

Open Meet - 14/01/2023
Porritt Stadium
Results

WOMEN TRACK

Women 200 Metre Hurdles

1 Alessandra Macdonald 00 Hamilton Hawks 30.01

Women 300 Metre Hurdles

1 Amelie Wood 07 Cambridge 49.99

Women 400 Metre Hurdles

1 Grace Wisnewski 05 Hamilton Hawks 1:03.54

Women 100 Metre

Race 1

1 Lillian Muir 05 Lake City 13.66 1.4
2 Josephine Mumby 08 Fairfield 14.02 1.4
3 Danielle Aitchison T36 01 Hamilton Hawks 14.62 1.4

Race 2

1 Abby Goldie 96 North Harbour 11.95 1.0
2 Talia Van Rooyen 06 North Harbour 12.20 1.0
3 Symone Tafunai 98 North Harbour 12.31 1.0
4 Teeka Randell 06 Hamilton Hawks 12.62 1.0
5 Kiana Pohe 04 Hamilton Hawks 12.87 1.0
6 Sarah Hewlett 04 Te Awamutu 13.21 1.0

Women 200 Metre

1 Isabel Neal 01 North Harbour 24.36 0.9
2 Brooke Somerfield 97 Ath Tauranga 24.53 0.9
3 Mia De Jager 07 Hamilton Hawks 25.26 0.9
4 Sarah Hewlett 04 Te Awamutu 26.83 0.9
5 Chantal MacDonald 01 Papanui ToCH 26.84 0.9
6 Lillian Muir 05 Lake City 28.20 0.9
7 Danielle Aitchison T36 01 Hamilton Hawks 30.31 0.9
8 Sionann Murphy T37 05 Takapuna 35.67 0.9

Women 400 Metre

1 Chantal MacDonald 01 Papanui ToCH 58.67
2 Alessandra Macdonald 00 Hamilton Hawks 59.42
3 Teeka Randell 06 Hamilton Hawks 1:01.44
4 Georgie-Rose Boyd 06 Hamilton Hawks 1:01.92
5 Holly Fausett 07 Ath Tauranga 1:13.95
6 Lyween Cornaga 69 Hamilton Hawks 1:26.87

Women 800 Metre

1 Stella Pearlless 99 North Harbour 2:08.23
2 Holly Fausett 07 Ath Tauranga 2:20.19
3 Lyween Cornaga 69 Hamilton Hawks 3:23.21

Women 2000 Metre Steeplechase .762 Waikato Championships

1 Sara Jury 06 Hamilton Hawks 7:22.05
2 Amelie Wood 07 Cambridge 9:00.77

WOMEN FIELD

Women Hammer Throw

1 Melelosaline Lose 07 Hamilton Hawks 45.30m 3kg
37.32m 43.67m 45.05m 42.39m 38.93m 45.30m
2 Amelie Wood 07 Cambridge 38.70m 3kg
38.70m X X X X 38.08m

Women Long Jump

1 Sarah Hewlett 04 Te Awamutu 5.02m 0.4
X(0.9) 4.47m(+0.0) 5.02m(0.4) 4.59m(1.2) X(0.4) X(+0.0)
2 Lillian Muir 05 Lake City 4.55m 1.2

	4.55m(1.2)	4.48m(0.3)	4.52m(1.1)	4.45m(2.1)	X(0.4)	4.30m(1.0)	
3	Amelie Wood		07 Cambridge			4.30m	2.0
	4.21m(1.4)	4.30m(2.0)	4.20m(-0.4)	X(0.9)	4.19m(0.1)	4.02m(+0.0)	
4	Josephine Mumby		08 Fairfield			4.11m	1.0
	3.96m(1.9)	4.09m(+0.0)	X(0.5)	4.11m(1.0)	3.72m(+0.0)	- (1.0)	

Women High Jump

1	Mia De jager		07 Hamilton Hawks			1.60m	
	1.55	1.60	1.65				
	O	O	XXX				
2	Katelyn Mitchell		00 Hill City			1.30m	
	1.20	1.25	1.30	1.35			
	O	O	O	XXX			

Women Discus Throw

1	Savannah Scheen		01 North Harbour			55.03m	1kg
	53.04m	52.16m	55.03m	50.43m	49.82m	50.86m	
2	Melelosaline Lose		07 Hamilton Hawks			44.05m	1kg
	X	42.96m	42.32m	43.13m	X	44.05m	
3	Amelie Wood		07 Cambridge			28.50m	1kg
	25.05m	X	28.50m	X	X	26.42m	
4	Sionann Murphy F37		05 Takapuna			22.36m	1kg
	20.21m	22.36m	22.25m	X	18.94m	22.30m	

