

CHILDREN'S SUMMER HANDBOOK



2017-2018

Contents

ATHLETICS WAIKATO-BAY of PLENTY - CHILDREN'S TRACK & FIELD HANDBOOK for the 2017-18 SEASON

Personnel Directory	1
Children's Committee Meetings	2
Trans-Tasman Trial Date: 18 November 2017: Mt Smart	2
Ribbon Day Programme for 2017-18	2 & 3
Ribbon Day Events	3
Pentathlon	3
Hurdles Specifications & Implement Weights, Spikes	4
Areas	4
Waikato-Bay of Plenty Children's Champs 17 March 2018: Tauranga	4 & 5
Waikato-Bay of Plenty Relay Champs 9 December 2017: Hamilton	5
North Island Colgate Games 5 to 7 January 2018: Auckland	5
South Island Colgate Games 12 to 14 January 2018: Timaru	5
Trans-Tasman Challenge 11- 14 January 2018: Auckland	5
Grade 14, U16 & U18 Inter-Provincials 27 January 2018: Papakura	5
Grade 12 & 13 Inter-Provincials 31 March - 1 April 2018: Inglewood	6
Northern Regionals Combined Events and Children's Events	6
Summary	6

ATHLETICS WAIKATO-BAY OF PLENTY INCORPORATED

PO Box 46 Hamilton 3240

Tel: 0 7 858 5392 ~ Fax: 0 7 858 5389

Email: administrator@athleticswbop.org.nz

Website: www.athleticswaikatobayofplenty.org.nz

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WAIKATO-BAY of PLENTY CHILDREN'S SECTION

PERSONNEL DIRECTORY

CHAIRMAN	Address / Email	Telephone
Sandra Murray	sanben@vodafone.co.nz	07 856 8281
SECRETARIES		
Margaret Holcroft (Minute Secretary)	401 Telephone Rd, RD1, Hamilton 3281 fmmr.holcroft@xtra.co.nz	07 824 3230
Sandra Murray (Competition Secretary)	sanben@vodafone.co.nz	07 856 8281
DELEGATES TO WAIKATO MANAGEMENT COMMITTEE		
Margaret Holcroft		07 824 3230
Sandra Murray (Andrew Langman - reserve)		07 856 8281
DELEGATES TO NEW ZEALAND CHILDREN'S ASSOCIATION		
Margaret Holcroft		07 824 3230
Sandra Murray (Andrew Langman - reserve)		07 856 8281
PRESIDENT - NEW ZEALAND CHILDREN'S ASSOCIATION		
Liz Keenan		
SECRETARY - NEW ZEALAND CHILDREN'S ASSOCIATION		
Anita Sutherland	nzcaaaa@gmail.com	
SELECTORS - GRADE 12 & 13		
Ruth Kaiwhata		0221910887
Julie Marriner		0279635648
Sandra Hawker		
TEAM MANAGERS - GRADE 12 & 13 INTER-PROVINCIALS		
Ruth Kaiwhata (Chief)		0221910887
Remaining managers to be elected and appointed during the Summer Season		
SELECTORS - GRADE 14, UNDER 16 & UNDER 18 INTER-PROVINCIALS		
Rene Otto		0278354193
Robin Knowles		0221864809
TEAM MANAGERS - GRADE 14, UNDER 16 & UNDER 18 INTERPROVINCIALS		
Rene Otto		0278354193
Catherine Came		

CHILDREN'S COMMITTEE MEETINGS

Sun October 15	Cambridge	10 a.m.
Sat November 25	Te Awamutu	After Te Awamutu Ribbon Day
Sat February 17	Tokoroa	After Tokoroa Ribbon Day
Sun May 6	Cambridge	10 a.m. (MID-WINTER FORUM)
Sun June 10	Cambridge	10 a.m. (AGM)

Two Delegates from each Club should attend each meeting.

Please bring a plate to contribute to a shared lunch after the 10 a.m. meetings at Cambridge.

TRANS-TASMAN TRIAL DATES

(Trans Tasman Challenge, Auckland, 14 January 2018)

Warm up Meets:

Sat 14 Oct	Mt Smart Stadium	10:00 a.m.
Sat 28 Oct	Pakuranga Athletics Club	10:00 a.m.

Trials

Sun 5 Nov TransTasman Trial 10:00 a.m. Manawatu Community Athletics, Palmerston North
(encourage athletes from lower North Island to attend this trial)

Sat 18 Nov TransTasman Trial 8:30 a.m. Towers Track, Mt Smart Stadium, Auckland
(encourage athletes from upper North Island to attend this trial)

Attendance at one or other of these trials is compulsory.

Trial application forms can be downloaded from the Athletics Auckland website

RIBBON DAY PROGRAMME for 2017-18

Ribbon Days commence on Saturday 28 October, providing open competition to all athletes in grades up to and including Grade 14. No entry fee is required. All events are run in divisions, with no finals. Please note that if a Ribbon Day is washed out on the Saturday, it may be run on the Sunday. Please contact the person named at the host Club for that Ribbon day.

Start time is 10.00 am

U16 Athletes may also compete at Ribbon Days.

Date	Host Club	Venue	Contact Person	Telephone
2017				
Oct 28	Matamata	Matamata College	Lynne Counsell	0211040237
Nov 4	Whakatane	Rex Morpeth Park	Peter Blackwood	0277504934
Nov 18	Fairfield	Porritt Stadium	Sandra Murray	0211870563
Nov 25	Te Awamutu	The Stadium	Karen Lucas	0276699099
Dec 2	Cambridge Pentathlon	Athletics Ground	Andrew Langman	0212421939
		<u>Entry by pre-registration only for Gr 7-14 - Start 9am</u>		
Dec 1-3	<i>New Zealand Secondary Schools Track & Field Champs - Hastings</i>			
Dec 9	AWBoP Relay Champs Commencing at <u>9:30 am</u>	Porritt Stadium including Race Walk Champs	Margaret Holcroft	0276319535

2018

Jan 5 - 7 North Island Colgate Games - Auckland - Mt. Smart Stadium

Jan 12-14 South Island Colgate Games - Timaru - Aorangi Park

Jan 27	G14-15, 16-17 Inter-Provincials - Auckland - Massey Park, Papakura			
Feb 10	Te Aroha	Herries Park	Tania Gemmell	021503553
Feb 17	Tokoroa	Strathmore Park	Phil Jenkins	02041311173
Feb 24	Bellevue/Greerton including Triple Jump Champs	Tauranga Domain	Donna Howitt	0276328379
Feb 24	AWBoP Track & Field Senior Champs: Day 1		Porritt Stadium commencing 1.00 p.m.	
Feb 25	AWBoP Track & Field Senior Champs: Day 2		Porritt Stadium commencing 10 a.m.	
Mar 3	Paeroa	Paeroa Domain	Kelvin Wickliffe	07 862 6154
Mar 9-11	<i>NZ National Track and Field Champs - Porritt Stadium, Hamilton</i>			
Mar 17	AWBoP Children's Champs Commencing at 9:30 am	Tauranga Grades 7-14 years	Margaret Holcroft	0276319535
Mar 24	<i>WBoP Secondary School Track & Field Champs - Tauranga</i>			
Mar 31- Apr 1	Gr 12/13 NZ Inter-Provincials - Inglewood			
Apr 6 - 8	<i>North Island Secondary School Track & Field Champs - Whanganui</i>			

RIBBON DAY EVENTS

Hurdles and walks will be optional events; host Clubs may offer some, but not necessarily all, of the events for each age group in their Ribbon Day programme. All events are subject to the availability of officials and helpers.

Tiny Tots (Gr 3&4)	2 races, any distance
Grades 5 & 6	40m, 60m, Shuttle Relay
Grade 7 & 8	60m, 100m, 200m, Long Jump, Shot, Discus, 4x100m Relay
Grade 9	60m, 100m, 200m, 800m, Long Jump, Shot, Discus, 4x100m Relay
Grades 10 & 11	100m, 200m, 400m, 800m, 1500m, 1200m Race Walk, Long Jump, High Jump, Shot, Discus, 4x100m Relay; 70m Hurdles ~ Grade 11 girls and boys only
Grade 12 G & B	100m, 200m, 400m, 800m, 1500m, 80m Hurdles, 1200m Walk, Long Jump, High Jump, Shot, Discus, 4x100m Relay
Grade 13 G & B	100m, 200m, 400m, 800m, 1500m, 80m Hurdles, 1600m Walk, Long Jump, High Jump, Triple Jump, Shot, Discus, 4x100m Relay
Grade 14 Girls	100m, 200m, 400m, 800m, 1500m, 80m Hurdles, 2000m Walk, Long Jump, High Jump, Triple Jump, Shot, Discus, 4x100m Relay
Grade 14 Boys	100m, 200m, 400m, 800m, 1500m, 100m Hurdles, 2000m Walk, Long Jump, High Jump, Triple Jump, Shot, Discus, 4x100m Relay
Grade U16	Same as Grade 14's

