



WAIKATO/BOP MASTERS ATHLETICS ASSOCIATION

Best Performances from Members of Waikato/Bay of Plenty

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Contact: Bruce Solomon

Email: bruce@play-time.co.nz

NZR = Official NZ Records

NZ = NZ National Champs

NI = North Island Champs

SI = South Island Champs

WR = World Record

W = Worlds

O = Oceania Champs

Aust = Australia Champs

SAMA = South Africa

WC = Waikato Champs

WM = Waikato/BOP Meeting

Reg = Regional meeting

TT = Twilight Tauranga

TD = Trophy Day

PC = Porritt Classic

NZCE = NZ Combined events

NZP = NZ Postal Champs

AWD = Athlete with Disability

RW/LD = Long Distance Race W:

AKL = Auckland

NC = Nothland Champs

NZMG = NZ Masters Games

Club = Club

2023 Best performances/Records

60m:

M30:	L Combie	8.04	2019 (NZ)	W30:	K Wells	8.36	2013 (NI)
M35:	M Pilcher	7.49	2012 (NZ)	W35:	M Taylor	10.0 h	2010 (WM)
M40:	M Foster	7.19	2018 (NZR)	W40:	J Lile	8.09	2012 (O)
M45:	M Foster	7.28	2022 (NZR)	W45:	P Hewitt	11.00h	1985 (Putaruru)
M50:	B Solomon	7.72	2015 (WM)	W50:	A Graham	9.68	2015 (NZ)
M55:	S Te Whaiti	7.89	2018 (NZ)	W55:	C Kerrison	11.26	2012 (NI)
M60:	B Solomon	8.37	2023 (NI)	W60:	S Gower	9.58	2012 (NZ)
M65:	T Watson	8.99	2020 (NI)	W65:	S Gower	9.66	2015 (NZR)
M70:	A Silvester	9.63	2012 (O)	W70:	S Gower	9.75	2019 (NZR)
M75:	S Foster	9.71	2012 (NI)	W75:	J Sherburn	12.23	2016 (WC)
M80:	S Foster	10.71	2018 (O)	W80:	M Petley	12.99	2012 (NZ)
M85:	J Jones	11.30	2019 (NZ)	W85:	M Petley	14.00	2015 (NZR)
M90:	E de Lautour	14.88	2011(WM)				
M95:	E de Lautour	17.84	2016(NZR)				

100m:

M30:	S Te Whaiti	11.50	2001 (TT)	W30:	T Assink	12.30	2007 (NI)
M35:	M Brooking	11.20h	1984 (NZ)	W35:	A Williams	13.10	1984 (NZ)
M40:	M Foster	11.40	2019 (WM)	W40:	J Lile	13.40	2013 (WC)
M45:	M Foster	11.48	2022 (NZR)	W45:	L Wana	14.20	1986 (NI)
M50:	S Te Whaiti	12.14	2015 (NZ)	W50:	S Gower	14.24	2002 (NZ)
M55:	A Hill	12.00	1982 (NZ)	W55:	S Gower	14.46	2006 (NZ)
M60:	S Burden	12.70	2020 (WM)	W60:	S Gower	15.19	2011 (W)
M65:	D Hilton	13.15	1989 (NI)	W65:	S Gower	15.47	2013 (WC)
M70:	G de Bell	14.70	1982 (NZ)	W70:	S Gower	16.00	2018 (NZ)
M75:	S Foster	15.23	2012 (NI)	W75:	J Sherburn	20.20	2016 (WC)
M80:	S Foster	17.70	2018 (O)	W80:	M Petley	20.05	2011(WM)
M85:	E de Lautour	20.05	2006 (O)	W85:	M Petley	22.43	2014 (NZR)
M90:	F Cox	21.30	2002 (NZR)				
M95:	E de Lautour	28.35	2015 (NZR)				

150m:

M40:	P Ranginui	18.74 h	2011 (WM)	W40:			
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M45:	B Solomon	17.50 h	2012 (club)	W45:			
M50:	B Solomon	17.49 h	2013 (club)	W50:			
M55:	S Burden	18.30 h	2014 (WM)	W55:			
M60:				W60:	S Gower	22.86 h	2011 (WM)
M70:	S Foster	23.10 h	2011 (WM)	W70:	J Sherburn	29.20 h	2011 (WM)
M75:	L Williams	27.10 h	2011 (WM)	W75:			
M80:	H Mein	32.20 h	2014 (WM)	W80:	M Petley	32.60 h	2011 (WM)
M85:				W85:	M Petley	37.09 h	2015 (WM)
M90:	E de Lautour	36.90 h	2012 (club)				

200m:

M30:	L Crombie	27.02	2019 (NZ)	W30:	T Assink	25.50	2007 (NI)
M35:	M Brooking	23.00	1984 (NZ)	W35:	A Williams	27.76	1983 (NZ)
M40:	M Foster	23.60	2019 (WM)	W40:	J Lile	27.54	2014 (PC)
M45:	P Daborn	24.82	2012 (NI)	W45:	S Waru	29.99	1995 (WC)
M50:	B Solomon	24.24	2013 (Aust)	W50:	S Gower	26.06	2001(W)
M55:	A Hill	24.90	1980 (NZ)	W55:	S Gower	29.99	2004 (NI)
M60:	F Copeman	26.74	1987 ()	W60:	S Gower	31.19	2010 (NZ)
M65:	F Copeman	27.84	1991 (O)	W65:	S Gower	32.23	2016 (W)
M70:	S Foster	30.53	2008 (O)	W70:	S Gower	33.06	2019 (NZ)
M75:	S Foster	31.65	2012 (NI)	W75:	M Petley	43.03	2004 ()
M80:	H Mein	36.30	2010 ()	W80:	M Petley	46.18	2010 (NZ)
M85:	J Jones	39.67	2020 (NZR)	W85:	M Petley	52.21	2015 (NZR)
M90:	E de Lautour	50.07	2012 (NI)				
M95:	E de Lautour	59.95	2015 (NZR)				

300m:

M35:	R Otto	50.80 h	2006 (SI)	W35:			
M40:	P Ranginui	44.50 h	2011 (WM)	W40:	J Lile	67.20 h	2011(WM)
M45:	B Solomon	40.60 h	2012 (club)	W45:	P Creighton	48.30 h	2012 (club)
M50:	B Solomon	38.00 h	2016 (club)	W50:			
M55:	S Burden	43.80 h	2014 (WM)	W55:			
M60:	M Clarkson	52.10 h	2011 (WM)	W60:	S Gower	58.40 h	2011(WM)
M70:	S Foster	58.50 h	2011 (WM)	W70:			
M80:	H Mein	90.70 h	2014 (WM)	W80:	M Petley	98.80 h	2011(WM)

400m:

M30:	N Gregg	61.52	2012 (O)	W30:	T Assink	59.89	2008 (NI)
M35:	M Brooking	52.09	1984 (NZ)	W35:	J Maxwell	63.40	1984 (NZ)
M40:	K Philpot	53.95	2009 (NZ)	W40:	P Creighton	59.84	2012 (O)
M45:	I Rattray	55.03	2023 (WM)	W45:	J Chandler	1:05.95	1986 (NZ)
M50:	B Solomon	55.35	2013 (Aust)	W50:	S Gower	1:06.65	2002 (NZ)
M55:	A Hill	56.60	1980 (NZ)	W55:	S Gower	1:07.55	2003 (NZ)
M60:	S Foster	1:01.92	1997 (NZ)	W60:	S Gower	1:13.01	2007 (W)
M65:	R McGregor	1:09.44	2006 (NZ)	W65:	A Acott	1:20.20	1994 (WC)
M70:	A Silvester	1:08.30	2012 (O)	W70:	S Gower	1:17.76	2018 (NZR)
M75:	E de Lautour	1:16.47	1997 (WC)	W75:	M Petley	1:43.40	2005 (W)
M80:	E de Lautour	1:23.77	2002 (NZ)	W80:	M Petley	1:31.10	2009 (NZR)
M85:	E de Lautour	1:29.82	2006 (NZR)				
M90:	E de Lautour	2:14.66	2012 (NZR)				

Relays:

4 x 100m	WBOP "A"	51.27	2014 (NZ) - (W42 J Lile, W32 K Wells, M50 P Daborn, M51 B Solomon)
4 x 100m	WBOP "A"	53.83	2014 (NZ) - (W42 J Lile, M55 S Burden, M65 S Gower, M51 B Solomon)

600m:

M40:	P Ranginui	1.50.00	2011 (WM)	W35:	C Browne	1:59.80	2008 (club)
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M45:	I Rattray	1.33.08	2021 (club)	W40:	P Creighton	1:52.60	2008 (club)
M50:	B Solomon	1.43.00	2013 (club)	W45:	Y Jarvis	2:30.50	2008 (club)
M55:	G Smith	1.53.60	2008 (club)				
M60:	M Clarkson	1.51.20	2008 (club)				
M70:	S Pavett	2.26.40	2008 (club)				
M80:	H Mein	3.28.10	2014 (club)				

800m:

M30:	W Doney jnr	2.12.04	2016 (NI)	W30:	R Winter	2.29.20	1980 (NZ)
M35:	W Doney snr	2.03.20	1992 (NI)	W35:	P Kenny	2.15.00	1983 (W)
M40:	M Clarkson	2.01.90	1992 (NZ)	W40:	J Chandler	2.20.30	1979 (W)
M45:	M Clarkson	2.04.30	1993 (NZ)	W45:	S Gibbs	2.19.72	2010 (NZR)
M50:	M Clarkson	2.06.26	1997 (NZ)	W50:	S Gibbs	2.30.13	1989 (W)
M55:	D Hilton	2.05.00	1990 (WC)	W55:	S Gibbs	2:39.15	2020 (NI)
M60:	M Clarkson	2.24.55	2007 (W)	W60:	M Petley	3.00.05	1991 (W)
M65:	M Clarkson	2.43.50	2013 (NZ)	W65:	M Petley	3.10.01	1997 (W)
M70:	E de Lautour	2.51.70	1994 (NI)	W70:	A Acott	3.34.20	1998 (NI)
M75:	E de Lautour	2.54.80	1997 (WC)	W75:	M Petley	4.15.50	2005 (W)
M80:	E de Lautour	3.13.16	2001 (NZR)	W80:	M Petley	4.37.68	2009 (NZ)
M85:	E de Lautour	3.36.30	2007 (NZR)				
M90:	E de Lautour	5.41.21	2012 (NZR)				
M95:	E de Lautour	6.29.56	2015 (NZR)				

1500m:

M30:	W Doney jnr	4.35.30	2016 (NI)	W30:	R Winter	4.58.0	1980 (NZ)
M35:	W Doney snr	4.14.05	1993 (NZ)	W35:	D Brown	4.51.87	1986 (NZ)
M40:	D Litt	4.06.30	1992 (NZ)	W40:	J Chandler	4.58.1	1979 (W)
M45:	D Litt	4.15.20	1993 (WC)	W45:	S Gibbs	4.42.89	2011 (NZ)
M50:	M Clarkson	4.26.80	2000 (NZ)	W50:	S Gibbs	4.45.94	2015 (NZR)
M55:	T Ogilvie	4.31.62	2004 (NZ)	W55:	S Gibbs	4.54.96	2018 (NZR)
M60:	T Ogilvie	4.47.36	2009 (NZ)	W60:	P Hewitt	6.13.5	1996 ()
M65:	G Adams	5.24.91	2015 (WC)	W65:	P Hewitt	6.50.87	2001 (W)
M70:	E de Lautour	5.57.70	1992 (NZ)	W70:	A Jones	7.15.80	2008 (O)
M75:	E de Lautour	5.56.79	1997 (NZ)	W75:	P Hewitt	8.27.53	2012 (NI)
M80:	E de Lautour	6.38.86	2001 (NZR)				
M85:	E de Lautour	7.03.40	2006 (NZR)				
M90:	E de Lautour	11.37.80	2012 (NZR)				
M95:	E de Lautour	14.06.88	2015 (NZR)				

One Mile:

M35:	B Magill	5.03.20	2001 (TT)	W35:			
M40:	R Lake	5.57.17	2014 (club)	W40:			
M45:	I Bitcheno	5.52.40	2015 (club)	W45:	S Gibbs	5.02.40	2012 (club)
M50:	M Cornaga	5.19.80	2021 (NZMG)	W50:	S Gibbs	5.15.88	2014 (club)
M55:	G Smith	6.09.24	2013 (club)	W55:			
M60:	G Smith	5.54.30	2015 (club)	W60:	R Winter	8.43.18	2013 (club)
M65:	G Smith	6.08.70	2019 (club)	W65:			
M70:	H Mein	7.30.09		W70:			
M75:	S Pavett	8.20.63	2013 (club)	W75:			
M80:	S Pavett	8.42.24	2014 (club)				

3000m:

M30:	W Doney	10.38.73	2016 (NI)	W30:	L McPhilips	9.34.43	2000 (WC)
M35:	I Macdonald	9.38.00	2021 (TT)	W35:	V Robinson	10.31.60	1976 (NZ)
M40:	C Earwaker	8.47.70	1998 (WC)	W40:	S Crowley	10.43.44	2014 (TT)
M45:	J Cameron	9.39.96	2018 (NZ)	W45:	S Gibbs	9.55.06	2012 (NI)
M50:	B Hussain	9.49.97	2015 (TT)	W50:	S Gibbs	9.54.83	2015 (NZR)
M55:	T Ogilvie	10.05.00	2007 (NI)	W55:	S Gibbs	10:20.55	2019 (NZR)
M60:	B Edwards	11.18.00	2023 (TT)	W60:	P Hewitt	12.52.20	1996 ()

M65:	G Adams	11.50.95	2015 (WC)	W65:	A Jones	15.08.00	2007 (NI)
M70:	G Adams	13:03.60	2020 (NI)	W70:	F Riley	22.55.33	2012 (NI)
M75:	S Pavett	15.19.95	2012 (club)				
M80:	E de Lautour	15.06.14	2002 (SI)				
M85:	E de Lautour	17.17.58	2007 (NZR)				

5000m:

				W30:	R Winter	18.50.20	1980 ()
M35:	P Ritchie	15.20.59	1996 ()	W35:	D Brown	18.23.39	1986 (NZ)
M40:	C Earwaker	14.15.60	1998 ()	W40:	R MacLough	18.30.10	1985 (W)
M45:	D Litt	15.21.50	1997 (WC)	W45:	S Gibbs	16.44.53	2012 (NZR)
M50:	J Daly	16.29.30	1976 (NZ)	W50:	S Gibbs	17.24.54	2015 (NZR)
M55:	T Ogilvie	16.47.56	2006 (O)	W55:	S Gibbs	17:45.52	2018 (NZR)
M60:	T Ogilvie	17.36.04	2009 (NZ)	W60:	S Waru	23.26.57	2009 (W)
M65:	G Smith	20.12.00	2019 (WM)	W65:	P Hewitt	24.09.22	2001 (W)
M70:	S Pavett	21.00.35	2004 (NZ)	W70:	A Jones	26.01.84	2008 (O)
M75:	E de Lautour	21.54.30	1996 (NI)				
M80:	E de Lautour	24.05.14	2001 (NZR)				
M85:	E de Lautour	26.18.47	2007 (NZR)				

10,000m:

M30:	G McMillan	41.49.19	2006 (NZ)	W30:	L Sharp	35.27.15	2004 (NZ)
M35:	D Larsen	32.18.43	1996 (NZ)	W35:	R Winter	40.14.00	1987 (NZ)
M40:	D Litt	32.45.82	1996 (NZ)	W40:	S Waru	38.58.00	1991 (WC)
M45:	N Fleming	34.22.00	1983 (NZ)	W45:	S Gibbs	34.45.21	2012 (NZR)
M50:	R Jones	34.48.25	1986 (NZ)	W50:	S Gibbs	35.38.51	2014 (NZR)
M55:	G Moller	37.38.0	1981 (W)	W55:	S Gibbs	36:46.96	2019 (WR)
M60:	G Smith	40.21.11	2015 (club)	W60:	P Hewitt	47.24.20	1997 ()
M65:	R McPherson	43.59.83	2009 (NZ)	W65:	J McRae	56.51.00	1991 (W)
M70:	S Pavett	42.30.86	2004 (NZ)	W70:	J Fleming	57.04.82	2011 (W)
M75:	E de Lautour	45.43.45	1996 (NZ)				
M80:	E de Lautour	50.14.77	2001 (NZR)				
M85:	E de Lautour	58.01.26	2007 (NZR)				

Short Hurdles 100m

Short Hurdles 200 - 80m

M35: 110H	S Te Whaiti	17.95	2002 (NZ)	W30:	T Genge	14.95	1991 (NZ)
M40: 110H	R Fletcher	16.33	1986 (NZ)	W35:	A Williams	17.54	1983(NZ)
M45: 110H	P Daborn	18.71	2012 (NR)	W40:	S Graham	17.40	2002 (WC)
M50: 100H	P Daborn	16.65	2016 (NZ)	W45:			
M55: 100H	P Daborn	17.78	2020 (NI)	W50:	M Clarke	19.40	1991 (NI)
M60: 100H	S Foster	17.30 h	1998 (NZR)				
M65: 100H	S Foster	20.03	2003 (NZ)				
M70: 80H	H Mein	23.03	2001 ()				
M75: 80H	S Foster	18.22	2012 (NI)				

Long Hurdles 400 - 300m

Long Hurdles 400 - 300m

M35: 400H	J Edwin	64.79	1983 ()	W35 400H	A Harris	75.50	1996 ()
M40: 400H	P Daborn	60.03	2008 (NI)	W40 400H:			
M45: 400H	B Carswell	1:03.84	2007 (W)	W45 400H	A Graham	86.10	2009 (NZ)
M50: 400H	P Daborn	1:03.28	2017 (NZ)	W50 300H	A Graham	61.20	2012 (O)
M55: 400H	P Daborn	1:10.80	2020 (NI)				
M60: 300H	S Foster	48.75	1997 (NZ)				
M65: 300H	S Foster	55.00	2003 (NZ)				
M70: 300H	S Foster	55.52	2008 (NZ)				
M75: 300H	S Foster	61.26	2014 (NZR)				

M80: 200H	S Foster	49.80	2018 (NZR)
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Steeple 3000-2000m: 0.914m

Steeple 2000m: 0.762m

M35: 3000m	W Doney	10.42.00	1992 (O)	W35:	K Paulger	7.57.55	2001 (NZ)
M40: 3000m	C Earwaker	10.02.61	2001 (W)	W40:	T McRoy	8.28.70	1991 (NZ)
M45: 3000m	C Mumby	10.46.69	2023 (PC)	W45:	F Riley	8.32.47	1988 (NZ)
M50: 3000m	R Jones	11.14.01	1986 (NZ)				
M55: 3000m	T Ogilvie	10.48.53	2006 (O)	W55:	T McRoy	9.37.12	2006 (O)
M60: 2000m	G Smith	8.20.75	2016 (WM)	W60:	F Riley	10.59.91	2006 (O)
M65: 2000m	T Ogilvie	7.18.84	2009 (NZ)	W65:	T McRoy	10.41.83	2012 (NZ)
M70: 2000m	H Mein	9.10.31	2001 (W)				
M75: 2000m	H Mein	9.57.89	2006 (NZ)				

2000m Track Walk

1500m Track Walk

M40:	A Northcote	12.25.00	1981(WM)	M40:	M Bitcheno	15:47.0	2018(Perth)
M45:	R Longshaw	13.20.00	1981 (WM)	2000m Track Walk			
M50:	T Guy	12.18.00	1981(WM)	W35:	B Savage	14.15.70	1981 (WM)
M55:	F Copeman	12.18.00	1981(WM)				

3,000m Track Walk

M35:	L McPhillips	13.08.87	2001(NZ)	W30:	T Mason	22.58.80	1998 (NI)
M40:	T Lamason	15.49.50	1986 (NI)	W35:	B Savage	21.28.00	1983 (NZ)
M45:	T Fulcher	16.18.70	1984 (NZ)	W40:			
M50:	T Guy	17.04.60	1984 (NZ)	W45:	L Foster	15.13.51	1990 ()
M55:	T Guy	17.02.80	1986 (NI)	W50:	L Foster	16.19.30	1992 (NZ)
M60:	T Guy	17.30.80	1989 (NI)	W55:	L Foster	17.34.50	1996 (NZ)
M65:	T Guy	19.08.20	1996 ()	W60:	L Foster	19.06.77	2002 (SI)
M70:	T Hamilton	20.22.70	1983 (NZ)	W65:	K Kenneth-Low	20.09.20	1983 (NZ)
M75:	G Powley	22.23.94	2004 (NZ)	W70:	K Kenneth-Low	21.04.71	1986 (NZ)
M80:	F Cox	23:19.30	1992 (NZ)	W75:	E Guy	25.57.31	2009 (NZ)

5,000m Track Walk

M35:	L McPhillips	24.46.00		W:40			
M45:	M Taylor	27.08.48	2001 ()	W45:	L Foster	28.29.62	1989 ()
M50:	M Gray	30.45.00	2013 (Ackl)	W50:	L Foster	27.22.90	1991 (NZ)
M55:	M Gray	30.31.45	2016 (WC)	W55:	L Foster	31.17.72	1998 (NZ)
M60:	T Guy	29.43.00	1990 (O)	W60:	T Large	34.05.66	2018 (NZ)
M65:	T Guy	32.15.02	1995 (WC)	W65:	L Foster	35.46.91	2006 (O)
M70:	T Guy	35.45.69	2004 (WC)	W70:	K Kenneth-Low	34.38.10	1985 (NZ)
M75:	T Guy	38.46.65	2009 (WC)	W75:	D Jones	35:30.14	2019 (NZR)

