



Athletics Waikato Bay of Plenty

U16 / U18 Inter-Provincial Information Booklet 2023/24

Athletes and Supporters

What this document is about:

Each year the Waikato and Bay of Plenty region enters a team into the North Island Inter-provincials. This is an opportunity for athletes in the U16 and U18 age groups to represent their region.

This document is to provide supporting information for athletes and their whanau should they be part of the competition or not.

This IPs competition starts from the 1st January 2024 and concludes at a date yet to be set, typically the week after the Secondary School North and South Island Championships.

What this means for us:

*Ma te whakapono
Ma te tumanako
Ma te titiro
Ma te mahitahi
Ma te manawanui
Ma te aroha
Ka taea e au*

*By believing and trusting
By having faith and hope
By looking and searching
By listening and hearing
By working and striving together
By patience and perseverance
By doing this with love and compassion
I can succeed.*

Contact person:

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Dianne will provide the link between the region and the IPs Team management group.

Athletics WBOP U16/U18 IPs Committee contact email: athleticswaibopu18ips@gmail.com

Overview: To provide an Interprovincial Pathway for athletes in the Waikato Bay of Plenty that promotes individual and team participation and contribution while encouraging co-construction of their pathway and the programme.

Purpose: To provide an inclusive opportunity for U18 and U16 athletes while enhancing and promoting all aspects of athletics activity throughout New Zealand. We endeavour to promote and celebrate the personal success of each athlete and the skillset they bring to the team.

To provide a pathway and smooth transition from youth athletics into senior athletics, while connecting 'like-minded' athletes and their support groups (families/whanau and coaches).

To encourage the model of engagement and inclusivity through making events more fun and interactive with a positive, supportive team culture.

Philosophy:

Culture: Positive, 'I can' focus allowing all athletes of all abilities and development stages to compete in their chosen field/s within athletics. Promotion of 'Balance is Better' philosophy allowing athletes to develop their own pathway on the circuit allowing for family/whanau and multiple sporting commitments.

To support athletes at all stages of their athletic pathway to establish and support a culture of belonging and well-being while providing opportunities for tuakana/teina, officiating, supporting officials and providing voice and collaboration with the IP committee.

Athletes, whānau and coaches are encouraged to support the team culture of lifting their peers to achieve their best performances and not compete or compare against each other.

To encourage our coaches and whānau /families to acknowledge the efforts of the whole team and to be positive, understand mistakes are part of learning and foster a philosophy of physical and mental development.

Principals of the competition:

The athlete comes first, the competition comes second.

The athlete is to choose their own events. There is no competition requirement for filling all events.

The athlete can choose which competitions they wish to enter, they do not need to attend all competitions.

If an athlete wants to swap events during the competition for any reason, then they can do so by notifying the team committee as soon as possible. Example: injuries, physical developmental change, trying a new event etc. Note that the events do not need to be entered until the end of the season.

We encourage athletes to track and keep a record of the competitions they compete in, dates and performances to cross check with team managements at the end of the season.

If an athlete wishes to be part of the competition, and complies with paying fees, then they are to be included, regardless of ability.

Athletes are encouraged to participate in four events, or less, at a day's competition for reasons of managing fatigue and progressive development.

As a committee, we are to provide opportunities for all athletes, of all abilities, to perform at their best, whatever level that is.

By incorporating elements of the Maori Health Models, Te Whare Tapa Wha and Te Wheke. The IP's team management wishes to recognise the many elements that make up the overall hauora of the individuals within the team. With providing a team event before the Waikato Bay of Plenty regional elite event, the Porritt Classic, we recognise the importance of the social element of IP's. The athletes can see the team as whanau that supports the emotional and mental wellbeing by being positive and uplifting for all. This can be through manakiitanga, how we make our athlete, and their whanau feel welcome at events. This can also be through the use of the team app, mail chimp, or another platform to keep them updated and informed.

We endeavour to work collaboratively with athletes and schools to support their overall wellbeing and balance.



