grades	Tauranga	3.00pm
Sat 9 Nov	Aotearoa Relays Festival (hosted by Athletics Tauranga)	Tauranga	2.00pm
Sun 10 Nov	WBOP Masters Have-A-Go Day (2)	Tauranga	Midday
Sat 16 Nov	Sam Johnson Memorial Throws Meeting	Porritt	11am
Sat 16 Nov	Open Meeting	Porritt	3.00pm
Sat 16 Nov	Bellevue/Greerton Ribbon Day	Tauranga	10.00am
Sat 16 Nov	NZ Masters 10,000m Championships	Wellington	
Sat 23 Nov	Open Meeting	Tauranga	3.00pm
Sat 23 Nov	Te Awamutu Ribbon Day	Te Awamutu	10.00am
Sat 30 Nov	Open Meeting + <b>WBOP Steeplechase Champs</b>	Porritt	3.00pm
Sat 30 Nov	Taupo Ribbon Day	Taupo	10.00am
Fri 29-Sun 1 Dec	North Island Masters Champs	Whangarei	

### DEC 2024

Fri 6 – Sun 8 Dec	NZ Sec Schools Track & Field Champs	Timaru	
Sat 14 Dec	Open Meet + <b>WBOP 1 Mile Champs</b>	Tauranga	3.00pm
Sat 14 Dec	WBOP Children’s Relay Champs	Porritt	9.30am
Sun 15 Dec	Masters Xmas Meeting	Tauranga	Midday
Sat 21 Dec	Night of 5’s	Auckland	

### Jan 2025

Thurs 2 Jan	Tauranga Twilight	Tauranga	2.00pm
Fri 10 Sun 12 Jan	North Island Colgate Games	Hastings	
Sat 11 Jan	Lovelock Classic	Timaru	
Fri 17-Sun 19 Jan	South Island Colgate Games	Christchurch	
Sat 18 Jan	Open Meeting	Porritt	3.00pm
Sat 18 Jan	SolaPower Throws Meet	Wellington	
Sat 18 Jan	NZ 10,000m Championships	Inglewood	
Sun 19 Jan	WBOP Masters Champs	Tauranga	9.00am
Wed 22 Jan	Jumps to Music	Hawera	
Fri 24-Sun 26 Jan	South Island Masters Champs	Christchurch	
Sat 25 Jan	Cooks Classic	Whanganui	
Wed 29 Jan	Capital Classic	Wellington	

### FEB 2025

Sat 1 Feb	Open Meet	Tauranga	3.00pm
Sat 1 Feb	Potts Classic	Hastings	

Sat 1 Feb	Whakatane Ribbon Day	Whakatane	10.00am
Thurs 6 Feb	Grade 10/11 Challenge Day	Papakura	9.00am
Sun 9 Feb	Sir Graham Douglas International	Waitakere	
Fri 14 Feb	Te Aroha Short & Sweet Meet	Te Aroha	
Sat 15 Feb	Porritt Classic	Porritt	
Sun 16 Feb	Masters Trophy Day	Porritt	Midday
Sat 22 Feb	International Track Meet	Christchurch	
Sat 22 Feb	Cambridge Pentathlon	Cambridge	9.00am
Sat 22 Feb	WBOP Senior Champs + Putaruru Bell	Tauranga	1.30pm
Sun 23 Feb	WBOP Senior Champs + Putaruru Bell	Tauranga	9.00am

### MAR 2025

Sat 1 Mar	Fairfield Ribbon Day	Porritt	10.00am
	incorporating Grade 12-13 year Challenge Day		
Thurs 6 - Sun 9 Mar	NZ Track and Field Championships	Dunedin	
Sat 8 Mar	Paeroa Ribbon Day	Paeroa	10.00am
Tues 11 Mar	WBOP Sec Schools Central Zones	Porritt	9.00am
Wed 12 Mar	WBOP Sec Schools BOP Zones	Tauranga	9.00am
Thurs 13 Mar	WBOP Sec Schools King Country, West, South Waikato Zones	Te Awamutu	9.00am
Sat 15 Mar	WBOP Children's Championships	Tauranga	9.30am
Sat 15 Mar	Open Meet – request events day	Porritt	3.00pm
Sun 16 Mar	Masters Multi Events Day	Tauranga	9.30am
Tues 18 Mar	WBOP Sec Schools Thames Valley Zone	Paeroa	9.00am
Sat 22 – Sun 23 Mar	NZ Combined Events Championships	Auckland	
Tues 25 Mar	WBOP Sec Schools Championships	Porritt	9.00am
Fri 28 – Sun 30 Mar	NZ Masters Track & Field Championships	Auckland	

### April 2025

Sat 5 - Sun 6 April	North Island Sec Schools Championships	Hamilton	
Sat 5 - Sun 13 April	Australian Track & Field Championships	Perth	

## ATHLETICS WAIKATO BAY OF PLENTY 2024-2025 Calendar of Coaching Courses

### BAY OF PLENTY COURSES

October 20th 2024 at Tauranga Domain	Run Jump Throw	10am - 12 midday
November 3rd 2024 at Rotorua International Stadium	Run Jump Throw	10am - 12 midday
November 10th 2024 at Tauranga Domain	CAD Level 1 Shot Put	10am - 11.30am
	Coaching Masters in various events. During the masters 'Have a Go Day'	12.30 - 3pm
November 17th 2024 at Tauranga Domain	CAD level 1 High Jump	10am - 12 midday
	CAD Level 1 Sprints	10am – midday
November 24th 2024 at Rotorua International Stadium	CAD Level 1 Sprints	1pm -2.30pm
	CAD Level 1 Discus	1pm - 2.30pm



Secondary Schools focused - For Teachers and parents of secondary school athletes, including para athletes.

