WAIKATO – BAY OF PLENTY MASTERS ATHLETICS



Sunday 18 December 2022

12.00	Short Hurdles	12.00	Hammer
12.30	1500m	1.00	Shot Put
1.00	100m	1.30	Discus
1.30	3000m Walk/Run	2.00	Long Jump
1.30	5000m Walk/run	2.15	Javelin
1.50	600m		
2.00	60m	2.30	Weight Throw
2.15	200m		
2.30	400m		

Other event requests will be considered.

Throwing events limited to four throws

Enter at the Track. NO ENTRY FEE.

Please register by 11.30am.



Please bring a "Merry Christmas" Plate of goodies for Cuppa.