

### **Open cross-country event**

(Incorporating Athletics Waikato BOP 2021 cross-country championships)

## Saturday 24 July 2021

# Hosted by the Lake City Athletic Club – Rotorua on the

### Boord Park - Westbrook complex – Devon Street West, Rotorua

## Order of events

Race	Start time	Grade	Distance	Entry fee
No 1	1.30pm	Boys/girls U14 (12,13 yrs)	3000 metres = 1 x 1000m + 1 x 2000 lap	\$10.00
No 2	1.50pm	Boys/girls U12	2000 metres = 1 lap	\$8.00
No 3	2.15pm	Boys/girls U16 (14,15 yrs)	4000 metres = 2 laps	\$12.00
		Women U18 (16,17 yrs) Men U18 (16,17 yrs)	4000 metres = 2 laps 6000 metres = 3 laps	\$12.00 \$12.00
		Masters women (35 plus) Women U20 (18,19 yrs)	6000 metres = 3 laps 6000 metres = 3 laps	\$15.00 \$15.00
		Masters Men (65 plus)	6000metres = 3 laps	\$15.00
		Men U20 (18, 19 yrs) Masters Men (35-64 yrs)	8000 metres = 4 laps 8000 metres = 4 laps	\$15.00 \$15.00
		Senior Men (20 - 34 yrs) Senior Women (20-34 yrs)	10000 metres = 5 laps 10000 metres = 5 laps	\$15.00 \$15.00
				φ13.00

The above fees are payable by all participants whether a social, competitive or a non-member of the sport.

**Eligibility:** These championships have been opened up to all athletes whether they are Athletics Waikato-Bay of Plenty registered, club/social registered or non-registered. **Only fully registered members of a club will be eligible for Waikato Bay of Plenty Championship medals or a championship placing**. Championship medals will not be awarded to walk participants, social club members and non-members.

**Course description:** The course is a **2km lap** (with a 1km lap for the 3km). Good quality cross-country with firm footing but with occasional slightly rough underfoot patches plus a 20-metre hill per lap. If wet, the course may be slushy with some surface water. Course Map is below, with arrows indicating the 1km lap deviation.

**Venue**: Event headquarters are at Boord Park, Devon Street West, Rotorua. Please, park in the designated parking area. The parking entrance is off Devon Street West.

**Facilities:** Outdoor cross-country venue with no shelter. Toilets on sight. Ample space for club tents. Come prepared for all types of weather.

**Prize-giving:** Prize giving on-site after the conclusion of the last event or during the day if time allows.

Grades: Where races are combined, the grades will be separated in the results.

Ages: Masters ages are on the day, with results recorded in 5-year age groups from 35 years plus. All other grades age is at 31 December 2021

**Closing date:** Entries must be made by Tuesday 20 July. Entries after this date will not be accepted. <u>There will be no refund of entries after the entry closing date.</u>

### All entries to be made online at:

#### Enter online here: 2021 Waikato-Bay of Plenty Cross Country Championships (eventdesq.com)

Queries regarding online entries to be directed to adminstrrator@athleticswbop.org.nz

#### Please have your athletes support the event. All abilities catered for.

Athletics Waikato-Bay of Plenty team to the National Cross-Country Championships – Dunedin, 7 August: The Waikato Bay of Plenty Cross- Country team will be selected from those entered at **close** of entries for these championships being **midnight 1st August 2021.** Athletes entering these championships must enter themselves via www.athletics.org.nz before the entry closing date.

#### Course Map:

