

Hazards for Hammer

	Who/how affected	Control Assessment
Circle	Athletes- injury from slipping due to defective surface or materials in the circle, stepping on defective metal rim of circle	1) Inspect circle regularly to ensure it is level 2) Ensure that the circle is free of dirt, grit and standing water during competition (sweep if necessary) 3) ensure that measuring tapes do not encroach onto the circle Control measure responsibilities: 1, 2 Technical manager, officials 3 Officials
Cage- hammer	Athletes, Officials, Spectators Implement escaping due to poorly maintained or improperly set up cage	1) Inspect cage regularly for damage to net structure 2) Secure netting at ground level as appropriate 3) Check that the gates can move freely and be secured in in both open and closed positions. 4) Secure or ballast netting at ground level as appropriate 5) Ensure all officials and athletes maintain a safe distance 6) For hammer ensure that the gates are correctly positioned for left and right handed throwers for all warm up and competition throws 7) If insert is needed to convert discus circle to hammer/weight ensure it is correctly fitted throughout the competition Control measure responsibilities 1,2,3,4,5,6,7 Technical Manager, officials
Landing area	Officials- injury from uneven surface of landing area	1) Inspect landing area before competition 2) Ensure holes in the landing sector from implements landing during the competition are filled when they occur Control measure responsibilities 1 Technical Manager, officials 2 Officials
Implements	Athletes, officials, Public- injury from being struck due to failure of hammer	1) Check hammers/weights before and during the event to ensure they conform to the rules and that they are serviceable particularly the handle, the wire, and swivel assembly. Control measure responsibilities 1 Technical manager, officials, athletes
Gloves	Athletes- injury to hands due to inadequate protection for hammer	1) Ensure gloves, if worn, give adequate protection Control measure responsibilities 1 Athletes, coaches, officials
Light Conditions	Athletes, officials- injury from not being able to see event area layout, objects, or other dangers	1) ensure adequate lighting for meetings in hours of twilight or darkness. Control measure responsibilities 1- Ground staff, Technical Manager, Officials
Weather	Athletes, officials- injury from slipping on wet surface. Injury from poor control of wet implements Effects of sun/heat/cold	1) Ensure circle surface and drains are cleaned regularly to allow drainage 2) Sweep circle during competition to remove any excess water, grit or debris 3) Provide mats for wiping shoes in wet weather 4) Provide towels to wipe implements 5) Provision of shelter from elements, sunscreen, water Control measure responsibilities 1 ground staff 2 Officials 3 Technical Manager, officials 4, 5 Athletes, Technical manager, officials

Warm-up/Competition

Athletes/officials- injury from being hit by implement

- 1) Ensure the central throwing area is coned and access is controlled during warm-up and competition
- 2) Supervise all warm-up and competition throws
- 3) Ensure each athlete throws in correct order and from circle only.
- 4) Once competition has started implements not to be used for practice purposes

Control measure responsibilities

1- Ground staff, Technical Manager, Officials

2- Officials

3,4 Officials, athletes.

Additional points for throws from a circle

- 1) All officials, volunteers, media personnel and athletes in and near the competition area must be aware of the need for concentration at all times
- 2) Practice throws are to be supervised by officials and in competition order
- 3) Practice throws are not allowed outside the circle
- 4) Only officials allowed forward of the circle
- 5) Officials forward of the circle should stand outside the sector lines and face the circle or thrower
- 6) Implements to be returned by carrying only.
- 7) "Danger Throwing in progress" signage and roping off of throwing areas to be in place at all times

Additional points for all field events

- 1) If the weather conditions make continuing the competition hazardous (wind, rain, lightning, lack of light) competition should cease until conditions become safe again.**
- 2) Ensure officials, athletes and any other persons present in the competition area are aware of safety requirements for the event.**
- 3) Anyone who refuses to comply with safety requirements should be removed from the competition area.**