



JOIN OUR VOLUNTEER TEAM

and be part of history



Why Volunteer?

Make a positive impact

Help nurture the next generation of athletes by fostering a supportive and inclusive environment

Develop new skills

Gain valuable experience in

- leadership
- organisation
- community building
- coaching and officiating

Wellbeing

The social contact aspect of helping and working with others can have a profound effect on your overall psychological well-being



Why Athletics?

**Improves
physical health**

Athletics promotes fitness, coordination, and strength, providing essential skills that benefit tamariki and rangatahi

**Fosters life
skills**

Through athletics, children learn discipline, perseverance, and goalsetting—skills that are transferable to all aspects of life, both in and out of sports

**Inclusive
and fun**

Athletics is a sport for everyone, it welcomes all participants with various events like running, jumping, throwing, rolling, and walking

VOLUNTEER OPPORTUNITIES

We need help with

Coaching

Officiating

Administration
&
Coordination



I'M A
VOLUNTEER

*Supporting the Next
Generation of Kiwi Athletes*

COACHING

A background image showing a coach on the left, wearing glasses and a dark blue polo shirt, talking to a player on the right, who has long brown hair and is wearing a dark puffer jacket. They are outdoors on what appears to be a sports field with trees in the background.

Coaching offers opportunities for personal development, from learning new techniques to gaining coaching certifications, enhancing your knowledge and expertise in the sport

Coaching allows you to give back to your community. It's an opportunity to contribute to the growth of the sport while making a positive impact, creating lasting connections, and strengthening your local athletics community

As a coach, you play a pivotal role in helping youth reach their potential, fostering their athletic abilities, confidence, and life skills

OFFICIATING



As an official, you'll play a vital role in helping athletes perform at their best and achieve their dreams. Officiating at athletics competitions is both flexible and enjoyable

The more you invest in your role, the more rewarding it will be. Choose the level at which you want to officiate, from club events to international competitions such as World Championships, the Olympics, and Paralympics

Enjoy the best seat in the house, right at the heart of the action. Officials are essential across all areas of athletics, including track and field, cross country, mountain running, road running, and race walking

ADMINISTRATION & COORDINATION



Join our athletics clubs as a volunteer in administration and coordination! Help with event planning, registrations, and managing club activities. It's a great way to build skills, give back to the community, and support the growth of athletics in our region.

Flexible hours and rewarding teamwork!

TESTIMONIALS

“Becoming an athletics coach is by far one of the most rewarding things I've ever done. I love being part of young athletes lives and see them find so much joy in our sport. I never stop learning and it feels loud a privilege everytime I'm out there”. Helena

"I rate it 5 stars because of the volunteers. They're awesome in helping our kids!" Drummond (Google review)

“I became a volunteer community coach so I could become more involved with my children's athletics and help them excel. I found a new passion for helping other Tamariki discover their love for athletics too.”
K Halliday

CONTACT

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Visit us

www.athletics.org.nz

