



Open Cross Country Event

**incorporating
Athletics Waikato Bay of Plenty
2024 Cross Country Championships**

Saturday 20 July 2024

**Hosted by Athletics Tauranga
at Waipuna Park
Welcome Bay, Tauranga**

Order of events

Race	Start time	Grade	Distance	Entry fee
No 1	1.30pm	Boys / Girls U12 (9,10,11 yrs)	2000 metres = 1 lap	\$8.00
No 2	1.45pm	Boys /Girls U14 (12,13 yrs)	3000 metres = 1x1km +1x2km lap	\$10.00
		Women U18 (16,17 yrs)	5000 metres = 1x1km + 2x2km laps	\$12.00
No 3	2.05pm	Boys / Girls U16 (14,15 yrs)	4000 metres = 2 laps	\$12.00
		Men U18 (16,17 yrs)	6000 metres = 3 laps	\$12.00
		Masters Women (35 plus)	6000 metres = 3 laps	\$15.00
		Women U20 (18,19 yrs)	6000 metres = 3 laps	\$15.00
		Masters Men (65 plus)	6000metres = 3 laps	\$15.00
No 4	2.45pm	Men U20 (18, 19 yrs)	8000 metres = 4 laps	\$15.00
		Masters Men (35-64 yrs)	8000 metres = 4 laps	\$15.00
		Senior Men (20 - 34 yrs)	10000 metres = 5 laps	\$15.00
		Senior Women (20-34 yrs)	10000 metres = 5 laps	\$15.00

The above fees are payable by all participants whether a social, competitive or a non-member of the sport.

Eligibility: These championships have been opened to all athletes whether they are Athletics Waikato Bay of Plenty registered, club/social registered or non-registered. **Only fully registered members of a club will be eligible for Waikato Bay of Plenty Championship medals or a championship placing.** Championship medals will not be awarded to walk participants, social club members and non-members.

Course description: The course is a **2.0km lap**. Good quality cross-country with firm footing but with occasional slightly rough underfoot patches plus a few inclines per lap. If wet, the course may be slushy in patches with some surface water. Wearing of footwear is recommended. Course Map is below, showing the 2.0km course plus 1km lap.

Venue: Event headquarters are at Waipuna Park in the Pavilion, Welcome Bay, Tauranga. Enter from Kaitemako Road to car park.

Facilities: Outdoor cross-country venue with shelter around the Pavilion only. Toilets on site and sign posted. Ample space for club gazebos. Come prepared for all types of weather.

Food: There may be a BBQ held so come prepared with coins (to be confirmed). Pippi's Pantry coffee cart is on site at park.

Prize-giving: Medal presentations on-site after the conclusion of the last event or during the day if time allows.

Grades: Where races are combined, the grades will be separated in the results.

Ages: Masters ages are on the day, with results recorded in 5-year age groups from 35 years plus. All other grades age is at 31 December 2024.

Closing date: Entries must be made by midnight Tuesday 16 July. Entries after this date will not be accepted. There will be no refund of entries after the entry closing date.

All entries to be made online at:

Enter online here: <https://2024wbopcrosscountrychamps.events.mygameday.app>

Queries regarding online entries to be directed to: administrator@athleticswbop.org.nz

***Please have your athletes support the event
All abilities catered for***

Athletics Waikato Bay of Plenty team to the National Cross Country Championships Napier, 3 - 4 August

The Waikato Bay of Plenty Cross Country team will be selected from those entered at **close** of entries for these championships being **5.00pm 24 July 2024**. Athletes entering these championships must enter themselves via <https://athletics.org.nz/competition/events/> before the entry closing date.

Course Map:

