

Women 15&U Shot Put

1	Hannah McGregor	Bellevue	12.10m	3kg
2	Lily Middleton	Ham City Hawks	10.29m	3kg
3	Kaitlyn Meinung	Hinemoa	9.56m	3kg
4	Cheroche Uiese	Manurewa High Sc	8.89m	3kg

Women 16-17 Shot Put

1	Kaia Tupu-South	Takapuna	15.02m	3kg
2	Caroline Kolver	Ham City Hawks	11.07m	3kg
3	Lucy Perks	North Harbour	9.80m	3kg
4	Sophie Waddell	Ham City Hawks	8.98m	3kg