March 13th 2025 at Tauranga Domain 4.30pm

### WAIKATO COURSES

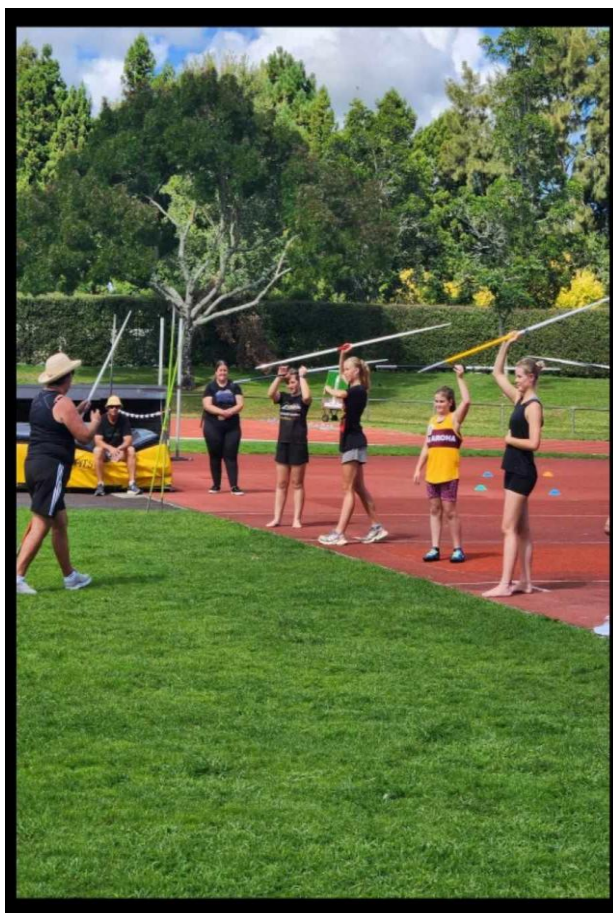
September 17th 2024 at Te Awamutu Athletics Club	Run Jump Throw	4pm - 5.30pm
October 20th 2024 at Porritt Stadium	Run Jump Throw	10am - 12 midday
	CAD Level 1 Hurdles	10am - 12 midday
	CAD level 1 Javelin	10am - 12 midday
	Coaching Masters in various events	12.30pm - 3pm
November 3rd 2024 at Paeroa Domain	Run Jump Throw	10am - 12.30pm
	CAD level 1 Sprints	10am - 12.30pm
	CAD level 1 Discus	10am - 12.30pm
November 17th 2024 at Porritt Stadium	CAD level 1 Long Jump	10am - 12.30pm
	CAD Level 1 Sprints	10am - 12.30pm
	CAD level 1 Shot Put	10am - 12.30pm

Secondary Schools focused - for Teachers and parents of secondary school athletes, including para athletes.

March 9th 2025 at Porritt Stadium 10am

Links to the Athletics WBOP 2024/25 Coaching Course registration forms with dates and type of courses offered.

[Coaching and Officials courses \(mygameday.app\)](#)





## Event Timetables for Regional Senior Meetings

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OPEN MEETING + 12/13 Grade

Porritt Stadium

Saturday 19th October

**TRACK**

3.00 80/100/110 Hurdles

3.20 400m

3.45 100m

4.10 1 Mile

4.30 200m

**FIELD**

3.00 Shot Put

3.20 High Jump

4.00 Javelin; Long Jump

4.15 Discus

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OPEN MEETING + 12/13 Grade

Tauranga Domain

Saturday 2nd November

**TRACK**

3.00 800m

3.30 80/100/110 Hurdles

4.00 300m

4.20 1500m

4.45 100m

5.10 2000m Steeplechase (SW, U16 B/G, MW35+, MM60+) height 762mm

5.20 2000m Steeplechase (U18M) height 838mm

5.35 2000m Steeplechase (SM, U20M, MM 35-59) height 914mm

**FIELD**

3.00 Hammer

3.20 Triple Jump

4.45 Javelin

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ATHLETICS TAURANGA RELAY FESTIVAL Tauranga Domain

Saturday 9th November

Hosted by Athletics Tauranga

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SAM JOHNSON MEMORIAL THROWS MEET

Porritt Stadium

Saturday 16th November

11am – 3pm

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OPEN MEETING

Porritt Stadium

Saturday 16th November

**TRACK**

3.00 200/300/400 Hurdles

3.30 60m sprint

**FIELD**

3.15 Long Jump

4.15 High Jump

3.45 3000m

4.10 200m

4.25 800m

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OPEN MEETING

Tauranga Domain

Saturday 23rd November

**TRACK**

3.00 80/100/110 Hurdles

3.30 800m

3.50 100m

4.15 400m

4.35 200/300/400 Hurdles

5.00 1500m

**FIELD**

3.00 Javelin

3.30 Long Jump

4.15 Discus

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OPEN MEETING

Porritt Stadium

Saturday 30<sup>th</sup> November

**TRACK**

3.00 80/100/110 Hurdles

3.30 2000m

3.50 100m

4.15 800m

4.40 200m

**FIELD**

3.00 Hammer

3.10 High Jump

3.30 Discus

4.10 Triple Jump

4.30 Shot Put

***5.10pm WBOP 2,000 and 3,000m Steeplechase Championships (all grades)***

(762mm\*) = SW + W U20 3,000m / W U18 + M&W U16 + Masters M 60 + Masters W 2,000m

(838mm\*) = MU18 2000m

(914mm\*) = SM + Masters M (35-59) + M U20 3,000m

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**NZSS Track and Field and Road Race Champs – Timaru**

Friday 6<sup>th</sup> to Sunday 8<sup>th</sup> December

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**WBOP Children's RELAY Champs**

Porritt Stadium

Saturday 14th December 9.30am

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**PORRITT CLASSIC**

**Porritt Stadium**

**Saturday 15<sup>th</sup> February**

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**WAIKATO BOP CHAMPIONSHIPS** - combined with **PUTARURU BELL** teams event

**Tauranga Domain**

**Saturday 22nd / Sunday 23rd February**

**PUTARURU BELL TEAMS EVENT RULES**

1. Teams may have up to 7 members, mixed age and gender
2. A club may enter more than one team but each team must have a distinctive name
3. All team members must be registered athletes and registered with the same club
4. Maximum of 4 scoring events per team member across the 2 days
5. Grades:- U18, U20, Senior, Masters under 55, Masters 55 and over, for both men and women
6. Points: 1<sup>st</sup> = 6, 2<sup>nd</sup> = 5 and down to 6<sup>th</sup> = 1
7. As events will also be WBOP championships and open to all registered athletes, the points

Above will only be allocated to clubs who have entered teams in the Putaruru Bell

(e.g. Taumarunui athlete wins but Taumarunui doesn't have a team, so the best placing from an entered team member will get the 6 points etc).

8. **Team names and entries must be received by 5pm Thursday 20<sup>th</sup> February**

**Email to [administrator@athleticswbop.org.nz](mailto:administrator@athleticswbop.org.nz)**

NOTE final results **will not be available** at the end of competition on Sunday 23 February

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**WAIKATO BAY OF PLENTY TRACK AND FIELD CHAMPIONSHIPS**

**Tauranga Domain Stadium Saturday 22nd/ Sunday 23rd February**

IMPORTANT INFORMATION - Your age at the 31st December 2025 is the grade that you compete in at the AWBOP & ANZ Championships, except the under 16 grade where you must be under 16 on the 31st December 2024.

**ATHLETE INFORMATION**

Entry to the Centre Champs is open to those registered by their clubs as competitive athletes with Athletics Waikato-Bay of Plenty or another club/Centre in New Zealand.

