WAIKATO – BAY OF PLENTY MASTERS ATHLETICS



Sunday 15 December 2024

12.00	Short Hurdles		12.00	Hammer
12.30	1500m		1.00	Shot Put
1.00	100m		1.30	Discus
1.30	3000m Walk/Rur	n 2	2.00	Long Jump
1.30	5000m Walk/run	. 4	2.15	Javelin
1.50	600m			
2.00	60m	,	2.30	Weight Throw
2.15	200m			
2.30	400m O	Other ever	nt requests v	will be considered.

Throwing events limited to three throws

Enter early please. NO ENTRY FEE for members (\$10 non-members)

Email-WBOPM as ters @xtra.co.nz

Please register by 11.30am.



Please bring a "Merry Christmas" Plate of goodies for Cuppa.