



Presents the 2022 Road Running Championships

Architectural Glass Products site, Swayne Road, Cambridge

Sunday 21st August 2022

This event incorporates the 2022 Athletics Waikato BOP Road Running Championships

Events open to all runners

ENTRIES CLOSE ON TUESDAY 16th AUGUST, NO LATE ENTRIES.

Grade is age as at 31st December 2022, except for master grades where it is age on day of the race

	Start time	Grade	Distance	Entry Fees
Event #1	11.00am	Under 12 Girls/Boys	2km	\$10.00
	11.00am	Under 14 Girls/Boys	3km	\$10.00
Event #2	11.30am	Under 16 Girls/Boys	4km	\$10.00
	11.30am	Under 18 Women	5km	\$12.00
	11.30am	Under 20 Women	5km	\$12.00
	11.30am	Masters Women (35 plus)	5km	\$12.00
	11.30am	Under 18 Men	6km	\$12.00
	11.30am	Under 20 Men	8km	\$12.00
	11.30am	Senior Men	10km	\$15.00
	11.30am	Senior Women	10km	\$15.00
	11.30am	Masters Men (35 plus)	10km	\$15.00

IMPORTANT NOTE: The registration season runs from 1st April 2022 to 31st March 2023. If you joined a club during the summer, you would need to re-register for the 2022-23 season after 1st April 2022 to be eligible for a Championship placing and to receive a medal. If you wish to count for the Championships, you will also need to wear your club uniform.

Course location / Description: The event is being held at the Architectural Glass Products site, Swayne Road, Cambridge. Please enter through the main gate on Swayne Road. As you enter, follow the driveway and signs to the parking area on the far side of the main building. The parking area is adjacent to the course, with portaloos located in this area.

The main course is a 2 km loop over flat terrain. Competitors in the 3k and 5k events will start with a 1km lap that begins close to the main starting area (see course maps).

There will be an U12/U14 race followed by a race with all other grades. There may also be some lapping of runners during the event. You will also need to count your laps to ensure you enter the separate finishing straight on your last lap.

Main 2km Lap



1km Lap for first lap of 3k/5k



Facilities: There will be portaloos close to start/finish area. Parking is on the far side of the APL building as indicated in the site map. There are no showers available. First aid will be on site.

Prize-giving: Will be as soon as possible after the last event completion

Eligibility: To be eligible for an Athletics Waikato BOP Championship placing, athletes (including masters' grades) must be registered as a competitive athlete with Athletics Waikato-Bay of Plenty. Non-registered (unaffiliated) or socially registered athletes may compete but are **ineligible** for Athletics Waikato Bay of Plenty Championship placing or medals. Note that the current registration season is from 1st April 2022 to 31st March 2023. You also must wear your correct club uniform.

Race Numbers: Race numbers will be allocated to all runners. Pick up point will be near start finish area. We ask that your number be returned after the race in the box provided at finish area.

Grades: Where races are combined, the grades will be separated in the results.

Ages: Masters graded athletes is age on the day, with results recorded in 5-year age groups. All other grades age is at 31 December 2022.

Closing date: Entries must be made online by **Tuesday 16th August 2022.**
NO LATE ENTRIES AND NO ON THE DAY ENTRIES

Athletics Waikato-Bay of Plenty team to the New Zealand Road Championships (Sunday 4th September 2022), Upper Hutt, Wellington. The Waikato BOP team will be selected from those entered at **close** of entries for the championships.

ENTRIES: ALL ENTRIES FOR THE NZ ROAD CHAMPIONSHIPS MUST BE MADE ONLINE BY THE ATHLETES THEMSELVES

To be eligible for the NZ Championships entry subsidy of \$50, you must have entered the Waikato-Bay of Plenty Road Race Championships.