Athletes must be registered before the closing date for Champs entries. (Midnight Tuesday 18th Feb)

Entries will not be accepted without full payment \$10 for first event/\$5 for subsequent events for all grades (U16, U18 M/U18W, U20M/U20W, Seniors, Masters).

Entry details will be available on the Athletics Waikato-Bay of Plenty website and will be online only.

**No late Entries will be accepted. CLOSING DATE FOR ENTRIES IS MIDNIGHT Tuesday 18<sup>th</sup> FEBRUARY**

Club Uniform must be worn.

Athletes are to report to the officials' desk on arrival at the track each day, to confirm their intention to start in each of their events, at least 30 minutes before their first event.

Athletes can enter a maximum of two grades – their own and one above.

The youngest age that can compete in the Championships is grade 13 (in Under 16 grade)

**\*Pole vault competitors please email [administratrator@athleticswbop.org.nz](mailto:administratrator@athleticswbop.org.nz) before making an entry**

**Relay entries** – Club relay teams are to be submitted at the start of each competition day, names to be confirmed 1 hour prior to event start time.

**Waikato Bay of Plenty Track and Field Champs - Day 1 - TAURANGA DOMAIN Saturday 22nd February**

	Track	Field
1.30pm	400m all grades Heats or finals if insufficient entries	1.30pm Triple jump all female
2.20pm	80m/100m/110m hurdles all grades	1.30pm Discus all male
2.50pm	1500m masters/U16	2.00pm Pole Vault all grades- see note above
3.00pm	100m all grades Heats or finals if insufficient entries	2.30pm Shot Put all female 3.00pm Triple Jump all male
3.50pm	1500m U18M&W, U20M&W, SM&W	3.00pm Shot Put all male
4.20pm	100m finals all grade if required	3.00pm High Jump all male
4.45pm	400m finals all grades if required	4.00pm Discus all female
5.00pm	4 x 100m relay	4.00pm High Jump all female

**Waikato Bay of Plenty Track and Field Champs - Day 2 - TAURANGA DOMAIN Sunday 23rd February**

	Track	Field
9.00am	5000m all grades	
10.30am	200m all grades Heats or finals if insufficient entries	10.30am Long Jump all male 10.30am Hammer all grades
11.20am	800m all grades	12.00 Javelin all grades
11.50am	300m hurdles U16/U18, Masters	12.00 Long Jump all female
12.10pm	400m hurdles U20, Sen, Masters	12.45pm Masters Weight Throw all grades
1.00pm	200m finals all grade if required	
1.30pm	4 x 400m relay	

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**NZ Track and Field Championships**    DUNEDIN    Thursday 6th to Sunday 9th March

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***WBOP Children's Championships***    Tauranga Domain    15th March    9.30am START

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OPEN MEETING    Porritt Stadium    Saturday 15<sup>th</sup> March

**TRACK**

**FIELD**

3.00 Request Track Events starting from 3pm

3.00 Request Field Events starting from 3pm

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**Waikato Bay of Plenty Secondary School events**

WBOP Sec School Central Zone - Porritt Stadium    Tuesday 11<sup>th</sup> March

WBOP Sec School BOP Zone - Tauranga Domain    Wednesday 12<sup>th</sup> March

WBOP Sec School King Country, Northwest and South Waikato Zone - Te Awamutu    Thursday 13<sup>th</sup> March

WBOP Sec School Thames Valley Zone - Paeroa    Tuesday 18<sup>th</sup> March

WBOP Sec School Champs – Porritt Stadium    Tuesday 25th March

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North Island Sec School Championships    Porritt Stadium    Saturday 5<sup>th</sup> - Sunday 6<sup>th</sup> April

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# Current Records

Events	First Name	Last Name	CLUB	MARK	AT	31-Aug-24	
					WIND	DATE	Notes
<b>GRADE M</b>							
100 metres	Joseph	Millar	TGA	10.18	0.5	27/03/2017	<i>Porritt</i>
200 metres	Joseph	Millar	TGA	20.37	0.1	19/03/2017	<i>Porritt</i>
400 metres	Cameron	French	HAM	46.23		26/02/2015	<i>Waitakere</i>
800 metres	Chris	Rogers	UNI	1.47.56		20/03/1982	<i>Porritt</i>
1500 metres	Samuel	Tanner	TGA	3.31.24		16/07/2023	Silesia, Poland
Mile	Samuel	Tanner	TGA	3.49.51		16/09/2023	Eugene, USA
5000 metres	Zane	Robertson	HAM	13.13.83		13/07/2013	<i>Heusden</i>
10000 metres	Jake	Robertson	HAM	27.30.90		13/04/2018	<i>Gold Coast</i>
110 m HURDLES 1067mm	Michael	Cochrane	TGA	14.07	2.0	2/03/2013	<i>Mt Smart</i>
400 m HURDLES 914mm	Cameron	French	HAM	49.33		27/01/2018	<i>Canberra</i>
3000 m STEEPLE 914mm	Euan	Robertson	HAM HAR	8.39.2		30/03/1980	HT
400 m RELAY	Waikato BOP	x	WAIK	41.08		23/03/2013	<i>Mt Smart</i>
1600 m RELAY		Hamilton	HAM	3.13.51		7/03/1993	<i>Wellington</i>
3000 m WALK	Craig	Barrett	HAM	11.21.50		2/02/1997	<i>Wanganui</i>
5000 m WALK	Craig	Barrett	HAM	19.37.25		26/01/2002	<i>Hastings</i>
20000 m ROAD WALK	Craig	Barrett	HAM	1.22.20		26/01/1998	<i>Adelaide</i>
50000 m ROAD WALK	Craig	Barrett	HAM	3.48.05		16/06/2001	<i>New Plymouth</i>
HIGH JUMP	Regan	Standing	HAM	2.11		24/02/2013	<i>Porritt</i>
POLE VAULT	Olivier	Ball	HAM	4.90		11/03/1990	<i>Wellington</i>
LONG JUMP	Aaron	Langdon	HAM	7.78	-0.7	18/03/1995	<i>North Shore</i>
TRIPLE JUMP	Christopher	Goodwin	HAM	15.10	1.9	08/05/2021	<i>Pittsburg, USA</i>
<i>INDOOR TRIPLE JUMP</i>	Christopher	Goodwin	HAM	15.17		28/02/2021	<i>Topeka, USA</i>
SHOT 7.26 kg	Courtney	Ireland	LAKE C	18.14		9/01/1993	<i>Porritt</i>
DISCUS 2.00 kg	Mark	Robinson	HAM	55.16		21/12/1985	<i>Porritt</i>
HAMMER 7.26 kg	Phillip	Jensen	HAM	68.96		27/01/1990	<i>Auckland</i>
JAVELIN 800 gm	Stuart	Farquhar	HAM	86.31		29/04/2012	<i>Hiroshima</i>
DECATHLON	Paul	Wilson	HAM	7094		31/01/1983	<i>Mt Smart</i>