The concept of Te Wheke, the octopus, is to define family health. The head of the octopus represents te whānau, the eyes of the octopus as waiora (total wellbeing for the individual and family) and each of the eight tentacles representing a specific dimension of health. The dimensions are interwoven and this represents the close relationship of the tentacles.

Te whānau – the family

Waiora – total wellbeing for the individual and family

Wairuatanga – spirituality

Hinengaro – the mind

Taha tinana – physical wellbeing

Whanaungatanga - extended family

Mauri – life force in people and objects

Mana ake – unique identity of individuals and family

Hā a koro ma, a kui ma – breath of life from forebearers

Whatumanawa – the open and healthy expression of emotion



Shirts

Each year a competition shirt is provided. The design is to reflect the year and competition.

Athletes have shown an interest in collaborating on the T-Shirt Design. Ideally, we will invite athletes to enter their designs and have them returned by October 30th, for the following seasons competition. From there we will create a Waikato Bay of Plenty IP's shirt for the new seasons' competition.

Please note there is no prize or monetary payment if the athlete's design is selected.

Shirts will be handed out, upon payment at the start of the IP's season in January.

Representation Pins

Each athlete, upon payment of IP's fees, will receive a memento pin for representing Waikato Bay of Plenty in the Inter Provincial team for 2024.

Awards – Merit and Excellences

<p>U18 Excellence = 1000 points Merit awards 800 points,</p>	<p>U16 Excellence = 800 points. Merit awards = 650 points,</p>
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Sponsors

To assist us with team costs, prizes, and the Waikato Secondary Schools event before the Porritt Classic, we are looking for sponsors. This can be in for form of sponsoring an event, supplying prizes or a monetary contribution to go towards certificates and prizes.

IPs Competition Fees

\$45 (approximately (TBC) as in 2022 it was \$35, \$40 in 2023. We wish to retain athletes while covering costs without some dropping off due to a large increase. The majority of the IPs Competition fees are associated to shirt costs.

2024 Inter-Provincials Competitions

The IPs competitions have changed since 2020, following Covid. Instead of the traditional weekend away competition, we run the results from any competition that is housed within NZ and from the Australian meets. Any competition that is an accredited event with published results (generally all local Hamilton and Tauranga Open meets are included in this).

Results can start to be recorded from the 1st January 2024, with the Twilight meet in Tauranga and carry forward from there. The competition will conclude after the North and South Island Secondary Schools competitions. In 2023 we also included the Australian Nationals for those competing.

A draft competition calendar has been provided below, with highlights for the main featured Athletics New Zealand events.

In 2024 we are looking to run a secondary schools competition which will be hosted in the morning of the Hamilton Porritt Classic event. This is an opportunity to test yourself prior to the local school's championships and zones or regional school's competitions. Information on this event is provided below. If more information is required, the IPs committee can assist.

Both the Auckland and Counties regions will be providing an opportunity for an away meet to compete against their IPs team. We will be encouraging athletes to try to get to these meets. Networking will be provided to allow shared transport to be coordinated.

GOOD SPORTS SPINE

The Good Sports Spine is a tool to help parents, coaches, teachers and sport administrators understand how they impact children's sport experiences. The two different 'climates' should be seen as opposite ends of a continuum. To support children to have positive sporting experiences, adults should aim to always fall under the Climate of Development.



The above image is referenced from the following website:
<https://balanceisbetter.org.nz/making-sense-of-youth-sport/>

Regional and National Statements:

Athletics Waikato Bay of Plenty:

Vision: Greater athletics participation in an enjoyable and sustainable environment

Purpose: To lead the development and coordination of athletics across the Waikato Bay of Plenty region, delivering quality and innovative coaching, officiating, and event management to allow athletes and clubs to thrive.

Athletics New Zealand:

Our Purpose - We exist to activate and empower our community to provide great athletics experiences. We do this so every Kiwi has the opportunity to grow and thrive through athletics.

2023 / 2024 Athletics Season:

Please check the programme to ensure the event/s you wish to compete in are featured. For updates, please check <https://athleticswaikatobayofplenty.org.nz/>

Link for the AWBOP Summer Handbook - <https://athleticswaikatobayofplenty.org.nz/wp-content/uploads/2023/09/2023-2024-Summer-Handbook-1.pdf>

It is important to note that each race has conditions to enter. Entries to most competitions are several days prior to the events (WBOP by Thursday evenings, Auckland by Wednesday evenings). Regional and National Championship entries are due several weeks prior.

Date	Event	Venue	Results
Oct			
7-10th	Matamata Athletic Club 100 Year Celebration	Matamata	
14th October	Auckland 10,000m Championships/ AWBOP 10,000m Championships	Mt Smart Stadium Auckland 6 - 9pm	Track Field
21 st October	Aotearoa Relays Festival	Tauranga Domain 2pm - 5pm	
28 th October	Open Meeting	Tauranga Domain 3 - 6pm	Track Field
Nov			
4th November	Open Meeting	Tauranga Domain 3 – 5.30pm	Track Field
11 th November	Open Meeting	Auckland – Mt Smart	Track Field
18 th November	Open Meeting	Tauranga Domain 3- 5.30pm	Track Field
25 th November	Open Meeting	Tauranga Domain 3 – 5.30pm	Track Field
26 th November	Sam Johnson Memorial Throws Meet	Tauranga Domain	Track Field
Dec			
2 December	AWBOP Children's Relay Championships	Tauranga	Track Field

2 nd Dec	Open Meeting	Tauranga Domain 5.30 - 8pm	Track Field
8-9-10 th Dec	NZ Sec Schools Track and Field Champs	Christchurch	Track Field
16 Dec	Night of 5's	AUT Millennium Stadium North Shore 3.30pm - 10.30pm	Track Field
January 2024			
2nd January	Tauranga Twilight (Prize Money Event) Incl WBOP 3,000m Centre Champs*	Tauranga Domain	Track Field
5 to 7 th January	North Island Colgate Games	Auckland	Track Field
12 to 14 th January	South Island Colgate Games	Dunedin	Track Field
20 th January	Pott's Classic	Hastings	Track Field
21 st January	Open Meeting	Porritt	Track Field
27 th January	Cooks Classic	Whanganui	Track Field
27 th January	Open Meeting incl WBOP 3000m Steeplechase Champs*	Tauranga Domain	Track Field
February			
2 nd February	Capital Classic	Wellington	Track Field
3 rd February	Open Meet	Porritt	Track Field
3 rd February	SolaPower Throws Meet	Wellington	Track Field
10 th February	Porritt Classic Secondary Schools Event (waiting for approval)	Porritt	Track Field
10 th February	Porritt Classic	Porritt	Track Field
17-18 th February	WBOP Senior Championships	Porritt	Track Field
24 th February	Open Meet	Tauranga Domain	Track Field
March			
2 nd March	Open Meet	Porritt	Track Field
5 th March	WBOP Secondary Schools Central Zone Track & Field - Waikato Secondary School Sport (wsss.org.nz)	Porritt	Track Field
6 th March	WBOP Secondary Schools BOP Zone Secondary School Events (sportbop.co.nz)	Tauranga Domain	Track Field
7 th March	WBOP Secondary Schools King Country, Northwest and South Waikato Zone	Te Awamutu	Track Field

	Track & Field - Waikato Secondary School Sport (wsss.org.nz)		
9 th March	Open Meet	Porritt	Track Field
10 th March	Sir Graham Douglas Meet	Waitakere	Track Field
12 th March	WBOP Secondary Schools Thames Valley Zone Track & Field - Waikato Secondary School Sport (wsss.org.nz)	Paeroa	Track Field
14 – 17 th March	New Zealand Track and Field Champs	Wellington	Track Field
23rd March	AWBOP Children's Championships	Porritt	Track Field
26 th March	WBOP Secondary Schools Championships Track & Field - Waikato Secondary School Sport (wsss.org.nz)	Tauranga Domain	Track Field
April			
6-7 th April	North Island Secondary Schools Championships NZSSAA: Competitions of the New Zealand Secondary Schools Athletic Association	Palmerston North	Track Field
11-19 th April	Australian Athletic Champs Event	Adelaide	Track Field

NB: The Competition end date is yet to be set.