MEN TRACK

Men 400 Metre Hurdles

1	Nathan Browne		05 Hamilton Hawks			58.97	
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Men 100 Metre

Race 1

7	Cruz Witheford		07 Hamilton Hawks			12.64	1.2
8	Kane Gordon		08 Fairfield			12.97	1.2
9	Darryl Conn		63 Hamilton Hawks			16.40	1.2

Race 2

1	Joseph Millar		92 Ath Tauranga			10.89	0.5
2	James Robertson		99 Hamilton Hawks			11.34	0.5
3	Gurpreet Singh		04 Ath Tauranga			11.59	0.5
4	Leigh Bristowe		92 Hamilton Hawks			11.60	0.5
5	Mate Poduje		98 Hill City			11.65	0.5
6	Morgan Foster		76 Hamilton Hawks			11.74	0.5

Men 200 Metre

Race 1

1	Darryl Conn		63 Hamilton Hawks			33.41	0.1
2	Grahame Clarkin		54 Hamilton Hawks			35.13	0.1

Race 2

1	Hamish Gill		97 North Harbour			20.91	1.4
2	Joseph Millar		92 Ath Tauranga			21.68	1.4
3	Zachary Saunders		03 Pakuranga			21.72	1.4
4	James Robertson		99 Hamilton Hawks			23.02	1.4
5	Charles Roil		04 Hamilton Hawks			23.44	1.4
6	Gurpreet Singh		04 Ath Tauranga			23.89	1.4
7	Cruz Witheford		07 Hamilton Hawks			25.66	1.4

Men 400 Metre

1	Fletcher van Heuven		06 Te Aroha			53.16	
2	Vaughan Murray		09 Ath Tauranga			57.08	
3	Ben Bidois		02 Hamilton Hawks			57.22	
4	Zack Conroy		06 Hamilton Hawks			58.55	
5	Mark Cornaga		68 Hamilton Hawks			1:01.37	
6	Darryl Conn		63 Hamilton Hawks			1:18.65	
7	David James		62 Ath Tauranga			1:37.69	

Men 800 Metre**Race 1**

1 Zack Conroy	06 Hamilton Hawks	2:11.03
2 Mark Cornaga	68 Hamilton Hawks	2:17.65
3 David Sinclair	09 Hinemoa	2:25.57
4 Bruce Edwards	61 Lake City	2:37.27
5 Darryl Conn	63 Hamilton Hawks	3:06.41
6 David James	62 Ath Tauranga	3:26.26

Race 2

1 Sam Tanner	00 Ath Tauranga	1:49.82
2 James Hercus	05 Scottish	1:58.18
3 Hamish Murray	07 Ath Tauranga	1:59.94
4 Ben Bidois	02 Hamilton Hawks	2:00.02
5 Daniel Sinclair	05 Wanganui	2:05.44
6 Ollie McFarlane	06 Ath Tauranga	2:05.63
7 George Wyllie	07 Ath Tauranga	2:08.61
8 Matthew Sinclair	07 Wanganui	2:10.72

Masters Men 3000 Metre Steeplechase .914 Waikato Championships 35-59

1 Cameron Mumby	74 Hamilton Hawks	11:09.99
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Masters Men 2000 Metre Steeplechase .762 Men Waikato Championships 60-64

1 Garry Wilson	61 Hamilton Hawks	8:47.60
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MEN FIELD**Men Long Jump**

1 Charles Roil	04 Hamilton Hawks	5.86m	1.6
5.41m(0.1) 5.55m(+0.0) X(2.2) 5.86m(1.6) 5.54m(+0.0) 5.44m(+0.0)			

Men High Jump

1 Mate Poduje	98 Hill City	2.04m
1.85 1.90 1.95 2.00 2.04 2.07		
O O O O XXO XXX		
2 Jaundre Pienaar	03 Taupo	1.95m
1.80 1.85 1.90 1.95 2.00		
XO O O XXO XXX		
3 Nathan Browne	05 Hamilton Hawks	1.70m
1.60 1.65 1.70 1.75		
O O XXO XXX		
4 Charles Roil	04 Hamilton Hawks	J1.70m
1.60 1.65 1.70 1.75		
O XO XO XXX		
5 Kane Gordon	08 Fairfield	1.50m
1.45 1.50 1.55		
O XO XXX		

Men Discus Throw

1 Manaia Christiansen	07 Lake City	45.36m	1.25kg
X X 43.61m 45.36m X 44.68m			