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
<b>GRADE</b>	<b>M-U20</b>						
100 metres	Joseph	Millar	TGA	10.36	1.9	24/03/2012	Waitakere
200 metres	Dale	McClunie	HAM	20.94	1.2	30/01/1985	Melbourne
400 metres	Murray	Gutry	HAM	47.03		10/03/1984	Porritt
800 metres	Michael	Calver	HAM	1.49.10		1/01/1982	Wellington
1500 metres	Sam	Tanner	TGA	3.38.74		15/06/2019	Seattle
3000 metres	Sam	Tanner	HAM	7.57.57		29/07/2020	Porritt
5000 metres	Mark	McKeown	TGA R	14.03.59		23/01/1993	Auckland
10000 metres	Aaron	Pulford	HAM	29.14.23		20/07/2010	Moncton
110 m HURDLES 1067mm	Liam	Whaley	HAM	14.73	-0.7	12/11/1994	North Shore
110 m HURDLES 990mm	Michael	Cochrane	TGA	14.06		28/01/2011	Wellington
400 m HURDLES 914mm	Michael	Cochrane	TGA	50.62		28/01/2011	Wellington
2000 m STEEPLE 914mm	Shafat	Salad	HAM	5.50.00		26/02/2005	Porritt
3000 m STEEPLE 914mm	Harry	Ewing	HAM	9.11.39		3/04/2015	Los Angeles
400 m RELAY	Waikato BOP	x	WAIK	41.11		25/03/2012	Waitakere
1600 m RELAY	Waikato BOP	x	WAIK	3.17.96		24/03/2013	Mt Smart
3000 m WALK	Matthew	Holcroft	HAM	12.38.03		25/01/2013	Wellington
10000 m WALK	Matthew	Holcroft	HAM	45.30.00		24/03/2012	Waitakere
HIGH JUMP	Dwaine	Geddes	FKT	2.10		22/01/1994	Auckland
POLE VAULT	Peter	Tracy	HAM	4.70		9/03/1974	Porritt
LONG JUMP	Ryan	Howe	LAKE C	7.37	1.9	26/02/2011	Tauranga
TRIPLE JUMP	Jackie	Aratema	ROT	15.00		7/12/1963	
SHOT 6.00 kg	Ryan	Ballantyne	HAM	19.12		19/03/2017	Porritt
DISCUS 1.75 kg	Ian	Winchester	HAM	55.88		6/03/1993	Wellington
HAMMER 6.00 kg	Phillip	Jensen	HAM	64.48		17/01/1987	Porritt
JAVELIN 800 gm	Gavin	Lovegrove	FKT	79.60		8/03/1987	Wellington
DECATHLON	Brent	Newdick	TGA R	7423		9/04/2003	Palm North

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
<b>GRADE</b>	<b>M-U18</b>						
100 metres	Kodi	Harman	TGA	10.56	-1.8	23/03/2012	Waitakere
200 metres	Blake	Gordon	HAM	21.78	0.9	15/03/2012	Sydney
400 metres	Tom	Smith	HAM	48.33		9/03/2013	Mt Smart
800 metres	Derek	White	HAM	1.51.96		9/02/1985	Auckland
1500 metres	Isaiah	Priddey	HAM	3.44.34		23/01/2018	Whanganui
3000 metres	Garit	Read	HAM	8.12.17		3/12/2002	Palm North
110 m HURDLES 914mm	James	Hunt	HAM	14.56	1.1	24/03/2012	Waitakere
300 m HURDLES 840mm	Matteus	Pio	FAIR	37.35		02/12/2018	Dunedin
2000 m STEEPLE 838mm	Louie	Endres	HAM	5.55.35		11/12/2022	Inglewood
400 m RELAY		Hamilton	HAM	42.99		7/03/1998	Wanganui
1600 m RELAY	Waikato BOP	x	WAIK	3.23.50		11/03/2018	Porritt
3000 m WALK	Matthew	Holcroft	HAM	13.11.25		4/01/2011	Tauranga
HIGH JUMP	Christopher	Goodwin	HAM	2.00		30/01/2016	Porritt
POLE VAULT		Standard	x	3.20		30/09/2003	
LONG JUMP	Charles	Annals	HAM	7.05	1.6	2/12/2018	Dunedin
TRIPLE JUMP	Charles	Annals	HAM	13.75	1.5	07/12/2019	Wellington
SHOT 5.00 kg	Ryan	Ballantyne	HAM	21.66		4/12/2016	Waitakere
DISCUS 1.50 kg	Courtney	Ireland	ROT	58.30		29/10/1988	Porritt
HAMMER 5.00 kg	Caleb	Moore	WHAKA	53.11		1/01/2016	Tauranga
JAVELIN 700 gm	Stuart	Farquhar	HAM	57.88		15/02/1997	Porritt
OCTATHLON	Luke	Davison	TGA	5410		13/02/2011	Tauranga

Events	First name	Last name	CLUB	MARK	WIND	DATE	Notes
<b>GRADE W</b>							
100 metres	Morag	MacKechnie	ROT	11.4		29/10/1977	Mt Smart HT
200 metres	Leah	Belfield	TE AWA	23.30	1.5	23/05/2022	Allendale USA
400 metres	Kristie	Baillie	TE ARO	53.19		31/03/2012	Sydney
400 metres indoors	Annalies	Kalma	TE ARO	53.91		24/02/2024	Albuquerque, USA
800 metres	Katherine	Camp	TE AWA	2.03.20		4/06/2016	Ordegem-Belgium
1500 metres	Nikki	Hamblin	CAM	4.05.03		20/05/2015	Beijing
3000 metres	Camille	Buscomb	HAM	8.45.97		16/07/2018	Cork
5000 metres	Camille	Buscomb	CAM	14.58.59		6/10/2019	Doha
10000 metres	Camille	Buscomb	HAM	31.13.21		28/09/2019	Doha
100 m HURDLES 840mm	Terry	Genge	HAM	13.86		7/10/1982	
400 m HURDLES 762mm	Lyn	Massey	HAM	57.35		31/03/1985	
2000 m STEEPLE 762mm	Chari	Miller	HAM	6.35.11		9/04/2017	Inglewood
3000 m STEEPLE 762mm	Sarah	McSweeney	HAM	10.22.98		9/02/2008	Porritt
400 m RELAY	Waikato BOP	x	WAIK	46.81		25/03/2012	Waitakere
1600 m RELAY	Waikato BOP	x	WAIK	3.47.41		19/03/2017	Porritt
3000 m WALK	Natasha	Murrihy	TAUM	14.59.16		26/03/2010	Christchurch
5000 m WALK	Natasha	Murrihy	TAUM	26.58.03		17/01/2009	Sydney
10000 m WALK	Natasha	Murrihy	TAUM	54.14.00		27/03/2011	Dunedin
HIGH JUMP	Alice	Taylor	HAM	1.91		10/05/2024	San Antonio, USA
POLE VAULT	Melina	Hamilton	HAM	3.90		8/03/1997	Sydney
LONG JUMP	Jayne	Mitchell	TGA	6.39	0.3	10/03/1985	Dunedin
TRIPLE JUMP	Kayla	Goodwin	HAM	12.87	1.3	08/03/2020	Christchurch
SHOT 4.00 kg	Linley	Russell	PUT	13.63		17/01/1981	
DISCUS 1.00 kg	Tatiana	Kaumoana	HAM	56.51		26/02/2022	Christchurch
HAMMER 4.00 kg	Julia	Ratcliffe	HAM	73.55		26/03/2021	Hastings
JAVELIN 600 gm	Tori	Peeters	HAM	63.26		21/05/2023	Yokohama, Japan
HEPTATHLON	Terry	Genge	HAM	5709		4/04/1983	New Table
DECATHLON	Maria	Sartin	HAM	5417		12-13/08/2023	Mt Sac, Walnut CA