10km Track Walk

M55:	M Gray	1.08.49	2015 (NI)				
				W75:	D Jones	1:15:02.85	2019 (NZR)

10km Road Walk

M35:	L McPhillips	47.57.0	2001(NZR)				
M40:	L McPhillips	54.47.0	2004 (NZ)	W45:	L Foster	58.44.00	1989
M45:	T Fulcher	58.25.5	1984 (NZ)	W50:	L Foster	57.16.00	1991 (NZR)
M50:	T Guy	63.31.1	1984 (NZ)	W55:	L Foster	1.03.14	1999
M55:	T Guy	58.47.0	1988 (NI)	W60:	L Foster	1.05.28	2002 (NZ)
M60:	T Guy	1.01.26	1992(NZ)	W65:	L Foster	1.12.16	2006 (O)
M65:	T Guy	1.01.42	1989 (NI)	W70:	K Kenneth-Lov	1.08.42	1987 (NZR)
M70:	T Hamilton	1.15.00	1982 (NZ)	W75:	E Guy	1.29.60	2009 (NZ)
M75:	T Guy	1.22.10	2009 (NZ)				
M80:	E de Lautour	1.57.33	2004 (NZ)				

20km Road Walk

M35:	D Cameron	1.52.02.0	2001 (NZ)	W50:	L Foster	2.01.37	1992 (NZ)
	R Smyth	2.03.41	2009 (RW/LD)	W55:	L Foster	2.15.12	1996 (NZ)

30km Road Walk

M40:	L McPhillips	2.59.32	2004 (NZR)
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Long Jump

M30:	V Smith	5.59	2012 (O)	W30:	T Genge	5.30	1990 (NZ)
M35:	S Te Whaiti	6.02	2000 (WC)	W35:	A Williams	5.31	1984 (NZ)
M40:	M Gaukrodger	6.08	1996 (NZ)	W40:	B Scott	4.46	1980 (NZ)
M45:	S Te Whaiti	5.49	2009 (NZ)	W45:	M Clarke	3.66	1988 (NZ)
M50:	S Burden	5.49	2012 (NZ)	W50:	B Windeatt	3.77	1992 (O)
M55:	S Burden	5.32	2017 (W)	W55:	B Windeatt	3.33	1995 (NI)
M60:	S Burden	5.11	2022 (NZR)	W60:	M Petley	3.45	1993 (NZ)
M65:	R McGregor	4.35	2007 (NI)	W65:	M Petley	3.31	1996 ()
M70:	H Mein	3.63	2001 (W)	W70:	M Petley	2.84	1999 (NZ)
M75:	H Mein	3.57	2006 (NZ)	W75:	J Sherburn	2.50	2016 (WC)
M80:	H Mein	3.13	2011 (NI)	W80:	J Sherburn	1.86	2022 (WC)
M85:	J Jones	2.43	2020 (NI)				
M90:	F Cox	1.30	2002 (NZ)				

Triple Jump:

M30:	W Doney jnr	10.14	2015 (WC)	W30:	N Buchanan	9.16	2001 (NZ)
M35:	W Doney	10.86	1992 (O)	W35:	T Genge	10.67	1993 (NZ)
M40:	R Fletcher	12.69	1985 (NZ)	W40:	L Lochhead	8.01	1996 (NZ)
M45:	R Fletcher	11.89	1987 (NZ)	W45:	I Hansen	7.76	1989 (NI)
M50:	S Burden	11.61	2011 (W)	W50:	B Turbott	7.72	1990 (NZ)
M55:	S Burden	11.40	2016 (W)	W55:	M Petley	6.64	1984?
M60:	S Burden	10.76	2019 (NZR)	W60:	M Petley	7.26	1989 ()
M65:	L Williams	8.88	2001 (NZ)	W65:	M Petley	7.22	1995 (W)
M70:	B Clarke	7.36	2009 (NZ)	W70:	M Petley	6.38	1999 (NZ)
M75:	L Williams	7.55	2008 (NZ)	W75:	M Petley	5.44	2004 (O)
M80:	L Williams	6.35	2015 (NI)	W80:	J Sherburn	4.52	2022 (WC)
M85:	H Mein	4.64	2016 (NI)				

High Jump:

M30:	W Doney jnr	1.75	2015 (WC)	W30:	T Genge	1.55	1991 ()
M35:	S Te Whaiti	1.70	2000 (NZ)	W35:	A Harris	1.50	1996 (NZ)
M40:	P Ranginui	1.78	2010 (NZ)	W40:	A Harris	1.30	2001 (WMA)
M45:	R Fletcher	1.71	1988 (NZ)	W45:	M Clarke	1.16	1986 (NI)
M50:	S Te Whaiti	1.55	2017 (NZ)	W50:	M Clarke	1.16	1990 (NZ)
M55:	S Te Whaiti	1.46	2018 (NZCE)	W55:	B Turbott	1.15	1993 (W)
M60:	R McGregor	1.40	2000 (NZ)	W60:	J Jacobs	1.03	1994 (NZ)
M65:	R McGregor	1.38	2006 (NZ)	W65:	J Jacobs	1.02	1996 (O)
M70:	R McGregor	1.15	2013 (NZ)	W75:	J Sherburn	0.85	2016(WM)
M75:	L Williams	1.00	2012 (O)				
M80:	H Mein	1.10	2011(WM)				
M85:	H Mein	0.93	2016 (NI)				
M90:	F Cox	0.71	2002 (NZ)				

Pole Vault:

M35:	D Rondon	3.20	1998 (NZ)
M40:	S Te Whaiti	3.00	2006 (NZ)

M45:	R Ball	3.60	1984 (NZ)
M50:	S Te Whaiti	3.70	2015 (NZ)
M55:	S Te Whaiti	3.00	2018 (NZCE)
M60:	R Ball	3.10	1996 (NZ)
M65:	R McGregor	2.20	2007 (NI)
M70:	R McGregor	2.00	2013 (NZ)
M80:	H Mein	2.00	2012 (O)

Shot Put:

M30:	P Martin (AWD)	8.09	2000 (NZ)	W30:	T Genge	11.81	1990 (O)
MPV	V Smith	11.55	2012 (O)				
M35:	R Otto	12.18	2006 (O)	W35:	C McCahill	13.90	2001 (NZR)
M40:	R Otto	11.86	2009 (WMG)	W40:	C McCahill	12.33	2009 (NZ)
M45:	R Otto	12.00	2012 (NZ)	W45:	C McCahill	11.82	2011 (NZR)
M50:	R Ball	11.99	1986 ()	W50:	T Hodges	10.78	2016 (Putaruru)
M55:	J van Zyl	12.35	2015 (NZ)	W55:	T Hodges	10.10	2021 (NZ)
M60:	R Ball	11.48	1996 (NZ)	W60:	B Savage	8.14	2009 (NI)
M65:	G Allingham	10.18	1980 (NZ)	W65:	B Savage	8.78	2013 (NZR)
M70:	P Crawford	12.10	2017 (NZR)	W70:	B Savage	7.90	2016 (WC)
M75:	P Crawford	10.29	2020 (NI)	W75:	B Savage	8.40	2021 (NZR)
M80:	*B Stannius	11.97	2009 (NZR)	W80:	J Sherburn	5.74	2022 (WC)
M85:	*B Stannius	10.27	2014 (NI)	W85:	P Purser	4.40	2010 (NZ)
M90:	F Cox	3.05	2002 (NZ)	W90:	P Purser	3.80	2014 (NZR)

Discus:

MPV	P Martin (AWD)	14.76	2000 (WC)				
M30:	V Smith	34.43	2012 (O)	W30:	B Savage	33.80	1979 ()
M35:	K Nelson	48.61	2017 (NZR)	W35:	D Strange	34.98	1992 (O)
M40:	R Otto	39.32	2009 (WMG)	W40:	C McCahill	36.67	2009 (NI)
M45:	R Ball	39.76	1984 (NZ)	W45:	C McCahill	35.34	2010 (NZ)
M50:	R Ball	44.84	1986 (NZ)	W50:	C McCahill	30.54	2000 (WC)
M55:	J van Zyl	39.83	2015 (NZ)	W55:	B Savage	29.45	2001 (NZ)
M60:	R Ball	48.66	1996 (NZR)	W60:	B Scott	21.32	1999 (NI)
M65:	R Ball	44.47	2001 (NZR)	W65:	B Savage	24.58	2012 (NZR)
M70:	R Ball	36.72	2006 (NZ)	W70:	B Savage	20.23	2016 (WC)
M75:	P Crawford	34.23	2019 (NZR)	W75:	A Parlane	21.55	2023 (NZR)
M80:	*B Stannius	27.42	2009 (NZ)	W80:	J Sherburn	12.62	2022 (WC)
M85:	*B Stannius	23.44	2014 (NI)	W85:	P Purser	11.28	2009 (NZR)
M90:	F Cox	7.22	2002 (NZ)	W90:	P Purser	8.86	2013 (NZ)

*NZMA Member non resident

Javelin:

MPV:	P Martin (AWD)	16.33	2000 (WC)				
M30:	D Couper	46.76	2012 (O)	W30:	D Hustler	27.08	1981 (NZ)
M35:	D Couper	48.50	2014 (WC)	W35:	T Genge	30.56	1993 (WC)
M40:	D Couper	46.72	2020 (NZCE)	W40:	C Browne	30.55	2009 (NZ)
M45:	S Te Whaiti	43.96	2010 (NZ)	W45:			
M50:	C Murch	46.28	2002 (NZ)	W50:	B Davis	24.53	2020 (NI)
M55:	R Ball	50.74	1991 (NZ)	W55:	T Hodges	21.33	2020 (NI)
M60:	R Ball	43.00	1996 ()	W60:	B Scott	16.37	1999(NI)
M65:	R Fletcher	29.86	2009 (NZ)	W65:	P McArthur	18.62	1992 (O)
M70:	P Crawford	31.83	2014 (NI)	W70:	P McArthur	16.46	1996 (O)
M75:	P Crawford	30.01	2019 (NZ)	W75:	P McArthur	15.91	2000 (WC)
M80	*B Stannius	30.59	2009 (NZ)	W80:	J Sherburn	12.26	2022 (WC)
M85:	* B Stannius	23.44	2014 (NI)	W85:	P Purser	9.04	2007 (NZR)
M90:	F Cox	7.57	2002 (NZ)	W90:	P Purser	7.77	2012 (NZR)

Hammer:

M30:	W Button	60.18	2020 (NZR)	W30:	M Taylor	21.71	2010 (NZ)
M35:	R Otto	40.15	2006 (SI)	W35:	C McCahill	45.43	2002 (NZ)
M40:	R Otto	43.85	2008 (WT)	W40:	C McCahill	42.73	2006 (NZR)

M45:	R Otto	39.33	2012 (O)	W45:	C McCahill	42.38	2011 (NZR)
M50:	K Bradley	42.19	1998 (O)	W50:	B Davis	39.18	2023 (NZR)
M55:	K Bradley	43.97	2002 (O)	W55:	B Savage	41.89	2001 (NZR)
M60:	K Bradley	46.74	2008 (O)	W60:	B Savage	34.81	2008 (NZR)
M65:	K Bradley	37.77	2009 (NZ)	W65:	B Savage	34.86	2012 (NZR)
M70:	K Bradley	37.50	2016 (WC)	W70:	B Savage	29.27	2016 (NZR)
M75:	*B Stannius	28.46	2004 (NZ)	W75:	B Savage	31.99	2021 (NZR)
M80:	*B Stannius	35.64	2009 (NR)	W80:	M Petley	17.01	2012 (WM)
M85:	H Mein	15.31	2015 (NI)	W85:	M Petley	16.80	2015 (NZ)
M90:	F Cox	7.64	2002 (NZ)	W90:	M Petley	13.01	2019 (NZR)

Weight Throw:

M30:	V Smith	13.09	2012 (WM)	W30:	V Temo	9.25	2013 (WC)
M35:	R Otto	14.10	2006 (NZ)	W35:	C McCahill	16.67	2002 (NZR)
M40:	R Otto	13.84	2007 (NZ)	W40:	C McCahill	15.19	2006 (NZR)
M45:	R Otto	13.46	2012 (O)	W45:	C McCahill	14.40	2011(NZR)
M50:	K Bradley	13.10	2000(NZ)	W50:	B Davis	14.43	2021 (NZR)
M55:	J van Zyl	14.67	2015 (NZ)	W55:	T Hodges	12.59	2020 (NZR)
M60:	K Bradley	17.45	2006 (NZR)	W60:	B Savage	13.34	2008 (NZR)
M65:	K Bradley	16.44	2009 (NZ)	W65:	B Savage	12.38	2011 (NZR)
M70:	K Bradley	16.36	2015 (WC)	W70:	B Savage	11.46	2016 (NZR)
M75:	B Clarke	10.38	2014 (WC)	W75:	B Savage	12.50	2021 (NZR)
M80:	*B Stannius	14.66	2009 (NZ)	W80:	M Petley	8.94	2012 (NZ)
M85:	*B Stannius	10.45	2014 (NI)	W85:	M Petley	7.33	2015 (NZR)
				W90:	P Purser	4.60	2013 (NZR)

Throws Pentathlon (Weight Pentathlon)

M30:	V Smith	2631 pts	2012 (NZR)	W30:	V Temo	1798 pts	2013 (WC)
M35:	R Otto	2854 pts	2006 (O)	W35:	C McCahill	3884 pts	2002 (NZ)
M40:	D Couper	2735 pts	2017 (NZR)	W40:	C McCahill	3948 pts	2008 (NZ)
M45:	R Otto	3143 pts	2012 (O)	W45:	C McCahill	3706 pts	2010 (NZR)
M50:	W Sinclair	3109 pts	1996 (NZ)	W50:	T Hodges	3195 pts	2017 (NZ)
M55:	J van Zyl	3525 pts	2015 (NZ)	W55:	T Hodges	3130 pts	2020 (NZ)
M60:	K Bradley	3308 pts	2004 (NZ)	W60:	B McLeod	2218 pts	2009 (NZ)
M65:	K Bradley	3470 pts	2009 (NZ)	W65:	B Savage	3449 pts	2015 (NZR)
M70:	K Bradley	2580 pts	2008 (NZ)	W70:	A Parlane	3018 pts	2020 (NI)
M75:	R Laurie	2630 pts	2010 (NZ)	W75:	A Parlane	3609 pts	2023 (NI)
M80:	H Mein	1977 pts	2012 (O)	W80:	P Purser	2958 pts	2004 (NZ)
M85:	H Mein	1985 pts	2015 (NI)	W85:	P Purser	2232 pts	2012 (NZ)
				W90:	P Purser	2812 pts	2013 (NZR)

Pentathlon:

M30:	L Crombie	1717 pts	2019 (NZ)	W30:			
M35:				W35:			
M40:				W40:			
M45:	S Te Whaiti	2734 pts	2012 (NZ)	W45:			
M50:	B Solomon	3030 pts	2013 (NZ)	W50:			
M55:	S Te Whaiti	3262 pts	2018 (NZR)	W55:			

M60:	B Solomon	2707 pts	2023 (NZR)	W60:			
M65:				W65:			
M70:	B Clarke	1949 pts	2010 (NZ)	W70:	J Sherburn	2790 pts	2012 (NZ)
M80:	H Mein	2676 pts	2010 (WC)	W75:	J Sherburn	tbc pts	2016 (WC)
M85:	H Mein	1220 pts	2016 (NZR)				
M90:							

Decathlon:

M35:			
M40:	P Ranginui	4854 pts	2014 (NZ)
M45:			
M50:	S Te Whaiti	6504 pts	2014 (NZCE)
M55:	S Te Whaiti	6677 pts	2018 (NZ)
M60:	B Solomon	5047 pts	2023 (SAMA)
M65:			
M70:			
M75:			

Due to age factors and implement specification changes (since May 2010), Pentathlon, Decathlon and Heptathlon event records have been archived.

Indoor Championships				2023 Best performances/Records			
50M				* 2020, 21 & 22 Indoor Champs cancelled			
M40:	Rob Lyle	7.09	2016 (AKL)	W40	M Bitcheno	12.24	2017 (AKL)
M50:	S Te Whaiti	6.79	2018 (NZR)	W50	T Hodges	8.83	2018 (AKL)
M55:	B Solomon	6.96	2018 (NZR)	W70	S Gower	8.42	2018 (NZR)
60M							
M50:	S Te Whaiti	8.05	2017 (NZR)	W70	S Gower	9.86	2019 (NZR)
				W90	M Petley	15.82	2019 (NZR)
1500M				200M			
M45:	J Cameron	04:25.4	2017 (NZR)	W70	S Gower	34.13	2019 (NZR)
3000M				W90	M Petley	01:03.52	2019 (NZR)
M45:	J Cameron	09:37.9	2017 (NZR)	400M			
				W70	S Gower	01:22.60	2019 (NZR)
Short Hurdles 50m							
M50:	S Te Whaiti	8.82	2018 (NZR)				
M55:	S Te Whaiti	9.17	2019 (NZR)				
Short Hurdles 60m							
M50:	S Te Whaiti	10.61	2017 (NZR)				
Long Jump							
M40:	Rob Lyle	4.37	2016 (AKL)				
M50:	S Te Whaiti	5.14	2017 (AKL)				
M55:	S Burden	5.11	2016 (NZR)				
Triple Jump							

M45:	A Jack	9.02	2019 (NZR)				
M50:	S Te Whaiti	9.82	2017 (AKL)				
M55:	S Burden	10.80	2016 (NZR)				
M60:	S Burden	10.25	2019 (NZR)				
High Jump							
M40:	Rob Lyle	1.50	2016 (AKL)				
M50:	S Te Whaiti	1.55	2016 (NZR)				
M55:	S Te Whaiti	1.50	2019 (NZR)				
Pole Vault							
M55:	B Solomon	1.70	2018 (AKL)				
Shot Put							
M40:	D Couper	10.46	2018 (AKL)	W40:	M Bitcheno	7.18	2018 (AKL)
M50:	S Te Whaiti	10.84	2016 (AKL)	W45:	B Davis	10.04	2018 (NZR)
M55:	B Solomon	10.92	2018 (NZR)				
M70:	P Crawford	11.22	2016 (NZR)	W50:	T Hodges	11.23	2018 (NZR)
M75:	P Crawford	9.68	2019 (NZR)				
Weight Throw							
				W90:	M Petley	5.69	2019 (NZR)
Pentathlon							
M50:	S Te Whaiti	2921	2017 (NZR)				

Stephen Te Whaiti



Fred Copeman



Stu Foster



Sheryl Gower



Julia Lile





Bruce Solomon



Murray Clarkson



Eric de Lautour



Judy Chandler



Rene Otto



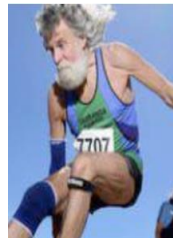
Christine McCahill



Tania Hodges



Marion Clarke



Rob Mc Gregor



Jill Sherburn



Peter Crawford.



Brenda Davis Will Doney Jr



Paul Daborn



Linda Reynolds

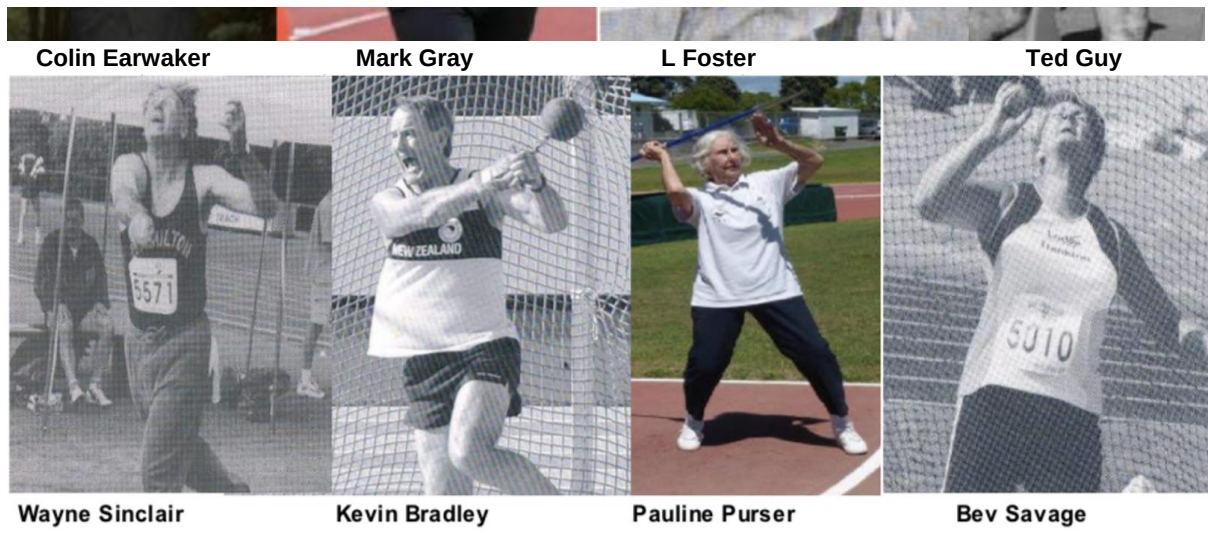


Hector Mein



Marcia Petley





Colin Earwaker

Mark Gray

L Foster

Ted Guy



Wayne Sinclair

Kevin Bradley

Pauline Purser

Bev Savage



Stephen Te Whaiti

Michelle Bitcheno

Bev Savage



Marcia Petley, Tania Hodges, Jill Sherburn, Joan Mayall & Sheryl Gower



Syd Pavett



Brendan Magill



Sally Gibbs



Frank Cox



Jim Daly



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WAIKATO/BOP MASTERS ATHLETICS ASSOCIATION

Best Performances from Members of Waikato/Bay of Plenty

Updated: 24 August 2022

Contact: Bruce Solomon

Email: bruce@sports-time.co.nz

NZR = Official NZ Records

NZ = NZ Champs

NI = North Island Champs

SI = South Island Champs

WR = World Record

W = Worlds

O = Oceania Champs

Aust = Australia Champs

WC = Waikato Champs

WM = Waikato/BOP Meeting

Reg = Regional meeting

TT = Twilight Tauranga

TD = Trophy Day

PC = Porritt Classic

NZCE = NZ Combined events

NZP = NZ Postal Champs

AWD = Athlete with Disability

RW/LD = Long Distance

AKL = Auckland

NC = Nothland Champs

NZMG = NZ Masters Club

Club = Club

2021/2 Best performances/Records

60m:

M30:	L Combie	8.04	2019 (NZ)	W30:	K Wells	8.36	2013 (NI)
M35:	M Pilcher	7.49	2012 (NZ)	W35:	M Taylor	10.0 h	2010 (WM)
M40:	M Foster	7.19	2018 (NZR)	W40:	J Lile	8.09	2012 (O)
M45:	S Te Whaiti	7.69	2012(NI)	W45:	P Hewitt	11.00h	1985 (Putaru)
M50:	B Solomon	7.72	2015 (WM)	W50:	A Graham	9.68	2015 (NZ)
M55:	S Te Whaiti	7.89	2018 (NZ)	W55:	C Kerrison	11.26	2012 (NI)
M60:	A Hill & S Burden	8.10h	1985(Put) &	W60:	S Gower	9.58	2012 (NZ)
M65:	T Watson	8.99	2020 (NI)	W65:	S Gower	9.66	2015 (NZR)
M70:	A Silvester	9.63	2012 (O)	W70:	S Gower	9.75	2019 (NZR)
M75:	S Foster	9.71	2012 (NI)	W75:	J Sherburn	12.23	2016 (WC)
M80:	S Foster	10.71	2018 (O)	W80:	M Petley	12.99	2012 (NZ)
M85:	J Jones	11.30	2019 (NZ)	W85:	M Petley	14.00	2015 (NZR)
M90:	E de Lautour	14.88	2011(WM)				

100m:

M30:	S Te Whaiti	11.50	2001 (TT)	W30:	T Assink	12.30	2007 (NI)
M35:	M Brooking	11.20h	1984 (NZ)	W35:	A Williams	13.10	1984 (NZ)
M40:	M Foster	11.40	2019 (WM)	W40:	J Lile	13.40	2013 (WC)
M45:	S TeWhaiti	11.95	2011 (NZ)	W45:	L Wana	14.20	1986 (NI)
M50:	S Te Whaiti	12.14	2015 (NZ)	W50:	S Gower	14.24	2002 (NZ)
M55:	A Hill	12.00	1982 (NZ)	W55:	S Gower	14.46	2006 (NZ)
M60:	S Burden	12.70	2020 (WM)	W60:	S Gower	15.19	2011 (W)
M65:	D Hilton	13.15	1989 (NI)	W65:	S Gower	15.47	2013 (WC)
M70:	G de Bell	14.70	1982 (NZ)	W70:	S Gower	16.00	2018 (NZ)
M75:	S Foster	15.23	2012 (NI)	W75:	J Sherburn	20.20	2016 (WC)

M80:	S Foster	17.70	2018 (O)	W80:	M Petley	20.05	2011(WM)
M85:	E de Lautour	20.05	2006 (O)	W85:	M Petley	22.43	2014 (NZR)
M90:	F Cox	21.30	2002 (NZR)				
M95:	E de Lautour	28.35	2015 (NZR)				

150m:

M40:	P Ranginui	18.74 h	2011 (WM)	W40:			
M45:	B Solomon	17.50 h	2012 (club)	W45:			
M50:	B Solomon	17.49 h	2013 (club)	W50:			
M55:	S Burden	18.30 h	2014 (WM)	W55:			
M60:				W60:	S Gower	22.86 h	2011 (WM)
M70:	S Foster	23.10 h	2011 (WM)	W70:	J Sherburn	29.20 h	2011 (WM)
M75:	L Williams	27.10 h	2011 (WM)	W75:			
M80:	H Mein	32.20 h	2014 (WM)	W80:	M Petley	32.60 h	2011 (WM)
M85:				W85:	M Petley	37.09 h	2015 (WM)
M90:	E de Lautour	36.90 h	2012 (club)				

200m:

M30:	L Crombie	27.02	2019 (NZ)	W30:	T Assink	25.50	2007 (NI)
M35:	M Brooking	23.00	1984 (NZ)	W35:	A Williams	27.76	1983 (NZ)
M40:	M Foster	23.60	2019 (WM)	W40:	J Lile	27.54	2014 (PC)
M45:	P Daborn	24.82	2012 (NI)	W45:	S Waru	29.99	1995 (WC)
M50:	B Solomon	24.24	2013 (Aust)	W50:	S Gower	26.06	2001(W)
M55:	A Hill	24.90	1980 (NZ)	W55:	S Gower	29.99	2004 (NI)
M60:	F Copeman	26.74	1987 ()	W60:	S Gower	31.19	2010 (NZ)
M65:	F Copeman	27.84	1991 (O)	W65:	S Gower	32.23	2016 (W)
M70:	S Foster	30.53	2008 (O)	W70:	S Gower	33.06	2019 (NZ)
M75:	S Foster	31.65	2012 (NI)	W75:	M Petley	43.03	2004 ()
M80:	H Mein	36.30	2010 ()	W80:	M Petley	46.18	2010 (NZ)
M85:	J Jones	39.67	2020 (NZR)	W85:	M Petley	52.21	2015 (NZR)
M90:	E de Lautour	50.07	2012 (NI)				
M95:	E de Lautour	59.95	2015 (NZR)				

300m:

M35:	R Otto	50.80 h	2006 (SI)	W35:			
M40:	P Ranginui	44.50 h	2011 (WM)	W40:	J Lile	67.20 h	2011(WM)
M45:	B Solomon	40.60 h	2012 (club)	W45:	P Creighton	48.30 h	2012 (club)
M50:	B Solomon	38.00 h	2016 (club)	W50:			
M55:	S Burden	43.80 h	2014 (WM)	W55:			
M60:	M Clarkson	52.10 h	2011 (WM)	W60:	S Gower	58.40 h	2011(WM)
M70:	S Foster	58.50 h	2011 (WM)	W70:			
M80:	H Mein	90.70 h	2014 (WM)	W80:	M Petley	98.80 h	2011(WM)

400m:

M30:	N Gregg	61.52	2012 (O)	W30:	T Assink	59.89	2008 (NI)
M35:	M Brooking	52.09	1984 (NZ)	W35:	J Maxwell	63.40	1984 (NZ)
M40:	K Philpot	53.95	2009 (NZ)	W40:	P Creighton	59.84	2012 (O)
M45:	M Clarkson	55.25	1993 (NZ)	W45:	J Chandler	1:05.95	1986 (NZ)
M50:	B Solomon	55.35	2013 (Aust)	W50:	S Gower	1:06.65	2002 (NZ)

M55:	A Hill	56.60	1980 (NZ)	W55:	S Gower	1:07.55	2003 (NZ)
M60:	S Foster	1:01.92	1997 (NZ)	W60:	S Gower	1:13.01	2007 (W)
M65:	R McGregor	1:09.44	2006 (NZ)	W65:	A Acott	1:20.20	1994 (WC)
M70:	A Silvester	1:08.30	2012 (O)	W70:	S Gower	1:17.76	2018 (NZR)
M75:	D de Lautour	1:16.47	1997 (WC)	W75:	M Petley	1:43.40	2005 (W)
M80:	E de Lautour	1:23.77	2002 (NZ)	W80:	M Petley	1:31.10	2009 (NZR)
M85:	E de Lautour	1:29.82	2006 (NZR)				
M90:	E de Lautour	2:14.66	2012 (NZR)				

Relays:

4 x 100m	WBOP "A"	51.27	2014 (NZ) - (W42 J Lile, W32 K Wells, M50 P Daborn, M
4 x 100m	WBOP "A"	53.83	2014 (NZ) - (W42 J Lile, M55 S Burden, M65 S Gower, M

600m:

M40:	P Ranginui	1.50.00	2011 (WM)	W35:	C Browne	1:59.80	2008 (club)
M45:	I Rattray	1.33.08	2021 (club)	W40:	P Creighton	1:52.60	2008 (club)
M50:	B Solomon	1.43.00	2013 (club)	W45:	Y Jarvis	2:30.50	2008 (club)
M55:	G Smith	1.53.60	2008 (club)				
M60:	M Clarkson	1.51.20	2008 (club)				
M70:	S Pavett	2.26.40	2008 (club)				
M80:	H Mein	3.28.10	2014 (club)				

800m:

M30:	W Doney jnr	2.12.04	2016 (NI)	W30:	R Winter	2.29.20	1980 (NZ)
M35:	W Doney snr	2.03.20	1992 (NI)	W35:	P Kenny	2.15.00	1983 (W)
M40:	M Clarkson	2.01.90	1992 (NZ)	W40:	J Chandler	2.20.30	1979 (W)
M45:	M Clarkson	2.04.30	1993 (NZ)	W45:	S Gibbs	2.19.72	2010 (NZR)
M50:	M Clarkson	2.06.26	1997 (NZ)	W50:	S Gibbs	2.30.13	1989 (W)
M55:	D Hilton	2.05.00	1990 (WC)	W55:	S Gibbs	2:39.15	2020 (NI)
M60:	M Clarkson	2.24.55	2007 (W)	W60:	M Petley	3.00.05	1991 (W)
M65:	M Clarkson	2.43.50	2013 (NZ)	W65:	M Petley	3.10.01	1997 (W)
M70:	E de Lautour	2.51.70	1994 (NI)	W70:	A Acott	3.34.20	1998 (NI)
M75:	E de Lautour	2.54.80	1997 (WC)	W75:	M Petley	4.15.50	2005 (W)
M80:	E de Lautour	3.13.16	2001 (NZR)	W80:	M Petley	4.37.68	2009 (NZR)
M85:	E de Lautour	3.36.30	2007 (NZR)				
M90:	E de Lautour	5.41.21	2012 (NZR)				
M95:	E de Lautour	6.29.56	2015 (NZR)				

1500m:

M30:	W Doney jnr	4.35.30	2016 (NI)	W30:	R Winter	4.58.0	1980 (NZ)
M35:	W Doney snr	4.14.05	1993 (NZ)	W35:	D Brown	4.51.87	1986 (NZ)
M40:	D Litt	4.06.30	1992 (NZ)	W40:	J Chandler	4.58.1	1979 (W)
M45:	D Litt	4.15.20	1993 (WC)	W45:	S Gibbs	4.42.89	2011 (NZ)
M50:	M Clarkson	4.26.80	2000 (NZ)	W50:	S Gibbs	4.45.94	2015 (NZR)
M55:	T Ogilvie	4.31.62	2004 (NZ)	W55:	S Gibbs	4.54.96	2018 (NZR)
M60:	T Ogilvie	4.47.36	2009 (NZ)	W60:	P Hewitt	6.13.5	1996 ()
M65:	G Adams	5.24.91	2015 (WC)	W65:	P Hewitt	6.50.87	2001 (W)
M70:	E de Lautour	5.57.70	1992 (NZ)	W70:	A Jones	7.15.80	2008 (O)
M75:	E de Lautour	5.56.79	1997 (NZ)	W75:	P Hewitt	8.27.53	2012 (NI)
M80:	E de Lautour	6.38.86	2001 (NZR)				

M85:	E de Lautour	7.03.40	2006 (NZR)
M90:	E de Lautour	1.37.80	2012 (NZR)
M95:	E de Lautour	4.06.88	2015 (NZR)

One Mile:

M35:	B Magill	5.03.20	2001 (TT)	W35:			
M40:	R Lake	5.57.17	2014 (club)	W40:			
M45:	I Bitcheno	5.52.40	2015 (club)	W45:	S Gibbs	5.02.40	2012 (club)
M50:	M Cornaga	5.19.80	2021 (NZMC)	W50:	S Gibbs	5.15.88	2014 (club)
M55:	G Smith	6.09.24	2013 (club)	W55:			
M60:	G Smith	5.54.30	2015 (club)	W60:	R Winter	8.43.18	2013 (club)
M65:	G Smith	6.08.70	2019 (club)	W65:			
M70:	H Mein	7.30.09		W70:			
M75:	S Pavett	8.20.63	2013 (club)	W75:			
M80:	S Pavett	8.42.24	2014 (club)				

3000m:

M30:	W Doney	9.03.73	2016 (NI)	W30:	L McPhilips	9.34.43	2000 (WC)
M35:	I Macdonald	9.38.00	2021 (TT)	W35:	V Robinson	10.31.60	1976 (NZ)
M40:	C Earwaker	8.47.70	1998 (WC)	W40:	S Crowley	10.43.44	2014 (TT)
M45:	J Cameron	9.39.96	2018 (NZ)	W45:	S Gibbs	9.55.06	2012 (NI)
M50:	B Hussain	9.49.97	2015 (TT)	W50:	S Gibbs	9.54.83	2015 (NZR)
M55:	T Ogilvie	10.05.00	2007 (NI)	W55:	S Gibbs	10:20.55	2019 (NZR)
M60:	G Smith	11.21.07	2016 (TT)	W60:	P Hewitt	12.52.20	1996 ()
M65:	G Adams	11.50.95	2015 (WC)	W65:	A Jones	15.08.00	2007 (NI)
M70:	G Adams	13:03.60	2020 (NI)	W70:	F Riley	22.55.33	2012 (NI)
M75:	S Pavett	15.19.95	2012 (club)				
M80:	E de Lautour	15.06.14	2002 (SI)				
M85:	E de Lautour	7.17.58	2007 (NZR)				

5000m:

M30:	G McMillan	9.58.42	2006 (NZR)	W30:	R Winter	18.50.20	1980 ()
M35:	P Ritchie	15.20.59	1996 ()	W35:	D Brown	18.23.39	1986 (NZ)
M40:	C Earwaker	14.15.60	1998 ()	W40:	R MacLoughlin	18.30.10	1985 (W)
M45:	D Litt	15.21.50	1997 (WC)	W45:	S Gibbs	16.44.53	2012 (NZR)
M50:	J Daly	16.29.30	1976 (NZ)	W50:	S Gibbs	17.24.54	2015 (NZR)
M55:	T Ogilvie	16.47.56	2006 (O)	W55:	S Gibbs	17:45.52	2018 (NZR)
M60:	T Ogilvie	17.36.04	2009 (NZ)	W60:	S Waru	23.26.57	2009 (W)
M65:	G Smith	20.12.00	2019 (WM)	W65:	P Hewitt	24.09.22	2001 (W)
M70:	S Pavett	21.00.35	2004 (NZ)	W70:	A Jones	26.01.84	2008 (O)
M75:	E de Lautour	21.54.30	1996 (NI)				
M80:	E de Lautour	24.05.14	2001 (NZR)				
M85:	E de Lautour	26.18.47	2007 (NZR)				

10,000m:

M30:	G McMillan	31.49.19	2006 (NZR)	W30:	L Sharp	35.27.15	2004 (NZ)
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M35:	D Larsen	32.18.43	1996 (NZ)	W35:	R Winter	40.14.00	1987 (NZ)
M40:	D Litt	32.45.82	1996 (NZ)	W40:	S Waru	38.58.00	1991 (WC)
M45:	N Fleming	34.22.00	1983 (NZ)	W45:	S Gibbs	34.45.21	2012 (NZR)
M50:	R Jones	34.48.25	1986 (NZ)	W50:	S Gibbs	35.38.51	2014 (NZR)
M55:	G Moller	37.38.0	1981 (W)	W55:	S Gibbs	36:46.96	2019 (WR)
M60:	G Smith	40.21.11	2015 (club)	W60:	P Hewitt	47.24.20	1997 ()
M65:	R McPherson	43.59.83	2009 (NZ)	W65:	J McRae	56.51.00	1991 (W)
M70:	S Pavett	42.30.86	2004 (NZ)	W70:	J Fleming	57.04.82	2011 (W)
M75:	E de Lautour	45.43.45	1996 (NZ)				
M80:	E de Lautour	50.14.77	2001 (NZR)				
M85:	E de Lautour	58.01.26	2007 (NZR)				

Short Hurdles 100m

Short Hurdles 200 - 80m				W30:	T Genge	14.95	1991 (NZ)
M35: 110	S Te Whaiti	17.95	2002 (NZ)	W35:	A Williams	17.54	1983(NZ)
M40: 110	R Fletcher	16.33	1986 (NZ)	W40:	S Graham	17.40	2002 (WC)
M45: 110	P Daborn	18.71	2012 (NZR)	W45:			
M50: 100	P Daborn	16.53	2016 (NZR)	W50:	M Clarke	19.40	1991 (NI)
M55: 100	R Ball	16.20 h	1991 (NZR)				
M60: 100	S Foster	17.30 h	1998 (NZR)				
M65: 100	S Foster	20.03	2003 (NZ)				
M70: 80H	H Mein	23.03	2001 ()				
M75: 80H	S Foster	18.22	2012 (NZR)				
M80: 200	S Foster	49.80	2018 (NZR)				

Long Hurdles 400 - 300m

Long Hurdles 400 - 300m

M35: 400	J Edwin	64.79	1983 ()	W35 400	A Harris	75.50	1996 ()
M40: 400	P Daborn	60.03	2008 (NI)	W40 400H:			
M45: 400	B Carswell	1:03.84	2007 (W)	W45 400	A Graham	86.10	2009 (NZ)
M50: 400	P Daborn	1:03.28	2017 (NZ)	W50 300	A Graham	61.20	2012 (O)
M55: 400	P Daborn	1:10.80	2020 (NI)				
M60: 300	S Foster	48.75	1997 (NZ)				
M65: 300	S Foster	55.00	2003 (NZ)				
M70: 300	S Foster	55.52	2008 (NZ)				
M75: 300	S Foster	61.26	2014 (NZR)				
M80: 200	S Foster	49.80	2018 (NZR)				

Steeple 2000m: 0.762m

Steeple 2000m: 0.914m				WPV	L Reynolds	8.34.09	2000 (NZ)
M60:	G Smith	8.20.75	2016 (WM)	W35:	K Paulger	7.57.55	2001 (NZ)
M65:	T Ogilvie	7.18.84	2009 (NZ)	W40:	T McRoy	8.28.70	1991 (NZ)
M70:	H Mein	9.10.31	2001 (W)	W45:	F Riley	8.32.47	1988 (NZ)
M75:	H Mein	9.57.89	2006 (NZR)	W55:	T McRoy	9.37.12	2006 (O)
				W60:	F Riley	10.59.91	2006 (O)
				W65:	T McRoy	10.41.83	2012 (NZ)

Steeple 3000m

M35:	W Doney	10.42.00	1992 (O)
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M40:	C Earwaker	10.02.6	2001 (W)
M45:	C Mumby	10:57.6	2020 (NI)
M50:	R Jones	11.14.0	1986 (NZ)
M55:	T Ogilvie	10.48.5	2006 (O)
M60:	C Southwick	13.10.5	1982 (NZ)

2000m Track Walk

M40:	A Northcote	12.25.0	1981(WM)
M45:	R Longshaw	13.20.0	1981 (WM)
M50:	T Guy	12.18.0	1981(WM)
M55:	F Copeman	12.18.0	1981(WM)

1500m Track Walk

M40:	M Bitcheno	15:47.0	2018(Perth)
2000m Track Walk			
W35:	B Savage	14.15.7	1981 (WM)

3,000m Track Walk

M35:	L McPhillips	13.08.8	2001(NZR)	W30:	T Mason	22.58.8	1998 (NI)
M40:	T Lamason	15.49.5	1986 (NI)	W35:	B Savage	21.28.0	1983 (NZ)
M45:	T Fulcher	16.18.7	1984 (NZ)	W40:			
M50:	T Guy	17.04.6	1984 (NZ)	W45:	L Foster	15.13.5	1990 ()
M55:	T Guy	17.02.8	1986 (NI)	W50:	L Foster	16.19.3	1992 (NZ)
M60:	T Guy	17.30.8	1989 (NI)	W55:	L Foster	17.34.5	1996 (NZ)
M65:	T Guy	19.08.2	1996 ()	W60:	L Foster	19.06.7	2002 (SI)
M70:	T Hamilton	20.22.7	1983 (NZ)	W65:	K Kenneth-L	20.09.2	1983(NZ)
M75:	G Powley	22.23.9	2004 (NZ)	W70:	K Kenneth-L	21.04.7	1986 (NZ)
M80:	F Cox	23:19.3	1992 (NZ)	W75:	E Guy	25.57.3	2009 (NZ)

5,000m Track Walk

M35:	L McPhillips	24.46.00		W:40			
M45:	M Taylor	27.08.4	2001 ()	W45:	L Foster	28.29.6	1989 ()
M50:	M Gray	30.45.0	2013 (Ackl)	W50:	L Foster	27.22.9	1991 (NZ)
M55:	M Gray	30.31.4	2016 (WC)	W55:	L Foster	31.17.7	1998 (NZ)
M60:	T Guy	29.43.0	1990 (O)	W60:	T Large	34.05.6	2018 (NZ)
M65:	T Guy	32.15.0	1995 (WC)	W65:	L Foster	35.46.9	2006 (O)
M70:	T Guy	35.45.6	2004 (WC)	W70:	K Kenneth-L	34.38.1	1985 (NZ)
M75:	T Guy	38.46.6	2009 (WC)	W75:	D Jones	35:30.14	2019 (NZR)

10km Track Walk

M55:	M Gray	1.08.49	2015 (NI)	W75:	D Jones	1:15:02.	2019 (NZR)
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10km Road Walk

M35:	L McPhillips	47.57.0	2001(NZR)				
M40:	L McPhillips	54.47.0	2004 (NZ)	W45:	L Foster	58.44.0	1989
M45:	T Fulcher	58.25.5	1984 (NZ)	W50:	L Foster	57.16.0	1991 (NZR)
M50:	T Guy	63.31.1	1984 (NZ)	W55:	L Foster	1.03.14	1999
M55:	T Guy	58.47.0	1988 (NI)	W60:	L Foster	1.05.28	2002 (NZ)
M60:	T Guy	1.01.26	1992(NZ)	W65:	L Foster	1.12.16	2006 (O)
M65:	T Guy	1.01.42	1989 (NI)	W70:	K Kenneth-L	1.08.42	1987 (NZR)
M70:	T Hamilton	1.15.00	1982 (NZ)	W75:	E Guy	1.29.60	2009 (NZ)
M75:	T Guy	1.22.10	2009 (NZ)				
M80:	E de Lautour	1.57.33	2004 (NZ)				

20km Road Walk

M35:	D Cameron	1.52.02	2001 (NZ)	W50:	L Foster	2.01.37	1992 (NZ)
	R Smyth	2.03.41	2009 (RW/L)	W55:	L Foster	2.15.12	1996 (NZ)

30km Road Walk

M40:	L McPhillips	2.59.32	2004 (NZR)
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Long Jump

M30:	V Smith	5.59	2012 (O)	W30:	T Genge	5.30	1990 (NZ)
M35:	S Te Whaiti	6.02	2000 (WC)	W35:	A Williams	5.31	1984 (NZ)
M40:	M Gaukrodge	6.08	1996 (NZ)	W40:	B Scott	4.46	1980 (NZ)
M45:	S Te Whaiti	5.49	2009 (NZ)	W45:	M Clarke	3.66	1988 (NZ)
M50:	S Burden	5.49	2012 (NZ)	W50:	B Windeatt	3.77	1992 (O)
M55:	S Burden	5.32	2017 (W)	W55:	B Windeatt	3.33	1995 (NI)
M60:	S Burden	4.94	2020 (PC)	W60:	M Petley	3.45	1993 (NZ)
M65:	R McGregor	4.35	2007 (NI)	W65:	M Petley	3.31	1996 ()
M70:	H Mein	3.63	2001 (W)	W70:	M Petley	2.84	1999 (NZ)
M75:	H Mein	3.57	2006 (NZR)	W75:	J Sherburn	2.50	2016 (WC)
M80:	H Mein	3.13	2011 (NI)	W80:	J Sherburn	1.86	2022 (WC)
M85:	J Jones	2.43	2020 (NI)				
M90:	F Cox	1.30	2002 (NZR)				

Triple Jump:

M30:	W Doney jnr	10.14	2015 (WC)	W30:	N Buchanan	9.16	2001 (NZ)
M35:	W Doney	10.86	1992 (O)	W35:	T Genge	10.67	1993 (NZ)
M40:	R Fletcher	12.69	1985 (NZ)	W40:	L Lochhead	8.01	1996 (NZ)
M45:	R Fletcher	12.32	1987 (NZ)	W45:	I Hansen	7.76	1989 (NI)
M50:	S Burden	11.61	2011 (W)	W50:	B Turbott	7.72	1990 (NZ)
M55:	S Burden	11.40	2016 (W)	W55:	M Petley	6.64	1984?
M60:	S Burden	10.76	2019 (NZR)	W60:	M Petley	7.26	1989 ()
M65:	L Williams	8.88	2001 (NZ)	W65:	M Petley	7.22	1995 (W)
M70:	B Clarke	7.36	2009 (NZ)	W70:	M Petley	6.38	1999 (NZ)
M75:	L Williams	7.55	2008 (NZ)	W75:	M Petley	5.44	2004 (O)
M80:	L Williams	6.35	2015 (NI)	W80:	J Sherburn	4.52	2022 (WC)
M85:	H Mein	4.64	2016 (NI)				

High Jump:

M30:	W Doney jnr	1.75	2015 (WC)	W30:	T Genge	1.55	1991 ()
M35:	S Te Whaiti	1.70	2000 (NZ)	W35:	A Harris	1.50	1996 (NZ)
M40:	P Ranginui	1.78	2010 (NZ)	W40:	A Harris	1.30	2001 (WMA)
M45:	R Fletcher	1.71	1988 (NZ)	W45:	M Clarke	1.16	1986 (NI)
M50:	R Fletcher	1.69	1992 (NZ)	W50:	M Clarke	1.16	1990 (NZ)
M55:	S Te Whaiti	1.46	2018 (NZCE)	W55:	B Turbott	1.15	1993 (W)
M60:	R McGregor	1.48	2001 (NZR)	W60:	J Jacobs	1.03	1994 (NZ)
M65:	R McGregor	1.38	2006 (NZ)	W65:	J Jacobs	1.02	1996 (O)

M70:	R McGregor	1.15	2013 (NZ)	W75:	J Sherburn	0.85	2016(WM)
M75:	L Williams	1.00	2012 (O)				
M80:	H Mein	1.10	2011(WM)				
M85:	H Mein	0.93	2016 (NI)				
M90:	F Cox	0.71	2002 (NZ)				

Pole Vault:

M40:	D Rondon	3.20	2002 (NZ)
M45:	R Ball	3.60	1984 (NZ)
M50:	S Te Whaiti	3.70	2015 (NZ)
M55:	S Te Whaiti	3.00	2018 (NZCE)
M60:	R Ball	3.10	1996 (NZ)
M65:	R McGregor	2.20	2007 (NI)
M70:	R McGregor	2.00	2013 (NZ)
M80:	H Mein	2.00	2012 (O)

Shot Put:

M30:	P Martin (AW)	8.09	2000 (NZ)	W30:	T Genge	11.81	1990 (O)
MPV	V Smith	11.55	2012 (O)				
M35:	R Otto	12.18	2006 (O)	W35:	C McCahill	13.90	2001 (NZR)
M40:	R Otto	11.86	2009 (WMG)	W40:	C McCahill	12.33	2009 (NZ)
M45:	R Otto	12.00	2012 (NZ)	W45:	C McCahill	11.82	2011 (NZR)
M50:	R Ball	11.99	1986 ()	W50:	T Hodges	10.78	2016 (Putaru)
M55:	J van Zyl	12.35	2015 (NZ)	W55:	B Savage	10.24	2001 (NZ)
M60:	R Ball	11.48	1996 (NZ)	W60:	B Savage	8.14	2009 (NI)
M65:	G Allingham	10.18	1980 (NZ)	W65:	B Savage	8.78	2013 (NZR)
M70:	P Crawford	12.10	2017 (NZR)	W70:	B Savage	7.90	2016 (WC)
M75:	P Crawford	10.29	2020 (NI)	W75:	J Sherburn	6.85	2016 (WC)
M80:	*B Stannius	11.97	2009 (NZR)	W80:	J Sherburn	5.74	2022 (WC)
M85:	*B Stannius	10.27	2014 (NI)	W85:	P Purser	4.40	2010 (NZ)
M90:	F Cox	3.05	2002 (NZ)	W90:	P Purser	3.80	2014 (NZR)

Discus:

MPV	P Martin (AW)	14.76	2000 (WC)				
M30:	V Smith	34.43	2012 (O)	W30:	B Savage	33.80	1979 ()
M35:	R Otto	37.38	2004 (NZ)	W35:	D Strange	34.98	1992 (O)
M40:	R Otto	39.32	2009 (WMG)	W40:	C McCahill	36.67	2009 (NI)
M45:	R Ball	39.76	1984 (NZ)	W45:	C McCahill	35.34	2010 (NZ)
M50:	R Ball	44.84	1986 (NZ)	W50:	C McCahill	30.54	2000 (WC)
M55:	J van Zyl	39.83	2015 (NZ)	W55:	B Savage	29.45	2001 (NZ)
M60:	R Ball	48.66	1996 (NZR)	W60:	B Scott	21.32	1999 (NI)
M65:	R Ball	44.47	2001 (NZR)	W65:	B Savage	24.58	2012 (NZR)
M70:	R Ball	36.72	2006 (NZ)	W70:	B Savage	20.23	2016 (WC)
M75:	P Crawford	34.23	2019 (NZR)	W75:	A Parlane	19.87	2022 (TD)
M80:	*B Stannius	27.42	2009 (NZ)	W80:	J Sherburn	12.62	2022 (WC)
M85:	*B Stannius	23.44	2014 (NI)	W85:	P Purser	11.28	2009 (NZR)
M90:	F Cox	7.22	2002 (NZR)	W90:	P Purser	8.86	2013 (NZ)

*NZMA Member non resident

Javelin:

MPV:	P Martin (AW)	16.33	2000 (WC)
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M30:	D Couper	46.76	2012 (O)	W30:	D Hustler	27.08	1981 (NZ)
M35:	D Couper	48.50	2014 (WC)	W35:	T Genge	30.56	1993 (WC)
M40:	D Couper	46.72	2020 (NZCE)	W40:	C Browne	30.55	2009 (NZ)
M45:	S Te Whaiti	43.96	2010 (NZ)	W45:			
M50:	C Murch	46.28	2002 (NZ)	W50:	B Davis	24.53	2020 (NI)
M55:	R Ball	50.74	1991 (NZ)	W55:	T Hodges	21.33	2020 (NI)
M60:	R Ball	43.00	1996 ()	W60:	B Scott	16.37	1999(NI)
M65:	R Fletcher	29.86	2009 (NZ)	W65:	P McArthur	18.62	1992 (O)
M70:	P Crawford	31.83	2014 (NI)	W70:	P McArthur	16.46	1996 (O)
M75:	P Crawford	30.01	2019 (NZ)	W75:	P McArthur	15.91	2000 (WC)
M80:	*B Stannius	30.59	2009 (NZ)	W80:	J Sherburn	12.26	2022 (WC)
M85:	* B Stannius	23.44	2014 (NI)	W85:	P Purser	9.04	2007 (NZR)
M90:	F Cox	7.57	2002 (NZ)	W90:	P Purser	7.77	2012 (NZR)

Hammer:

MPV:	V Smith	35.25	2012 (O)	W30:	M Taylor	21.71	2010 (NZ)
M35:	R Otto	40.15	2006 (SI)	W35:	C McCahill	45.43	2002 (NZ)
M40:	R Otto	43.85	2008 (WT)	W40:	C McCahill	42.73	2006 (NZR)
M45:	R Otto	39.33	2012 (O)	W45:	C McCahill	42.38	2011 (NZR)
M50:	K Bradley	42.19	1998 (O)	W50:	B Savage	42.64	1997 (NZ)
M55:	K Bradley	43.97	2002 (O)	W55:	B Savage	41.89	2001 (NZR)
M60:	K Bradley	46.74	2008 (O)	W60:	B Savage	34.81	2008 (NZR)
M65:	K Bradley	37.77	2009 (NZ)	W65:	B Savage	34.86	2012 (NZR)
M70:	K Bradley	37.50	2016 (WC)	W70:	B Savage	29.27	2016 (NZR)
M75:	*B Stannius	28.46	2004 (NZ)	W75:	M Clarke	21.18	2017 (WC)
M80:	*B Stannius	36.69	2009 (NZR)	W80:	M Petley	17.01	2012 (WM)
M85:	H Mein	15.31	2015 (NI)	W85:	M Petley	16.80	2015 (NZ)
M90:	F Cox	7.64	2002 (NZ)	W90:	M Petley	13.01	2019 (NZR)

Weight Throw:

M30:	V Smith	13.09	2012 (WM)	W30:	V Temo	9.25	2013 (WC)
M35:	R Otto	14.10	2006 (NZ)	W35:	C McCahill	16.67	2002 (NZR)
M40:	R Otto	13.84	2007 (NZ)	W40:	C McCahill	15.19	2006 (NZR)
M45:	R Otto	13.46	2012 (O)	W45:	C McCahill	14.40	2011(NZR)
M50:	K Bradley	13.10	2000(NZ)	W50:	T Hodges	13.57	2018 (NZR)
M55:	J van Zyl	14.67	2015 (NZ)	W55:	T Hodges	12.59	2020 (NZR)
M60:	K Bradley	17.45	2006 (NZR)	W60:	B Savage	13.34	2008 (NZR)
M65:	K Bradley	16.44	2009 (NZ)	W65:	B Savage	12.38	2011 (NZR)
M70:	K Bradley	16.36	2015 (WC)	W70:	B Savage	11.46	2016 (NZR)
M75:	B Clarke	10.38	2014 (WC)	W75:	J Sherburn	7.75	2016 (WM)
M80:	*B Stannius	14.66	2009 (NZR)	W80:	M Petley	8.94	2012 (NZ)
M85:	*B Stannius	10.45	2014 (NI)	W85:	M Petley	7.33	2015 (NZR)
				W90:	P Purser	4.60	2013 (NZR)

Decathlon:

M35:	S Te Whaiti	5214 pts	2003 (O)
M40:	P Ranginui	4854 pt	2014 (NZR)
M45:	S Te Whaiti	6238 pts	2009 (NZ)
M50:	S Te Whaiti	6504 pts	2014 (NZCE)

M55:	S Te Whaiti	6677 pts	2018 (NZR)
M60:	R McGregor	6970 pts	2001 (NZ)
M65:	R McGregor	6526 pts	2005 ()
M70:	H Mein	4956 pts	2001(NZ)
M75:	H Mein	5038 pts	2005 (NZ)

Pentathlon:

M30:	L Crombie	1717 pts	2019 (NZ)	W30:	T Genge	2816 pts	1990 (NZ)
M35:	S Te Whaiti	2953 pts	2002 (NZ)	W35:	Anne Harris	2788 pts	1996 ()
M40:	S Te Whaiti	3087 pts	2005 (NZ)	W40:	D Hustler	2761 pts	1990 (O)
M45:	S Te Whaiti	3215 pts	2009 (NZ)	W45:	J Dixon	2561 pts	1986 (NZ)
M50:	B Solomon	3030 pts	2013 (NZ)	W50:	B Turbott	2432 pts	1990 (NZ)
M55:	S Te Whaiti	3262 pt	2018 (NZR)	W55:	G Dryland	1984 pts	2006 (NZ)
M60:	R McGregor	3507 pts	2000 (NZ)	W60:	M Petley	2755 pts	1993 (NZ)
M65:	R McGregor	3342 pts	2006 (NZ)	W65:	M Petley	3047 pts	1996 ()
M70:	B Clarke	1949 pts	2010 (NZ)	W70:	J Sherburn	2790 pts	2012 (NZ)
M80:	H Mein	2676 pts	2010 (WC)	W75:	J Sherburn	tbc pts	2016 (WC)
M85:	H Mein	1220 pt	2016 (NZR)				
M90:	F Cox	577 pts	2003 (NZ)				

Throws Pentathlon (Weight Pentathlon)

M30:	V Smith	2631 pt	2012 (NZR)	W30:	V Temo	1798 pts	2013 (WC)
M35:	R Otto	2854 pts	2006 (O)	W35:	C McCahill	3884 pts	2002 (NZ)
M40:	D Couper	2761 pt	2017 (NZR)	W40:	C McCahill	3948 pts	2008 (NZ)
M45:	R Otto	3143 pts	2012 (O)	W45:	C McCahill	3706 pts	2010 (NZR)
M50:	W Sinclair	3109 pts	1996 (NZ)	W50:	B Savage	3382 pts	1998 (O)
M55:	J van Zyl	3525 pts	2015 (NZ)	W55:	B Savage	3848 pts	2001 (NZ)
M60:	K Bradley	3308 pts	2004 (NZ)	W60:	B McLeod	2218 pts	2009 (NZ)
M65:	K Bradley	3470 pts	2009 (NZ)	W65:	B Savage	3449 pts	2015 (NZR)
M70:	K Bradley	2580 pts	2008 (NZ)	W70:	A Parlane	3018 pts	2020 (NI)
M75:	R Laurie	2630 pts	2010 (NZ)	W75:	J Sherburn	2830 pts	2016 (WC)
M80:	H Mein	1977 pts	2012 (O)	W80:	P Purser	2958 pts	2004 (NZ)
M85:	H Mein	1985 pts	2015 (NI)	W85:	P Purser	2232 pts	2012 (NZ)
				W90:	P Purser	2812 pts	2013 (NZR)

Due to age factors and implement specification changes (since May 2010), Pentathlon, C and Heptathlon event records have been archived.

Indoor Championships				2022 Best performances/Records			
50M				* 2020/21 & 22 Indoor Champs cancelled			
M40:	Rob Lyle	7.09	2016 (AKL)	W40	M Bitcheno	12.24	2017 (AKL)
M50:	S Te Whaiti	6.79	2018 (NZR)	W50	T Hodges	8.83	2018 (AKL)
M55:	B Solomon	6.96	2018 (NZR)	W70	S Gower	8.42	2018 (NZR)
60M							
M50:	S Te Whaiti	8.05	2017 (NZR)	W70	S Gower	9.86	2019 (NZR)
				W90	M Petley	15.82	2019 (NZR)

				200M			
Short Hurdles 50m				W70	S Gower	34.13	2019 (NZR)
M50:	S Te Whaiti	8.82	2018 (NZR)	W90	M Petley	01:03.52	2019 (NZR)
M55:	S Te Whaiti	9.17	2019 (NZR)				
Short Hurdles 60m				400M			
M50:	S Te Whaiti	10.61	2017 (NZR)	W70	S Gower	01:22.60	2019 (NZR)
Long Jump							
M40:	Rob Lyle	4.37	2016 (AKL)				
M50:	S Te Whaiti	5.14	2017 (AKL)				
M55:	S Burden	5.11	2016 (NZR)				
Triple Jump							
M45:	A Jack	9.02	2019 (NZR)				
M50:	S Te Whaiti	9.82	2017 (AKL)				
M55:	S Burden	10.80	2016 (NZR)				
M60:	S Burden	10.25	2019 (NZR)				
High Jump							
M40:	Rob Lyle	1.50	2016 (AKL)				
M50:	S Te Whaiti	1.55	2016 (NZR)				
M55:	S Te Whaiti	1.50	2019 (NZR)				
Pole Vault							
M55:	B Solomon	1.70	2018 (AKL)				
Shot Put							
M40:	D Couper	10.46	2018 (AKL)	W40:	M Bitcheno	7.18	2018 (AKL)
M50:	S Te Whaiti	10.84	2016 (AKL)	W45:	B Davis	10.04	2018 (NZR)
M55:	B Solomon	10.92	2018 (NZR)				
M70:	P Crawford	11.22	2016 (NZR)	W50:	T Hodges	11.23	2018 (NZR)
M75:	P Crawford	9.68	2019 (NZR)				
				Weight Throw			
				W90:	M Petley	5.69	2019 (NZR)
Pentathlon							
M50:	S Te Whaiti	2921	2017 (NZR)				

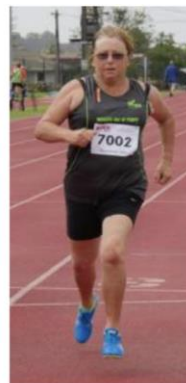
Stephen Te Whaiti



Fred Copeman



Stu Foster



Sheryl Gower



Julia Lile

Stu Foster

Sheryl Gower

Julia Lee



Bruce Solomon



Murray Clarkson



Eric de Lautour



Judy Chandler



Rene Otto



Christine McCahill



Tania Hodges



Marion Clarke



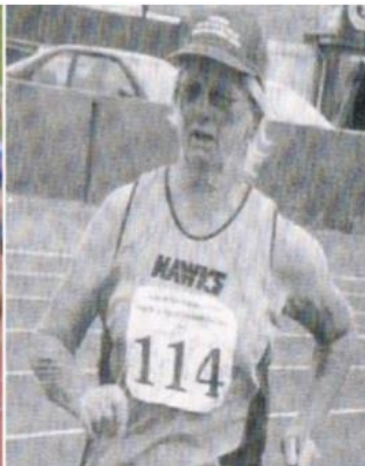
Paul Daborn



Linda Reynolds



Hector Mein



Marcia Petley



Colin Earwaker



Rob Mc Gregor

Mark Gray



Jill Sherburn

I Foster



Peter Crawford.



Brenda Davis Will Doney Jr

Ted Guy



Wayne Sinclair



Kevin Bradley



Pauline Purser



Bev Savage



Stephen Te Whaiti



Michelle Bitcheno



Bev Savage



Marcia Petley, Tania Hodges, Jill Sherburn, Joan Mayall & Sheryl Gower



Syd Pavett



Brendan Magill



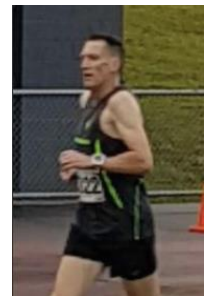
Sally Gibbs



Frank Cox



Jim Daly



Ian Bitchener

ce Race Walk

151 B Solomon)
151 B Solomon)

Decathlon

