

ATHLETICS WAIKATO Bay of Plenty - 3000M CHAMPIONSHIPS
1 JANUARY 2023 - TAURANGA

Senior Men

1st	Ben Bidois	Hamilton City Hawks	8:30.33
2nd	Michael Sutton	Athletics Tauranga	8:31.49
3rd	Ben Hennessy	Athletics Tauranga	8:48.87
4th	Joel Natzke	Athletics Tauranga	9:28.49

U20 Men

1st	Matt Hill	Athletics Tauranga	08:41.17
2nd	William Bourne	Athletics Tauranga	09:42.07

U18 Men

1st	Zack Conroy	Hamilton City Hawks	10:06.29
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Masters M45-49

1st	Cameron Mumby	Hamilton City Hawks	9:46.51
2nd	Brad Dixon	Athletics Tauranga	9:50.58

Masters M60-64

1st	Bruce Edwards	Lake City	10:43.40
2nd	David James	Athletics Tauranga	14:23.09

Masters M65-69

1st	Trevor Ashe	Athletics Tauranga	12:54.25
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U16 Women

1st	Carenza Elley	Te Awamutu	12:13.71
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Masters W50-54

1st	Karen McCready	Hamilton City Hawks	12:43.85
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