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
<b>GRADE W-U20</b>							
100 metres	Sarah	Phillips	LAKE C	11.84	1.8	13/03/1999	<i>Porritt</i>
200 metres	Monique	Williams	TOK	24.19		5/02/2005	<i>Hastings</i>
400 metres	Madeleine	Waddell	HAM	53.50		28/08/2024	<i>Lima, Peru</i>
800 metres	Lorraine	Moller	PUT	2.03.63		29/01/1974	<i>Christchurch</i>
1500 metres	Charli	Miller	HAM	4.22.88		08/03/2020	<i>Christchurch</i>
3000 metres	Kay	Gooch	HAM	9.23.10		3/08/1990	<i>Plovdiv</i>
5000 metres	Hannah	Gapes	LAKE C	16.47.56		26/03/2021	<i>Hastings</i>
100 m HURDLES 840mm	Hinewai	Knowles	CAM	14.11	1.3	07/03/2020	<i>Christchurch</i>
400 m HURDLES 762mm	Madeleine	Waddell	HAM	60.40		15/03/2024	<i>Wellington</i>
2000 m STEEPLE 762mm	Charli	Miller	HAM	6.35.11		9/04/2017	<i>Inglewood</i>
3000 m STEEPLE 762mm	Sarah	McSweeney	HAM	10.22.98		9/02/2008	<i>Porritt</i>
400 m RELAY	Waikato BOP	x	WAIK	47.71		23/03/2013	<i>Mt Smart</i>
1600 m RELAY	Waikato BOP	x	WAIK	3.51.43		30/03/2014	<i>Wellington</i>
3000 m WALK	Natasha	Murrihy	TAUM	14.59.16		26/03/2010	<i>Christchurch</i>
5000 m WALK	Natasha	Murrihy	TAUM	26.58.03		17/01/2009	<i>Sydney</i>
10000 m WALK	Natasha	Murrihy	TAUM	54.14.00		27/03/2011	<i>Dunedin</i>
HIGH JUMP	Josie	Taylor	HAM	1.85		27/01/2021	<i>Hawera</i>
<i>INDOOR HIGH JUMP</i>	Josie	Taylor	HAM	1.86		22/02/2022	<i>Birmingham USA</i>
POLE VAULT	Hannah	Philpot	TGA	3.90		26/11/2016	<i>Mt Smart</i>
LONG JUMP	Jayne	Mitchell	TGA	6.02		6/03/1982	
TRIPLE JUMP	Kayla	Goodwin	HAM	12.87	1.3	08/03/2020	<i>Christchurch</i>
SHOT 4.00 kg	Linley	Russell	PUT	13.63		17/01/1981	
DISCUS 1.00 kg	Tatiana	Kaumoana	TE ARO	52.91		26/06/2019	<i>Townsville</i>
HAMMER 4.00 kg	Julia	Ratcliffe	HAM	68.80		09/07/2016	<i>Princeton</i>
JAVELIN 600 gm	Keshia	Grant	HAM	45.16		26/02/2006	<i>Porritt</i>
HEPTATHLON	Kayla	Goodwin	HAM	4745		17/02/2019	<i>Christchurch</i>

Events	First Name	Last Name	CLUB	MARK	WIND	DATE	Notes
<b>GRADE W-U18</b>							
100 metres	Sarah	Phillips	LAKE C	11.84	1.8	13/03/1999	<i>Porritt</i>
200 metres	Jade	Henley-Smith	HAM	24.79	0.7	6/03/2016	<i>Dunedin</i>
400 metres	Madeleine	Waddell	HAM	53.50		28/08/2024	<i>Lima, Peru</i>
800 metres	Boh	Ritchie	HAM	2.05.60		29/08/2024	<i>Lima, Peru</i>
1500 metres	Charli	Miller	HAM	4.22.88		08/03/2020	<i>Christchurch</i>
3000 metres	Demelza	Murrihy	TAUM	9.32.59		21/02/1998	<i>North Shore</i>
5000 metres	Charli	Miller	HAM	16.50.29		20/12/2019	<i>North Shore</i>
100 m HURDLES 762mm	Hinewai	Knowles	CAM	13.80	2.0	07/12/2019	<i>Wellington</i>
300 m HURDLES 762mm	Amy	Robinson	TGA	42.59		6/04/2013	<i>Masterton</i>
2000 m STEEPLE 762mm	Charli	Miller	HAM	6.35.11		9/04/2017	<i>Inglewood</i>
400 m RELAY	Waikato BOP	x	WAIK	47.71		23/03/2013	<i>Mt Smart</i>
1600 m RELAY	Waikato BOP	x	WAIK	3.51.08		17/03/2024	<i>Wellington</i>
3000 m WALK	Leanne	Chadderton	WHANGA	15.42.6		5/03/1987	<i>Wellington HT</i>
HIGH JUMP	Josie	Taylor	HAM	1.83		09/11/2019	<i>Pakuranga</i>
POLE VAULT	Melina	Hamilton	HAM	3.40		3/04/1993	<i>Porritt</i>
LONG JUMP	Kayla	Goodwin	HAM	5.86	1.4	08/03/2019	<i>Christchurch</i>
TRIPLE JUMP	Kayla	Goodwin	HAM	12.74	1.5	08/03/2019	<i>Christchurch</i>
SHOT 3.00 kg	Amber	Brown	HAM	14.10		10/07/2016	<i>Gold Coast</i>
DISCUS 1.00 kg	Tatiana	Kaumoana	TE ARO	47.90		09/03/2018	<i>Porritt</i>
HAMMER 3.00 kg	Julia	Ratcliffe	HAM	62.28		19/02/2011	<i>Porritt</i>
JAVELIN 500 gm	Leah	Morgan	TGA R	43.86		13/02/1993	<i>Porritt</i>
HEPTATHLON	Kayla	Goodwin	HAM	5007		25/02/2018	<i>Whanganui</i>

