

## Hazards for High Jump

	<b>Who/How Affected</b>	<b>Control Assessment</b>
<b>Run-up area (including track)</b>	Athletes- injury, slipping/tripping due to defective surface, or track kerbing being in the runway line	<ol style="list-style-type: none"><li>1) Inspect run-up area regularly and ensure it is level, free of holes and adequately maintained</li><li>2) Ensure any clips for holding kerb sections are removed</li><li>3) Ensure sections of kerbing removed are placed in a safe place</li><li>4) Encourage athletes to wear appropriate footwear</li><li>5) Ensure any markers are not “proud” of the run up surface so as to not present a trip hazard</li></ol> <p><b>Control measure responsibilities</b> <b>1,2,3 Ground staff, Technical Manager, Officials</b> <b>4 Athletes, coaches, officials</b> <b>5 Officials, athletes</b></p>
<b>Uprights</b>	Athletes, officials- injury from being struck by falling uprights	<ol style="list-style-type: none"><li>1) Inspect uprights regularly and ensure they are regularly maintained</li><li>2) Ensure clamping screws are lubricated and easily adjustable prior to competition</li><li>3) Ensure bases are stable and joined onto the upright prior to competition</li><li>4) ensure cross bar supports face each other</li><li>5) Ensure uprights are properly positioned during warm up and competition</li></ol> <p><b>Control measure responsibilities</b> <b>1,2,3 Technical Manager, officials</b> <b>4,5 Officials</b></p>
<b>Crossbar</b>	Athletes- injury from splinters and sharp edges	<ol style="list-style-type: none"><li>1) Ensure that crossbars conform to the rules and specifications</li><li>2) Inspect crossbars regularly and ensure they are adequately maintained</li><li>3) Ensure crossbars are undamaged and free of splinters prior to and during competition</li></ol> <p><b>Control measure responsibilities</b> <b>1, 2 Technical Manager</b> <b>3 Technical Manager, Officials</b></p>
<b>Surrounds</b>	Athletes- injury from falling/tripping over objects	<ol style="list-style-type: none"><li>1) Ensure no objects (such as scoreboards) are placed within 2m of the sides or rear of the landing mats</li></ol> <p><b>Control measure responsibilities</b> <b>1 Technical manager, officials</b></p>
<b>Landing Mats</b>	Athletes- injury from defective poorly maintained or incorrectly set up landing mats Officials- injury from moving landing mats	<ol style="list-style-type: none"><li>1) Ensure landing mats are correct size and otherwise conform to relevant rules and specifications</li><li>2) Inspect landing mats regularly and ensure they are in good condition- with particular attention to impact foam, tears and holes)</li><li>3) Ensure landing mats are securely fastened together and covered with a topper mat prior to and during competition</li><li>4) Ensure that where landing mats are placed on timber pallets or other firm material, that edges of such surfaces are covered by the mats both prior and during competition</li><li>5) Ensure that there are adequate numbers of officials to adjust the landing mats if required</li></ol> <p><b>Control measure responsibilities</b> <b>1,2 Technical manager</b> <b>3 Technical manager</b> <b>4 Technical Manager, Officials</b> <b>5 Officials</b></p>

## **Weather**

Athletes, officials- injury from slipping on wet run up area.  
Effects of sun/heat/cold

- 1) Ensure run up area surface is cleaned regularly to allow drainage
- 2) Sweep run up area during competition to remove any excess water, grit or debris
- 3) Ensure landing mat is covered with a waterproof cover to prevent rain ingress
- 4) Provide shelter from the elements, sunscreen, water

### **Control measure responsibilities**

**1 Ground staff, Technical Manager**

**2 Officials**

**3 Ground staff, Technical Manager, Officials.**

**4. Ground staff, Technical Manager, Officials, Athletes**

## **Lighting**

Athletes- injury from not being able to see event area layout, objects or other dangers

- 1) Ensure adequate lighting for competition in hours of twilight or darkness

### **Control measure responsibilities**

**1) Ground staff, Technical Manager, Officials**

## **Warm-up/ Competition**

Athletes- injury from collision with other competitors

- 1) Supervise all warm-up jumps.
- 2) ensure each athlete jumps in turn and does not encroach on the approach of other competitors whilst waiting his/her turn
- 3) Ensure athletes whose approach runs conflict with other events are made aware of potential collisions
- 4) Ensure athletes whose approach extends onto the track are made aware of any conflict with track events

### **Control measure responsibilities**

**1 Officials**

**2,3,4 Officials, athletes**

## **Additional points for high jump**

- 1) A 'Traffic control official' must be present when there are track events taking place adjacent to the run up area if high jump athletes need to extend their run up onto the track
- 2) ensure any sections of kerbing removed during competition are placed in a safe place and are replaced at the completion of the competition
- 3) ensure any cones placed to mark the inner edge of the track where the kerb is removed do not pose a trip hazard to high jump competitors.
- 4) At Porritt Stadium, ensure pad covers are placed in a safe position during competition, especially with regard to stability if conditions are windy

## **Additional points for all field events**

- 1) If the weather conditions make continuing the competition hazardous (wind, rain, lightning, lack of light) competition should cease until conditions become safe again.
- 2) Ensure officials, athletes and any other persons present in the competition area are aware of safety requirements for the event.
- 3) Anyone who refuses to comply with safety requirements should be removed from the competition area.