An athlete **cannot** compete in more than 2 longer events (i.e. 400m, 800m 1500m, Walk) on any 1 day

PENTATHLON

A variation to the Ribbon Day programme, where children aged 7, 8 and 9 will compete in the following four events in the morning: 100m, 200m, long jump and discus. **Grade 7-9 commence at 9am.** Children aged 10 to 14 years will compete in the following five events (pentathlon) in the afternoon: 200m, 800m, long jump, shotput and discus.

Entry is by pre-registration only for athletes Gr 7-14.

Contact your club secretary for more information.

A small programme of events for athletes under 7 will be offered, this does not require pre-registration.

HURDLES SPECIFICATIONS

Grade 11 G/B 70m	Height 0.680m, 11m to first hurdle, 7m between each hurdle, 8 flights of hurdles, 10m from last hurdle to finish
Grade 12 G/B 80m	Height 0.762m, 12m to first hurdle, 8m between each hurdle, 8 flights of hurdles, 12m from last hurdle to finish
Grade 13 G/B, 14 G 80m	Height 0.762m, 12m to first hurdle, 8m between each hurdle, 8 flights of hurdles, 12m from last hurdle to finish
Grade 14 B 100m	Height 0.840m, 13m to first hurdle, 8.5m between each hurdle, 10 flights of hurdles, 10.5m from last hurdle to finish

IMPLEMENT WEIGHTS

	SHOT	DISCUS	
Grade 7 G & B	1.00kg	500gm	
Grade 8 G & B	1.50kg	500gm	
Grade 9 G & B	1.50kg	500gm	
Grade 10 G & B	2.00kg	750gm	
Grade 11 G	2.00kg	750gm	Note: 750gm Discus can be either rubber- or steel-banded
Grade 11 B	3.00kg	750gm	
Grade 12 G	3.00kg	750gm	
Grade 12 B	3.00kg	1.00kg	
Grade 13/14 G	3.00kg	1.00kg	
Grade 13 B	4.00kg	1.00kg	
Grade 14 B	5.00kg	1.25kg	

SPIKES

Porritt Stadium:	6mm cone, (can use 9mm for high jump), no needle
Tauranga Domain:	6mm Xmas tree or cone, (can use 9mm for high jump), no needle
Grass tracks:	9mm

AREAS

Waikato	Cambridge, Fairfield, Hamilton City Hawks, Himemoa, Frankton, Matamata, Morrinsville, Ngatea, Ohaupo, Orini, Otorohanga, Paeroa, Taumarunui, Te Aroha, Te Awamutu, Te Kuiti Thames, Waihi
Bay	Bellevue, Greerton, Kawerau, Katikati, Lake City, Sulphur City, Omokoroa, Papamoa, Putaruru, Taupo, Tauranga Ramblers, Te Puke, Te Teko, Tokoroa, Whakatane

WAIKATO-BAY of PLENTY CHILDREN'S CHAMPIONSHIP EVENTS (Grades 7 - 14 only)

The Waikato-Bay of Plenty Children's Championship is run as a 1-day meeting on **17 March 2018 commencing at 9.30 am at Tauranga Domain** with heats and finals for all track events, except the 400m, 800m and 1500m which are run as divisional finals or a final.

The top eight athletes Grade 12 years and over receive 6 trials in throws and jumps, except High Jump, where normal rules apply.

Individual events are as follows:

60m - Grade 7, 8, 9	100m - Grade 7 - 14	200m - Grade 7 - 14
400m - Grade 10 - 14	800m - Grade 9 - 14	1500m - Grade 10 - 14
Long Jump - Grade 7 - 14	Shot put - Grade 7 - 14	Discus - Grade 7 - 14
High Jump - Grade 10 - 14	Triple Jump - Grade 13, 14	
80m Hurdles - Grade 12G/B, 13G/B, 14G		100m Hurdles - Grade 14B

1200m Walk - Grade 10, 11, 12

1600m Walk - Grade 13

2000m Walk - Grade 14

Athletes can enter a maximum of four events - entry fee of \$5.00 per event

Walk Champs are to be held at the Relay Champs Day on Saturday 9 December 2017

Triple Jump Champs are to be held at Bellevue/Greerton Ribbon Day on Saturday 24 February 2018

WAIKATO-BAY of PLENTY RELAY CHAMPIONSHIPS

(Grades 7 - 14 only)

These will be held at **Porritt Stadium**, on Saturday 9 December 2017, commencing at **9:30 am**

4x100m Relays, Medley Relays and Field Event Relays are held for Grades 7 to 14.

The **Race Walk Champs** are also included at this event.

NORTH ISLAND COLGATE GAMES

(Grades 7 - 14 only)

These are at Mt. Smart Stadium, Auckland, on Friday 5, Saturday 6 and Sunday 7 January 2018

These are for Grade 7 to 14 athletes. No qualification standards are required. More information can be found on the NZ Children's Athletics website: <http://nzchildrensathletics.co.nz>

Enter through your Club Secretary. Entries normally close end of November.

SOUTH ISLAND COLGATE GAMES

(Grades 7 - 14 only)

These are in Timaru, at Aorangi Park, on Friday 12, Saturday 13 and Sunday 14 January 2018

Many athletes may wish to compete in both Games - Contact your Club Secretary for South Island entry details. Entries close end of November. Newsletters can be found on the NZ Children's Athletics website

TRANS-TASMAN CHALLENGE, 14 January 2018 (Grades 10 - 11 only)

This Competition is held each year with the venue alternating between Sydney and Auckland.

This season it will be hosted in Auckland and is for athletes aged 10 and 11 years old, as at 1 October 2017 - please note eligibility date!

The Trans Tasman Trial will be held on Saturday 18 November 2017 starting at 08.30 a.m Mt Smart Auckland
The team to compete against New South Wales will be named on Sunday 19 November and published on the Auckland Athletics Website.

Attendance at the trial on 18 November is compulsory.

Children wishing to be considered must be available between 11 - 14 January 2018 inclusive.

A Trial application form is available from your Club Secretary or can be downloaded from the Athletics Auckland website.

For further details, check Athletic Auckland Website: athleticsauckland.co.nz - go to Junior Track and Field for more information

Or contact your Club Secretary or Margaret Holcroft (AWBoP Children's Secretary), phone 07 824 3230

or Fiona Maisey (TransTasman Executive Committee from Auckland) email: maifam@xtra.co.nz

GRADE 14-15, 16-17 INTER-PROVINCIALS

This season's Inter-Provincial Meeting will be held in Auckland at Massey Park, Papakura, on Saturday 27 January 2018.

This is a 1-day meeting, based on the same format as the Grade 12 & 13 Inter-Provincials.

Athletes will be selected on performances throughout the season, and must be proficient in three events, with a 2/1 track and field combination plus a medley relay. Selection is basically automatic.

Team selection only involves event selection.

If you send in a nomination form, this indicates your willingness to compete. A non-refundable deposit of \$50.00 will be required to secure an athlete's place in the team.

GRADES 12 & 13 INTER-PROVINCIALS

This season's Inter-Provincial Meeting will be held in Inglewood on Saturday 31st March and Sunday 1st April 2018.

An expression of interest form is required to be completed as soon as possible from athletes wishing to be considered for selection for this team, together with Birth Certificate and a deposit of \$50. Nomination forms can be downloaded from the AWBoP website under the heading Activities - (drop down menu - Children's). www.athleticswaikatobayofplenty.org.nz

Clubs also need to be aware of your expression of interest.

Clubs will have forms available for completion.

Selectors will monitor performances throughout the season at Ribbon Days, Colgate Games, Waikato-Bay of Plenty Children's Champs and open events.

Athletes selected must be proficient in four events, with a 3/1 or 2/2 track and field combination plus a relay. Competition is based on a decathlon-type scoring system, with athletes gaining points for their team.

The team will assemble for travel on Thursday 29th March and return on Monday 2nd April; details after team selection.

NORTHERN REGIONALS COMBINED EVENTS AND CHILDREN'S EVENTS

Grade 14 Pentathlon events are: 80m/100m Hurdles, 800m, Long Jump, High Jump, Shot put

SUMMARY

Athletics is the only sport that the whole family can participate in - at the same venue at the same time.

The Children's Committee wishes all athletes a most enjoyable season of competition.

If you have friends who enjoy a social day out and some friendly competition, invite them to your Club Nights and then to Ribbon Days. Their athletic skills and comradeship will build up during the year.

Thanks to the following organisations for their ongoing support of Athletics Waikato-Bay of Plenty