## ATHLETICS WAIKATO-BAY of PLENTY TRACK & FIELD TROPHIES 2023-2024 RECIPIENTS

<b>Gallichan Cup</b>	Athlete gaining the most points in Senior Men and Women and U20M/U20W grades	<b>Charles Roil</b>
<b>AWBOP Colts Shield</b>	Most points in U18M grade	<b>Cruz Witheford</b>
<b>Sue Drummond Shield</b>	Most points in U18W grade	<b>Hannah Hickson Jamie Fell</b>
<b>Keith Falla Memorial Trophy</b>	Winner Senior Men's 800m Waikato-BoP Champs	<b>Joseph Morgan</b>
<b>John L Davies Memorial Trophy</b>	Winner Senior Men's 1500m Waikato-BoP Champs	<b>Ben Bidois</b>
<b>Official of the Year</b>		<b>Malcolm Taylor</b>



# VERY IMPORTANT INFORMATION

**Your age as at the 31<sup>st</sup> December 2025 is the grade you compete in for the Athletics NZ Championships.**

ENTRIES FOR THE Athletics NZ TRACK & FIELD CHAMPIONSHIPS MUST be completed by the individual athlete, via the Athletics NZ website.

At the same time, those wishing to be part of the AWBOP Centre team should refer to the Athletics NZ Entry Standards as these will be the criteria used to select the Centre team.

Those athletes not selected in the Centre team compete for their club and do so in their club uniform.

## Selection Criteria

- Athletes must achieve the entry standards from 15 October 2024 to 1 March 2025 inclusive.
- Wind-assisted and hand-timed performances will **not** be considered.
- Athletes must compete regularly at Athletics Waikato-Bay of Plenty (AWBoP) meets during the season, unless prior approval has been received.
- Selectors are able to include athletes who have not reached the standard at their discretion.
- Selected athletes must make themselves available for AWBoP relay teams.
- Athletes not selected in the AWBoP team can still enter the NZ Champs as individuals. These athletes will simply be representing their Club.

## Athlete Transfers

Athlete transfers are now completed online using the registration system. Please contact your club registrar for further details.

## Athlete Subsidies

For the 2024-2025 season, we are offering athlete subsidies to the New Zealand Track & Field Championships of \$50 each. These will be paid to athletes selected for the Waikato-Bay of Plenty team for the event in Dunedin 6th to 9th March 2025. The subsidy will only be paid to athletes who have also entered the Waikato-Bay of Plenty Championships on 22nd and 23rd February 2025 or those who give prior notice that they are unavailable to compete in the Waikato-Bay of Plenty Championships.

# HURDLE SPECIFICATIONS & IMPLEMENT WEIGHTS

## HURDLES at Championship and Open Meetings

*Hurdles go on coloured track markings: 110 Blue; 100 Yellow; 80 Black(8.0); 80m Pink (7.5); 70m Mauve (7.0) (Tauranga); 200, 300 & 400 Green.*

\*Not Championship Events

Age Grade	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
SM	110	10	1067	13.72	9.14	14.02
U20M	110	10	991	13.72	9.14	14.02
U18M	110	10	914	13.72	9.14	14.02
B/U16	100	10	838	13.0	8.5	10.5
B12/13*	80	8	762	12.0	7.5	15.5
SW	100	10	838	13.0	8.5	10.5
U20W	100	10	838	13.0	8.5	10.5
U18W	100	10	762	13.0	8.5	10.5
G/16	80	8	762	12.0	8.0	12.0
G12/13*	80	8	686	12.0	7.5	15.5
SM	400	10	914	45.0	35.0	40.0
U20M	400	10	914	45.0	35.0	40.0
U18M	300	7	838	50.0	35.0	40.0
B/U16	300	7	762	50.0	35.0	40.0
B12/13*	200	5	762	20.0	35.0	40.0
U18M*	200	10	762	18.29	18.29	17.10
B/U16*	200	10	762	18.29	18.29	17.10
SW	400	10	762	45.0	35.0	40.0
U20W	400	10	762	45.0	35.0	40.0
U18W	300	7	762	50.0	35.0	40.0
G/U16	300	7	762	50.0	35.0	40.0
G12/13*	200	5	686	20.0	35.0	40.0
U18W*	200	10	762	18.29	18.29	17.10
G/U16*	200	10	686	18.29	18.29	17.10

## IMPLEMENTS at Championship and Open Meetings

Grade	Shot – kg	Discus – kg	Javelin – gm	Hammer - kg
SM	7.26	2.00	800	7.26
U20M	6.00	1.75	800	6.00
U18M	5.00	1.50	700	5.00
B/U16	5.00	1.25	600	4.00
SW	4.00	1.00	600	4.00
U20W	4.00	1.00	600	4.00
U18W	3.00	1.00	500	3.00
G/U16	3.00	1.00	500	3.00

## HURDLES at Masters Championships and other Masters meetings

Age Grade	Distance In Metres	No. of Flights of Hurdles/Barriers	Height Metric	Metres to first	Metres between	Metres from last to finish
W30-39	100	10	838	13.0	8.5	10.5
W40-49	80	8	762	12.0	8.0	12.0
W50-59	80	8	762	12.0	7.0	19.0
W60+	80	8	686	12.0	7.0	19.0
W30-49	400	10	762	45.0	35.0	40.0

W50-59	300	7	762	50.0	35.0	40.0
W60-69	300	7	686	50.0	35.0	40.0
W70+	200	5	686	20.0	35.0	40.0
W35+ Steeples	2000	18+5 water jumps	762			
M35-49	110	10	991	13.72	9.14	14.02
M50-59	100	10	914	13.0	8.5	10.50
M60-69	100	10	838	12.0	8.0	16.0
M70-79	80	8	762	12.0	7.0	19.0
M80+	80	8	686	12.0	7.0	19.0
M35-49	400	10	914	45.0	35.0	40.0
M50-59	400	10	838	45.0	35.0	40.0
M60-69	300	7	762	50.0	35.0	40.0
M70-79	300	7	686	50.0	35.0	40.0
M80+	200	5	686	20.0	35.0	40.0
M35-59 Steeples	3000	28+7 water jumps	914			
M60+ Steeples	2000	18+5 water jumps	762			