Supporting Documents:

- [Waikato Bay of Plenty Athlete Code](#)
- [Athletics New Zealand Code of Conduct](#)



The Waikato and Bay of Plenty Athletics organisation are introducing a new secondary school's event on the morning of and during our regional Permitted meet, the Porritt Classic. The meet will allow all local and out of region school athletes to have an opportunity to compete under a social racing environment prior to their school championships taking place.

The majority of events are to be run late morning, with feature events happening within the main event, including a relay.

Event Entry is expected to remain at \$5 per person per event as per the 2023 competition.

Draft Programme for the Pre-Event Years 9 - 13 / Schools.

11am – 1pm Expected time

TRACK: 100, 200, 800m, 200m Hurdles

FIELD: Long Jump, High Jump, Shot, Discus

We will be looking to have some fun events, such as Gumboot or tennis ball throw, or similar. These will be set nearer to the time.

We will be requesting Parent support for the morning event. Officials training can be provided prior to the event.

The Porritt Classic main program has traditionally hosted the following events for school and U18 / U20.

80 H, 100H, 110H, 300H, 1500m + possibly mixed 4 x 400 relay

Should an athlete meet or feel that they meet the main event qualifying standards, then they are encouraged to enter the main event. If you need more information, contact the IPs team management, as they are happy to help.

Need a coach or coaching support:

Should an athlete require the support of a coach or if their coach wishes for more support themselves. They are encouraged to contact the Regional Administrator (Phone: 021 194 0600 Email: administrator@athleticswbop.org.nz).

Need a Club:

Club	Contact	Uniform
Athletics Tauranga Inc.	Website	Uniform
Bellevue Athletics Club (Tauranga)	Website	Uniform
Cambridge Athletics and Harrier Club	Website	Uniform
Fairfield Athletics Club (Hamilton)	Website	Uniform
Frankton Athletic and Harrier Club	Website (Children) Website (Senior)	Uniform
Greerton Amateur Athletics Club (Tauranga)	Website	Uniform
Hamilton City Hawks Inc.	Website	Uniform (Track and Field) Uniform (winter)

Hinemoa Amateur Athletic Club (Hamilton)	Website	Uniform
Kawerau Athletics Club	Facebook	Uniform
Katikati Amateur Athletic Club	Website	Uniform
Lake City Athletic Club	Website	Uniform
Matamata Amateur Athletic Club	Website	Uniform
Mercury Bay Athletics Club	Website	Uniform
Morrinsville Amateur Athletic Club	Website	Uniform
Ngatea Athletic Club	Website	Uniform
Ohaupo Athletic Club	Website	Uniform
Omokoroa Athletic Club	Website	Uniform
Orini Athletic Club	Website	Uniform
Otorohanga Athletic Club	Website	Uniform
Paeroa Amateur Athletics Club	Website	Uniform
Papamoa Athletic Club	Website	Uniform
Putaruru Athletic and Harrier Club	Website	Uniform
Taumarunui Athletics Club	Website	Uniform
Taupo Athletic Club	Website	Uniform
Taupo Harrier Club Inc.	Website	Uniform
Te Aroha Athletics Club	Website	Uniform
Te Awamutu Athletic Club	Website	Uniform
Te Kuiti Athletic Club	Email	Uniform
Te Puke Athletic Club	Website	Uniform
Thames Athletics Club	Email	Uniform
Tokoroa Amateur Athletic and Harrier Club	Website	Uniform
Tokoroa Track and Field Club	Email	Uniform
Waihi Amateur Athletic Club	Website	Uniform
Whakatane Athletic and Harrier Club	Website	Uniform