### Notes for Steeplechase

#### Barrier heights

Women all grades	height 762mm
U16 Men	height 762mm
U18 Men	height 838mm
Senior Men, U20 Men	height 914mm

#### Barriers

2000m: 18 hurdles +5 water      3000m 28 hurdles +7 water

Porritt Stadium - outside water jump

Tauranga Domain - inside water jump

## IMPLEMENTS at Masters Championships and other Masters meetings

Age Grade	Hammer– kg	Shot – kg	Discus – kg	Javelin – gm	Weight – kg
W35-49	4.00	4.00	1.00	600	9.08
W50-59	3.00	3.00	1.00	500	7.26
W60-74	3.00	3.00	1.00	400	5.45
W75+	2.00	2.00	0.75	400	4.00
M35-M49	7.26	7.26	2.00	800	15.88
M50-M59	6.00	6.00	1.50	700	11.34
M60-M69	5.00	5.00	1.00	600	9.08
M70-M79	4.00	4.00	1.00	500	7.26
M80+	3.00	3.00	1.00	400	5.45

## PARA ATHLETICS

For all information for Para Athletics Implement Weights for Sport Classes and to view the table please use this link

<https://athletics.org.nz/wp-content/uploads/2020/08/ANZ-Para-Implement-Weights-as-at-March-2020.pdf>

## HURDLES (including Steeplechase) at Waikato Secondary Schools' meetings – Schools, Zones, WBOP, North Island Championships

Gender and Grade	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
<b>Boys -</b>						
Senior	110	10	914	13.72	9.14	14.02
Intermediate	100	10	838	13.0	8.5	10.5
Junior	80	8	762	12.0	7.5	15.5
Senior	300	7	838	50.0	35.0	40.0
Intermediate	300	7	762	50.0	35.0	40.0

Junior	200	5	762	20.0	35.0	40.0
Senior	2000		838			
Under 16	2000		762			
<b>Girls -</b>						
Senior	100	10	762	13.0	8.5	10.5
Intermediate	80	8	762	12.0	8.0	12.0
Junior	80	8	686	12.0	7.5	15.5
Senior	300	7	762	50.0	35.0	40.0
Intermediate	300	7	762	50.0	35.0	40.0
Junior	200	5	686	20.0	35.0	40.0
Senior	2000		762			
Under 16	2000		762			

## **IMPLEMENTS at Waikato Secondary Schools' meetings – Schools, Zones, WBoP, North Island Championships**

<b>Gender</b>	<b>Grade</b>	<b>Shot – kg</b>	<b>Discus – kg</b>	<b>Javelin - gm</b>	<b>Hammer - kg</b>
<b>Boys -</b>	Senior	5.00	1.50	700	5.00
	Intermediate	5.00	1.25	700	4.00
	Junior	4.00	1.00	600	4.00
<b>Girls -</b>	Senior	3.00	1.00	500	3.00
	Intermediate	3.00	1.00	500	3.00
	Junior	3.00	1.00	500	3.00

## **Waikato Bay of Plenty Secondary Schools Athletics Association Information for Para Athletes**

Athletes will compete in the unimpaired Intermediate (Under 16) or Senior (Under 19) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

- |                           |  |
|---------------------------|--|
| • T11 – T13 and F11 – F13 | Visual Impairment (VI)                                 |
| • T20 and F20             | Intellectual Impairment (II)                           |
| • T32 – T38 and F31 – F38 | Cerebral Palsy and Neurological Impairments (CP)       |
| • T40 – 41 and F40 – 41   | Short Stature (SS)                                     |
| • T42 – T47 and F42 – F46 | Amputees and Other Impairments (AO)                    |
| • T51 – T54 and F51 – F57 | Wheelchair and throwing frame user (WC)                |
| • T61 – T64 and F61 – F64 | Athletes who compete using prosthetic lower limbs (PL) |
| • T71 – T72               | Frame running for coordination impairments (FR)        |

## Secondary School Implement Weights for Para Athlete Classes Junior Under 16, Senior Under 19 (ORS funded Under 21) January 1

Boys					Girls			
Discus	Javelin	Shot Put	Club		Club	Shot Put	Javelin	Discus
JB 1.25kg	700g	5.00kg		<b>F11-13</b>		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		<b>F11-13</b>				
JB 1.25kg	700g	5.00kg		<b>F20</b>		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		<b>F20</b>				
NE	NE	NE	397g	<b>F31</b>	397g	NE	NE	NE
750g	NE	1.00kg	397g	<b>F32</b>	397g	1.00kg	NE	750g
750g	500g	2.00kg	NE	<b>F33</b>	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	<b>F34</b>	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	<b>F35</b>	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	<b>F36</b>	NE	2.00kg	500g	750g
750g	500g	4.00kg	NE	<b>F37</b>	NE	2.00kg	500g	750g
1.00kg	600g	4.00kg	NE	<b>F38</b>	NE	2.00kg	500g	750g
1.00kg	500g	3.00kg		<b>F40,41</b>		2.00kg	400g	750g
1.00kg	700g	5.00kg		<b>F42</b>		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		<b>F43,44</b>		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		<b>F45,46</b>		3.00kg	500g	1.00kg
750g	NE	NE		<b>F51</b>		NE	NE	750g
750g	500g	2.00kg		<b>F52</b>		2.00kg	500g	750g
750g	500g	2.00kg		<b>F53</b>		2.00kg	500g	750g
750g	500g	3.00kg		<b>F54</b>		2.00kg	500g	750g
750g	500g	3.00kg		<b>F55</b>		2.00kg	500g	750g
750g	500g	3.00kg		<b>F56</b>		2.00kg	500g	750g
1.00kg	500g	3.00kg		<b>F57</b>		2.00kg	500g	750g
1.00kg	700g	5.00kg		<b>F61,63</b>		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		<b>F62,64</b>		3.00kg	500g	1.00kg

### HURDLES at New Zealand Secondary Schools Champs

Gender and Grades	Distance In Metres	No. of Flights of Hurdles	Height Metric	Metres to first	Metres between	Metres from last to finish
<b>Boys -</b>						
Senior	110	10	914	13.72	9.14	14.02
Junior	100	10	838	13.0	8.5	10.5
Senior	300	7	838	50.0	35.0	40.0
Junior	300	7	762	50.0	35.0	40.0
<b>Girls -</b>						
Senior	100	10	762	13.0	8.5	10.5
Junior	80	8	762	12.0	8.0	12.0
Senior	300	7	762	50.0	35.0	40.0
Junior	300	7	762	50.0	35.0	40.0

## IMPLEMENTS at New Zealand Secondary Schools Champs

Gender	Grade	Shot – kg	Discus – kg	Javelin – gm	Hammer – kg
Boys -	Senior	5.00	1.50	700	5.00
	Junior	5.00	1.25	700	4.00
Girls -	Senior	3.00	1.00	500	3.00
	Junior	3.00	1.00	500	3.00

For NZSSAA Para athletes use World Para Athletics Under 17 and Under 20 implement specifications.

## New Zealand Technical Officials Education and Qualification

Become an Official - A/B/C grade

Athletics is a dynamic sport that thrives on the contributions of individuals from various roles, including athletes, coaches, administrators (at the club, centre, and national levels), and officials. As an official, you'll play a vital role in helping athletes perform at their best and achieve their dreams.

Officiating at athletics competitions is both flexible and enjoyable. You can choose to attend as many or as few events as your schedule allows. We especially encourage young people to get involved and discover the excitement of the sport. This is a wonderful opportunity to give back to your community.

Athletics New Zealand has an officials' education and qualification scheme (ANZOES). The goal is to provide people with initial training regarding the rules and procedures for athletics officiating, and then to provide the opportunity to gain experience and advance their qualifications.

Courses can be arranged for anywhere in the Centre eg Sunday. A Sunday courses usually take from about 9:30am to 2:30pm, including a written test.

### Level C & B

Level C is the initial level for recognition by Athletics New Zealand. It is suitable for people who help at club nights, ribbon days and inter-club competitions. Level B is for people who have done the initial level and gained further practical experience (15 days above club-night activity) and can therefore accept more responsibility.

### Level A

Level A courses are for people with comprehensive experience and likely to be asked to officiate in key positions at major meetings such as league and championships. In the 2 years after qualifying at Level B a further 15 days officiating experience is needed including duty at an Athletics New Zealand Championships.

### Officiating Activities

ANZOES is divided up into specific areas so people may qualify in Jumps, Throws, Track, Walks and Non-Stadia. There is also provision for measuring road courses and for officiating for athletes with a disability.

If you would like to arrange training for your club officials, contact:

**AWBoP Development and Events Coordinator – Barrie Jennings**

Email: [barriej@athleticswbop.org.nz](mailto:barriej@athleticswbop.org.nz)

Or

**Maxine Chappell**

Officials Development Officer, North Region

Email: [maxine@athletics.org.nz](mailto:maxine@athletics.org.nz)



# WE NEED YOU!

Athletics Officiating is fun and right now  
we need Timekeepers, Measurers, Checkers, Result Recorders *and more...*



- The 'Best Seat in the House' to watch and officiate runners, walkers, jumpers and throwers
- Opportunities to travel, meet new friends and enjoy the camaraderie of the athletics culture
- Get to the top in Athletics. Go to National Champs, International meetings, World Champs, Commonwealth Games and the Olympics
- Experience and share the pleasure of seeing Athletes compete and improve their personal best performances

- Get full training in all aspects of Officiating Athletics
- Help perform an interesting variety of tasks for athletes
- Come join the team of Athletics Waikato Bay of Plenty volunteers
- Come On! Give it a Go!
- Become a Track, Jumps, Throws, Road or Cross-Country Judge, and see it all from close up!
- You will be made MOST WELCOME!
- You will ENJOY THE CHALLENGE!

**Come and join Athletics Waikato Bay of Plenty Officials**

For more information contact WBOP Development and Events Coordinator: Barrie Jennings 027 2634578

See this link for more information on courses scheduled  
[Coaching and Officials courses \(mygameday.app\)](https://mygameday.app)

# Coach Education & Development

Clubs in the AWBoP region are building an excellent base of coaches and this is reflected in the very good results achieved by school, club and centre teams last season at National Championships and at North Island and regional competitions. We are indebted to all those volunteer coaches who are sharing their time and knowledge with both young and old in our centre to make sure that progress continues to be made.

## Athletics NZ Coach Education

The Athletics New Zealand Coaching Programme has a number of elements and options available for people who wish to start coaching and for those who wish to improve their skills and coaching qualifications.

For more information about coaching see: <https://athletics.org.nz/get-involved/coach/>

## Coaching Athletic Development Level 1

Coaching Athletic Development (CAD) Level 1 is Athletics New Zealand's new community-level coach education programme. CAD Level 1 teaches coaches the technical fundamentals of 11 athletics events and will help coaches to confidently coach athletics skills to Under 18 athletes. The course bridges the gap between the Run Jump Throw Foundation Programme (target age 7 to 11) and competition based athletics. All CAD Level 1 event modules are delivered as practical workshops that take up to 2 hours. This includes time for participant assessment and observation by the Coach Educator. At the end of the course, coaches will be awarded a "CAD Level 1" certificate.

## Run Jump Throw Athletics

These courses are the first step in the Athletics New Zealand Coach Education programme. They have become very popular for primary and intermediate schools and children's athletic clubs. The course emphasises teaching of basic athletic skills to children.

Run Jump Throw is all about developing athletics-specific skills in a fun, inclusive way that encourages Kiwi kids' to participate in athletics. Designed for 6-11 year olds, Run Jump Throw allows athletics clubs and schools to easily teach the foundation skills of athletics in a positive, supportive environment, where participants learn and are challenged at their own pace. The programme uses modified equipment and games to help maximise participation and enjoyment.

## Get Set Go

Get Set Go is designed to help Kiwi kids (aged 3-8 years) enjoy being more active through play and sport. The programme provides educational, developmentally- appropriate, fun activities that build and develop children's basic fundamental movement skills.

Get Set Go helps increase teachers, athletics clubs, coaches and parents understanding of the importance of movement, play and positive experiences for children. It provides professional development tools and quality resources around the assessment, planning and development of fundamental skills within a broad child-centred framework.

**Bay of Plenty Contact:**  
**CoachForce Co-ordinator**  
**Kerry Hill**  
**Mob 021 0832 2407**  
**Email: [khill92@hotmail.com](mailto:khill92@hotmail.com)**

**Waikato Contact:**  
**Barry Jennings**  
**Mob 027 263 4578**  
**Email: [barriej@athleticswbop.org.nz](mailto:barriej@athleticswbop.org.nz)**

# WAIKATO-BAY of PLENTY TRACK & FIELD CHAMPIONSHIPS

**22/23 February 2025 Tauranga Domain**

**Entry details will be made available on our website**

**[www.athleticswaikatobayofplenty.org.nz](http://www.athleticswaikatobayofplenty.org.nz)**

**Note: Grade 13 is the youngest age group that can compete in the Championships (as an Under 16)**

**No Late Entries will be accepted**

**Club Uniform must be worn**

**Entries close at midnight on Tuesday 18th February for both days**

Thanks to the following organisations for ongoing support of  
Athletics Waikato-Bay of Plenty

